



Shinrin-Yoku™ Bath Bar | Net wt 5 oz / 142 g

60233049

## Primary Benefits

- + Gently cleanses the skin, leaving a nice woody, citrusy aroma
- + Provides deep moisturization to the skin
- + Leaves the skin soft and hydrated

## Description

Shinrin-Yoku® Forest Bathing Blend has quickly become a beloved favorite. Now it can be enjoyed in a nourishing bath bar that gently cleanses while supporting skin hydration. The practice of *shinrin-yoku* is a process for disconnecting from technology to relax and unwind. Research studies indicate being immersed in a forest with intention can play an enormous role in health and well-being. The contemplative practice of forest bathing is the inspiration for this Shinrin-Yoku Bath Bar. Made with shea butter and CPTG® essential oils, it creates a rich, creamy lather that washes away impurities and helps maintain moisture, leaving your skin feeling soft, smooth, and balanced from head to toe. The calming, grounding aroma of dōTERRA Shinrin-Yoku essential oil transforms your daily wash into a moment of tranquility with every use.

## Directions

Add water to bring the bath bar to a rich lather. Use it in the shower, in the bath, or at the sink. To make the bar last longer, keep dry between each use.

## Cautions

For external use only. Avoid eyes and mouth. Store at room temperature. Avoid excess heat.

## Ingredients

Sodium Cocoate, Water (Aqua), Glycerin, Sodium Chloride, Sodium Citrate, Sodium Gluconate, *Butyrospermum parkii* (Shea) Butter, *Citrus limon* (Lemon) Peel Oil, *Oryza sativa* (Rice) Bran Oil, *Pogostemon cablin* (Patchouli) Oil, *Abies sibirica* (Siberian Fir) Oil, *Lavandula hybrida* (Lavandin) Oil, Charcoal Powder, *Cupressus sempervirens* (Cypress) Branch/Leaf Oil, *Chamaecyparis obtusa* (Hinoki) Wood Oil, *Cocos nucifera* (Coconut) Oil, *Elettaria cardamomum* (Cardamom) Seed Oil, *Michelia alba* (Magnolia) Leaf Oil, *Cupressus lusitanica* (Cypress) Branch/Leaf Oil, *Citrus paradisi* (Grapefruit) Peel Oil, *Pelargonium graveolens* (Geranium) Flower Oil, *Ricinus communis* (Castor) Seed Oil, *Citrus limon* (Lemon) Branch/Leaf Oil, Titanium Dioxide (CI 77891), Mica, Iron Oxides (CI 77491), Coconut Acid