

Cilantro

Coriandrum sativum 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

Application: **A** **T** **I** **N**

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Fresh, herbal, sweet, pungent

Main Chemical Components: Linalool, trans-2-Decenal

PRIMARY BENEFITS

- Gives food a fresh and tasty flavor
- Used in soaps for cleansing purposes
- Fresh, clean aroma

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Part Number: 41850001

Wholesale: \$26.00

Retail: \$34.67

PV: 26



PRODUCT DESCRIPTION

The culinary uses and additional benefits of Cilantro have been documented for centuries. Internal use of Cilantro promotes healthy digestion and supports healthy immune and nervous system functions.* Applied topically, Cilantro is very soothing and cooling to the skin, and it adds a fresh, herbal aroma to any essential oil blend when diffused. Linalool and trans-2-decenal, the two main components of Cilantro, are known to have surface cleansing properties. Cilantro's culinary uses are endless, adding a flavorful twist to meats, salads, dips, and guacamole.

USES

- Place two drops in a dōTERRA veggie cap to support healthy digestion and immune system function.*
- Add to stir fries, salads, and dips to experience Cilantro's distinct flavor.
- Combine with citrus essential oils for a fresh, herbal aroma and a beneficial surface cleanser.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in four fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.