Clove
*Eugenia caryophyllata* 15 mL

**PRODUCT DESCRIPTION**
Clove has been used for years in dental preparations, candy, and gum for its flavor and ability to cleanse the mouth, yet it provides a myriad of benefits. Its main chemical component, eugenol, makes it a very stimulating and energizing essential oil that can be used as a warming massage oil. Clove contains powerful antioxidant properties and supports cardiovascular health when taken internally.* As a cooking spice, Clove adds a spicy flavor to any dish or dessert while providing internal health benefits.* One drop can clean the teeth and gums while promoting fresh breath.

**USES**
- Add one drop to toothpaste to clean teeth and gums.
- Place one drop in two ounces of water and gargle for a soothing effect.
- Take in veggie capsules to support cardiovascular health.*

**DIRECTIONS FOR USE**
**Diffusion:** Use three to four drops in the diffuser of choice.
**Internal use:** Dilute one drop in 4 fl. oz. of liquid.
**Topical use:** Dilute one to two drops with a carrier oil then apply to desired area. See additional precautions below.

**CAUTIONS**
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

---

**Application:** A T I D
**Plant Part:** Bud
**Extraction Method:** Steam distillation
**Aromatic Description:** Very spicy, warm, woody with subnote of leather
**Main Chemical Components:** Eugenol, Eugenyl acetate, β-caryophyllene

**PRIMARY BENEFITS**
- Powerful antioxidant properties*
- Supports cardiovascular health*
- Helps clean teeth and gums

---

©2019 dōTERRA Holdings, LLC  Clove PIP US  012519

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.