



Angela Villa

How Do Emotions Play a Role in Our Weight?

What does fat do for our bodies physically?

What about the emotional side of fat? What does it do for us emotionally?

What does Slim and Sassy do to help and how can you use it?

What does Lemon essential oil do to help and how can you use it?

What does Lifelong Vitality do to help?

What does Forgive do to help and how can you use it?

Other notes or quotes:
