

Customize Your Wellness Plan



Check the products that will help you achieve your health goals and experience remarkable changes in how you feel.

On the next page, create your 90-day wellness plan and record each future month's product wish list in the spaces provided.

<p>NUTRITION & DIGESTION</p>	<p>Fuel, Support, and Fortify</p> <p><input type="checkbox"/> dōTERRA Lifelong Vitality Pack®</p> <p><input type="checkbox"/> dōTERRA azz Chewable™</p> <p><input type="checkbox"/> IQ Mega®</p> <p><input type="checkbox"/> dōTERRA® Greens</p> <p><input type="checkbox"/> dōTERRA Protein</p>	<p>Support Digestion</p> <p><input type="checkbox"/> dōTERRA TerraZyme™</p> <p><input type="checkbox"/> dōTERRA PB Restore™</p> <p><input type="checkbox"/> PB Assist+® Sticks</p> <p><input type="checkbox"/> dōTERRA® Fiber</p>	<p>Kits and Collections</p> <p><input type="checkbox"/> Daily Habits Kit</p>
<p>MOVEMENT & METABOLISM</p>	<p>Soothe and Energize</p> <p><input type="checkbox"/> Deep Blue®</p> <p><input type="checkbox"/> Mito2Max®</p> <p><input type="checkbox"/> Copaiba Softgels</p> <p><input type="checkbox"/> Turmeric Capsules</p>	<p>Strengthen Metabolism</p> <p><input type="checkbox"/> MetaPWR®</p> <p><input type="checkbox"/> MetaPWR® Assist</p> <p><input type="checkbox"/> MetaPWR® Advantage</p>	<p><input type="checkbox"/> MetaPWR System</p>
<p>REST & MANAGE STRESS</p>	<p>Support Sleep and Rest</p> <p><input type="checkbox"/> Lavender</p> <p><input type="checkbox"/> dōTERRA Serenity®</p> <p><input type="checkbox"/> dōTERRA Serenity® Stick + Valerian</p> <p><input type="checkbox"/> dōTERRA Serenity® Softgels</p> <p><input type="checkbox"/> Volo® Diffuser</p> <p><input type="checkbox"/> dōTERRA Peace®</p> <p><input type="checkbox"/> Calmer®</p> <p><input type="checkbox"/> Cedarwood</p>	<p>Manage Stress and Mood</p> <p><input type="checkbox"/> dōTERRA Cheer®</p> <p><input type="checkbox"/> Black Spruce</p> <p><input type="checkbox"/> Adaptiv®</p> <p><input type="checkbox"/> Citrus Bliss®</p> <p><input type="checkbox"/> dōTERRA Balance®</p>	<p><input type="checkbox"/> Calm and Harmony Kit</p>
<p>REDUCE TOXICITY</p>	<p>Support Cleansing</p> <p><input type="checkbox"/> Lemon</p> <p><input type="checkbox"/> Zendocrine® Softgels</p> <p><input type="checkbox"/> Zendocrine® Detoxification Complex</p> <p><input type="checkbox"/> dōTERRA SuperMint™ Toothpaste</p> <p><input type="checkbox"/> Oral Health</p>	<p>Natural Self-Care</p> <p><input type="checkbox"/> Essential Skin Care</p> <p><input type="checkbox"/> Yarrow Pom</p> <p><input type="checkbox"/> Hair Care</p>	<p>Natural Home Care</p> <p><input type="checkbox"/> Sun Care</p> <p><input type="checkbox"/> dōTERRA® abōde™</p> <p><input type="checkbox"/> Cleanse & Restore Kit</p>
<p>INFORMED SELF-CARE</p>	<p>Protect and Restore</p> <p><input type="checkbox"/> dōTERRA On Guard®</p> <p><input type="checkbox"/> dōTERRA Breathe</p> <p><input type="checkbox"/> DigestZen®</p> <p><input type="checkbox"/> Peppermint</p>	<p><input type="checkbox"/> Tea Tree</p> <p><input type="checkbox"/> Frankincense</p> <p><input type="checkbox"/> ClaryCalm®</p> <p><input type="checkbox"/> Correct-X®</p>	<p><input type="checkbox"/> Immune Support Kit</p>