dōTERRA®

IKISE™

+ Reimagined Immortelle Oil



IKISE™

Honoring every story written on your face.

A skincare ritual rooted in the wisdom of the earth, validated by science, and designed to honor every season of you.

Rooted in the philosophy of tending, *not correcting*



In Japanese skincare culture, caring for the skin is rooted in consistency, intention, and respect. Skin is treated as a living extension of overall well-being, not something to fix.

IKISE™ carries that philosophy forward through a layered ritual bringing together ingredients from the earth and modern skincare science to support the skin through every season.



IKISE is born from Japanese influence, meaning

“from pure essential oils.”

A ritual grounded in the earth. Thoughtfully formulated.
Made to be returned to, morning and night.



Where pure and effective come together.



The standard behind IKISE™.

IKISE is a layered skincare ritual inspired by Japanese skincare philosophy, created for those who don't want to choose between ingredients they trust and results they expect.

Across a few intentional steps, CPTG Certified Pure Tested Grade® essential oils, humic shale, and thoughtfully selected skincare ingredients work together to **cleanse, prepare, hydrate, nourish, and support the skin.**

Pure and effective. Ingredients you trust.



What makes IKISE™ different?

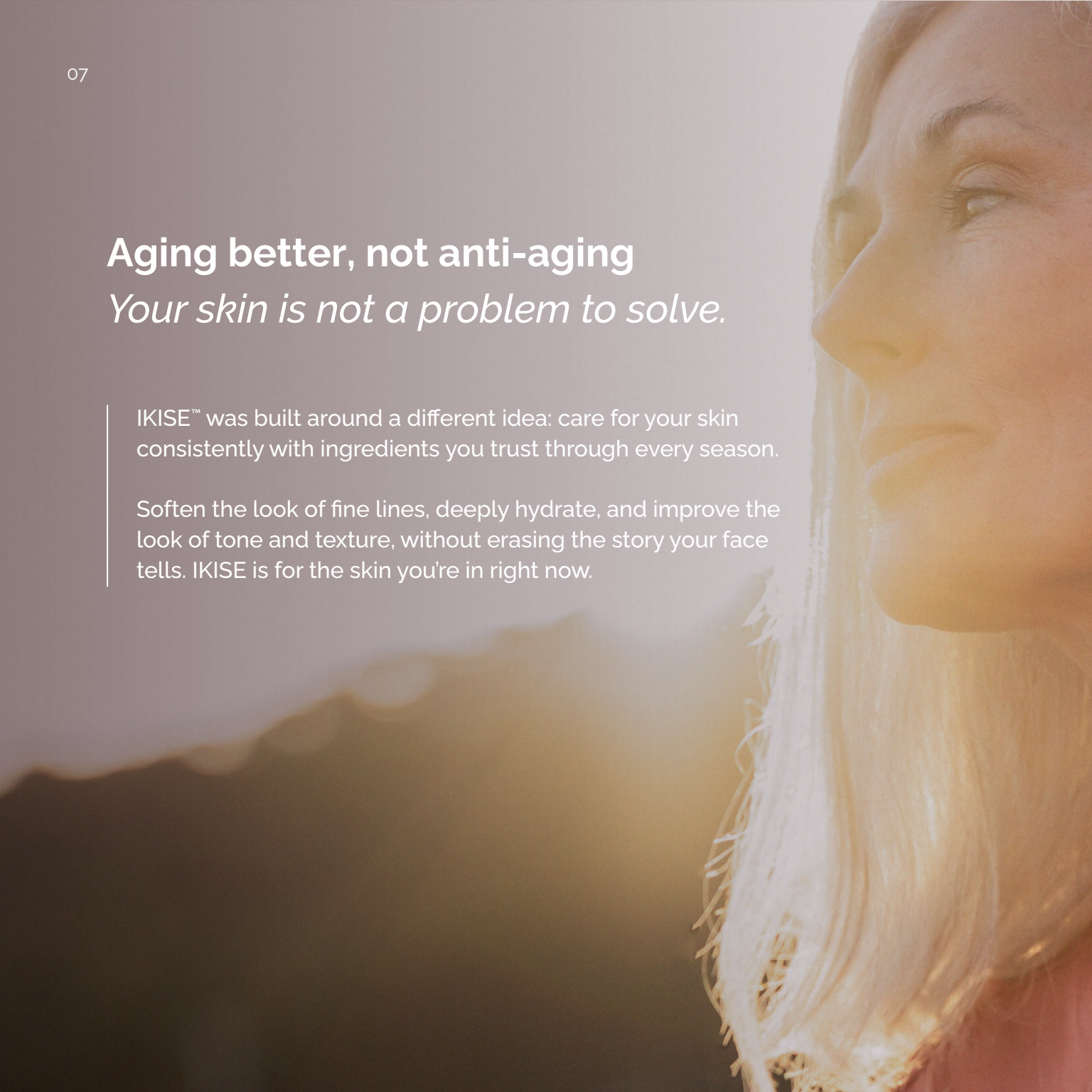
- **Rooted in Japanese skincare philosophy**—tending to skin with consistency and intention rather than trying to correct it.
- **Humic shale in every IKISE formula**—mineral-rich material formed over millions of years beneath Southern Utah.
- **CPTG essential oils in every step**—chosen for both their skin benefits and sensory experience.
- **93%+ natural origin index across the IKISE collection**—measured using the ISO 16128 standard.
- **Intentional aroma layering**—each step adds to the aromatic experience of the ritual.
- **Made for everyday use**—every IKISE product is dermatologist tested and formulated without parabens, phthalates, or synthetic fragrances.

Aging better, not anti-aging

Your skin is not a problem to solve.

IKISE™ was built around a different idea: care for your skin consistently with ingredients you trust through every season.

Soften the look of fine lines, deeply hydrate, and improve the look of tone and texture, without erasing the story your face tells. IKISE is for the skin you're in right now.





A routine is something you get through.

A ritual is something you return to.

IKISE™ takes only a few intentional minutes, morning and night. The balm warming in your hands. Toner pressed gently into skin. Two serum phases becoming one. Aroma shifting from step to step.

IKISE is designed to wake up your senses and make it easy to stay consistent. It's about making those few minutes feel more intentional.

A few minutes. **A ritual worth returning to.**



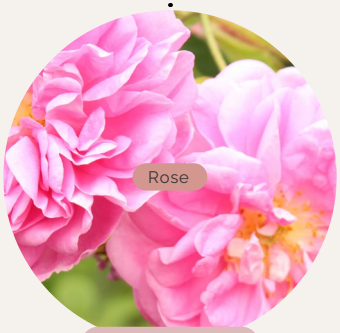
TOP NOTES



MIDDLE NOTES



BASE NOTES



FINAL NOTES

The IKISE™ Aroma Story

Layered Like a Perfume

The aroma of IKISE is woven into the ritual through CPTG® essential oils intentionally chosen for both skin benefits and sensory experience.

Each IKISE step builds a complete fragrance story: bright and fresh to warm and grounding, then softens as the ritual comes to a close.

Top Notes | Fresh + Citrusy

Lime, Litsea, and Petitgrain introduce a bright, fresh beginning through the Cleansing Balm and Face Cleanser.

Middle Notes | Warm + Grounding

Frankincense adds warmth and depth as the ritual moves into the Toner and Dual Serum.

Base Notes | Spicy, Woody + Citrusy

Buntan and Copaiba deepen the experience in the Day & Night Face Cream.

Final Notes | Soft Floral Close

Rose completes the IKISE aroma story in the Intensive Eye Cream.

Essential Oils are at the Heart of IKISE

Chosen for a Purpose

CPTG® essential oils are central to every IKISE™ product. These oils are naturally occurring compounds, some with antioxidant, soothing, or skin-conditioning properties.

Some included oils help support a healthy-looking complexion, others help to balance moisture or promote an even-looking skin tone. Every one of them adds to the aroma of the ritual. Each oil has a purpose.

- **Lime + Litsea + Petitgrain:** These bright citrus oils begin the cleansing ritual. The Cleansing Balm and Face Cleanser are designed to gently cleanse and leave skin feeling soft and hydrated.
- **Frankincense:** A grounding oil at the heart of the Toner and Dual Serum, long valued for its skin-supportive properties and paired with modern skincare ingredients.
- **Buntan + Copaiba:** Found in the Day & Night Face Cream, these CPTG oils help promote the appearance of a clear, smooth, healthy-looking complexion. A sun-safe citrus oil, Buntan also connects directly back to IKISE's Japanese roots.
- **Rose:** The final essential oil note in the ritual. CPTG Rose helps balance moisture levels and promotes a healthy-looking, even skin tone while caring for the delicate eye area.

Essential oils with a purpose in every step.

Millions of Years in the Making

Humic shale is one of the signature ingredients at the heart of IKISE™. Sourced from beneath the ancient slick rock formations of Southern Utah, it comes from compressed plant matter formed over millions of years.

Rich in **70+ trace minerals, including magnesium, calcium, and iron,** humic shale helps condition the skin and support its natural health and overall appearance. It is found in every IKISE formula connecting each step of the ritual back to the earth.



> *The mineral-rich thread running through every IKISE product.*


dōTERRA®
IKISE™
2 | Face Cleanser
Net wt 3.5 oz / 100 g
dōTERRA®
IKISE™
3 | Toner - Smooth & Rich
5 fl oz / 150 mL
dōTERRA®
IKISE™
1 | Cleansing Balm
dōTERRA®
IKISE™
4 | Dual Serum - Smooth & Rich
dōTERRA®
IKISE™
5 | Day & Night Face Cream
dōTERRA®
IKISE™
E | Intensive Eye Cream



Understanding the Natural Origin Index



"Natural" can sometimes be difficult to measure. This standard changes that. When you see "ISO 16128 compliant" on an ingredient or product, it means the formula meets a global clean beauty standard for how natural a skincare ingredient truly is.

The Natural Origin Index uses a scale from **0 to 1,** with **1.0 representing 100% natural origin.** It looks at how ingredients are derived from sources such as plants and minerals and gives a clear, measurable way to understand the natural origin of a formula.

Ingredients that are compliant are not only sourced responsibly but processed in ways that are kind to both your skin and the planet.

The Natural Origin Index of Each IKISE™ Formula

Cleansing Balm 100%

Face Cleanser 99%

Toner Smooth & Rich 97%

Dual Serum Smooth & Rich 94%

Day & Night Face Cream 99%

Intensive Eye Cream 93%

Why Each Step Matters

Prepare the skin for what comes next.

IKISE™ was intentionally designed to layer. Each product has a distinct role, working in sequence to cleanse, prepare, treat, seal in moisture, and complete the ritual.



Cleanse **01 Cleansing Balm + 02 Face Cleanser**

The Balm dissolves makeup, sunscreen, and excess oil, while the Face Cleanser lifts away remaining impurities, leaving your skin clean, clear, and ready for what follows.

Prepare **03 Toner Smooth & Rich**

Replenishes moisture and prepares the skin to better receive the serum and cream.

Treat **04 Dual Serum Smooth & Rich**

Layers in concentrated hydration and targeted skincare ingredients to support brighter, smoother, more even-looking skin.

Seal **05 Day & Night Face Cream**

Locks in moisture and the benefits of the preceding steps while delivering lasting hydration and visible brightening.

Complete **06 Intensive Eye Cream**

Finishes the ritual with focused care for the delicate eye area, helping hydrate and support a smooth, healthy-looking appearance.

Elevate

Immortelle: A finishing boost that can be layered into the ritual. Press into skin after the Day & Night Face Cream for added nourishment and a more elevated finish.

Your IKISE™ Ritual

Morning and evening made simple.

Morning Ritual

Face Cleanser
Gently cleanse and prepare the skin.

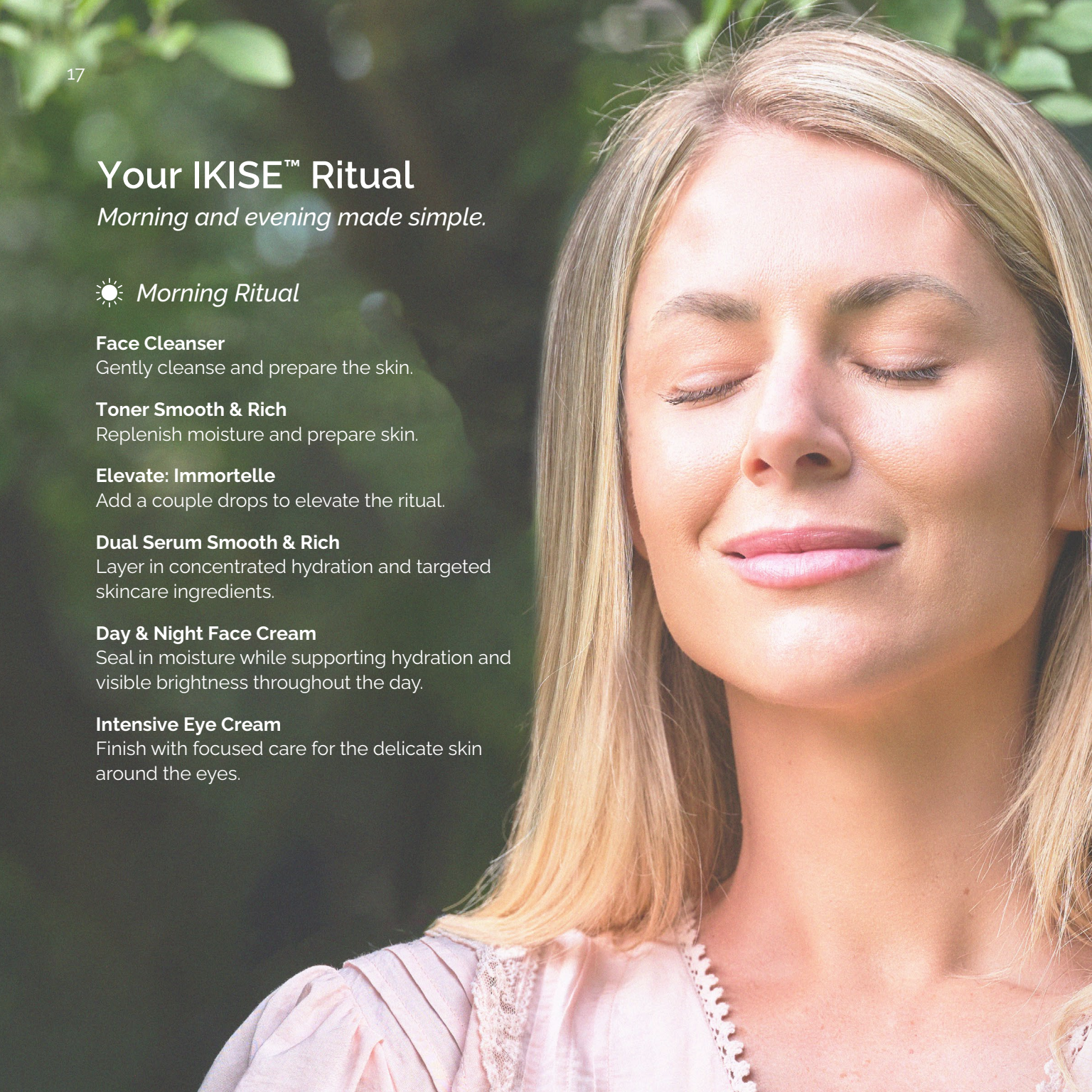
Toner Smooth & Rich
Replenish moisture and prepare skin.

Elevate: Immortelle
Add a couple drops to elevate the ritual.

Dual Serum Smooth & Rich
Layer in concentrated hydration and targeted skincare ingredients.

Day & Night Face Cream
Seal in moisture while supporting hydration and visible brightness throughout the day.

Intensive Eye Cream
Finish with focused care for the delicate skin around the eyes.





Evening Ritual

Cleansing Balm
Begin by dissolving makeup, sunscreen, and excess oil. First step of your evening double cleanse.

Face Cleanser
Lift away remaining impurities and complete the cleanse, leaving skin ready for the complete ritual. Second step of your double cleanse.

Toner Smooth & Rich
Replenish moisture and prepare the skin.

Dual Serum Smooth & Rich
Deliver concentrated hydration and targeted skincare ingredients while supporting smoother, brighter-looking skin.

Day & Night Face Cream
Lock in moisture and lasting hydration.

Intensive Eye Cream
Complete the IKISE ritual with focused care for the delicate eye area.

Elevate: Immortelle
Layer it into your evening ritual as a final boost.

Make the Ritual Your Own

Skin rituals by skin type.

Normal Skin

Morning:

- Face Cleanser
- Immortelle
- Toner
- Dual Serum
- Face Cream
- Eye cream *as needed*

Night:

- Cleansing Balm
- Face Cleanser
- Immortelle
- Toner
- Dual Serum
- Face Cream
- Eye Cream *as needed*

Tip: Double cleansing provides a deeper clean and more radiant skin. Add a few drops of Immortelle to the Toner, Serum, or Face Cream step or directly to skin on its own.

Dry Skin

Morning:

- Face Cleanser
- Immortelle
- Toner
- Layer more Toner for increased hydration
- Dual Serum
- Face Cream
- Eye cream *as needed*

Night:

- Cleansing Balm
- Face Cleanser
- Immortelle
- Toner
- Layer more Toner for increased hydration
- Dual Serum
- Face Cream
- Eye Cream *as needed*

Tip: Layer toner twice for intense hydration. Let the first layer absorb before applying the second. Apply a more generous amount of Face Cream where needed.

Combination Skin

Morning:

- Face Cleanser
- Immortelle
- Toner
- Dual Serum
- Face Cream
- Eye cream *as needed*

Night:

- Cleansing Balm
- Face Cleanser
- Immortelle
- Toner
- Dual Serum
- Face Cream
- Eye Cream *as needed*

Tip: Apply less moisturizer to the t-zone and more to drier areas of the face. Apply the Eye Cream as needed for extra care and attention to the eye area.



Inside the **IKISE™ Ritual**




dōTERRA®
IKISE™
2 | Face Cleanser
Net wt 3.5 oz / 100 g
dōTERRA®
IKISE™
3 | Toner - Smooth & Rich
dōTERRA®
IKISE™
5 | Day & Night Face Cream
Net wt 1.5 oz / 45 g
dōTERRA®
IKISE™
E | Intensive Eye Cream
Net wt .70 oz / 20 g

IKISE Cleansing Balm



Step 1 | IKISE™ Cleansing Balm

The evening ritual begins by melting the day away.

Natural Origin Index



100%

Fresh, Citrusy Aroma



Lime, Litsea, Petitgrain

IKISE™ Cleansing Balm

Step One

A buttery cleansing balm that dissolves makeup, sunscreen, and excess oil on contact. Add water and the texture transforms into a light milky rinse, leaving skin appearing soft, hydrated, and ready for the next step.

Key Ingredients

- **CPTG® Lime, Litsea, and Petitgrain** essential oils create the bright aromatic opening of the ritual.
- **Humic Shale** conditions and supports the skin's natural appearance.
- **Vitamin C** is known for brightening the appearance of your skin.
- **Beeswax and Sunflower Seed Wax** create the buttery texture that melts on contact.



How to Use

Take a small amount of balm and place onto clean, dry palms and massage over the entire face in a circular motion. Rinse with lukewarm water and pat dry with a clean towel. Follow with IKISE™ Face Cleanser at night.

Tip: Use as the first step in your evening double cleanse for a deep clean that leaves skin feeling soft and hydrated.



IKISE Face Cleanser



Step 2 | IKISE™ Face Cleanser

A gentle cleanse with a cushiony finish.

Natural Origin Index



99%

Light Citrus Aroma



Lime, Litsea, Petitgrain

IKISE™ Face Cleanser

Step Two

The Face Cleanser completes the cleanse with plant-derived surfactants that create fine, cushiony bubbles. It removes remaining impurities while helping the skin maintain hydration and prepares the surface for the toner, serum, and cream that follow.

Key Ingredients

- **CPTG® Lime, Litsea, and Petitgrain** continue the fresh aromatic opening.
- **Glycerin** provides long-lasting hydration and supports barrier function.
- **Hyaluronic Acid** supports the skin's natural moisture balance.
- **Jojoba Oil** is lightweight and compatible with many skin types.
- **Humic Shale** conditions skin with more than 70 minerals.

How to Use

Dispense a pea-size amount into the palm. Add lukewarm water and work into a lather. Rinse thoroughly and pat dry with a clean towel.

TIP:

- **Morning:** Start with Face Cleanser
- **Evening:** Use after Cleansing Balm





IKISE Toner Smooth & Rich



Step 3 | IKISE™ Toner Smooth & Rich

The pause between cleansing and treatment.

Natural Origin Index



97%

Warm Frankincense Aroma



IKISE™ Toner Smooth & Rich

The step the rest of the ritual was waiting for.

Step Three

A hydrating, skin-preparing toner with a soft pink hue and warm Frankincense aroma. It replenishes moisture, supports a firmer-looking complexion, and prepares the skin to receive the serum and cream that follow.

Key Ingredients

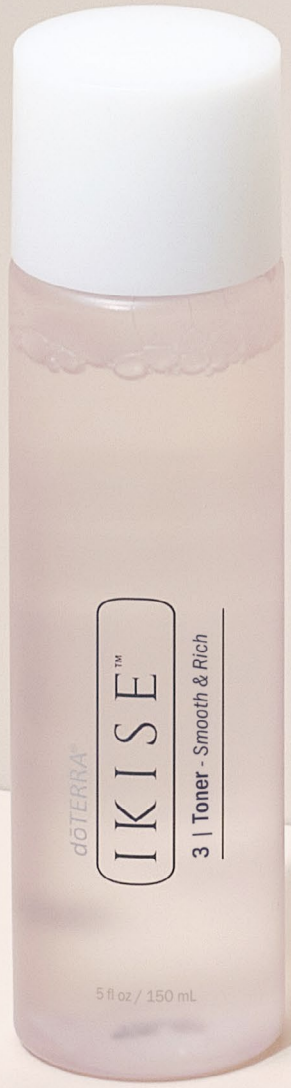
- **CPTG® Frankincense** anchors the middle of the aromatic ritual.
- **Niacinamide** brightens and evens skin tone, improves visible signs of aging, and helps reduce the appearance of dark spots.
- **Hyaluronic Acid** supports a plump, supple, hydrated-looking complexion.
- **Camellia Japonica Flower Ferment** connects the formula to Japanese botanical tradition.
- **Humic Shale** conditions skin with more than 70 minerals.

How to Use

Dispense a small amount into the palm of your hands or on a cotton pad and gently apply to your entire face. Finally, gently press your palms over your face. Layer 2–3 times when extra hydration is desired.

TIP: Chill the Toner for a refreshing experience.





IKISE Dual Serum Smooth & Rich



Step 4 | IKISE™ Dual Serum Smooth & Rich

Deep hydration. Brighter-looking skin.

Natural Origin Index

94%

Bi-phase Formula



Shake Before Use

Warm, Spicy, Herbal Aroma



Led by Frankincense

IKISE™ Dual Serum Smooth & Rich

Where ancient ingredients meet modern formulation.

Step Four

A bi-phase serum with two distinct layers that separate naturally and remix with each shake. The formula is designed to deeply hydrate, brighten, and address visible signs of aging while preparing the skin for the moisturizer.

Key Ingredients

- **Niacinamide** is known for brightening and evening skin tone and helping reduce dark spots.
- **Zinc + Copper Gluconate** together may help reduce the appearance of wrinkles and promote a smooth complexion.
- **Hyaluronic Acid, Squalene, and Coix Lacryma-Jobi** help support deep hydration and moisture retention.
- **CPTG® Frankincense** brings the warm aromatic anchor of the middle ritual.
- **Humic Shale** continues through the formula as the mineral-rich thread across IKISE.

How to Use

In the morning and evening, after preparing your skin with toner, shake well then dispense about 2–3 pumps into your hand and apply evenly to your entire face and neck.

TIP: Shake before each use, then layer under Day & Night Face Cream for deeper hydration and a smoother-looking finish.





IKISE Day & Night Face Cream



Step 5 | IKISE™ Day & Night Face Cream

The step that seals the ritual.



Natural Origin Index

99%

Essential Oils

CPTG® Buntan + Copaiba

Light enough for morning.
Nourishing enough for evening.

IKISE™ Day & Night Face Cream

Discover Buntan

Step Five

A rich yet lightweight moisturizer that locks in the benefits of the preceding steps while delivering lasting hydration and visible brightening, morning and night.

Key Ingredients

- **Buntan** is a Japanese citrus essential oil. In the US ingredient deck, it appears as Grapefruit (Citrus grandis).
- **Glycerin** provides long-lasting hydration and supports skin barrier function.
- **Niacinamide** is known for improving and refining the skin's appearance.
- **Camellia Japonica Flower Ferment** brings another Japanese botanical element into the formula.
- **Humic Shale** conditions skin with more than 70 minerals.

How to Use

After preparing your skin with toner and serum, take a small amount and apply to your entire face and neck.



Pair It

Add a drop of Immortelle into the Face Cream in the palm or layer Immortelle as directed for an elevated finish.



IKISE Intensive Eye Cream



Step 6 | IKISE™ Intensive Eye Cream

Tend to the most delicate skin on your face.



Natural Origin Index



93%

Essential Oil



CPTG® Rose

IKISE™ Intensive Eye Cream

Step Six

A nourishing eye cream formulated specifically for the delicate skin around the eyes. It hydrates, supports a firmer-looking eye area, and helps reduce the appearance of fine lines as the final IKISE step.

Key Ingredients

- **CPTG® Rosa damascena** is distilled the same day the petals are harvested. It helps balance moisture levels and promote an even-looking, healthy complexion.
- **Zinc + Copper Gluconate**, together, may help reduce the appearance of wrinkles and promote a smooth complexion.
- **Glycerin, Shea Butter, and Squalane** support hydration in the delicate eye area.
- **Vitamin C** is known for supporting a healthy-looking glow.
- **Humic Shale** conditions skin with more than 70 minerals.

How to Use

Apply a small amount to the under-eye area, careful not to get in your eyes. Use in the morning and evening as the last step in your skincare routine.

TIP: Store it in the refrigerator for an extra refreshing, de-puffing effect.





ELEVATE | Immortelle

The beloved blend, reimagined.



Immortelle is dōTERRA's iconic skincare blend, reimagined in a new 10mL bottle that pairs naturally with IKISE.

This familiar blend of six CPTG® essential oils have made Immortelle a dōTERRA skincare favorite, and is now in a purposeful trio of **Jojoba, Baobab, and Meadowfoam oils**, with a new dropper designed for easy, intentional daily use.

Key Ingredients

- CPTG® **Frankincense**, **Sandalwood**, **Lavender**, **Myrrh**, **Helichrysum**, and **Rose** essential oils. Botanicals traditionally valued for their skin-beautifying benefits.

- The combination of **Jojoba, Baobab, and Meadowfoam oils** nourish and support the skin's moisture barrier while promoting smooth, radiant, healthy-looking skin.

How to Use

Use morning or night layered into your IKISE ritual or as a standalone skincare serum. Add a drop to the Toner, Dual Serum, or Day & Night Face Cream to elevate your ritual. Press into your skin before the Toner or Dual Serum or after the Day & Night Face Cream as its own step.

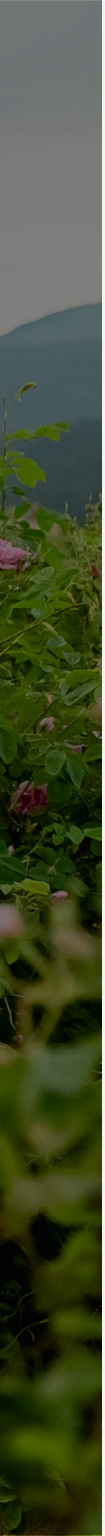


Every Ingredient Starts Somewhere

IKISE™ begins in the earth: from Humic Shale beneath Southern Utah slick rock to essential oils sourced across the world.

dōTERRA's Co-Impact Sourcing model works directly with farmers, harvesters, and distillers to support responsible cultivation and dignified livelihoods.

The story behind the ritual is not only what is in the bottle, but where it came from and who helped bring it there.



Key Ingredient Stories

The botanicals behind your new skincare ritual.

HUMIC SHALE
The one ingredient present in every IKISE™ product. Sourced from Southern Utah and formed from compressed plant matter over millions of years.

BUNTAN
A Japanese citrus essential oil featured in the Day & Night Face Cream and labeled as Grapefruit in the US ingredient deck.

LIME, LITSEA, AND PETITGRAIN
Found in both the Cleansing Balm and Face Cleanser, Lime, Litsea, and Petitgrain are sourced from Brazil, East Asia, and Paraguay, respectively.

FRANKINCENSE
Featured in the Toner and Dual Serum, Frankincense serves as a warm aromatic anchor through the middle of the ritual, with a history of use that reaches back through ancient cultures.

ROSE
The hero essential oil of the Intensive Eye Cream, distilled the same day the delicate petals are harvested.

COPAIBA
A key component of the Day & Night Face Cream, Copaiba is sourced in Brazil's Amazon rainforest, where generations of harvesters carefully tap living trees for their oleoresin.

CAMELLIA JAPONICA FLOWER FERMENT
A fermented Japanese botanical featured in the Toner and Day & Night Face Cream.

CARRIER OIL TRIO
Jojoba, Baobab, and Meadowfoam: three functional botanical oils that carry the familiar Immortelle essential oil blend.

A ritual worth returning to.

Honor everything.

Your skin has carried every season with you. Care for it with the same intention you bring to the rest of your wellness.

IKISE™ brings together ancient ingredients, thoughtful formulation, and the daily practice of slowing down long enough to tend to and deeply care for your skin.

Pure and effective were never in competition.

A ritual for *every* story written on your face.



Discover IKISE™

Build the ritual. Learn the ingredients. Find the products that belong in your day.

Explore IKISE + New Immortelle