**Calmer™ Restful Blend 10 mL Roll-on**

**PRODUCT DESCRIPTION**
Calmer Restful Blend promotes a serene atmosphere, allowing bedtime to be a peaceful and welcomed experience. Rolling Calmer onto the bottoms of feet and the back of the neck helps create a calming, relaxing environment when tensions are high. Combining the soothing properties of Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a convenient and safe delivery method along with the skin moisturizing benefits of Fractionated Coconut Oil, Calmer can be used as part of your nightly ritual. Cananga and Buddha Wood essential oils, unique to Calmer, create a restful atmosphere. When it's time to restore your mind and body, apply Calmer to your wrists, breathe, and relax.

**USES**
- Roll on to the back of the neck and chest as part of a relaxing nightly ritual.
- Apply Calmer to wrists at the end of the day as you let go of worry and quiet restlessness.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep.

**DIRECTIONS FOR USE**
- **Aromatic Use:** Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.
- **Topical Use:** Apply to desired area. Intended for use with adult supervision.

**CAUTIONS**
Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

**PRIMARY BENEFITS**
- Creates a restful atmosphere at bedtime
- Relaxing and positive aroma
- Soothing environment

**Application:** ATN

**Ingredients:** Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a base of Fractionated Coconut Oil

**Aromatic Description:** Sweet, floral, soft woody

**Calmer™ Restful Blend 10 mL Roll-on**
Part Number: 60206632
Wholesale: $19.00
Retail: $25.33
PV: 19

Also available in: dōTERRA Kids Collection
Part Number: 60211246

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