



## Sandra Pascal Digestive Health

**What are some things that are affected by our digestive health?**

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**What can you do to support your digestive health?**

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**Which doTERRA essential oils can support the digestive system?**

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**Which doTERRA supplements can support the digestive system?**

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**What kinds of lifestyle changes would you like to make to show your digestive system some love?**

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