

Shinrin-Yoku® Hair & Beard Oil Blend

dōTERRA®
Product Information Page



CPTG Certified Pure Tested Grade®

Shinrin-Yoku® Hair & Beard Oil Blend
Net wt 1 fl oz / 30 mL

60232976

Primary Benefits

- + Features Shinrin-Yoku Forest Bathing Blend, which provides a calming, grounding aroma
- + Moisturizes and hydrates the skin and keeps hair and beard manageable
- + Hydrates the skin and softens hair and beard with argan, jojoba, avocado, and sunflower seed oils
- + Replenishes oils stripped by cleansing, friction, and environmental exposure

Description

Shinrin-Yoku Hair & Beard Oil Blend provides the grounding aroma of Shinrin-Yoku Forest Bathing Blend with cold-pressed argan, jojoba, avocado, and sunflower seed oils to soften, hydrate, and smooth hair and beard. This lightweight, fast-absorbing formula helps tame dryness and frizz, while also enhancing natural shine without a greasy residue. Finished with an easy-to-use pump for controlled application, it delivers the right amount every time. The practice of *shinrin-yoku* is a process for disconnecting from technology to relax and unwind. Research studies indicate being immersed in a forest with mindful intention plays an enormous role in health and well-being. Shinrin-Yoku Hair & Beard Oil Blend invites you to bring the calming ritual of forest bathing into your daily routine, promoting a sense of balance and well-being, while also nourishing and revitalizing your hair and beard with every use.

Directions

Apply 2–3 drops of oil to your palms. Rub hands together and brush palms through the beard. Repeat daily to maintain soft and conditioned facial hair.

Apply 2–3 drops of oil at the mid-length to ends of your hair.

Cautions

For external use only. Keep out of reach of children. Discontinue use if irritation or redness occurs. Avoid contact with eyes and sensitive areas. Store in a cool, dry place.

Ingredients

Argania spinosa (Argan) Kernel Oil, *Persea gratissima* (Avocado) Oil, *Simmondsia chinensis* (Jojoba) Seed Oil, *Helianthus annuus* (Sunflower) Seed Oil, *Citrus limon* (Lemon) Peel Oil, *Pogostemon cablin* (Patchouli) Oil, *Abies sibirica* (Siberian Fir) Oil, *Lavandula hybrida* (Lavandin) Oil, *Cupressus sempervirens* (Cypress) Branch/Leaf Oil, *Chamaecyparis obtusa* (Hinoki) Wood Oil, *Elettaria cardamomum* (Cardamom) Seed Oil, *Michelia alba* (Magnolia) Leaf Oil, *Cupressus lusitanica* (Cypress) Branch/Leaf Oil, *Citrus paradisi* (Grapefruit) Peel Oil, *Pelargonium graveolens* (Geranium) Flower Oil, *Citrus limon* (Lemon) Branch/Leaf Oil, Tocopherol



Shinrin-Yoku™ Bath Bar | Net wt 5 oz / 142 g

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Primary Benefits

- + Gently cleanses the skin, leaving a nice woody, citrusy aroma
- + Provides deep moisturization to the skin
- + Leaves the skin soft and hydrated

Description

Shinrin-Yoku® Forest Bathing Blend has quickly become a beloved favorite. Now it can be enjoyed in a nourishing bath bar that gently cleanses while supporting skin hydration. The practice of *shinrin-yoku* is a process for disconnecting from technology to relax and unwind. Research studies indicate being immersed in a forest with intention can play an enormous role in health and well-being. The contemplative practice of forest bathing is the inspiration for this Shinrin-Yoku Bath Bar. Made with shea butter and CPTG® essential oils, it creates a rich, creamy lather that washes away impurities and helps maintain moisture, leaving your skin feeling soft, smooth, and balanced from head to toe. The calming, grounding aroma of dōTERRA Shinrin-Yoku essential oil transforms your daily wash into a moment of tranquility with every use.

Directions

Add water to bring the bath bar to a rich lather. Use it in the shower, in the bath, or at the sink. To make the bar last longer, keep dry between each use.

Cautions

For external use only. Avoid eyes and mouth. Store at room temperature. Avoid excess heat.

Ingredients

Sodium Cocoate, Water (Aqua), Glycerin, Sodium Chloride, Sodium Citrate, Sodium Gluconate, *Butyrospermum parkii* (Shea) Butter, *Citrus limon* (Lemon) Peel Oil, *Oryza sativa* (Rice) Bran Oil, *Pogostemon cablin* (Patchouli) Oil, *Abies sibirica* (Siberian Fir) Oil, *Lavandula hybrida* (Lavandin) Oil, Charcoal Powder, *Cupressus sempervirens* (Cypress) Branch/Leaf Oil, *Chamaecyparis obtusa* (Hinoki) Wood Oil, *Cocos nucifera* (Coconut) Oil, *Elettaria cardamomum* (Cardamom) Seed Oil, *Michelia alba* (Magnolia) Leaf Oil, *Cupressus lusitanica* (Cypress) Branch/Leaf Oil, *Citrus paradisi* (Grapefruit) Peel Oil, *Pelargonium graveolens* (Geranium) Flower Oil, *Ricinus communis* (Castor) Seed Oil, *Citrus limon* (Lemon) Branch/Leaf Oil, Titanium Dioxide (CI 77891), Mica, Iron Oxides (CI 77491), Coconut Acid