



CPTG Certified Pure Tested Grade®

A2Z | Chewable™ Tablets
Natural Watermelon Flavored | 60-Count

60225124

Complementary Product

IQ Mega®

Primary Benefits

- + Provides an easy-to-chew, great tasting, watermelon flavored tablet, safe for children over 4 years of age
- + Contains the proprietary Alpha CRS®+ Blend
- + Supplies choline, phosphatidylserine, and inositol to help support cognitive function*
- + Provides a balanced blend of essential vitamins including the antioxidant vitamins A, C, and E, and a cellular energy complex of B vitamins*
- + Includes a blend of bioavailable minerals including calcium, magnesium, zinc, copper, and manganese
- + Specially formulated to be used daily with IQ Mega® as a comprehensive dietary supplement foundation for a lifetime of vitality and wellness*

NO high fructose corn syrup, artificial colors, sweeteners, or flavors

Description

dōTERRA® kids A2Z Chewable™ Tablets are easy-to-chew, watermelon-flavored tablets with a proprietary formula of ingredients developed for children and adults who have difficulty swallowing capsules. Combining a blend of B vitamins with vitamins A, C, and E, as well as botanical extracts, A2Z Chewable Tablets support healthy cell development and longevity when taken daily.* A2Z Chewable Tablets are specially formulated to be used with Wild Orange-flavored IQ Mega® Omega-3 fish oil as a comprehensive dietary supplement that supports healthy immunity and cognitive function as well as antioxidant protection.*

Directions

Children 4 years of age and older: Take 2 tablets daily with meals. Adults may take up to 3 tablets daily.

Cautions

Pregnant or nursing women and people with known medical conditions should consult a physician before using. Do not use if safety seal is broken or missing. Does not contain gluten, dairy, wheat, soy, eggs, or nut products. For children under 4, consult a physician before using this product.

Warnings

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Ingredients

See Supplement Facts on next page.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Concept

Cellular stress is predominately from free radicals that attach to other healthy molecules and can cause damage. Cells are equipped to defend against free radical damage by employing electron-rich molecules called antioxidants like Vitamins A, C, and E and others (such as those in the Alpha CRS®+ blend) to neutralize free radical molecules.* In addition to providing exogenous antioxidant protection against free radical damage, the polyphenols in A2Z Chewable Tablets also support endogenous production and recycling of antioxidants made by the body.* A2Z Chewable Tablets also support healthy cell function by providing antioxidant protection to cellular DNA.*

In addition to antioxidants, A2Z Chewable Tablets include a cellular energy blend of B vitamins, which are important metabolic factors of cellular energy.* A growing body of evidence shows no matter how much we eat, we are obtaining less of the essential nutrients vital for optimal health than we have in the past. A2Z Chewable Tablets provide a balanced, high-quality supplement formulated to provide the essential micronutrients known to support optimal vitality and wellness that may be insufficient in your or your child's diet.* A2Z Chewable Tablets are ideal for children as well as adults that prefer chewable tablets. The chewable tastes great and is perfect for those looking to increase their consumption of essential nutrients and antioxidants that support healthy cell development and longevity.

Supplement Facts

Serving Size 2 Chewable Tablets
Serving Per Container 30

	Amount Per Serving	% Daily Value for ages 4 & up
Calories	15	
Total Carbohydrate	2 g	1%*
Total Sugars	1 g	**
Includes 1g of added sugars		2%
Protein	1g	**
Vitamin A (as Alpha and Beta Carotene)	1478 mcg	164%
Vitamin C (from Acerola Cherry Fruit Concentrate & Ascorbic Acid)	60 mg	67%
Vitamin D ₃ (as Cholecalciferol)	10 mcg	50%
Vitamin E (as Mixed Tocopherols, d-Alpha Tocopheryl Acetate & d-Alpha Tocopherol)	21 mg	140%
Vitamin K (as Phytonadione)	40 mcg	33%
Thiamin (as Thiamine HCl)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin (as Niacinamide)	20 mg NE	125%
Vitamin B ₆ (as Pyridoxine HCl)	2 mg	118%
Folate (from Lemon Peel)	333 mcg DFE	83%
Vitamin B ₁₂ (as Methylcobalamin)	6 mcg	250%
Biotin	150 mcg	500%
Pantothenic Acid (as D-Calcium Pantothenate)	10 mg	200%
Calcium (as Calcium Amino Acid Chelate)	75 mg	6%
Iron (as Iron Amino Acid Chelate)	5 mg	28%
Iodine (from Potassium Iodide)	100 mcg	67%
Magnesium (as Magnesium Amino Acid Chelate)	38 mg	9%
Zinc (as Zinc Amino Acid Chelate)	3 mg	27%
Selenium (as Selenium Amino Acid Chelate)	35 mcg	64%
Copper (as Copper Amino Acid Chelate)	0.05 mg	6%
Manganese (as Manganese Amino Acid Chelate)	0.05 mg	2%
Chromium (as Chromium Amino Acid Chelate)	20 mcg	57%
Cognitive Blend	15 mg	**
Choline (as Choline Bitartrate)	5 mg	1%
Phosphatidylserine (from Sunflower Phospholipids)	5 mg	**
Inositol	5 mg	**
Superfood Blend	277 mg	**
Pineapple (<i>Ananas comosus</i>) Fruit Powder, Pomegranate (<i>Punica granatum</i>) Husk Extract, Lemon Bioflavonoids, Spirulina (<i>Arthrospira platensis</i>) Powder, Sunflower Seed Oil Powder, Rice Bran, Beet (<i>Beta vulgaris</i>) Leaf Powder, Broccoli (<i>Brassica oleracea italica</i>) Plant Powder, Brown Rice Flour, Carrot Powder, Rose Hips (<i>Rosa spp.</i>) Fruit Powder, Spinach (<i>Spinacia oleracea</i>) Leaf Powder, Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Powder, Mango (<i>Mangifera indica</i>) Fruit Powder		
Alpha CRS®+ Blend	4.8 mg	**
Grape (<i>Vitis vinifera</i>) Seed Extract, Tomato Fruit Extract (Provides Lycopene), Marigold (<i>Tagetes erecta</i>) Flower Extract (Provides Lutein)		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Organic cane sugar, Citric acid, Microcrystalline cellulose, Stearic acid, Maltodextrin, Malic acid, Fatty acids, Silicon dioxide, Modified food starch, Stevia extract, Acacia gum, Gelatin, Dicalcium phosphate, Palm oil, Natural watermelon flavor, Sunflower lecithin, Magnesium stearate.

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