dōTERRA<sup>®</sup> ESSENTIAL

**RECOGNITION MAGAZINE I 43** 

ACCULATION OF THE REAL PROPERTY OF

### New Presidential Diamonds-6

Fuxian Li and Lingling Zhang

#### cover stories

4 NEW PRESIDENTIAL DIAMOND Jennifer Brady

















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#### dōTERRA<sup>®</sup> ESSENTIAL LEADERSHIP ISSUE 43

#### RECOGNITION

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#### CAROL TAN Feeling Whole and Content

JED AND PAM WALDRON Slow and Steady Wins the Race





## Congratulations on Reaching Presidential Diamond Jennifer Brady

SPRINGFIELD. ILLINOIS. USA



#### What obstacles did you overcome on your journey to Presidential Diamond?

Time management has been a huge hurdle. I reached a point where I had to determine what in my life was a priority. What could I cut out? What were the essential things that were worth my time? I ended up hiring help for my house so that I wasn't using my time on things like dishes and laundry for our family of six. I make sure I have time for

"This business is for the average person. You can do this. You don't need a go Diamond in three weeks. Anybody can do this business." — Jennifer Brady

my family, my children's education, and team building and income-producing activities. If it doesn't fit into one of those categories, I outsource it.

#### What tips do you have for balancing your family and your business?

The beautiful thing about this business is that you own it you're in charge of it. To stay organized, I use a color-coded calendar. Kids have their own color, as well as my husband, church, and my doTERRA® business. Every month, I highlight all the children's activities that I need to be at. Then once family and church are accounted for, I go through and fill in the rest of my time with doTERRA. Because of this, I've been able to homeschool my kids while building a successful business. It's amazing.

#### How do you and your husband, Doug, work together?

He technically doesn't do the business with me, but he's my behind-the-scenes advisor. He is good at judging character. He'll say, "I know you're thinking about making these people qualifiers, but they don't share your same values." Or, "This isn't a person you're going to want to travel with." He is really insightful. He helps me run our house and keep up with our kids. Despite being extreme opposites—he's introverted and I'm extroverted—we completely balance each other out.

#### What advice would you give to someone with a goal to reach Presidential Diamond?

Just keep going! It's so easy to get distracted. There are so many people offering coaching and systems, and it's so easy to get caught up in chasing shiny objects that people don't realize they aren't actually building their business. You have to keep laser focused on your goal of sampling, enrolling, educating, and repeating. It's simple, and sometimes people make it too hard.

#### Why do you think reaching Presidential Diamond is a worthwhile goal? What are the benefits you've seen?

Of course, the financial benefit, but that's not even the main thing. You have the ability to influence thousands and

# superpower. You don't need this crazy unique thing about you. You don't have to

thousands of people. You get to change the journeys of generations of people, both their physical and financial health.

#### At this stage in your business, what motivates you to keep going?

Two things motivate me. First is my family. Just knowing the legacy I'm leaving for them. I have three sons and a daughter, and I want my little girl to see that you can be an excellent wife and mother—keeping your family a priority—while at the same time being a successful businesswoman. The message that the world gives us is that you have to choose family or career. doTERRA gives you the ability to do both in a way that honors yourself and your family.

Second is my team. My jam is team culture. We have this amazing team called the Brady Bunch. We're mostly local, with a few people in other states. My gualifiers are best friends. We love each other. We have pretty much zero drama on our team. It's a fantastic culture because we find people who are looking to be a part of something.

#### How has this business changed your life?

It has changed me on several levels. Of course, physically and financially, but it has changed me inwardly as well. Before I started my doTERRA business, I thought I was a great leader. I led at church and was on a board of directors. Once I got into it, I realized how much I needed to learn. It's been such a personal journey of learning how to deal with thousands of women and keep everyone happy and going.

#### Do you have anything else you would like to share?

I always preach that your business isn't going to be successful if you're not building it with integrity. If you are doing things like crash recruiting or things behind the scenes that are not ethical and don't fit into doTERRA's culture, then you will not be successful long term in this business. It took me five years to get to Presidential Diamond. It was a little slow, but I can honestly say that my team has done it completely with integrity.

## Congratulations on Reaching Presidential Diamond Fuxian Li and Lingling Zhang



#### What were the biggest hurdles you overcame on the way to Presidential Diamond?

The biggest enemy we can ever face is ourselves. My dōTERRA® experience has been a wonderful self-discovery and self-growth journey for me and my team members. There have been times when I felt the growth of my business was stuck. For example, I stayed Diamond for two years. I had to look within and dig deeper into my own beliefs. I asked myself, "Do I believe I have the power to influence people? Do I truly believe I can complete my goal of reaching Presidential Diamond?" I went through a self-healing and self-liberating process to release many negative emotions from the past and regain the strength and power in myself. After that, I was able to advance to Blue Diamond quickly and Presidential Diamond 10 months later.

#### How have you learned to balance running your business and taking care of your family?

During the beginning years of our business, I was still working and then doing the dōTERRA business in my free time. It was

#### "dōTERRA empowers me as a mother, wife, and daughter to help my family live healthier and happier lives."—*Lingling Zhang*

a busy and stressful time. I didn't spend enough time with my family, especially my children. I felt guilty, but in my heart I knew this was for a better future. After many years, I have found balance. If I'm not traveling globally, I'm able to wake them up in the morning, send them off to school, welcome them home from school, and apply oils on them at night. Even better, I have the financial freedom to take my family with me to explore the world. There'll be a time of sacrifice, but the time of reaping the rewards will come—and it's worth it!

#### What advice would you give to someone who is trying to reach Presidential Diamond?

I would advise anyone with the dream of reaching Presidential Diamond to do the following:

**Check your beliefs.** If there's anything that's holding you back, work on that first. Self-growth is the key to success and is the biggest reward in this business.

2 Check your attitude. When things happen, are you looking at the positive side and learning from these situations? For me, there are no good or bad experiences—they're all learning experiences!

**3** Check your actions. Are you doing all the activities you're supposed to do and teaching others to do the same? If you want to attract good leaders and builders to your team, be that kind of leader yourself.

#### How do you and your spouse work together in the business?

I do most of the front work—sharing, teaching, and mentoring—and he watches the back office and does the numbers and charts. He also brings oils with him everywhere he goes and shares them with everyone he meets, sowing seeds.

#### How has this business changed your life?

It's changed my life completely. My dōTERRA business provides the perfect way for me to accomplish my mission. The business also has expanded my life beyond my imagination.



I travel around the world and get to know all kinds of wonderful people I would never have had the chance to meet otherwise. They teach me so much, and we share love for each other. We're truly a family, whether in dōTERRA or on this planet.

#### Some people don't want to reach Presidential Diamond because of how hard and stressful it seems. What are the benefits of this rank? Why should someone want to reach it?

Do you believe in yourself? Do you love this work? I don't feel tired or stressed when I work because I love it! I know why I'm doing this and I enjoy the results. The rewards are your personal growth and the ability to help others do the same. I do this because I want the best for people.

#### At this stage, what motivates you to continue building your business?

To continue the process of inspiring others and seeing them do the same. I want to teach more people about dōTERRA products. Our vision is essential oils in every home, so we still have a lot of work to do.

#### Jennifer and Jim Rohr

KEY BISCAYNE, FLORIDA, USA

# Stress to Success

ennifer reflects on the progress her doTERRA® business has made with gratitude, but she also recalls a time when it wasn't smooth sailing. "There was a time when I felt stretched thin. I was running a thriving yoga business in Miami, launching an online coaching program, and on top of all that I'd begun to build my doTERRA business." She remembers, "I also had started dating my now husband, Jim, who was living in New York. There were so many times I wished I could just clone myself and be in four cities at once!"

With so much going on in her life, it would've been easy for Jennifer to become discouraged and give up on her

dreams. But one day, she discovered that her doTERRA business could help her realize her goals. "I discovered the opportunity of Diamond Club. Diamond Club helped me take something that was a stress point—the distance between Jim and me—and use it to bring us together as I built my business in another city. I even used Diamond Club as a way to go home to see my family in Colorado, build a business with my mom, and get to know my husband's family by building in Chicago." By taking advantage of business opportunities in doTERRA, Jennifer was able to take a challenge and turn it into an opportunity for growth.

Throughout all the difficult times, Jennifer learned that mistakes are a part of the process. "If you aren't making mistakes, then your business won't grow." Whether it was in teaching a class or catching an important flight, Jennifer recalls many times when things didn't go as planned, but she feels that those times have taught her mindfulness and preparation, which have helped her succeed as a leader.

She has also learned that "you have to bring the joy into your business." She recommends implementing simple practices, like getting into a joyful mindset before logging in to your back office, putting your hand over your heart before getting



#### JENNIFER'S TIPS FOR SUCCESSFULLY SAMPLING dōTERRA PRODUCTS

Only give samples to as many people as you can handle.

Don't be afraid to share a few drops of essential oil with someone again to make sure he or she has a positive experience.

Make sure every person you give a sample to has a fantastic oil experience before you invite her or him to a class and try enrolling.

Keep track of who has tried the essential oils so you have an easier time following up.

on a mentor call, or giving thanks for what you have. By remembering the importance of joy and gratitude, lennifer says, "Now I get so excited to look into my back office. I've conditioned that joy and positivity. It doesn't mean every day is easy, but as a leader, people aren't going to want to work with you if you're too good at being stressed. Instead, when you can bring joy and positivity, that creates a wave on which everyone can surf."

"The best leadership comes from the heart." -Jennifer Rohr

#### DIAMOND CLUB

### Carolyn Rose Lange

SYLVANIA, OHIO, USA

# Weathering the Storm

When thinking back on her dōTERRA® journey, Carolyn reflects on the storms she had to withstand to make it to where she is today. Before starting her business, Carolyn knew something needed to change, but she wasn't sure where to turn. She says, "dōTERRA was the catalyst that provided the tools I needed to put my desire for change into action."

Carolyn knows what it's like to struggle through storms and work toward a better life. Since joining doTERRA and building her business, she has seen her life transform. She shares, "I went from not having my own checkbook balanced to being able to give back. I was finally able to purchase a car. I've been able to put one of my daughters through college. Not only has doTERRA

helped me to achieve milestones I'd only hoped for, but it has granted me the privilege of assisting many other people in reaching their dreams."

Everything Carolyn has been through has helped her lead her team through unique circumstances and their own personal struggles. "I don't think I've had a single team member who

"There were many times I wanted to give up because of my lack of confidence in my business skills. I now see that these 'plot twists' have prepared me to better care for and provide hope to my team and clients."-Carolyn Rose Lange

hasn't struggled in some way or who isn't currently dealing with some sort of storm. I believe this is why every person on our team is so passionate and compassionate. These storms help each of us become better equipped to serve people in all areas of life. I'm so proud of my team."

Carolyn's husband, Jim, points out how qualified Carolyn is to help others through their storms as they learn to use essential oils and build their businesses. He remembers being at an event when one of Carolyn's team members commented, with tears in her eyes, that Carolyn had changed her life by being there for her through difficulties, by being someone who can be counted on. Jim says, "I think that experience speaks volumes about Carolyn, her character, and what she's all about."

Because of her own experiences, Carolyn can relate to her team and has created a culture of people who support one another and give back. When speaking about how unique her team is, Carolyn says, "Unity doesn't have to mean uniformity. That has been a big lesson for me. We don't all have to be the same or follow in the same footsteps. I've found that encouragement is the best thing to help your team."

Carolyn is the first to admit mistakes and share her own personal roadblocks with her team. She knows that sharing her personal experiences makes her team stronger and helps others deal with the challenges that life throws at them. She says, "Ultimately, we build up our doTERRA businesses and each other by respecting differences, using our strengths, and having each other's backs."



"A roadblock that has held me back is stinkin' thinkin'-believing I'm not smart enough, not social media-savvy enough, or business-minded enough," says Carolyn. This led her to an excessive workload that took a toll on her health and family.

Today, she strives to live by the acronym **GETMO**: GOOD ENOUGH

TO MOVE ON

reasonable, so now, if something is good enough, she moves on.

Judi Sears

# No Time TO DWELL ON IT

When Judi Sears was a premed student in college, her food science and nutrition professor told her that she'd never be happy just writing prescriptions and that other doctors wouldn't enjoy working with her because she argued and questioned everything. This stuck with Judi. For her, it made the most sense to support the body's natural systems. She had found success using diet and natural protocols in her own life, so she decided to study natural health, becoming an iridologist, herbalist, and nutritional counselor.

Twenty years later, Judi was using several different brands of essential oils in her practice, but she wasn't seeing great results with them. When someone talked to her about doTERRA® essential oils, she was resistant to try. She thought she'd already seen it all. When she did finally give them a try, she quickly saw results in herself and her clients. "I couldn't help but take notice," she explains. But results aside, she wasn't interested in getting too involved in the business.

That all changed when her friend and upline Laura Jacobs asked Judi to teach a class because she had double-booked herself. "I told Laura I'd never taught an essential oils class

and didn't know how. She told me to get on YouTube and watch Kalli Wilson teach, so that's what I did," Judi recalls. The "class" ended up being in a hotel conference room with 75 people attending. "I was scared but didn't have time to dwell on it. I taught the class. When it was time to close, truthfully, I didn't know a single thing about the kits, so I just pointed to the biggest picture on the page: the Natural Solutions Kit." As she remembers it, Judi sold at least a dozen of those kits, along with several smaller ones. "It was the beginning of the business I didn't know I wanted."

Judi credits much of her success to teamwork. Her family's support has been critical. "My husband has talked me off the ledge more times than either of us could count," she says. In addition, building relationships with her dōTERRA team has made her business more enjoyable. Learning about their different strengths has created a team culture where everyone achieves more together. "I know I'm where I am because of them, and I don't ever take that for granted." DIAMOND CLUB

#### "When you grow, your business grows."

—Judi Sears

#### A GUIDE TO GOALS

# GOALS

Too often, we confuse our vision with our goals and are disappointed when we achieve neither. Success comes when you want something (vision) and after you do something (goal).

How many of us have stated a "goal" like this: *"I'm going to sign up 10 people this month."* This is a vision rather than a goal, as we don't have control over anyone. A goal is something no one can stop you from achieving on your way to achieving your vision.

#### **HERE'S THE DIFFERENCE:**

**VISION:** I'm going to sign up 10 new people this month.

**GOAL:** In order to sign up 10 new people this month, I'm going to invite 50 people to my class and start a conversation with two people each day.

While friends may not come or may not even reply and people might say they're not interested, only you can stop yourself from achieving your goal!



#### DIAMOND CLUB

rom the beginning, Andy and Tiffany had no problem building strong and lasting relationships on their team. Their team knew one other and genuinely enjoyed spending time together. When the couple decided to make the transition to sharing dōTERRA<sup>®</sup> products full-time, they had no problem managing their finances. "We became good at living on a small income," Tiffany recalls.

For years, they bounced from Platinum to Diamond and back to Gold. "It was discouraging and frustrating. I felt crippled by thoughts and feelings," Tiffany says. "But few people knew it because, like most women, I'm good at putting on a happy face and going through the motions." She felt so anxious, Tiffany convinced herself that her team was better off if she stepped back and let Andy lead.

Then a moment came when Tiffany knew it was time for her to step into her own power. "Our team is nearly 75 percent Latino. I understand Spanish well, but I'm far from fluent," she explains. For years, Andy had traveled and worked with their Spanishspeaking team, but eventually they both felt that Tiffany's talents and skills were what the team really needed. It was time for her to step up.

They booked a flight for her to go and work with their team. She would be alone, trying to convey a message in broken Spanish to people who spoke little to no English. "Talk about fear and doubt!" says Tiffany. "I had things I wanted to share with these women. I had no idea if they would understand me, but I was ready to create my own story. I was done hiding." She was still scared, but Tiffany boarded the





"We all have a story, something that sets our souls on fire. Figure out what your story is and use it to create magic within your team."—Tiffany Moosman

WORDS OF ADVICE FROM TIFFANY "I used to feel like I was responsible for keeping people happy, ensuring that my children made good choices, and getting everything done perfectly. My new mantra is 'I am responsible to people, but I am not responsible for people.' I need to show up for those around me, but my happiness can't depend on how people choose to respond or act. This applies to doTERRA teams in a big way. I need to show up for my builders and sharers, but I'm not responsible for doing the work for them. I show up for them, and it's their responsibility to reach out and take hold of their own dreams."

#### Andrew and Tiffany Moosman

PRESTON, IDAHO, USA

plane. The trip was one of the best experiences of her life. She loved every minute of it. "In three days, we were able to make more progress than we had in two years—all because I was brave enough to step into my greatness."

The trip taught Tiffany to embrace vulnerability with her team. When she opened up to them, they were able to relate to her in a real and powerful way. "I had lost confidence in myself and my abilities," she remembers. "But I had a message I desperately wanted to share." That message allowed her to keep moving forward, despite her fears. "doTERRA has provided me with the tools to make a difference in thousands of lives. Magic happened when I stepped into my own strengths."

#### Katchie Ananda

BOISE, IDAHO, USA

# ALONG FOR THE RIDE

"I try to welcome failures and setbacks. I view them as opportunities to step back and think, What can I learn from this? How can I refine my communication and my techniques to be a better leader?" — Katchie Ananda

hose who know and work with Katchie value her creativity, passion, and authenticity, which she has developed from years of teaching yoga. She also instills in her team the importance of these attributes when building a doTERRA<sup>®</sup> business. She says, "I encourage them to find their most authentic way of sharing the oils and practices that are helpful to them and their families." It's important to Katchie for her and her team to be genuine and true to themselves in every situation.

Despite having years of building her business under her belt, Katchie still finds herself getting nervous before teaching a class or talking to a stranger about essential oils. She says, "I still feel out of my comfort zone on a regular basis—it's part of the necessary

stretching that occurs when we push ourselves. I continue teaching and sharing the oils because of my deep belief that anything worth pursuing can and will take you to your limit at times. The first step is to breathe and normalize the discomfort."

Katchie dissolves self-doubt by welcoming discomfort. "Doubt can really freeze you out for a long time. The antidote to doubt is having a good teacher, which for us is having a good upline." Just as she relies on her upline in times of struggle, she encourages her team to rely on her.

Katchie has gotten to where she is today with patience and consistency. She says, "Sometimes, we have expectations that something should be moving forward in a linear way. We think that it'll just get bigger and better and grander every day, but that's not how it works. You go one step forward and sometimes two steps back. That's something I really needed to learn. Many people experience failure, or something breaks down, and then they lose faith. But it's part of the journey to be patient with that backlash because the next step forward will come, as it always does."

Katchie's genuine desire to better herself and the lives of others has proven to be the secret sauce that has brought so much success. She says, "My Why is to help people. It's always been that. I ask myself, 'How can I help people live better lives?' It's not necessarily better in any material way, but better in that they're at peace within themselves."

#### **KATCHIE'S TIPS** for addressing concerns about Network Marketing:

Be transparent. Address concerns and questions with a level of authenticity and honesty right from the start.

· ·	

Assure them that doTERRA is different, that the company listens and takes concerns and critiques to heart.



Show them how you're different from other companies through your kindness, passion, and devotion to what you're sharing.





ō Scan to read the article in Fnalish

A nick a toujours eu à cœur d'aider les autres. Elle adore son entreprise dōTERRA<sup>®</sup>, qui lui permet de le faire. « l'aime ce que je fais parce que je n'ai pas l'impression de travailler. Mon objectif dans la vie est d'aider les autres. Parfois, lorsque nous ne récoltons pas le fruit de nos efforts, nous pouvons nous sentir découragés. » Anick croit que dōTERRA peut donner aux gens, y compris à elle-même, un objectif de vie.

Anick a lancé son entreprise non seulement pour assurer la santé et le bonheur de sa famille, mais aussi pour atteindre un objectif. « Je voulais me prouver que j'étais capable de faire quelque chose de ma vie, que je pouvais être indépendante financièrement. »

Anick a travaillé avec de nombreuses personnes pour les aider à réaliser leurs rêves. « J'ai dû finalement accepter qu'on n'a pas toute le même cheminement. Je suis une fille que

quand je débute les objectifs, je vais les atteindre, mais je me suis rendu compte qu'on n'est pas toutes au même niveau. On n'a pas toute la même mesure et on n'a pas toutes les mêmes rêves ou la même motivation. » La compréhension d'Anick et son amour pour les autres augmentent à mesure qu'elle les aide à comprendre leur « pourquoi ». « J'essaie de me placer à leur niveau en leur montrant que je suis aussi une personne avec des problèmes. » Anick croit qu'aucun problème n'est trop grand pour être surmonté.

L'an dernier, Anick s'est retrouvée coincée. « Je m'étais oubliée. J'avais oublié mon organisation finalement et je travaillais juste pour l'organisation de mon équipe. » Après s'être recentrée, Anick a décidé de participer au Diamond Club une deuxième fois. « l'ai commencé à reconstruire mon équipe, pas seulement dire : « Mon équipe ne change pas ». Vous réalisez

#### **VOICI QUELQUES CONSEILS D'ANICK POUR AIDER UN MEMBRE QUI SE TROUVE DANS UNE SITUATION DIFFICILE :**

Écoutez attentivement les problèmes de vos parrainés. Nous avons tous une situation et des objectifs différents. Efforcez-vous de vous mettre dans leur peau.

Rappelez-leur leur « pourquoi ». Aidez-les à se rappeler pourquoi ils se sont lancés en premier lieu.

Results not typical. Average earnings are less. See doTERRA Opportunity and Earnings Disclosure Summary on doterra.com

#### Anick Lalancette

SAINT-GEORGES DE BEAUCE (QUÉBEC), CANADA



que c'est vous qui devez commencer à faire les changements, à travailler différemment. »

Lorsqu'on lui demande si elle a des conseils à donner aux personnes en difficulté, elle répond : « N'abandonnez pas. Je n'échangerais pas les difficultés que j'ai eues parce que je crois que j'avais besoin de comprendre certaines choses. le ne changerais rien, car les obstacles ont fait de moi une meilleure personne. Nous avons tous des problèmes, mais il faut les surmonter et continuer à avancer.»

Anick se considère chanceuse d'avoir un conjoint qui la soutient. « Mon conjoint m'aide et me supporte. Je ne peux pas demander mieux—c'est la plus belle chance que je peux avoir. Quand ca ne va pas bien, c'est juste quand je viens vers lui, et il m'encourage et croit en moi. » Avec le soutien de son équipe et de sa famille, en particulier de son mari, Anick a trouvé le bonheur et la passion dans son travail.

Revoyez avec eux les principes de base de l'entreprise. Ainsi, vous contribuerez à les mettre sur la bonne voie et les aiderez à visualiser la réussite.

« Faites les choses simplement. Il n'y a vraiment rien de très compliqué. Il s'agit simplement de communiquer les bonnes nouvelles à tous. » - Anick Lalancette

#### FEATURE **ARTICLE**





Our generation is so often scrutinized. We're so interesting to people. We're a little experiment they want to analyze. They call us lazy, but we're not lazy. We're intolerant. We've seen what's possible, we've seen what people are capable of, and we've seen the vision of the world we want to see-a world that works for everyone-and we're not going to settle. We don't settle for products that aren't clean or for companies that don't source ethically. We're not willing to settle because we have seen what could be and should be, and that's what we're striving toward.

#### What are challenges you've experienced as a millennial that might be holding others back from becoming builders?

As younger builders, we don't have as large of a network size as some because we simply haven't been on the planet as long as most of the people building doTERRA businesses. We have to get creative about how we network. We use social media more and are strategic with our interactions and collaborations. We're not so much targeting someone who wants to be a network marketing distributer. We're constantly ideating; we are always thinking of creative ways to pull doTERRA into other entrepreneurial ventures. If someone has an entrepreneurial dream, we say, "Hey, you can achieve this with doTERRA. Why don't we get your business going? This is integrity marketing. You love these products anyway, so let's use this as a vehicle to make your dream happen, whatever it is." doTERRA is not the end for most of us-it's a piece of the puzzle, the artwork we're creating with our lives. It's about a bigger picture.

#### How should someone go about attracting millennial builders?

To attract millennial builders, you don't need to convince or persuade them. Instead, make them feel inspired by something and pull them into a vision that's greater than themselves. It's about making them feel like they're a part of something, and then getting them mobilized. Once they mobilize, they're unstoppable. I always lead with Cō-Impact Sourcing<sup>®</sup>, environmental stewardship, and profound healing beyond just Wellness Advocates. It's perfect. You couldn't speak to my generation any clearer.



Stephanie and Zachary Martin, Presidential Diamonds-Stephanie was only 24 when she first enrolled with dōTERRA. At first, she got involved with the business to make enough to pay for the essential oils she was using, but it has since turned into much more.



Regan Jayne, Diamond—Regan was born in 1995, where the millennial generation ends and Gen Z begins. As she builds her dōTERRA® business all over the world, Regan has her hand in various other ventures, including attending Harvard to earn her master's degree in nutrition.

#### Why do you feel you gravitate toward fellow millennials when building your business?

A millennial (born between 1980 and 1994) is typically now a mom and oftentimes a stav-at-home mom, which is always my perfect targeted "builder." In my opinion, stay-at-home moms are the best kept secret in network marketing. They're my biggest, strongest, most solid builders. These millennial mommas love bringing a side income to their families. It gives them a sense of purpose, a means to get out of the house, as well as an opportunity to connect and have fun with other people.

#### What was your experience doing Diamond Club as a young professional? Was it helpful or detrimental to you?

I was doing my own version of Diamond Club before I even joined doTERRA's. My warm market was a thousand miles away from me, so joining doTERRA Diamond Club was just a bonus. I had a strong Why—to bring my husband home from the military—so traveling anywhere I needed to with a baby on one hip and oils on the other was worth it. At the time, Zackery and I were stationed at Fort Rucker, Alabama, with all our friends and family back home in Pennsylvania. There were a lot of weeks and weekends when my then one-year-old, Gabriel, and I loaded up the car and would drive 18 hours to teach a few classes and a business workshop. Those long days are something I'd do all over again in a heartbeat. Ask yourself, "Are you willing to give a few years of hard work to set yourself and your family up for financial freedom?" This is it. This is what dōTERRA provides.

#### What inspires you to keep building?

The men and women on my team who show up big every day inspire me. They fall, but they keep getting up and never give up. They work hard, and I want them to see the same financial freedom I have. They're the beat of my heart.

"When I was young and first starting with dōTERRA, many people didn't take me seriously. But your age has nothing to do with your love for the oils. Just continue to share their many benefits and keep doing what you're called to in life."—Stephanie Martin

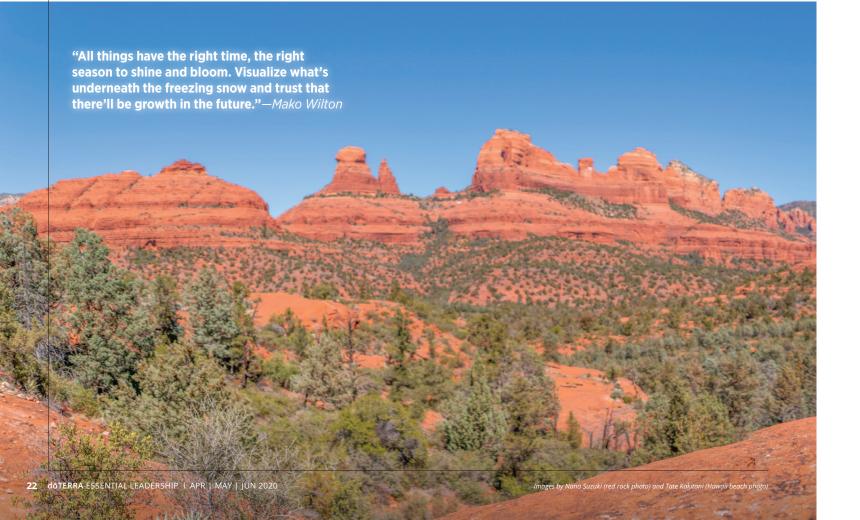
#### Mako Wilton CAVE CREEK, ARIZONA, USA

t's not an easy thing to try and build your own business. Such an effort takes no small amount of patience, initiative, and courage. Mako Wilton has certainly expressed such characteristics as she's grown her dōTERRA<sup>®</sup> business across the world. "My organization is definitely a unique one," she says. "It's spread over many countries, and I have a few international legs. I've traveled every month worldwide from the start to help and support my downline."

Since becoming a doTERRA Wellness Advocate, Mako has made extra, concentrated efforts to build abroad, developing her lines and legs in Korea, Japan, and a dozen other nations. "I believe strongly in the company mission to share these gifts of the Earth with the world, and I wanted to do my part, planting seeds that will sprout in ways I can't even imagine," Mako says with a smile. "I have many customer-minded people in my

organization rather than business builders, which has allowed me to serve those who need extra help."

This international business has presented her with plenty of opportunities and difficulties. "A lot of times I feel like I operate my dōTERRA business all day, every day—or somehow more! It's easy to lose balance. One simple challenge of operating internationally is the



time difference. It makes it harder to communicate and function. Language is another concern, so I've had to hire translators, requiring more time and money." But, for Mako, such sacrifices have been worth it. "I was told to wait until I was a Diamond to build internationally. I can understand that it costs a lot if you want to grow that way. You have to have a passion, your Why. If your Why isn't at the forefront or you're not a service-oriented person, I don't know how you'd grow an international line."

Amid difficult times, regardless of fault, Mako always asks herself, "Okay, how should I handle this?" She knows she might not be able to control her circumstances, but she can control how she responds to them. One of the best strategies Mako has found is to give herself time away to process all the "messy stuff." She says, "I could worry about it and let it affect me, but sometimes it's best to step away, pretend like life is normal, and then deal with it the next day. You have to trust yourself, surround yourself with people who believe in you, and keep walking."

Working with doTERRA has enhanced Mako's life and sense of purpose. "My favorite words are believe and hope. I truly believe all things are possible when you strive and prepare yourself for the right opportunities to come. I know without a doubt that this wonderful company can help you achieve your heart's desires!" And Mako's life's purpose is certainly being fulfilled as she works with people around the world. "I have made friends and lifelong relationships through this business. You can't buy that. That's doTERRA."

In life, things happen. Plans get disrupted. People cancel. Certainties become uncertain. Mako understands this, but she also knows vital lessons can be found within life's inevitable events and obstacles. She's always looking to grow, becoming stronger and wiser than before.

П . . . 



#### THINGS HAPPEN

Some of the most important lessons Mako has learned and lived are:

The biggest mountain you need to climb is yourself. Make the journey easier by taking care of yourself, doing things that bring you joy, and approaching tasks however works best for you.

It's easier to handle challenges when things are kept simple. All journeys have value but they can often be walked more simply when paths are a bit less cluttered.

People have found and continue to find success by building a dōTERRA business. Save yourself time and resources by seeing what they've done and applying tried-and-true principles in your unique way.



### Yi Lijie and Tian Lixing

CHINO, CALIFORNIA, USA

# ACTION, ACTION, In this business, it's critical to guide others to open their hearts. I try to help others build confidence and trust in the company and understand the greater goals of dates build to greater goals of dates

understand the greater goals of dōTERRA. I try to help them see the value of their careers and the significant change they can bring into the lives of others."—Yi Lijie

fter serving in the military and working for years as a dentist, fter serving in the military and Lijie had a lot of life experience to draw upon when she and her husband, Lixing, started their dōTERRA<sup>®</sup> business. Lijie and Lixing come from Chinese culture, where they say indirect communication is common, which can make it difficult to share essential oils. However, Lijie is grateful for the work she did as a dentist because it made her feel more comfortable talking to people, making it easier to share the doTERRA mission that she believes in.

Lijie's military experience taught her to approach every situation with a positive attitude. She uses this same philosophy with her doTERRA team because she knows that her attitude and actions have a great impact on those in her downline. She says, "I

influence my team members with my own actions, treat them with genuine care, and support them based on what kind of users or builders they are." This commitment to setting a good example for her team and leading with action comes from something that Lijie heard David Hsiung say. She shares, "As David said, 'We need to continue working hard; it is all about action, action, action!' I try to lead my team with consistency, dedication, and gentleness, believing that all the problems and difficulties we face can be overcome with love."

When Lijie coaches her team, she thinks back to how she felt as a beginner. "At the beginning, I just naturally shared doTERRA because I was so in love with the company's culture and its products. I didn't have any experience with sharing the

business opportunity, but I got help from my upline and learned so many things from my experiences." Because she could lean on her upline for help in her journey, Lijie offers that same support to her own downline. She says, "These experiences have taught me that setting myself as an example for my team members, caring for them genuinely, and listening to their problems and needs all help me become a great leader."

After years of taking action and leading by example, Lijie and Lixing have built a successful doTERRA business. When reflecting on her journey, Lijie says, "I'm grateful to dōTERRA for making us better than we were, for making us care about others more, and for letting us have a positive influence on others."

Image by Natasha Glenn of Glenn Pictu

#### BUILDING AS A FAMILY

Maintaining a harmonious, loving relationship as a couple is crucial to developing a doTERRA business successfully. "As we communicate within our marriage, we agree to overcome everything while holding the other's hand. Years ago, we decided that, no matter what we do, we will do it together. We always support, accompany, and encourage each other."

Results not typical. Average earnings are less. See doTERRA Opportunity and Earnings Disclosure Summary on doterra.com.

"Leadership Retreat is by far our favorite event of e year! It gives us the tion we need, as well oduct education."



### Sarah Perkins

Going All In

"Building this business with doTERRA has taught me more than just sales; it has also taught me about my relationships, belief, strengths, and weaknesses. Throughout this journey, my belief and conviction have become much stronger, my ability to move forward has increased tenfold, and my awareness—of myself and situations around me—has improved significantly. I've learned greater balance and feel more fulfilled."—Sarah Perkins



t started as just a hobby, a way to earn a few extra dollars as she and her family saved to move to Korea, but Sarah knew early on that her dōTERRA<sup>®</sup> business would be more than that. "I loved sharing the oils, I loved teaching, and I loved opening people's minds to new possibilities. I've always been fascinated with health solutions and science, and I realized quickly that being independent and able to set my own schedule was a huge asset."

Sarah hit Silver in five months, but she encountered some difficulties as she made the business a more significant part of her and her family's life. "The balance between being a mom, a wife, a cook, a maid, a chauffeur, and sometimes the only parent of my three young boys scared me," Sarah recalls. "Making sure my family always felt like they're the most important thing in my life while I pushed toward Diamond scared me. The time commitment required scared me." However, she came to a realization: "I learned—and still keep in mind—that when something scares me, especially something that will help me grow, 0 V E R C O M I N G " P I I

A critical concept Sarah has learned and passed along to her team and customers is overcoming "Pinterest moments"—those online glimpses into someone's life, all glitzed and glamorized. "So often we compare social media to our reality, and it's simply not the case," Sarah says emphatically. "We assume that's what others' lives are really like and wonder why ours aren't like that. 'Why am I not the perfect mom? Why am I not as successful as that builder or as pretty as that Diamond?'"

Sarah works to limit such comparisons in her business and

then that's the direction I need to push. I have always come out better by working through the fear."

After less than two years of building, Sarah hit Diamond—while living in Korea—but one of her greatest fears came to fruition. "I was accused of only doing my dōTERRA business and had put my family on the back-burner. It hurt. It was a harsh truth," Sarah says sadly. "I thought of stopping my business orders, enrolling, everything—but after talking with my hukeep going."

With her decision, she and her business continued to grow. "Teaching especially fueled me forward. After teaching more classes, I knew deep down that the words I'd heard weren't about me though I did need to do more with my family. I used the tools I developed to make sure that, even while teaching five to eight classes a week, I was still helping my kids and husband feel loved



#### ITEREST MOMENTS"

her life, remembering that "social media is a compilation of 'Pinterest moments' that people want us to see. None of them represent reality, and comparing ourselves, whether you're just starting to build a business or are a seasoned veteran, will rob you of joy and even identity. So don't—your journey is your own."

talking with my husband, we decided to

and doing things with them: day-to-day activities, special bedtime routines, and a date night at least once a month."

Looking back, Sarah doesn't regret her decision to stick with dōTERRA. "I was terrified that going 'all in' with my business would hurt my family and that the balance would be impossible, but it's been quite the opposite. The balance is a struggle, yes, but it has helped our family's relationships and brought us together in a way that would've never been possible before."

DIAMOND CLUB

#### Sue Ann Grann DANVILLE, CALIFORNIA, USA

# Raise THE Bar

t's no coincidence that Sue Ann reached Diamond in the same season she conquered her first Black Diamond ski run. Both accomplishments took commitment, grit, determination, and teamwork, along with, of course, a few falls.

Just months after launching her doTERRA® business in 2015, Sue Ann decided to join her family on

the slopes, despite only having skied a handful of times. Her kids were becoming fearless, accomplished skiers, and she wanted to be alongside her family as they discovered beautiful vistas and wooded trails—not hanging out in the lodge.

As she challenged herself to bust past her fears on the slopes, she did the same in her business, pushing

herself to teach more passionately and effectively, getting people on LRP, offering more successful Wellness Consults, and approaching more potential business partners. Sue Ann has learned so much about herself during the process of achieving Diamond with doTERRA and on the mountain. "The most important part of each journey is building trust in our relationships, challenging and





supporting each other, as well as taking quality time to nurture, develop and educate because it's not nearly as fulfilling going the distance alone. And with beautiful upline, downline, and crossline relationships in doTERRA, we learn that we're never alone!"

As Sue Ann raises the bar to better herself in her business, she trusts the process of consistently implementing PIPES. "Just like in skiing, I know I must lean boldly into each turn and over my tips, even when my mind tells me to sit back on my tails and play small. We can't improve in any sport or any business if we don't practice and become okay with the occasional wipeout! Show up consistently and fiercely."

Every time Sue Ann skis, she still gets nervous flutters, but she buckles up her boots, snaps on her skis, acknowledges her fears, and does it anyway. "In life and business, we don't always have 'bluebird conditions.' Sometimes the journey is tough. The Diamond run can be daunting, but the journey continues, and the mountain awaits."

"In dōTERRA, there's nothing like busting past fears and looking back down the mountain to see how far you and your team have come!"—Sue Ann Grann

milestone.

#### SUE ANN'S HANDY TIPS

#### How to help your team conquer the doTERRA mountain:

Pause for each other at trail breaks and take the time to educate and nurture your team.

Encourage one another through each stage of the course. Occasionally, we fall and need to lift one another up. Acknowledge commitment as much as capability.

Celebrate awesome runs. Cheer one another on as you hit each new

Help each other navigate tricky terrain by setting up strategy calls and 4 roleplays. Implement strong communication with your team that will help you navigate each twist and turn together.



Results not typical. Average earnings are less. See doTERRA Opportunity and Earnings Disclosure Summary on doterra.com



#### Delynn and Dave Miller

CHATHAM, ONTARIO, CAN

# WHERE FOCUS GOES, ENERGY FLOWS

Delynn's career in corporate healthcare was on an upward trajectory. She was good at her job. After having her second child, she went back to work and received a promotion that meant more responsibility and much longer hours.

Shortly after going back to work, her oldest daughter and mother began having health concerns at the same time. Delynn adjusted her work schedule to try and take care of everything at home, while also fulfilling her job responsibilities. Even with the full support of her

husband, it was really difficult. "I tried to be everything to everyone," she explains. "It didn't take long before I realized I was doing everything with poor quality. I felt burned out and had little joy."

None of this sat well with Delynn. In her mind, when life is overwhelming, you can either let it drown you or let it drive you. "I chose the latter," she says. Delynn decided to resign from corporate life and go all in as a professional doTERRA® educator. "The universe took us by storm," she says. "We quickly solidified Gold and

proceeded to reach Platinum and Diamond shortly thereafter."

Delynn gives due credit to the universe, but there was also a lot of hard work that went into getting her business to where it is today. For her, teamwork was crucial. Even today, she focuses on building a community of leaders. "We coteach classes, cohost events, come together monthly for in-person gatherings, and even support each other's customers." This cooperative arrangement allows everyone more time with their families, flexibility to travel, and less pressure individually.



Creating this community came naturally to Delynn. For her, building strong relationships has always been at the heart of her doTERRA business. "I have a ridiculous amount of positive energy," says Delynn. "I'm always aware of this and use it to motivate others if they're struggling." The downside of this is that sometimes her belief in her leaders is greater than their desire to build. "You can't believe in others so much that you build their business for them," she says. Now she focuses instead on the people who are ready to do the work, because, as she says, "Where focus goes, energy flows."

> When asked if there is anything she'd like to share with people who are building with doTERRA, she advises, "Trust the process. Your timing is perfect and isn't meant to be done in a way that's inauthentic. Be you. You rock at it!"

Delynn has learned a lot about how to use her strengths, as well as those of her leaders. These are her top insights into building a team of strong leaders:

"The journey to Diamond makes you understand that this business isn't meant to be done alone."-Delynn Miller

#### STRONGER AS A TEAM

"I really had to hone in on leading with my strengths to move my team forward and tap into the next level of belief in this business."

"The sooner you assess the beliefs you hold about your team, and use your strengths to press forward, the more you'll thrive. It didn't take me long to accumulate volume; it did take me time to see how my beliefs were impacting my leadership style and relationships with my team."

"When I owned my strengths and took time to appreciate my leaders' strengths, I started truly supporting them. When I stopped trying to push my strengths onto them, I came to understand and support my leaders in the long run."

#### FEATURE **ARTICLE**

# Congratulations to the Prime Wellness Club Founders

Last year, Prime Wellness Club was introduced to invite Wellness Advocates to participate in our doTERRA® vision for more health-conscious communities. Over 300 hardworking Wellness Advocates gualified, and the top 25 were named Prime Wellness Club Founders.

#### A Message from Emily Wright to Our Prime Wellness Club Winners

"You set the intention and ran hard for 12 months as you stepped outside your comfort zone and discovered gifts you didn't realize you had, as you taught individuals and families how to live a more empowered life with nature's most powerful remedies. You brought hope and peace to the world."

#### Hannah Haller



**Richard and Jennifer** Oldham



"We wanted to be Founders because we love what it stands for. It motivated us to get back to basics in the business."



Matt and Bailey King

"Prime Wellness Club was an incredible journey. It taught us

to focus on serving customers.

are the keys to success."

It taught us grit and consistency

Max and Liz Lowenstein

Terri Seldon



"Set SMART goals for vourself and your team, get events in your calendar, and schedule coaching and follow-up calls. Time freedom is available when we schedule it."

#### Dr. Kellie Lancaster



#### Billie Aadmi



"My biggest personal growth lesson has been that doing anything from a place of service and truly wanting to lift others will help you succeed in everything you do."

#### **Stephanie Kutterer**



"Success is simply belief and hard work. Once belief emerged and I determined to do the work, the impossible became possible."

#### **Cristina Badell**

#### Kathy Goulet



"I learned that when you are willing to make significant sacrifices, you can be sure that the reward is going to be bigger than those."

#### Tricia Doran



"It was a huge mindset lesson! I daily renewed my mind and set my eyes on next steps. I graduated Diamond Club, rank advanced, and inspired others ... and myself!"

"Prime Wellness Club gave me the opportunity to belong, regardless of ranks. All year. I set up my mind to become top 25 and embraced the grace!"

#### Hélène Arbour



"Un sentiment d'accomplir m'habitait, dans l'éducation des générations actuelles et futures. Ma mission est exigeante mais ô combien gratifiante!"

#### Stan and Phyllis Goodson



"This amazing race required grace. As fears loomed. teamwork bloomed. On reflection, zero lack, as all along He had our backs. With God, everything is possible.

#### **Carol Birchwale**



"We can do anything we set our hearts and minds to. Picture what it looks like and take one step at a time."

#### **Kayla Monson**



"I learned the importance of switching things up when they are not working—that you can always find a way. You just have to get creative and be willing to shift in your approach."

#### Lynda Carpenter



"No excuse, no reason, no justification feels as good as the feeling of success and knowing that so many lives that were changed for the better."

#### FEATURE **ARTICLE**

#### Hayley and Wes Hobson



"This competition inspired us to show up as leaders. It reminded us that this business is not just about selling a product one time to one person. It's about continuing to find solutions."



Melody Brandon

"Partnering with my top leaders this past year has created a stronger foundation and has given me a sense of freedom in business that is priceless."

#### Shave and Stuart Elliott



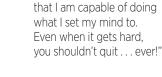
"Prime Wellness Club taught me to be incredibly diligent and consistent in my business. emerged a better leader because of it!"

Jennifer Yates

#### **Brady and Michelle Cannon**



"I leaned through this program





Enrollments: 27.019



Total Sales Volume from Top 300 **PWC Winners:** 

#### 7,159,813

#### **Congratulations to the Prime Wellness Club Top Winners**

Kevin and Nicole Almeida Jenna and Andrew Rammell Magdalen and Marty Kosel Brad and Tobi Giroux Lillian Wenger Tom Polifka Dr. Mariza Snyder and Alex Dunks Janet Cooke Josh and Keeli Martinez Christina and Lewis Jessup Melissa Ramos Crystal and Danny Masincupp Jerry and Aimee Beck Will and Marcy Snodgrass Nicole Chase Alfonso and Lisbet Nunez Eliza and Lundy Bone Nancy Couture Gina DellaPasqua Karine Drouin Roger and Teresa Harding Tracey Johnson Nathalie Jean Elena Brower Ronai and Michael Brumett Lynne Herro Jena McNabb Charlotte Alcala Josée Ruelland Eliane Provencher Wendy Wiggs Marie-Helene Carrier and Yann Gauthier Josh and Season Johnson Corrie Ratzat Annabel Olah Jessica Bellofatto Eric and SueAnn Grann Jamie Peterson Lisa Jurecko Erika and John Cappelmann KC and Jessica Moultrie Erika Garza Heather Beach and James Matarozzo Gwen Kazlouskas-Noyes Geneviève Chartrand Amanda Walljasper-Tate Terry and Julie Hall Chasity and James Dedman Maranatha Parke Mark and Tina Wong Brian and Natalie Carson Guylaine Hélie Bradley and Kelly Rees Stacy Lamb Vera Ventura Kriquett Howells Marie-Michèle Delisle Michele Eisenberg Jennifer Gilman Carol Lindsey Baker Lucinda Martin Alli Seigel Craig and Mary Robbins Claudia Saputo Katelyn Neil Jennifer Donnor Belinda Zussman Jennifer Shaw

**Ginny Edmunds** 

Tarana Nabizada Marilyn Cantin Janel Andersen Krista Randall Kimberly Fasada Kim Gonza Jerrie Lynn Vedvei Jeff and JoDee Bryant Liat Kassin Isabelle Kocyla Braden and Camille Bawcom Susan Richheimer Tonee Mower Dana Miller Pricile De Lacroix Michael and Julie Hubbard Jessica Herzberg Klingbaum Jenny Noonan Caroline Hervieux Jill Beale Zackery and Stephanie Martin Jaden Olson Jamie Swingholm Megan Newmans Melody and Walter Watts Nikki Marcina Mayra and Stephen Powers Nikki Berdzar Jane Jaglowski Jessica Lourie Julie Preas Manon Porelle Roxanne Foura Cynthia Adcock Cheryl Gearin Suzanne Blalock Margaret Mei CoraLee Brookes Molly Dayton Priscilla and Jerry Messmer Samantha Werner Steve and Chelsea Scott Marsha Thomas Bill and Meggen Keefe Chena Anderson Isabelle Richer Amanda and Kevin Rahija Eliza Yoshida Kayla Larsen Meredith Degner Priscilla Roireau Lauren O'Hara Todd Hart Mike and Amanda Wittmann Patrick and Jenna Harrington Pascale-Anne Lavallée Shane and Rebecca Hintze Greg and Dr. Julie Montgomery James and Mary Stichter Nicole Perry Merina Farrell Diane Bergeron Gwenn Stavenow-Davis Maria Vinson Cort and Karli Roszell Jennifer and Fernando Gallardo Mary Lou Mulcahy Dr. Laura and Mark Ricci Ted and Alisia Nelson Lindsay Mustard Stephanie Pinter

#### **Rui and Jeana Santos**



"It's okay to be successful. Believe you can! Share your passion to help others authentically. Asking for referrals made all the difference in Prime Wellness Club.'



"I learned that what I have to offer is valuable. I believe in my capacity to continually move forward, despite my fears."

#### Angela Reed



"I was able to really partner with the hard workers on my team and help them build. That felt wonderful."



#### Gina Cho



"God used this incredible Prime Wellness Club experience and the doTERRA wellness lifestyle to gift me life-changing freedom—physically and financially!"

Jennifer Snell Mélanie Barrière Stefanie and Brandon Stavola Veronika Anderson Christopher and Kelsey Guerra Ashley Kema Sandra Radtke Lauren Hanson Lisa Yang Tiffany Kahl and Lori Angstadt Michelle Asmus Darlene LeVan Rachel Abbett Mou Bhattacharya Jasmine Lemoyne Christina Peters and Michelle McVanev Marie-Ève Blais Becky Lee Jennifer Buonassi Valerie Lancaster Chad and Cassie Pals Anita Dogra Lauranell Thomas Sarah Smith Constance Anderson Cory and Stephanie Newton Jennifer Conway Tanva Winchester Terry Mecklin Lisa Hickey Paulina Melissas Marisa Caccamo Michelle Renzitti Gabriella Stewart Kateybeth Shaw Kassie Potter Lassen Phoenix and Bryan Huddleston Shadonne D. Harris Jessica Ryan Elizabeth and Elena Swan Dale and Sandra Pocernich Leslie Gail Mari Weaver Jasmine Ma Leann Forst Clara Wisner Mélanie Jacques Carla Postlewait Asha Mclaughlin Katie Madill Derrick and Tara Laughlin Audra Robinson Tim and Beckie Farrant lennifer Pansa Alexzandra Peters Cynthia Weatherbie Amy Gibbons Meredith Irwin Naomi Denney Pascale Boucher Matt and Alicia Triplett Donna McDowell Adriana Rogers April Ewaka Jackie Ginther Lisa Cozzi Jill Klein Brigitte Provencher Tanya Campbell

Brian Albonetti Angie Luoma Dr. Brenda Yanofsky Beth Patnode Chrissy Seibel Amy Wheeler Lison Guérette-Capony and David Mondor Kaytrin Rodgers Nicole Searcy Dr. Patrick and Jill Keiran Benson Lai and Lynn Wang Brooke Stephens Mira Binzen Cathi Russell Jess Temple Lisa Powers Matt and Jennifer Turnis Madeleine Tremblay Margaret Yelverton Christine Russell Delphine Morissette Rebecca Conley Nikki Dean Jolynn and Brad Jones Issac and Colleen Grove Erick Gonzalez Troy Miller Kelli Howie Jackie Wright Danielle Hanneman Lisa Pelavo Nita Sinn Harry and Diane Zizzo Ellie Hedley Joseph and Candace Young Stephanie Miller Sonia Castillo Jill Wiley Meredith Reilly Sandra Dam Kristen Yousef Kelly Clauson Sheri Mahnke Sarah Young Johanna Costello Dena Holmes Dr. Christine F Peyroux Heather Toledo Marlene Flax Mark and Adrienne Lloyd John and Christina Womble Mary Emily Myers Kathy Wagner Jeff and Brooke Nigl Stacey Balster Dr. Ella Coffren Ressler Tracy Witney Dr. Sandra Hanna Cinda Garst Shannon Roberts Jessica Carter Brenda Vargas Rob and Katie Truax Holly Miller Marie-Lee Boudreau Pageau Samantha Lee



#### Kathy Cordell CHEYENNE, WYOMING, USA

# Why Not You?

ven before becoming part of the dōTERRA<sup>®</sup> family and building a successful business, Kathy was keeping herself busy. "I was working 40 hours a week with the Wyoming Department of Health. I was also a life coach and the leader of a large women's ministry, planning, writing, and speaking at conferences. On top of all of this, I was in the midst of a health crisis." Thankfully, Kathy found relief with dōTERRA Lifelong Vitality Pack<sup>®</sup>. "I felt health coming back to my body. I had an amazing turnaround. I couldn't stop telling people about essential oils!"

She felt a calling to build a business with dōTERRA. "I knew that stress was causing many of my health issues, and I couldn't continue to do what I was doing. When I started building a business on top of everything else I was doing, a lot of people thought I was crazy." Kathy knew she was stretching herself thin, but she knew she was in for the long haul. "I'm a visionary—I saw that doTERRA was my way out of working too hard at a job I didn't love and not getting paid what I was worth. In nine months, I was able to guit, and now I'm freed up to focus on the things I love."

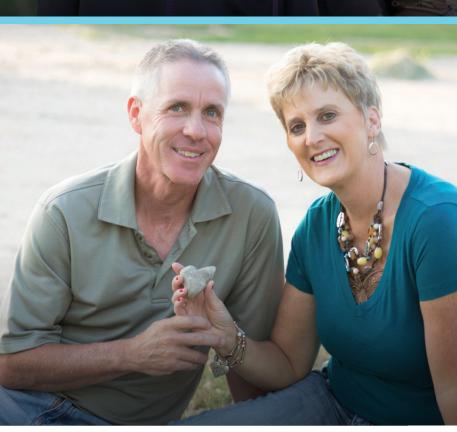
Kathy quickly grew her business. She recalls when she attended her first Leadership Retreat: "I heard someone simply say, 'Why not you?' I looked around and saw everyone was just like me, desiring a purpose and a place in the world. On hard days, I still say to myself, 'Why not me?' It gets me out of my funk."

Of course, the journey hasn't been perfectly smooth or constantly upward and forward. Mistakes happened as Kathy became a Diamond, which led to some strained relationships and

lost confidence. "I was heartbroken and remorseful. I knew I wanted to get past these mistakes and become a leader with high ethical standards that I could pass on to my team. Failure is a great teacher and getting back up to do it all over again forges perseverance and brings ownership." Kathy believes in the cause and hasn't let anything stop her. "I feel like everything in my life came together to lead me to building a doTERRA business. I'm incredibly grateful for all the hard times and for every piece of the puzzle on my journey that's led me to where I am: living life on and with purpose."



"Starting a business can be terrifying, but I truly believe that walking into and through fears is the only way to learn, grow, and become a new person. Being comfortable leads to mediocrity. dōTERRA is a vehicle that leads us to uncomfortable places, forming new thought patterns that change our actions and reactions. dōTERRA is a self-devel program wrapped in a compensation plan. When we follow the process and decide to become better versions of ourselves, we are rewarded! What's not to love?"—Kathy Cordell





"Allow yourself to be a vehicle for grace. Whatever happens, you'll know you're doing your best to serve others."—Liz Lowenstein

# **A TIME AND SEASON FOR** EVERYTHING

When Liz first enrolled as a dōTERRA® Wellness Advocate, she knew she'd stumbled upon something special, but it took a while for Max to hop on board. Liz says, "I presented the power and the opportunity to use these oils rather than forced it all on him. Allowing Max to come into the space of his own growth is what our relationship is based on. It's really amazing to see Max's transition from last year to now. It's been great seeing him fall in love with the oils. He shares from a place of deep love for the products and for the person."

At a Leadership Retreat, Max and Liz really decided to go for it as a team. "We saw the heart of doTERRA," Liz remembers. "We saw that we really align with everything doTERRA is doing. We were excited when we saw the vision,

and we knew we both wanted to go full force with it."

While Max and Liz have been growing their business at lightning speed, they found the rapidity of their growth to be a bit of a roadblock. "At the beginning, we found the greatest challenge was the more we worked, the more we made. Coming from the place where we didn't have a lot of money, that was a big driving force. Unfortunately, family, personal, and social lives all took a huge toll. But when we found that we could actually achieve the same results by not using so much personal energy and instead using more universal energy, that was a game changer."

When the couple hit Diamond, they knew they had to set boundaries with their team and take time for self-care,

#### MAX'S TIPS FOR ALLOWING THE BEST-CASE SCENARIO TO HAPPEN

"Whether it's an important enrollment call, a class, or a Wellness Consult, it all comes down to how we listen. The best possible outcome is always right there. It's waiting for us. We can't project our own ideas, thoughts, and expectations onto a situation, because then there's no chance of that best possible situation happening."

Take the time to prepare. Without thorough preparation, the best-case scenario won't happen.

Put your time and energy into things you can control.

Results not typical. Average earnings are less, See do TERRA Opportunity and Earnings Disclosure Summary on doterra.com

#### Max and Liz Lowenstein

MIAMI BEACH, FLORIDA, USA

individually and as a couple. They say, "There are times for everything, and coming to that realization was huge for us."

Max and Liz are together the majority of their time. Their relationship is based on the same deep communication and trust principles found in the yoga they practice together. The couple has successfully integrated the same principles into their business. Max says, "Everyone is his or her own individual. Everyone has personal strengths that manifest on one's own time and season. If you don't have deep powers of listening and receptivity, you'll never know what those strengths are. You need to meet people where they are. That comes from deep listening." Liz adds, "We need to be receptive to what people need on the daily level, which is always changing."

Don't try to force things—you can't make someone believe or think something they don't want to.



#### Michelle Asmus

ANKENY, IOWA, USA

# Strengths and scess

ne of the amazing benefits of Duilding a dōTERRA® business is that it allows you to do as you see fit, playing to personal strengths and skills as you grow and lead others. This has certainly been the case with Michelle. "I take the doTERRA model and attach my strengths to it. I strive to add value to those around me and share my knowledge. I thrive when and take great satisfaction in being busy and productive. I work a full-time corporate IT job, teach eight group fitness classes each week, manage my doTERRA business, and am a wife and a mom to four young kids."

Michelle applies her strengths in selfassurance and as an achiever to her business, making them the foundation of her approach to leadership. "My leaders have unique strengths, so they build their businesses differently. I know

their strengths and they know mine, and this understanding allows me to support them in the ways they need. I also ask all my leaders to tell me their love language so I can respond with what motivates each of them best."

As strong and capable as she is, Michelle has come to especially appreciate the opportunity to work with and develop connections in



"This business will make you a better, stronger person if you plan for personal growth."—Michelle Asmus

her downline. "Developing lifelong relationships is a major benefit of having a dōTERRA business! You can't be successful on your own." She recalls, "I began building in April 2015 and started business activities within two weeks. worked hard and achieved Silver within four months, but I didn't have any real builders. doTERRA is a people business in which I work with both leaders and customers. I value other people by letting them know I need them and add value to my customers by listening, asking questions, identifying needs, and serving them." Every person she works with, in Michelle's mind, has something to teach her if she asks questions and simply listens.

When asked what she advises for those who want to start a business, Michelle says, "Embrace the freedom that we have to run our own doTERRA business. I, for example, place myself into situations with others of higher rank and those who are faster or more successful than me to push me to become better." She also recommends remembering that success takes time, energy, and compounded efforts. "Somedays I win, and on other days I learn all I can with a positive attitude. Persist through the difficult times. What's important is that doTERRA allows you and me to do something that we love with people we love, which is motivating."



### FIVE THINGS TO DO EVERY DAY

After Michelle and members of her team recently read and studied The Power of Five for Network Marketing by John C. Maxwell, Michelle made daily efforts to focus on five things that matter in this business in order to continue developing her own. The five efforts are as follows:

#### GROW

#### CONNECT

#### LEAD

#### **ADD VALUE**

These powerful principles have accelerated Michelle's perspective and given new drive to her and her team. She hopes and strongly believes that they will be a cornerstone for her business as she keeps aiming high and making a difference in the lives of others.

Véronique Dion

QUÉBEC (QUÉBEC), CANADA

#### DIAMOND CLUB



Scan to read the article in English

LE GRAND SAUT

usqu'à l'année dernière, Véronique travaillait à temps plein alors qu'elle bâtissait en même temps son entreprise dōTERRA®. Elle voulait faire de cette entreprise sa priorité et sa carrière à temps plein, mais elle craignait de quitter son emploi, qui constituait son filet de sécurité. « dōTERRA me rend une meilleure personne. Mon leadership a pris vraiment plus de puissance depuis que je n'ai plus mon autre emploi. » Véronique a donc décidé de quitter son emploi et de se consacrer à dōTERRA à temps plein. « J'ai choisi dōTERRA comme plan A. »

Depuis qu'elle a fait le grand saut, Véronique a dû relever de nombreux défis pour atteindre le rang Diamond. « J'ai eu une patte qualifiante qui est tombée, une équipe que j'ai mal faite qui est quittée complètement. J'ai dû reconstruire la patte. J'ai dû garder l'espoir que j'allais recréer autre chose, et ça leur a suffi. »

En rétrospective, Véronique affirme qu'elle ne changerait rien. Selon elle, les « erreurs » sont ce qui rendent la vie et son entreprise intéressantes. Elle a toujours su voir le bon côté des choses. « Je crois que l'échec m'a fait comprendre que le fait de reculer d'un pas permet ensuite de mieux avancer, d'orienter mes bâtisseurs vers un nouveau groupe auprès duquel ils réussissent. » Selon Véronique, se consacrer à son entreprise à temps plein a augmenté son aptitude à la patience et sa confiance en elle-même et en ses bâtisseurs. « l est important de se faire mentorer. De garder redevable à quelqu'un ayant déjà une entreprise fructueuse. Alors que mon équipe grandit, mon objectif est de continuer de montrer la voie à mon équipe. »

Quand on lui demande ce qui l'incite à continuer de bâtir son entreprise dōTERRA, elle répond ce qui suit : « Ce que j'ai dans le fonds, c'est de continuer à croire, à avoir la foi. Même si j'ai eu des moments où j'ai des gens qui sont doutés, j'ai continué quand même. Une partie du défi consiste à accepter qu'il n'est pas possible d'être bien avec tout le monde. Je pense que ça c'est une autre réalité du marketing de réseau et puis du modèle d'affaire c'est qu'on ait tous été relié, mais qu'on fait tous chacun notre travail pour faire le business et qu'il faut continuer même si on a des obstacles. Il faut garder toujours en mémoire le vrai "pourquoi". » Le « pourquoi » de Véronique est la possibilité d'aider sa famille et les autres grâce à dōTERRA. « Pour moi, ce n'est plus à propos de mon rang. C'est à propos des gens à moi. »

#### **LEÇONS DE VÉRONIQUE :**

« Une vérité que je suis toujours en train d'apprendre est qu'il ne faut pas présumer que les autres savent quoi faire. Les gens ont tendance à ne pas vouloir demander d'aide. Il est très important de prendre les devants et d'offrir votre aide. » «C'est facile de rester dans ton coin, de ne pas poser de questions, de ne pas demander d'aide. J'en ai plein dans mon équipe qui ont besoin d'aide. Je suis une personne, je ne peux pas tous les aider. Allez demander l'aide à quelqu'un qui pourrait être un bon mentor pour eux. » « Je ne vois aucun échec au sein de mon entreprise en ce moment. Je vois des essais et des erreurs, il y a des moments où j'ai donné beaucoup de temps à des gens pour qui, en fin de compte, les choses n'ont pas fonctionné, mais pour moi, il ne s'agit pas d'échecs. Ce sont des occasions d'apprentissage. » —Véronique Dion



#### DIAMOND CLUB

# Knowledge Gained

"I have been with dōTERRA since summer 2015. My entire extended family is supportive, and most of my good friends have joined me as customers, sharers, and leaders. However, don't think you've exhausted your warm market. Even after five years, I'm revisiting mine. With the knowledge I've gained, I'm better equipped to help and enroll those I couldn't help before."

nlike most, Jeana's first builder Was actually the same person who convinced her to do the business in the first place—her daughter, Kalysa. They were introduced to doTERRA® products by a mutual friend, and when the time was finally right, Jeana and her daughter signed up together on the very same day. "Kalysa was in college and fell in love with the business opportunity as I was falling for the oils. She asked me to attend a meeting, and I heard a story that made me think, 'Huh, maybe I could do this as a business too."

Right away, Jeana started progressing. Her upline was helpful and supportive, her builders were dedicated and capable, and she was all in. But no journey to Diamond is simple or easy. For Jeana, one opportunity for growth

was a result of staying at Platinum for two years: "I got too comfortable and stopped doing my own enrolling of customers. I attended classes and supported my team, but I stopped looking for new people who needed what we have to offer," she says. It took time for her to get back to this important part of the business. "It wasn't until my second Diamond Club in 2018 that I truly became a consistent customer enroller. You have to continue sharing and educating, or stagnation can set in, slowing growth in the whole business. Lead by example and keep sharing on, growing, and loving your team."

Everyone makes mistakes in their business, but with mistakes come personal growth, hard-earned





It's best not to drag people along who just want to stay where they are. Let them love their oils and be open and honest if you truly need to take some of their responsibilities away.

Results not typical. Average earnings are less. See do TERRA Opportunity and Earnings Disclosure Summary on doterra.com.

#### Rui and Jeana Santos

BELLEVILLE, ILLINOIS, USA

lessons and experiences, and good advice. Jeana is no exception. "I made placement mistakes because I grew so quickly. Even with a strategy, I sometimes still make errors to this day." Her advice is to "slow down and find your front three who are as committed to you as you are to them. Then help them find their own strong fronts. Always place for best support first and immediate need last. The best strategies revolve around healthy, effective relationships."

As a leader, Jeana's top strengths are positivity and communication. Using these strengths has helped her build unity, solutions, and closeness within her team. "It doesn't matter if someone is five levels down. We're a team, and everyone matters."

#### GEMS FROM JEANA

Go for dōTERRA incentives. They've changed entire businesses. The networking on Sourcing and Incentive Trips is priceless, and the cross-line support is invaluable.

When you feel weak, talk it out with your family they'll bring your feet back to the ground. Jeana relies opposite strengths than her—like consistency and discipline—that help keep her grounded.

#### Carol Tan Edmonton, Alberta, Can

# Feeling Whole and Content

or Carol, it was a challenge to go from a successful corporate and governmental career to a stay-athome parent. "Being a full-time mother comes with its own set of joys, but over time I felt I'd lost myself somehow," she says. "Of course, I wanted to put my children and husband first. However, I knew I had so much still to offer that I wasn't doing." Whether that was something part-time or a weekly job share, Carol deeply wanted to give back with her talents and skills. "I wanted something that made me feel whole, something I could do that would let me sleep at night knowing I'd made a difference in the world in a positive way. I wanted to help more people in a personal, impactful way."

That chance to do more came naturally through the dōTERRA® business opportunity. After years of being a loyal customer, Carol discovered the business side. As she explored her passion for essential oils with friends and acquaintances, her team quickly grew. She knew this business was what she had been searching for, with its structure, emphasis on empowerment, and mission to help others on the journey to financial freedom and wellness. "I put in the work, sharing passion from the heart, and the results followed. It's a labor of love and service to others."

But it wasn't all easy, and Carol had to deal with a lot of trial and error. "There's rarely a perfect upline. This forced me to learn much of the business on my own and ask a lot of questions. I had to build and find creative answers to problems." In the long run, this taught Carol several important lessons, especially about how she approaches her downline: "What have my experiences taught me? A leader must be reliable, responsive, and supportive to be effective. And though the structure is set up the way it is, you really do hold your future in your own hands—you build your business the way you want and at your own pace and style. The beauty of this business is having the flexibility to go hard when you want or need and make it your own."

The freedom, self-care and empowerment, and drive Carol has experienced with doTERRA makes all the difference in the world to her. "Who doesn't want to have a positive impact on the well-being of their loved ones, while also receiving financial freedom by sharing what you already live? My journey with this wonderful company has been exactly what I needed in so many ways. In less than two years as a builder I became a Diamond, with a fantastic team of builders and an even larger group of people who simply love the oils, all spread across the world. But I'm not done yet." Carol loves her life and her team and still has a lot more to offer.

M.S.

"The basis of the business as a builder is your personal passion for the oils and the products. It's never a sale. Instead, it's a natural share with others, which makes for an organic, wholesome build." —*Carol Tan* 

#### **Finding Solutions Together**

Even as the leader of a globe-spanning team, Carol likes to take a hands-on approach—not to micromanage, but rather to empower and grow alongside her downline. "When a question arises, it's an opportunity for me to explore the answer with the person. Often, answers can be shared with other leaders, so one person's question is an answer to many."

This approach of working together, learning, and sharing creates greater synergy and allows for more information and solutions. This is important when dealing with multiple markets, regions, and customs. "I enjoy enabling my builders to succeed, giving them the tools they need to build in whatever country they choose. I like to say, 'There's always an answer or a solution to every challenge."" DIAMOND CLUB

#### Pam Waldron

MILLVILLE, UTAH, USA

# SLOW AND STEADY WINS FRACE

Pam Waldon first hit Diamond in 2015. She hit it again the next month. Then Pam didn't hit Diamond again for four years. After trying to rebuild her fourth leg unsuccessfully, she realized that it was time to start over. She says, "I didn't want to start over. I was stubborn. I remember expressing my frustration to Emily Wright, and she said to me, 'Slow and steady wins the race.'' Pam took those words to heart and began a slow and steady four-year build back up to Diamond.

Pam was determined to build a foundation that wouldn't crumble and to learn from previous mistakes. However, she refused to let "I should have this" or "I should have that" bog her down. "It's too hard to play the 'should have' game. Everything including the mistakes, mishaps, and perceived failures—has been part of my journey. Had I not learned some valuable lessons along the way, I wouldn't have found the leaders that I have today. Often what we perceive as a mistake or an error actually becomes a gift for the future!" There is only one thing she wishes she'd known from day one: "Be all in!"

In the story of the tortoise and the hare, the tortoise never stops trying. He wins the race with his slow and steady determination. When Pam reflects on this story, she always adds something to it: "We have to remember that the tortoise doesn't proceed forward without sticking out his neck. I had to learn to stick my neck out a little more. I had to get out of my head and listen to my inner spirit that guides me for good. One day, I was sitting in a kitchen and sharing my heart and impression with a friend (from my chicken list even). She said yes to joining me in the business. She's now my fourth Silver, who proudly helped me get back to Diamond."

At the end of the day, however, "it actually isn't a race at all." Pam says, "Too many times we're comparing our businesses to those around us and the speed at which they grow. This isn't a race. It's an experience. It's a journey of self-development, and no one's journey looks exactly like anybody else's. If it's been a while since you hit the rank you desire, don't give up. Keep moving forward. As long as you don't stop, it will come."







#### A QUOTE THAT INSPIRED PAM AND MAY INSPIRE YOU

Nothing in this world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan Press On! has solved and always will solve the problems of the human race.

"Don't be afraid to start again! Sometimes when one door closes, we spend so long staring at the closed door that we don't even notice the long corridor in front of us that's filled with other doors waiting to be opened. Keep moving forward, keep sticking out your neck, and keep sharing what you love—doors will open!"—Pam Waldron



#### DOUBLE BLUE DIAMONDS





ANDY & NATALIE GODDARD

JUSTIN & KERIANN HARRISON

#### **TRIPLE DIAMONDS**

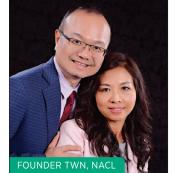


PATRICK & ALLYSE SEDIVY

#### DOUBLE PRESIDENTIAL DIAMONDS



WES & HAYLEY HOBSON



DAVID & TAWNYA HSIUNG



BOYD & SANDY TRUMAN







KENNY & REBECCA ANDERSON

ELENA BROWER





ANGE & CHRIS PETERS

KACIE VAUDREY & MIKE HITCHCOCK



JERRY & LAURA JACOBS



MARIE-KIM PROVENCHER



PAUL & BETSY HOLMES



ERIC & ANDREA LARSEN



SUN ZHONG & XI FUCHUN

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JAMES & ROXANE BYBEE

#### PRESIDENTIAL DIAMONDS





JOSH & SEASON JOHNSON

FUXIAN LI & LING LING ZHANG

MATT & BAILEY KING

ZACKERY & STEPHANIE MARTIN



STEVE & GINNA CROSS

LI & LANCE FRYLING



MOLLY DAYTON



CHRISTIAN OVERTON & MARK EWEN

JOHN & MELYNA HARRISON





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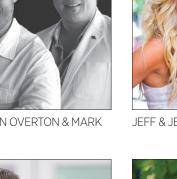
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DUNDER PW



NATE & DANA MOORE

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SHANE & REBECCA HINTZE



ROGER & TERESA HARDING

NATE & BRIANNE HOVEY



CLAY & JESSICA IDDINGS





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KYLE & KIERSTON KIRSCHBAUM



JC LAI



JULENE MARTINDALE



JOSH & KEELI MARTINEZ



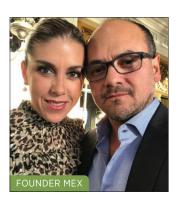
JARED & NICOLE MOULTRIE



JENNA & ANDREW RAMMELL



KC & JESSICA MOULTRIE



DANIELA & FERNANDO ROMAY

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BETTY TORRES

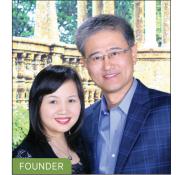






AMBER & JOHN ADAMS

KEVIN & NICOLE ALMEIDA



CHARLES & HELEN WANG



DAVE & PEGGY SMITH

MELODY & WALTER WATTS



CHRISTIAN & JILL WINGER



DANIEL & AMY WONG



KEVIN & NATALIE WYSOCKI



EDWARD & LINDA YE



KELLY ZHAO



#### **BLUE DIAMONDS**





AHLSTROM



PETER & SUSIE BAGWELL

JEREMY & MICKI

BOBERG

PERLA BALDEMAR & JORGE TENORIO



MELODY BRANDON





SUSAN & DAN BURSIC

RACHEL & DARYL

CARTER

CHERIE BURTON





BUSCH

JESSICA CHAMPAGNE

ETSUKO & RICK CHIDESTER









LIZETH BALDEMAR LIEVANO



BRINKERHOFF



GERARD JR. & CARMEN





WILBUR & JESSICA ANDREWS



DANIEL & CRISTINA BENITEZ



ADAM & CAREY BROWN



KIM CAMUSO



CORINNA CHUSE BARRUS



ASTI ATKINSON



JANNA BERRY



BEN & CAMI BUCHTA



BRADY & MICHELLE CANNON



DAPHNE & DARRIN CLARK

#### **BLUE DIAMONDS**



SPENCER & BRIANNA COLES



WILLIAM & KARI COODY



RICHARD & ELIZABETH COPELAND





MAREE COTTAM & DIRK VANDERZEE



COTTERELL



JAMES & TANYA







**BLUE DIAMONDS** 





LISON GUÉRETTE-CAPONY



DR. SANDRA HANNA MARTY & JIM HARGER AISHA HARLEY & LARRY SPILBERG

HALL



KENT & STEPHANIE

CRANE

KEITH & SPRING ESTEPPE



FRED & CARRIE DONEGAN

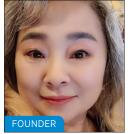


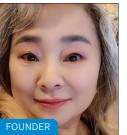


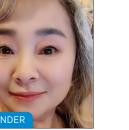
MARK & LINDSEY ELLIOTT



SHAYE & STUART ELLIOTT











DALE & TONYA FERGUSON

AL & MAUREEN

GARCIA



DAMIAN & JENNA

FANTE

SCOTT & RHONDA FORD

ANDY & MISSY GARCIA



MARC & JENN

GARRETT



JEANETTE FRANSEN



ARIN & GABE FUGATE

BRAD & TOBI GIROUX



MYLÈNE GAGNON



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LELAND & ROBIN JONES





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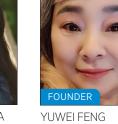


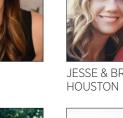






DR. ROBERT & KIYLA









JUKES



MATTHEW & SEANTAY





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JEREMEY & ANNETTE





HANNAH HALLER



BRYANT & BRIANNA HESS



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DRU & GINA KIESEL



DANNY & NICOLE LARSON



LINDSAY & CRAIG HAMM



JIM & LARA HICKS



JOSH JELINEO & BEBE MCFALL-JELINEO



AMY KILLINGSWORTH



ALISHA & JONATHAN LATOUR

#### **BLUE DIAMONDS**



DUNDER US JUSTIN & TAHNA LEE



LILLIAN LIU





GABRIEL & HOLLY LO



STEVE & RACHEL LOTH

#### **BLUE DIAMONDS**



AUDRA ROBINSON



ROD & JEN RICHARDSON





JUDY RUSHING



DWAYNE & TRACY

ALONTO & DESIREE





DAVID & HEATHER MADDER



KALIKO & MAILE MAII



KELLY MALLINSON



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HOWARD NAKATA

NATHAN & JENNI

OATES





NICHOLS

CHRISTINA PETERS &

MICHELLE MCVANEY



BECKY METHENY

DR. ZIA & KY NIX





NATHAN & MINDY SPRADLIN







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TAEU

STAVOLA

**BILL & MEAGHAN** TERZIS



AARON & TONYA

MCBRIDE

DR. MARTHA NESSLER

DR. JOHN & HEATHER

PATENAUDE





PRISCILLA & JERRY

JONATHAN & DEANNA







**BETH & RYAN PHILLIPS** 





LASSEN PHOENIX & **BRYAN HUDDLESTON** 







STEFANIE & BRANDON JIM & TAMMY STEPHENS







WINDI & SAMUEL RIFANBURG



BURKE & NATALIE RIGBY



DR. ANDREA RYAN

KIM & DARREN SMADIS



JOSIE SCHMIDT



DR. MARIZA SNYDER & ALEX DUNKS



JAMES & CHELSEA STEVENS



BRAD & DAWNA TOEWS



SETH & JENNY RISENMAY



**TENILLE & MATT** SCHOONOVER



MEGAN SPOELSTRA



LAURA STOKER



MATT & ALICIA TRIPLETT

#### **BLUE DIAMONDS**







GINA TRUMAN

KARI UETZ



MARK & LORI VAAS



SHANE & KRISTIN VAN WEY

#### DIAMONDS





KATIE ADAMS DR. JOHN & JENNIFER



CIERRA & TANNER VANDERPOL



MICHAEL & SARAH VANSTEENKISTE

EDDIE & ANGELA VILLA



JOEL & SHERRI VREEMAN



AMY & CHARLIE WIDMER









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ACCOMANDO



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KELLY ANDREWS



**BENTON & ELIZA** 

BACOT



KATHY & BRAD ALLDREDGE



CLAUDIO & JANAE ARANCIBIA



CRISTINA BADELL



MACKENZIE BANTA





ERIC & BECKY BARNEY



LISA BEARINGER



KATCHIE ANANDA



JUSTIN & BRIDGET ARNOLD



BEN & JADE BALDEN



JEREMY & CARLY BAUTISTA



JUDY BENJAMIN



JOY BERNSTEIN



KEN & WENDY BERRY





MELFORD & CONCETTA JENNIFER BITNER



JAMIE BOAGLIO

#### DIAMONDS







GINA CHO NATHALIE CHAUSSEAU

MARC & ROMI CLARK

**GREG & MARTI** CHRISTENSEN



JON & KENDRA BODINE



LADONNA BONTRAGER

BIBENS



DR. JAMIE & CHRISTINA BOYER



TIM & CARRIE BRADLEY



RUSS & CHAR BROWN





ANDREW & SHANNON CLOUGH





JASON & KAMILLE

BREUER

STEVE & BRENDA BROWN



ALLISON & BILLY

BRIMBLECOM

ANNIKA BUCKLE





ERIKA BUTLER & RICK HENRARD





CAUFFMAN



JOAN COON



MIKE & LORI DAVIS



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DARQUEA

JOYCE DAY

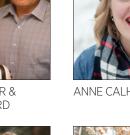


MELISSA CANNON ERIKA & JOHN CAPPELMANN





CARSON





BEN & ADABELLE





DAVID & ANDREA





DURELL DARR





ISABEL & DANIEL

CALKINS





JAKE & ALEXA BRODSKY



DON & CINDY BROWN





ALLISON COCHRAN



NANCY COUTURE

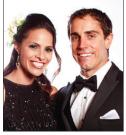




JOSIAH & MELISSA CHRISTOFFER



BRETT & FARRAH COLLVER



KARLEL CROWLEY & STUART DIXON



BRAD & JULIE DAVEY



AIMEE DECAIGNY



TROY & DOROTHY CIVITILLO



MATTHEW & AMIEE CONNER



ASHLEY DAIGE



BRITTANY & ANDY DAVIDSON



JAMIE & TED DIBBLE





KARINE DOSTIE



CURT & TONIA DOUSSETT

MEGAN DILMORE VERONIQUE DION





ERICA DOLAN

ROSALIE ELLIOTT



**BONNIE DONAHUE** 

#### DIAMONDS





AARON & WENDY



GINO & AMANDA GARIBAY









CAROLYN ERICKSON

CHRISTY & ANDREW FECHSER

CATE FIERRO



KNUT & CHRISTY FEIKER

BARRETT & CARA

FINES







DANA FELDMEIER

MARLENE FLAX

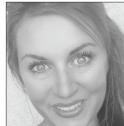


DANIEL & MICHELE FENDELL









HALIE FORRE

MEGAN FRASHESKI FRAZIER

STEVE & LAURA

**BRANDON & LINDSEY** 

GIFFORD

ADAM & LEAH

GRAHAM

GARCIA



**DIANE & VIKTOR** GJELAJ



VERONIQUE GOLLOHER



LINDSEY GRAHAM









SAMSON & LETICIA FOLAU





DR. MELISSA & EVAN ESGUERRA



HEATHER ESSLINGER







ROLANDO & JESSICA

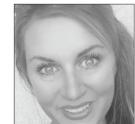


ELLIS

CHERI & CHAD EVANS

DAVID & JULIANNE













LOUIS FUSILIER & MONICA GOODSELL



DAVID & CRYSTAL

GARVIN



KATHRYN GLADER



ERICK GONZALEZ



SUEANN GRANN



LESLIE GAIL



DAREN & CRYSTELLE GATES



TAMALU GLENDE



LUKE & TERESA GOODLETT



DARREN & ROSIE GREMMERT



HONG GAO



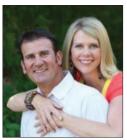
NATHAN & JOANNA GEIGLEY



THOMAS & AMY GLENN



JAY & DEBBIE GORDON



CURT & CAROL ANN GUEST



LINDSEY GUNSAULS



TASHA HAKEEM

STEVE & KRISTINE HALES



KIRK & JENNIFER HAMILTON



RENE HANEBUTT

#### DIAMONDS







STEVENSON HSIUNG

JEANESE HUMBERT

DR. DAN & KELLY

AARON & JESSA

LISA & RICHARD

JONES

JOHNSON

IRIZARRY



CLIFF & PJ HANKS



KARA HANKS





RYAN & JENYCE HARRIS





DRS. MARISSA HEISEL & PETER KRAVCHENKO











BJ & MEGAN HUNTER



GARTH & JULIE HASLEM



SCOTT & SHYANNE HATHAWAY

PAUL & TERI HELMS



MARK & ALICIA HAUGSTAD

SUSAN HELZERMAN



ELLIE HEDLEY

HERBERT











TONY & DONETTE JOHNSON



HAGAN & DENA JORDAN



ANTHONY & DANIELLE

JULIE & KAULIN HINTON



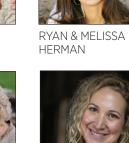
GREGORY & SUSANNA HOBELMAN



TONI & ROBERT HOLLAND











RICK & KATHY HUNSAKER





KILEY & NORA

TIFFANI JONES

JOHNSON









AMY HUFFMAN



CHRISTY & REID HUGHES



MARY HYATT



ALLISON HUISH



CYNTHIA INCZE



ROB & WENDY JAMES



CHRISTINA & LEWIS JESSUP



**BRIAN & RACHEL** JONES



JESSICA JOVANOVICH



YI LI JIE & TIAN LI XING



JARED & RACHEL JONES



LISA JURECKO







LEAH KARRATTI

JILL KEIRAN

ASHLEY KEMA



JACK & TRACI KENNEBECK



MIKE & KALLI KENNEY

DIAMONDS

LEROSE





ZACH & KYLENE LESSIG





LOVE

AVASA & MATTHEW





MIKE & MEGAN KNORPP





**TIFFIN KREGER-**BRYANT





JESSICA HERZBERG KLINGBAUM



PAUL & NANCY KNOPP







PAUL & KRISTIN MAYO



SHARON & JASON MCDONALD



MENDOZA



ANICK LALANCETTE



**GARRISON & CINDY** LANDES

JAMES & MICHIE

LAYTON

JOE & AMBER KROPF

DAVID & LOIS LANE

NOLAN & PAT LEAVITT





JON ERIK & LYNN

KVAMME

JIM & CAROLYN LANGE

JOHN & CAROLINE LEE



LAURIE LANGFITT



REBECCA LEONARDES

SHARA LANGFORD





KATRINA LOTTS



BROOKE MAGLEBY

JEANNE MCMURRY



VICTORIA MCADAMS TONY & AIMEE MCCLELLAN



DR. DANIEL & KATIE



MAX & LIZ LOWENSTEIN



CHAD & JODI LEWIS





SUZY MARTYN





ROGER & CAROL-ANN





OKSANA MASTER



KEITH & KERI MCCOY



DAVE & DELYNN MILLER



JOHNATHAN & RACHEL LINCH



JING MA & JINHUI WANG



ELIZABETH & MANNY MATSAKIS



BRITTANY MCDONALD



JUSTIN & ASHLEE MILLER



LIU MIN



KAYLA MONSON



GREG & DR. JULIE MONTGOMERY



ANDY & TIFFANY MOOSMAN



MICHAEL & MELISSA MORGNER



TED & ALISIA NELSON



DIAMONDS





ROBERT & JANELLE PARRINGTON





PENICK



MARIE-CHRISTINE

MORIN

MEGAN NEWMANS





JANELLE & JUSTIN MUELLER

JULIA NICHOLSON



KATELYN NEIL

NORDHOFF

JOHN & AMANDA

OLSEN







OLSEN



PRESTON & TENA PETTIS

JOHN & LAURA

PASTERNAK



TOM & CARRIE

POLIFKA



POTTER



KERRY & DENISE

NORRIS

CHRISTOPHER & AMY OUELLETTE



CORY & STEPHANIE

NEWTON



BERNADETTE

KATHY PACE

JOHN & KIM OVERPECK



MELODY PAINTER



JENNIFER PANSA



STEPHANIE POE

JESSICA PRESS



JESSICA PRESTON





ERIC & KRISSY







STEPHEN & DAWN



MARANATHA PARKE





SPENCER & LAURA



MATTHEW & RACHEL



RODNEY & ELAINE



DR. CHARLES & ANNA



EMMY PICKERING



KATRINA & MATTHEW





SANDRA PASCAL



SARAH-JANE PEPPER & TYLER HERR



**BRIAN & JEN PINTER** 



MAYRA & STEPHEN POWERS



AUBREY & BOBBY PRUNEDA



ESPIE PASIGAN



SARAH PERKINS



FRANI PISANO & HERB HOELLE



JULIE PREAS



JACOB & ABI RAINES



**KRISTEL RAMIREZ** 



KRISTA RANDALL



RATHJEN



JAMIE & JUSTIN



CORRIE RATZAT



DICK RAY & STACY PAULSEN



DIAMONDS

KEVIN & KESHIA SHEETS

MARY SISTI



DENA SCHULTZ

JUDITH SEARS







BARBARA REMPEL







ADAM & NISHA RIGGS



MICHAEL & TRACIE ROESBERY





LANA & KIRK SMITH



ASHLEY SROKOSZ





FRANK & JACQUELINE RITZ



CRAIG & MARY ROBBINS







SHAWN & AMANDA JAMES & KELLY ROBERTS ROBISON











LARRY & NIKKI SHORTS











BRITTANY ROSCHECK

KARI RYAN



CORT & KARLI ROSZELL



RUI & JEANA SANTOS







CLAUDIA SAPUTO





CHRISTINE RUSSELL

ADRIAN & ROXY

SARAN



STACEY SARROS

ALICIA & JASON

STEPHENS

JENNIFER SNELL









AMANDA SILICH



ADAM & RIGEL SMITH



MARCY SNODGRASS





**TERRI SELDON** 



ELENA SIMMONS



DRS. JORDAN & TRACEY SMITH



JOE & LAURA SOHN



JULIE STOESZ



WENDY SHATTUCK



RACHEL & SCOTT SIROTA



KALI SMITH



OLGA SPITZER



VICTORIA STRELNIKOVA



JUAN CARLOS SUÁREZ & ARACELI VALENCIA



DR. MARA SUSSMAN CAROL TAN



PAMELLA TANIMURA



JOY TARPLEY

#### DIAMONDS

WALSH

ZACH & KELSEY

WATSON





ERIC & SANDRA WANG



JOE & ANNE TETZLAFF

**BILL & ERLEEN TILTON** 



PRAMELA THIAGESAN

DR. LYNN THOMPSON



**TYLER & KRISTIN** TIGGES



LINDA TILLEY







WALLJASPER-TATE





**ROB & MELISSA** 

MARK & TINA WONG

WILSON

AARON & DR. RACHEL



LINSEY & ERIK WILT

MICHELLE WHITE



WRIGHT

WYSON



KENNY & STEPHANIE WAHLBERG



CHAD & SUSIE WALBY

PATTI TINHOLT



BROOKE VREEMAN

JED & PAM WALDRON

HEATHER & AARON WADE



LORINDA WALKER











EMILI & DALLON WHITNEY





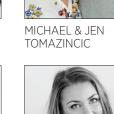
MAKO WILTON













RYAN & MELISSA VALLELUNGA





















REAGAN & HEATHER

74 dōTERRA ESSENTIAL LEADERSHIP I APR | MAY | JUN 2020



MICHELLE WARD



JULIE WEINBERG & MEREDITH KELLY









BEN & MEGAN WARDEN



KAREN WELCH



ALANA & KYLE WILSON



JULIE WINDER



JENNIFER YATES



LANE & ANGELA WATKINS



SHAUNA WETENKAMP



LISA WILSON



MEGAN WINFREY



ELENA YORDAN



DIAMONDS NOT PICTURED: GEORGE JR. KLEINSASSER

ELIZA YOSHIDA

JOHN & DEBBIE YOUNGGREN



**KRISTI ZASTROW** 



SCOTT & LISA ZIMMER



CHRYSTELLE ZIMMERMAN

#### PLATINUMS





TONI BUNTING BURT

JARED & REBECCA JOHN & LAUREN BUSCH





JONATHAN & AMY AMY CASSEDY

NICOLE CHASE



CARVER

CLEARY



LUISA CRANE









JESSICA EDSTROM

DAWN FARRIS



GINNY EDMUNDS







ANASTASIA & AARON

#### HALCOMB

GRACIE HAMMER





ATANASKA ADAMS





SUZANNE BLALOCK

JAYNA BAUER





PAUL & LISA BERGMAN

CHARLOTTE ALCALA



RYAN & JESSI BOSCHMA





SHAWNA BIELMAN

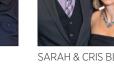




GABE & STEFANIE BIRRER



PATRICK & KATHRYN BROWN





STEFANIE BROWN











SARAH & CRIS BLAIR



MARCIA FRIACA



CARMEN GOLDSTEIN









MELISSA GUTHRIE





JANEL ANDERSEN





CLAUDIA CALDERON



WEI-CHEN CHEN & HSIU-MIN HUANG



PAULETTE DAVIS



DAWN & MARCELLO CALVINISTI



ANGELA CHILDS

EMILIE DE DECKER



MARIE-HELENE CARRIER & YANN GAUTHIER



JESSICA & NIC CLARK



SUSAN DYESS



**GINGER FISHER** 



**RINDY FENLON** 



LEON GREEN



GIADA HANSEN



DREW & LACEY GRIM



CURTIS HARDING



**GRIFFIN GUNDERSON** 



JALISSA HARTGRAVE

#### PLATINUMS



LAUREN HAYDEN





DENA HOLMES

JULIE JOHNSTON

CHRIS & GARY

KIRSCHBAUM

DEB HELLMAN



TERRY & MARIA HEUSER-GASSAWAY

JOY HORSEMAN





KRIQUETT HOWELLS



LINDSEY JAFFERALI



KRISTA KEHOE



SPENCER & RETA



ERIN LEVEAUX

#### PLATINUMS

BERNY & JANET

CHRISTINE MCCUE

WENDY MENDOZA

RAY & LAUREN

KATEE PAYNE

NEWSOM

MARQUEZ





SHELLY LOYD



RAINBEAU MARS



MARTINEZ

SUZANNE & ROBERT MCGEE

JILL NGUYEN

LUCIANA PAZ

AMY MCKINLEY



FAITH HILL



PAULA HOBSON

CHUN HSIANG







COLIN & JEN KELLY



STEPHANIE KUTTERER



NANCY JOHNSON



LANCASTER



ALISON LANGRIDGE







RENEE & CHRIS NOVELLO



GARETT & MARIAH PESKIN





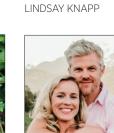


ANTONIA KOMITOVA AVERY

ARLA LEINS







RACHEL JONES





BRENT & ANNIE

HONE

CHARLOTTE IRAGABA

CAROLINE JACKSON



ADELE LURIE



KEIKO MARUTANI



JOHN & EILEEN MCLEAN



BETTINA MOENCH



TERRI PACE



MIRELA BENVENUTI CHAVES PIAZZI



SHANNON MACY



JOHN & PATTI MASON



BRAD & ANGELA MELTON



TIFFANY MOMBERGER



PAM PARKINSON



BRITT PIRTLE



ANDREA MANUS



COLLEEN MCCARTNEY



DR. ALLIE & DAVE MENDELSON



AISLINN MUELLER



JAMES & CHRISTINE PAYNE



JOSIAH & MELISSA PRECOURT

#### PLATINUMS



TRACY PRINCE

JIANMING

RIEFFANAUGH

CARLA SANTIAGO

DEBBIE & KEVIN

SHARP



CHRISTINA QUIST

LINDSEY ROBB

JIM & SUSIE SCHIERING

DIANNA SMITH



PATRICK & MANDY

LESLIE SCHMIDT

STEPHANIE SMITH

PHIL & LEEANN

STORK

ROWLAND



JANET RAMER

ANDREW & MINDY

ROWSER

SCHOMBERG





**BECKI RUH** 







JOANNA SACCO







BROOKE & THOMAS QUN TENG



ALICIA TORRES GEARY

#### PLATINUMS



TUCKER



KARI TURNER DUANE & CRYSTAL





ALISON VAN

ZANDBERGEN



DANIELA YORDANOVA & SAVA SAVOV

WINKLER



PLATINUMS NOT PICTURED:

CAROLYN & NATHAN MARISA DALTON CHRISTINA GARDNER CHUPP

NA LU FRANCISCO RODRIGUEZ

RECOGNITION IS BASED ON THE HIGHEST RANK REACHED TWO TIMES IN THE PREVIOUS SIX MONTHS. RECOGNITION IS CURRENT AS OF MARCH 2020.





KEITH & KELLY TERRY



WADE & CHRISTINE

STOLWORTHY

ALICIA THOMAS



ELIZABETH THOMPSON







JULIE ANN SCOTT



JARED & BROOKE







JOHN & JENNIFER







SORENSEN



ELENA STOYANOVA







THERESA SOUCY











CASEY VON

IDERSTEIN



BRAD & ASHLEE VANESS



AUSTIN & JOCELYN WARY



JENNIFER VASICH



RAYNAH WASSON



PATRICIA VEGA ROSALES



LORI WILLIAMS

PETERSON BAOSHENG ZHOU

# "A LEADER IS ONE WHO KNOWS THE WAY, GOES THE WAY, AND SHOWS THE WAY.

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- New Diamonds and Presidential Diamond qualify to be recognized in an article by reaching their rank three times in 12 month
- All ranks Platinum and above qualify for the recognition pages by reaching their rank to times in six months.

	<ul> <li>Please send any questions, corrections,</li> </ul>
S	or photos to <b>recognition@doterra.com</b>
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