



ESSENTIAL OIL  
SOLUTIONS  
with dōTERRA

## Utilizing the AromaTouch® Technique

What is the AromaTouch Technique?

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Which essential oils are used in the technique?

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Why is combining touch with essential oils so powerful?

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How can someone learn the technique?

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What are some ways the AromaTouch Technique can be adapted to the recipient's needs?

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