

dōTERRA® Ancient Oils Collection

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PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Galbanum, Hyssop, Cistus, Common Myrtle: Not for internal use.

dōTERRA Ancient Oils Collection

Part Number: 60209362

Wholesale: \$185.00

Retail: \$246.67

PV: 150

PRODUCT DESCRIPTION

From the shifting sand of the Sahara to the expanse of primeval forests and unending blue skies, the dōTERRA Ancient Oils Collection is inspired by the contours, cultures, and peoples of the distant past. The collection includes six essential oils used by the most important people in the world as for their health benefits and to improve wellbeing in ancient times. Take pleasure in these captivating oils.

Myrrh *Commiphora myrrha* 5mL: Ancient records show that Myrrh was deemed so valuable that at times it was valued at its weight in gold. Myrrh has been used throughout history in perfumes and religious ceremonies, and for its internal and external health benefits.

Frankincense *Boswellia carterii*, *Boswellia sacra*, *Boswellia papyrifera*, *Boswellia frereana* 5mL: In addition to its notoriety in the New Testament, the Babylonians and Assyrians would burn Frankincense in religious ceremonies and the ancient Egyptians used Frankincense resin in everything from perfume to salves for soothing skin.

Galbanum *Ferula galbaniflua* 5mL: Egyptians used Galbanum for incense and embalming. The Roman and Greek civilizations used it in beauty products and perfume. Hippocrates used it for its other benefits. Galbanum was even mentioned in the Bible.

Hyssop *Hyssopus officinalis* 2.5mL: Hyssop, a member of mint family, was regarded by both the Greeks and the Hebrews as a sacred herb. It is mentioned several times in the Old Testament and is known as one of oldest herbs used by human beings.

Cistus *Cistus ladaniferus* 5mL: Also known as Rock Rose, Sun Rose, Rose of Sharon, and Labdanum, use of Cistus for perfume and incense was known in Biblical times. For centuries, Cistus has been used during meditation and for other benefits.

Common Myrtle *Myrtus communis* 5mL: Common Myrtle, also known as Corsican pepper, has been used for thousands of years as a symbol of love, honor, happiness, and generosity. Its benefits were well known as early as 600 B.C. In the Bible, it was used in purification ceremonies.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Hyssop

Hyssopus officinalis 2.5 mL

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Application: **A** **T** **N**

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Soft, floral, camphoraceous

Main Chemical Components: 1,8-Cineole, Linalool

PRIMARY BENEFITS

- Refreshing aroma
- Creates a calming environment

Hyssop

Hyssopus officinalis 2.5 mL

Wholesale: \$22.00

PV: 22

*Available only in the Ancient Oils Collection, a Holiday 2020 LTO

PRODUCT DESCRIPTION

A member of mint family, Hyssop was regarded by both the Greeks and the Hebrews as a sacred herb, and is mentioned several times in the Old Testament. In fact, it is known as one of oldest herbs used by human beings. Hyssop is a small shrub with dark green leaves and purple flowers. The Latin word *hyssopus* is likely related to the Hebrew *azob* meaning “holy herb.” The plant is commonly used by beekeepers to produce a rich and aromatic honey. dōTERRA CTPG® Hyssop essential oil can be used in a diffuser to complement a meditation ritual. Inhale deeply and experience the refreshing aroma. Massage into skin for soothing comfort after strenuous activity.

USES

- Add a few drops to a spray bottle with water and spray on surfaces or hands for a quick DIY cleaner.
- Apply to wrists and ankles while hiking for an herbal aromatic experience.
- Diffuse to freshen the air.
- Mix four drops of *Arborvitae*, two drops of *Lemon*, and two drops of *Hyssop* in an 8 ounce bottle for an aromatic wood polish.
- Use during meditation for an aroma of peace and calm.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



Galbanum

Ferula galbaniflua 5 mL

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CP T^G Certified Pure Therapeutic Grade®

Application: A T N

Plant Part: Resin

Extraction Method: Steam distillation

Aromatic Description: Earthy, green

Main Chemical Components: β -pinene, 3-carene, α -pinene

PRIMARY BENEFITS

- Cleansing properties
- Creates a fresh and soothing aromatic experience
- May be soothing to the joints

Galbanum

Ferula galbaniflua 5 mL

Wholesale: \$40.00

PV: 40

*Available only in the Ancient Oils Collection, a Holiday 2020 LTO

PRODUCT DESCRIPTION

Egyptians used galbanum for incense and embalming the dead. The Roman and Greek civilizations used it in beauty products like balms and perfume. Hippocrates used it for various wellness purposes. Galbanum was even mentioned in the Bible. Part of the carrot family and related to caraway and fennel, the galbanum plant is a tall, bushy perennial herb with small flowers, shiny leaves, and smooth stems. The gum resin is released when the base of the stem is cut. Providing cleansing benefits, dōTERRA CTPG® Galbanum essential oil has a complex aroma that is fresh, green, earthy, and woody. Galbanum blends well with Rose, Lavender, Geranium, and Frankincense. Added to Fractionated Coconut Oil, it provides a soothing and calming massage after a workout or a hard day.

USES

- Add a drop to your favorite facial, body or surface cleanser.
- Diffuse for a fresh aroma.
- Include in a relaxing massage.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



Common Myrtle

Myrtus communis 5 mL

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CPTG Certified Pure Therapeutic Grade®

Application: A | T | N

Plant Part: Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fresh, camphoraceous, herbaceous

Main Chemical Components: 1,8-Cineole, α -Pinene

PRIMARY BENEFITS

- Creates an uplifting environment
- Stimulating to the senses
- Helps maintain healthy skin

Common Myrtle

Myrtus communis 5 mL

Wholesale: \$28.00

PV: 28

*Available only in the Ancient Oils Collection, a Holiday 2020 LTO

PRODUCT DESCRIPTION

The myrtle plant is a bushy evergreen shrub with glossy dark green leaves, fragrant white flowers, and purple-black berries. Also known as Corsican pepper, Common Myrtle has been used for thousands of years as a symbol of love, honor, happiness, and generosity. Its many functions were well known as early as 600 B.C. In the Bible, it was used in purification ceremonies. With a distinctive, eucalyptus-like aroma, it is often found in lotions, perfumes, and bath products. Common Myrtle essential oil is cleansing and refreshing, with a clarifying and uplifting aroma.

USES

- Diffuse or use a drop in your palms and inhale deeply.
- Add to a skin care routine.
- Create a massage oil by adding a drop or two in a carrier oil.
- Soak with two or three drops in an Epsom salts bath.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



Cistus

Cistus ladaniferus 5 mL

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Application: **A** **T** **N**

Plant Part: Leaves/Branches

Extraction Method: Steam distillation

Aromatic Description: Warm, sweet, almond/
cherry like

Main Chemical Components: α -pinene,
Camphene, Bornyl acetate

PRIMARY BENEFITS

- Provides a rich, sweet, warm aroma
- Creates a tranquil and peaceful environment
- May be soothing to the skin
- Helps keep the surfaces of your home clean

Cistus

Cistus ladaniferus 5 mL

Wholesale: \$55.00

PV: 55

*Available only in the Ancient Oils
Collection, a Holiday 2020 LTO



PRODUCT DESCRIPTION

Cistus is a fast-growing, perennial shrub found on rocky soil. Its large, paper-thin, rose-like flowers last only a single day and have no fragrance. Cistus essential oil comes from the sticky, resinous leaves and branches and features a sweet almond, cherry-like aroma. Also known as Rock Rose, Sun Rose, Rose of Sharon, and Labdanum, Cistus has been used for perfume and incense since Biblical times. For centuries, Cistus has been used during meditation and for wellness purposes. High in α -pinene, dōTERRA Cistus essential oil may be soothing and calming to skin according to experimental research. Due to its cleansing properties, it can be added to household cleaning products.

USES

- Apply to skin for a calming effect.
- Use with Fractionated Coconut Oil for a comforting massage.
- Add to a room diffuser to refresh the space.
- Useful during meditation.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.