

dōTERRA Arise

Enlightening Blend 5mL

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Lemon Peel, Grapefruit Peel, Siberian Fir, Osmanthus Flower, and Melissa Leaf essential oils in a base of Fractionated Coconut Oil

Aromatic Description: Citrus, rich floral, sweet, bright

PRIMARY BENEFITS

- Supports effective yoga practice
- Promotes feelings of happiness, clarity and courage
- Encourages rising to achieve goals and improved performance

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Part Number: 60203247

Wholesale: \$19.00

Retail: \$25.33

PV: 19

Also Available in:
Yoga Collection

Part Number: 60203244

PRODUCT DESCRIPTION

Challenges and discouragement are not uncommon as you strive to accomplish goals and realize dreams. With daily practice of affirmations and uplifting yoga poses and joyful aromas, you can move past these obstacles. Featuring Grapefruit, Lemon, Osmanthus, Melissa and Siberian Fir essential oils in a base of Fractionated Coconut Oil, dōTERRA's Enlightening blend inspires moments of rising up and reaching for your highest. The aromas of this blend support your stability as well as your freedom, endurance for your body, and courage and happiness in your heart.

USES

- Apply to temples, wrists, and neck to promote feelings of happiness.
- Enjoy the aromatic benefits of Arise when you are challenging yourself to achieve the next level.
- Use Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon.
- Can be used during yoga practice or any time during your day.

DIRECTIONS FOR USE

Aromatic use: Apply several drops to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical use: Apply one to two drops to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid UV rays for 12 hours after applying product.

