Clove
_Eugenia caryophyllata_ 15 mL

**PRODUCT DESCRIPTION**

Clove has been used for years in dental preparations, candy, and gum for its flavor and ability to cleanse the mouth, yet it provides a myriad of benefits. Its main chemical component, eugenol, makes it a very stimulating and energizing essential oil that can be used as a warming massage oil. Clove contains powerful antioxidant properties and supports cardiovascular health when taken internally.* As a cooking spice, Clove adds a spicy flavor to any dish or dessert while providing internal health benefits.* One drop can clean the teeth and gums while promoting fresh breath.

**USES**

- Add one drop to toothpaste to clean teeth and gums.
- Place one drop in two ounces of water and gargle for a soothing effect.
- Take in veggie capsules to support cardiovascular health.*

**DIRECTIONS FOR USE**

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in four fluid ounces of liquid.

**Topical use:** To apply topically, dilute 1 drop essential oil to 10 drops carrier oil. See additional precautions below.

**CAUTIONS**

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, face, and sensitive areas.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.