Cilantro
Coriandrum sativum 15 mL

PRODUCT DESCRIPTION
The culinary uses and additional benefits of Cilantro have been documented for centuries. Internal use of Cilantro promotes healthy digestion and supports healthy immune and nervous system functions.* Applied topically, Cilantro is very soothing and cooling to the skin, and it adds a fresh, herbal aroma to any essential oil blend when diffused. Linalool and trans-2-decenal, the two main components of Cilantro, are known to have surface cleansing properties. Cilantro’s culinary uses are endless, adding a flavorful twist to meats, salads, dips, and guacamole.

USES
• Place two drops in a dōTERRA veggie cap to support healthy digestion and immune system function.*
• Add to stir fries, salads, and dips to experience Cilantro’s distinct flavor.
• Combine with citrus essential oils for a fresh, herbal aroma and a beneficial surface cleanser.

DIRECTIONS FOR USE
Diffusion: Use three to four drops in the diffuser of choice.
Internal use: Dilute one drop in four fluid ounces of liquid.
Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application: A T I N
Plant Part: Leaf
Extraction Method: Steam distillation
Aromatic Description: Fresh, herbal, sweet, pungent
Main Chemical Components: Linalool, trans-2-Decenal

PRIMARY BENEFITS
• Gives food a fresh and tasty flavor
• Used in soaps for cleansing purposes
• Fresh, clean aroma

Cilantro
Coriandrum sativum 15 mL
Part Number: 41850001
Wholesale: $26.00
Retail: $34.67
PV: 26

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.