



Dr. Damian Rodriguez Toxic Load and Weight Management

According to Dr. Rodriguez's definition what is a toxin?

What are the five vital organs involved in detoxing?

1.

2.

3.

4.

5.

What three reasons does Dr. Rodriguez give for why maintaining a healthy gut microbiome is important?

How does exercise help our body detox?

Zendocrine Softgels:

DigestZend Terrazyme®:

Other Notes
