PRODUCT DESCRIPTION

Everyone knows a bright disposition and cheerful attitude can smooth over many of the bumps and challenges of life. dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides an aromatic cheerful boost of happiness and positivity. Its sunshiny, fresh, optimistic aroma will brighten any moment of your day.

USES

• Diffuse at home, work, or school.
• Add a few drops to your favorite passive diffuser and place in car.
• Apply one drop to hands, rub together, and inhale deeply as needed throughout the day.

DIRECTIONS FOR USE

Diffusion: Use one to two drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.