



Dr. JoDee Anderson How do I know what oils to use?

What resources does JoDee recommend for learning what essential oils to use?

Notes on Immortelle:

Notes on InTune®:

Notes on doTERRA Serenity® and doTERRA Serenity Softgels:

Write down your top health priorities, and then go see what essential oils are recommended on Discover Solutions*:

1. _____
2. _____
3. _____