

dōTERRA Align

Centering Blend 5mL

dōTERRA®

PRODUCT INFORMATION PAGE



CP **PTG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Bergamot* Fruit, Coriander Seed, Marjoram Leaf, Peppermint, Geranium, Basil, Rose, Jasmine Flower essential oils in a base of Fractionated Coconut Oil

Aromatic Description: Green, fresh, herbal, lightly floral

PRIMARY BENEFITS

- Supports effective yoga practice
- Promotes feelings of self-acceptance, trust, and fluidity
- Encourages harmony and calm progress

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Centering Blend 5mL

Part Number: 60203246

Wholesale: \$17.00

Retail: \$22.67

PV: 17

Also Available in:
Yoga Collection

Part Number: 60203244

PRODUCT DESCRIPTION

Feeling disconnected and unable to control your circumstances? Aromatherapy and some simple centering yoga poses can create a new sense of peace and purpose, leading to a renewal of resolution. Remembering your own worth and remaining steady in yourself is a daily practice. Featuring Bergamot, Coriander, Marjoram, Peppermint, Jasmine absolute, and Rose essential oils in a base of Fractionated Coconut Oil, dōTERRA Align Centering Blend helps you to trust in yourself and stay open to all possibilities.

USES

- Apply over heart, wrists, and back of neck to promote feelings of self-acceptance and fluidity.
- Enjoy the aromatic benefits of Align whenever you are feeling apathetic and unfocused.
- Ideal yoga poses with Align's aroma are Warrior II, Triangle, and Gate pose.
- Can be used during yoga practice or any time during your day.

DIRECTIONS FOR USE

Aromatic use: Apply several drops to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical use: Apply one to two drops to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

