

# Castor Oil

*Ricinus communis* 300 mL

dōTERRA®

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** T N

**Plant Part:** Seed

**Extraction Method:** Cold-pressed

**Aromatic Description:** Mild, earthy

**Main Chemical Composition:** Ricinoleic Acid

**Castor Oil** | *Ricinus communis* 300 mL

**60231161**

## Primary Benefits

- + Deeply hydrates and nourishes skin for a soft, smooth appearance
- + Supports healthy-looking hair and scalp
- + Soothes and comforts as part of a castor oil pack

## Description

Castor Oil is a nourishing carrier oil that supports daily wellness and self-care routines. USDA Certified Organic, cold-pressed, hexane-free, and vegan-friendly, it's rich in ricinoleic acid—a rare omega-9 fatty acid—and other beneficial omegas that deeply hydrate the skin and hair.

This versatile oil offers a natural way to care for your skin, hair, and body daily. dōTERRA Castor Oil is bottled in protective amber glass and tested to meet trusted dōTERRA quality standards.

## Uses

- + Apply 1–5 drops topically to moisturize and revitalize skin.
- + Massage into scalp with Rosemary and Peppermint essential oils to nourish hair and roots.
- + Use 1–2 tablespoons as part of a castor oil pack protocol over the abdomen or where needed.
- + Use topically with Yarrow|Pom and Frankincense essential oils for facial care.
- + Apply to the navel as part of a wellness routine.

## Directions

**Topical use:** Can be used on its own or as a functional carrier oil with CPTG® essential oils.

## Cautions

For external use only. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Store in a cool, dry place.

### Application Methods

A Aromatic T Topical I Internal H Home Care

### Skin Sensitivity

N Neat D Dilute S Sensitive Skin