# doterra

Product Guide | Fall/Winter 2022

# Contents

- **04** The doTERRA Impact
- **o6** What Are Essential Oils?
- **07** CPTG<sup>®</sup>
- **o8** Essential Oil Uses
- **og** Where to Begin
- **10** Enrollment Kits
- **12** Essential Oil Singles
- **20** Proprietary Essential Oil Blends
- 24 dōTERRA AromaTouch Technique®
- 24 dōTERRA Emotional AromaTherapy® System
- 25 dōTERRA Family Essentials Kit
- 25 dōTERRA® Kids Collection
- 25 dōTERRA® Yoga Collection
- 28 dōTERRA On Guard®
- **30** dōTERRA® abōde
- 32 Deep Blue®
- **34** dōTERRA Adaptiv<sup>®</sup> System
- 34 dōTERRA Serenity®
- 35 dōTERRA Breathe®

- 38 dōTERRA Lifelong Vitality Pack®
- **39** dōTERRA<sup>®</sup> Specialized Supplements
- **40** MetaPWR<sup>™</sup>
- 42 dōTERRA® Nutrition
- **43** Digestive Health
- 44 dōTERRA® Children's Supplements
- **48** dōTERRA® Essential Skin Care
- 50 HD Clear®
- **50** Yarrow | Pom Collection
- 51 dōTERRA® Veráge®
- 52 dōTERRA® Spa
- 54 dōTERRA® Hair Care
- 56 dōTERRA® Women
- 56 Natural Deodorant
- **57** Correct- $X^{\mathbb{R}}$
- 57 dōTERRA® Baby
- 58 dōTERRA® Diffusers
- 60 Essential Oil Quick References





# dōTERRA

Most people know dōTERRA simply as an essential oil company. But to truly understand who we are and what we do look to our purpose:

- We intentionally source the gifts of the earth, enriching every life we touch.
- We empower people and communities in their pursuit of self-reliance.
- We break cycles of human suffering and poverty as our business expands.
- We advocate and educate to empower everyone with natural wellness solutions.
- We advance science for the innovative use of essential oils.

dōTERRA was founded with the bold commitment to sell only 100% pure essential oils. As we rapidly expanded, traditional suppliers told us we couldn't maintain our growth without resorting to extended or adulterated oils. But we refused to compromise on quality.

Instead, we began sourcing essential oils directly. We set up long-term relationships with farmers and distillers, building our Global Botanical Network of sourcing partners. We created an award-winning sourcing model—Cō-Impact Sourcing®—to source the best and help the most.

Responsible sourcing blesses the lives of the growers and harvesters from whom we source dōTERRA essential oils. It also makes a difference for you. When we say our intention is to enrich every life we touch, we mean *every life*—from our planting and harvesting partners to the individuals and families who use our essential oils in their homes. It's why we pursue what's pure.

# The doTERRA Impact

At dōTERRA, we source the best and help the most. This is a commitment to produce the world's highest-quality essential oils in ways that truly empower the people we work with on the journey from source to you. We do so through our award-winning Co-Impact Sourcing<sup>®</sup> model.

Every dōTERRA essential oil is intentionally sourced to create positive change for the people and communities we work with to

produce it. Our 26 High Impact Oils have the biggest impact on the most people.

Scan the QR code found next to some of your favorite oils to see how these dōTERRA essential oils are helping to change the world.



In addition to the regions noted, many oils are additionally sourced from various regions of the world.





Tax-Casł

974-5534

Social Impact

Sourcing Country

## Changing the world is a big task, but we're committed to doing it right.

As dōTERRA works tirelessly to sustainably and responsibly source the best essential oils in the world, dōTERRA Healing Hands® is forging ahead to help the most. #EngageInGood with us to help empower individuals worldwide to be healthy, safe and self-reliant. Join us.

### **Rose Hand Lotion**

dōTERRA Spa Rose Hand Lotion is a light, alluring lotion with CPTG® Rose essential oil that promotes smooth, beautiful skin. This silky formula contains natural moisturizers and humectants that leave hands soft, supple, and nourished. Known for its skin-beneficial properties, Rose essential oil enhances this lotion with the authentic and uplifting aroma of rose petals.

- Bulgarian Rose essential oil is known for its ability to promote smooth, glowing skin • Sunflower and macadamia seed oils are known for their exceptional
- moisturizing properties and their ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

37520001 3.3 fl oz/100 mL | 0 PV \$20.00 rtl \$20.00 whl

### doTERRA Hope® Touch New

### Uplifting Blend

Now including exclusive Jasmine essential oil, this transformative blend symbolizes life, tenacity, and most importantly, hope that we can achieve our best selves and a better world. A portion of each purchase is donated to support those who have experienced trauma.

- Apply to pulse points as you focus on being centered and grounded
- Roll on wrists and temples as you aim to incorporate a hopeful mindset throughout the day
- Apply to hands, rub together, and inhale deeply as needed
- Use to massage base of skull



### 60200879 10 mL roll-on | 25 PV \$33.33 rtl \$25.00 whl

B. J. SPILL	2001	\$1.00
-Deductible		\$5.00
h Donation		\$10.00

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All IORNEY GENERAL Maryland: A copy of the current financial statement of the dGTERRA Healing Hands Foundation is available by writing 380 S 1300 W, Pleasant Grove UT 84062, or by calling (801) 437-7918. Documents and information submitted under the Maryland Solicitations Act are also available, for the cost of Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretar State, State House, Annapolis MD 21401, (410)

Michigan: Registration # 55179

NEW JERSEY: INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE

2004 \$25.00 2005 \$100.00

> PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW

> For the state of North Carolina, financial information For the state or North Carolina, inflandar information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State.

> Virginia: A Financial Statement is available upon request from the Office of Charitable and Regulato Programs PO, Box 1163, Richmond, Virginia 23218 Phone 804-786-1343.

Washington: doTERRA Healing Hands Foundation, a Utah Non-Profit Corporation, is registered with the State of Washington Secretary of State Corporations and Charitles Division. For further information please contact the Secretary of State at 360-725-0378 or www.soswa.gov/charities.

# What Are Essential Oils?

### The Power of the Entire Earth in One Bottle

On the 196,900,000 square miles of the earth's surface, scientists estimate there are 390,000 plants—with new species being discovered regularly. Unseen by the naked eye, essential oils hide in the seeds, stems, roots, barks, flowers, needles, and fruits of plants.

Essential oils are typically found in microscopic, specialized glands within certain plants. Scientifically speaking, essential oils are small organic molecules that quickly change from a liquid to a gas at room temperature. That's what makes bottled essential oils so powerful. Your bottle contains tiny molecules in a liquid state. When you unscrew the cap and open it, the molecules change swiftly from a liquid to a gas, which is why you can smell the essential oil immediately—even from a distance.

### **Natural Solutions for Modern Problems**

Essential oils have become increasingly popular and commonplace recently. However, their use dates back to ancient Egypt, Greece, and Rome, among other places. Essential oils aren't just a fad or new trend. They're powerful plant extracts that can be used to promote well-being—just as they have for centuries. Today, millions of people have made essential oils part of their homes because these gifts of the earth provide a natural way to make everyday life easier.

# **CPTG**<sup>®</sup>

### **CPTG Certified Pure Tested Grade®**

Previously in the world of essential oils, no set standard of quality existed, allowing many companies to cut corners on purity. So we made our own standard: CPTG Certified Pure Tested Grade.

We diligently work with a worldwide network of essential oil chemists, growers, and distillers to select botanicals of the correct species that are grown in ideal environments and harvested at the right times. Once an essential oil is distilled, it must pass a series of rigorous lab tests, layered one on top of the other for a more complete picture including gas chromatography-mass spectrometry (GCMS). These steps and processes make doTERRA essential oils the purest on the market.

### Why It Matters

Many oils contain fillers, artificial ingredients, contaminants, or chemical residues. These adulterating elements can cause an oil to lose its efficacy and can even be harmful in some cases.

When you choose to purchase essential oils, you're looking for natural solutions to support your home and family. The CPTG<sup>®</sup> standard ensures when you order from dōTERRA, you receive pure, unadulterated essential oils that are safe to use on yourself and your loved ones. You should never have to settle for anything less.





# **Essential Oil Uses**

Anyone can benefit from essential oils. Millions of people across the world are passionate about using natural products to protect their families and live a healthy lifestyle. When you adhere to product labels, instructions, and warnings, you can confidently bring essential oils into your home.

Essential oils have a long history of safe, effective usage. When you apply a proper amount of pure essential oils, they're absolutely safe for you, your family, and your home. Like anything else you'd bring into your space, essential oils are safe when you adhere to recommended doses and employ them as intended.

### Here are guidelines for safe usage:

- **Labels:** Pay attention to any warnings included on essential oil packaging.
- Areas to avoid: Avoid putting essential oils in the nose, inner ears, and eyes or on broken skin or other sensitive areas.
- **Dilution:** To minimize skin sensitivity, dilute essential oils with a carrier oil. The suggested dilution ratio is one drop of essential oil to five drops of carrier oil.
- Strong essential oils: Always dilute essential oils with a particularly strong chemistry (like Cassia, Cinnamon Bark, Clove, Oregano, and Thyme) before topical application.
- Sun sensitivity: Avoid direct sunlight or UV rays for at least 12 hours after using certain essential oils on the skin that may pose a risk for skin sensitivity (such as citrus oils).
- Safe storage: Store essential oils out of reach of children. Keep them away from excessive light or heat.
- Young children supervision: Always supervise essential oil application with children. Dilute essential oils before applying them to a child's skin.

There are three basic essential oil application methods: aromatic, topical, and internal. Essential oils can also be used for home care.

Using an essential oil aromatically means experiencing its properties through the air. Aromatic usage typically includes breathing in or inhaling an essential oil, allowing the scent to interact with your senses.

Applying an essential oil topically is a safe, effective way to enjoy the benefits it offers the skin.

Taking an essential oil internally can be done by directly applying it to the tongue or mouth, filling a Veggie Cap, or adding it to food and beverages.

Certain essential oils can be extremely beneficial in the home for daily chores and cleaning. If cleaning and caring for your home with natural, nontoxic ingredients is important to you, then doTERRA essential oils can provide a simple, powerful way to keep your home in order.

Look for the following symbols in this guide to help you determine how an essential oil can be used. You'll also notice sensitive skin symbols to help you safely dilute products before applying them topically.

# Where to Begin

Using essential oils is intuitively simple and highly satisfying. However, the many oils available, with their numberless combinations and wellness applications, can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of essential oils.







### **Application Methods**

- Can be used aromatically
- Can be used topically
- Can be used internally
- Can be used for home care
- **Sensitive Skin**
- N Can be used with no dilution (neat)
- S Dilute for young or sensitive skin (sensitive)
- D Dilute before using topically (dilute)

CPTG Certified Pure Tested Grade

### Introductory Kit Top Seller

Lavender, Lemon, Peppermint, and list of

# **Enrollment Kits**

At doTERRA® we want it to be easy to get all the essentials for a healthy home and lifestyle. That's why we created these product collections. Whether you are starting out, or want to refresh your collection, these carefully crafted enrollment kits will bring nature's powerful solutions to you.



60217321

125 PV \$260.00 rtl

\$195.00 whl

60211452

100 PV \$213.33 rtl

\$160.00 whl

Healthy Habits Kit 5 mL bottles: Lavender, Frankincense, dõTERRA Balance®, dõTERRA On Guard®, Tangerine

**Other Products:** DigestZen TerraZyme®, dōTERRA Lifelong Vitality Pack®, Deep Blue® Rub, PB Assist+®



Simple Solutions Kit 15 mL bottles: Lemon, döTERRA On Guard®, döTERRA Serenity®, Other Product: Deep Blue® Rub **60221664** 70 PV \$140.00 rtl \$105.00 whl



### **Healthy Start Kit**

**5 mL bottles:** dōTERRA Breathe®, Deep Blue®, DigestZen®, Frankincense, Lavender, Lemon, dōTERRA On Guard®, Oregano, Peppermint, Tea Tree

Other Products: Pebble™ Diffuser



Home Essentials Kit 5 mL bottle: Deep Blue®

**15 mL bottles:** dõTERRA Breathe<sup>®</sup>, DigestZen<sup>®</sup>, Frankincense, Lavender, Lemon, dõTERRA On Guard<sup>®</sup>, Oregano, Peppermint, Tea Tree

Other Products: Laluz Diffuser



15 mL bottles: dōTERRA Balance<sup>®</sup>, Lavender, Peppermint, Tea Tree, Wild Orange, AromaTouch<sup>®</sup>, Deep Blue<sup>®</sup>, dōTERRA On Guard<sup>®</sup>

Other Products: Fractionated Coconut Oil 115 mL, Fractionated Coconut Oil Pump, AromaTouch Training Information Card

**60221309** 250 PV | \$333.33 rtl | \$250.00 whl





### Natural Solutions Kit

5 mL bottles: dōTERRA Serenity®, Adaptiv®, Deep Blue®

**15 mL bottles:** Lavender, Lemon, Peppermint, Frankincense, Tea Tree, Oregano, dõTERRA On Guard®, DigestZen®, dõTERRA Breathe®

Other Products: dōTERRA Lifelong Vitality Pack®, Fractionated Coconut Oil, PB Assist+®, dōTERRA On Guard® Toothpaste, dōTERRA On Guard+™ Softgels, dōTERRA On Guard® Sanitizing Mist, dōTERRA® Breathe Vapor Stick, Deep Blue® Stick, DigestZen TerraZyme®, Correct-X®, Wooden Box, Laluz® Diffuser

60221657

235 PV \$360.00 rtl

\$270.00 whl



### **Aroma Essentials Collection**

5 mL bottles: Adaptiv<sup>®</sup>, döTERRA Balance<sup>®</sup>, döTERRA Breathe<sup>®</sup>, döTERRA Cheer<sup>®</sup>, Citrus Bloom<sup>®</sup>, Northern Escape<sup>®</sup>, döTERRA On Guard<sup>®</sup>, Peppermint, döTERRA Serenity<sup>®</sup>, Wild Orange

Other Product: Laluz® Diffuser, storage box

**60221665** 115 PV | \$206.67 rtl | \$155.00 whl

> **60221656** 345 PV \$600.00 rtl \$450.00 whl

# **Essential Oil Singles**

The dōTERRA® collection of single essential oils represents the finest aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalized essential oil benefits.



### Arborvitae Essential Oil

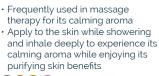
Thuja plicata Known as the "tree of life." Arborvitae is majestic in size and abundant in benefits

- Helps promote clear, healthylooking skin Powerful cleansing agent
- Warm, earthy aroma

49360001 5 ml | 22 PV \$29.33 rtl \$22.00 whl

### Bergamot Essential Oil

Citrus bergamia Cold pressed from the rind of the bergamot fruit, Bergamot is unique among citrus oils.



30790001





**Blue Tansy** Essential Oil Tanacetum annuum

Sourced from the annual yellowflowered Mediterranean plant, Blue Tansy is high in chamazulene and sabinene. An important oil in the

dōTERRA Deep Blue® blend. Anecdotal evidence suggests it may enhance the appearance of drv or damaged skin

 Preclinical studies suggest it may provide a soothing sensation when applied to skin



60203383 5 mL | 80 PV \$113.33 rtl \$85.00 whl

Valued for its restorative effects. Basil is also commonly used for its calming aroma. Helps keep your skin looking clean,

clear, and healthy Aromatic use helps create a calm and relaxed environment

• When taken internally, supports cardiovascular system health\*



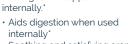
Basil

Essential Oil

Ocimum basilicum

### **Black Pepper**

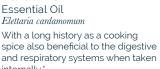
Essential Oil Piper nigrum Best known as a cooking spice that enhances the flavor of foods, but its internal and topical benefits are equally noteworthy. This essential oil is known for powerful antioxidant



### 41040001

5 mL | 22 PV \$29.33 rtl \$22.00 whl

### Cardamom



internally.\* Helps ease indigestion and maintain overall gastrointestinal health when ingested\* Promotes clear breathing and

maintains respiratory health when used internally\* 



\$28.00 wh

### Birch Coming Soon Essential Oil Betula lenta

Birch essential oil comes from the bark of Beta lenta (italic) tree, known as black birch, cherry birch, or sweet birch

 Delivers a stimulating, refreshing aroma similar to Wintergreen Provides a soothing massage



5 mL | 45 PV \$73.33 rtl \$55.00 whl

### **Black Spruce**

Essential Oil Picea mariana

A powerful wood essential oil distilled from the needle and branches of the Picea mariana tree, Black Spruce essential oil has a relaxing, calming aroma. Incorporate Black Spruce into a

comforting massage experience to soothe the skin after strenuous exercise Promotes feelings of easy breathing

ATS

60206220 5 mL | 20 PV \$26.67 rtl

### Cassia



thousands of years of historical use. May promote healthy cardiovascular system function when consumed\*

 Promotes healthy digestion when taken internally\* May help support healthy immune system function when ingested\*



60213537 15 mL | 21 PV \$28.00 rtl \$21.00 wh



### Cedarwood

Essential Oil Juniperus virginiana Cedarwood has a warm, woody, balsamic fragrance that creates a comforting and relaxing environment.

During your facial routine, add one to two drops of Cedarwood to your facial toner or moisturizer for added clarifying properties

Blends well with floral or citrus oils

### ATS **49300001** 15 mL | 13.5 PV

\$18.00 rtl \$13.50 whl

### **Cinnamon Bark** Essential Oil

Cinnamomum zevlanicum Well known for its use as a spice,

promoting benefits.

metabolic function\* Naturally repels insects



### 5 mL | 29 PV \$38.67 rtl

### Eugenia caryophyllata Known as a popular cooking spice, Clove has many beneficial uses. Promotes healthy teeth and gums Internal use has powerful antioxidant benefits'

 0
 30040001

 0
 15 mL | 18

 0
 \$24.00 rtl

 \$18 oo whl

15 mL | 18 PV \$24.00 rtl \$18.00 whl

60202178 0 0 o ∎ O \$49.33 rtl \$37.00 whl





 Add to facial cleanser, bar soap, or body wash for added cleansing benefits and an invigorating aroma Creates positive and inspiring surroundings Refreshing, airy aroma



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Cinnamon also has many health-

Internal use supports healthy

30030001 ō \$29.00 whl

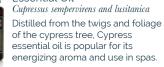
Clove Essential Oil

· Soothing, warm aroma 









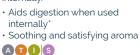
energizing aroma and use in spas. • Helps improve the appearance of oily skin

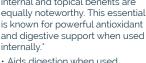
 Commonly diffused with citrus oils for an uplifting aroma ATN











### **Celery Seed**

Essential Oil Apium graveolens Sourced from the celery plant, Celery Seed essential oil has a warm, sweet aroma, and preclinical studies suggest may improve digestion when used internally." · Supports a healthy digestive

system when consumed\* • Add a few drops to your drink or shake for powerful cleansing benefits\*



15 mL | 36 PV \$48.00 rtl \$36.00 whl

### Citronella

Essential Oil Cymbopogon winterianus Citronella is a tall grass grown in Asia with a crisp, fresh aroma. Often used as a natural insect repellent.

Natural pest repellent

 Cleans surfaces Skin and scalp soother and booster

### ATS

60209676 15 mL | 20 PV

\$26.67 rtl \$20.00 whl

### Copaiba Top Seller

Essential Oil Copaifera reticulata, officinalis, coriacea, and langsdorffii

When taken internally, supports a healthy digestive and cardiovascular system

 Provides antioxidant support when ingested\*

• Helps soothe and support the nervous system when consumed\* 

15 mL | 37 PV

60219176 10 mL roll-on | 24 PV \$32.00 rtl \$24.00 whl

### **Douglas Fir**

Essential Oil Pseudotsuga menziesii

Sustainably sourced from young, pre-coning trees, giving it a chemical composition that's particularly rich in β-pinene and esters.

5 mL | 21.5 PV \$28.67 rtl \$21.50 whl



### Cilantro

Essential Oil Coriandrum sativum

Distilled from the leaves of the coriander plant, Cilantro essential oil is commonly used for its fresh and tastv flavor.

- Used in soaps for cleansing purposes
- Place one to two drops in a dōTERRA Veggie Cap for internal support\*



41850001 15 mL | 26 PV \$34.67 rtl \$26.00 whl

### **Clary Sage**

Essential Oil Salvia sclarea

Clary Sage is known for its soothing and calming properties.

- Apply to abdomen for a soothing massage
- Combine with Roman Chamomile and add to bath water for an enjoyable bath
- · Promotes healthy-looking hair and scalp





### Coriander

Essential Oil Coriandrum sativum

Popular across many cultures for various uses, Coriander essential oil provides a myriad of health benefits.

- Similar chemical composition to Lavender
- · Add to oily skin to maintain a clear complexion
- After a short workout, apply Coriander to legs for a soothing massage

30780001 15 mL | 25 PV \$33.33 rtl \$25.00 whl



Eucalyptus New

Essential Oil Eucalyptus spp.

Created with radiata, polybractea, kochii, loxophleba, and globulus. A primary component of many of these species is Eucalyptol which is where this blend gets many of its benefits.

- Creates a calm atmosphere during stressful circumstances
- May have cleansing properties due to its main constituent 1,8 cineole

ATD 60218408

15 mL | 21 PV \$28.00 rtl \$21.00 whl



30420001

15 mL | 39 PV \$52.00 rtl \$39.00 whl

### Fennel (Sweet) Essential Oil



Foeniculum vulgare Used for centuries, Fennel provides many health benefits and has a distinct licorice aroma.

- Take internally to promote healthy digestive system\* May help promote healthy circulation when taken internally\*
- Provides an invigorating and calming aromatic atmosphere



15 mL | 16.5 PV \$22.00 rtl \$16.50 whl





Essential Oil Zingiber officinale

Ginger is most noted for its sweet flavoring and positive effect on the digestive system when consumed.

- May help support healthy digestion when taken internally\*
- May help reduce occasional indigestion when ingested
- Stimulating aroma ranging from fruity to earthy



O IR \$48.00 whl



Essential Oil Bulnesia sarmientoi The same botanical family as

- frankincense and myrrh: Burseraceae. It's often used in perfumery and skincare products. Provides a grounding, calming, and
- tranquil aroma • Promotes an atmosphere that's
- helpful during meditation Soothes minor skin irritations

### 

60217711 15 mL | 20 PV \$26.67 rtl \$20.00 whl



FALL / WINTER 2022

### Jasmine Touch Blend

Regarded as the "King of Flowers," iasmine is prized for its highly fragrant aroma.

 Reduces the appearance of skin imperfections Promotes a glowing complexion

### 60201812

10 mL roll-on | 42 PV \$56.00 rtl \$42.00 whl

### Frankincense Top Seller Essential Oil

Boswellia carterii, sacra, papyrifera, and frereana

Often called the "king of oils," topical and internal use of Frankincense provides modern wellness benefits.

 Ingest to support healthy cellular function. Supports healthy immune and nervous system function when taken internally.



15 mL | 70 PV \$100.00 rtl \$64.00 rtl \$48.00 whl \$75.00 whl

0-19





- Soothing to the skin Internal use supports healthy metabolism\*
- Creates an uplifting environment

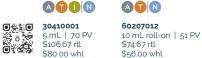
30100001 15 mL | 19 PV \$25.33 rtl \$19.00 whl



# Essential Oil

- Helichrysum italicum Distilled from the flower cluster of an evergreen herb, one of the most precious and sought-after essential oils.
- Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion

 Massage into the temples and back of neck for a soothing sensation



### Juniper Berry Essential Oil

0.4



atements have not been evaluated by the Food and Drug Administratic duct is not intended to diagnose, treat, cure, or prevent any disease.

Traditionally used to support healthy kidney and urinary tract function when taken internally' Maybe benefit and soothe skin

### May have antioxidant properties'



5 mL | 20 PV \$26.67 rtl \$20.00 whl

### Geranium Essential Oil

### Pelargonium graveolens Known for its floral aroma, Geranium is also a common ingredient in skin care products.

Add to your favorite facial moisturizer to soothe and beautify skin Apply diluted to skin with a carrier oil Add a few drops to your shampoo or conditioner for a healthy

vibrant glow 





Essential Oil Citrus nobilis

Pressed from the unripe fruit of the mandarin tree, Green Mandarin

essential oil is known for supporting healthy digestive and immune systems when taken internally."

 May support a healthy inflammatory response when ingested\*

· Add a few drops to your water bottle to help promote healthy immune function\*

### 

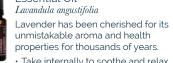
60205794 15 mL | 29 PV \$28.67 rtl \$29.00 whl



### Essential Oil Jasminium grandifolium First of its kind essential oil from the pure white jasmine flower. Visually beautiful, the flower is associated with love and romance Provides a sweet, exotic aroma Creates an elevating and inspiring environment



### Lavender Top Seller Essential Oil



Take internally to soothe and relax the mind\* Soothes occasional skin irritations Take internally for a peaceful sleep\*

### 

30110001 15 mL | 25.5 PV \$34.00 rtl \$25.50 whl

60200225 10 mL roll-on | 17 PV \$22.67 rtl \$17.00 whl

CPTG Certified Pure Tested Grade



### Lemon Top Seller Essential Oil

Citrus limon This top-selling oil has multiple uses and benefits and is cold pressed from lemon rinds to preserve its

delicate nature and potent properties. Refreshes the air and cleanses

surfaces Internal use naturally aids in

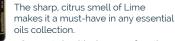








Essential Oil Citrus aurantifolia





- when indested' Refreshing aroma
- The aroma encourages a balanced and energizing atmosphere

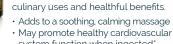


### 30870001 15 mL | 14 PV \$18.67 rtl



Marjoram Essential Oil Origanum majorana

### Also known as "wintersweet" or "joy of the mountains," it has both



- system function when ingested\* · Apply to muscles before and after
- exercise

Soothing to the skin, dōTERRA Neroli

Touch is specifically formulated with

Creates a calm, uplifting atmospher

These statements have not been evaluated by the Food and Drug Admin This product is not intended to diagnose, treat, cure, or prevent any disease.

Fractionated Coconut Oil to create

an uplifting atmosphere.

### 30140001 15 mL | 22 PV

\$29.33 rtl

\$22.00 whl

Neroli

Touch Blend

Soothes skin

10 mL roll-on | 52 PV

60201817

\$69.33 rtl

\$52.00 whl

0.38

### Lemon Eucalyptus

Essential Oil Eucalyptus citriodora Derived from a lemon-scented blue

gum eucalypti plant, a tall tree with smooth bark native to northern Australia.

 Refreshing and cleansing to the air Uplifting and invigorating aroma Cleansing to surfaces and skin



■ **2:** • • •

0.22

**⊙** ₹₽

60209674 15 mL | 14 PV \$18.67 rtl \$14.00 whl

### Madagascar Vanilla

Absolute Vanilla planifolia

Prized since the time of the ancient Aztecs, and often used in perfumes, vanilla is one of the most popular aromas in the world, and one of the most expensive to produce.

 Madagascar Vanilla Absolute in a base of Fractionated Coconut Oil · Uniquely extracted using a clean CO<sub>2</sub> extraction method



60218012 5 mL | 35 PV \$46.67 rtl \$35.00 whl

### Melissa

Essential Oil Melissa officinalis

Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a

wide range of beneficial properties. Preclinical studies show it may support a healthy inflammatory

response' • Encourages a relaxing atmosphere



30850001 5 mL | 85 PV \$126.67 rtl \$95.00 whl

### Oregano Top Seller

Essential Oil Origanum vulgare

Derived from the leaves of the oregano plant, Oregano essential oil has many traditional and modern uses.

 Supports healthy digestion when indested\* Offers an earthy, spicy aroma

 Used as a powerful cleansing and purifying agent



15 mL | 25 PV

\$33.33 rtl

\$25.00 whl

60200227 10 mL roll-on | 16.5 PV \$22.00 rtl \$16.50 whl



02.2

### Lemongrass Essential Oil

### Cymbopogon flexuosus

Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many health-promoting benefits.

- Use to flavor entrées and meat dishes
- Combine with a carrier oil for a soothing massage
- Promotes a healthy digestive system when ingested



**30130001** 15 mL | 12 PV \$16.00 rtl



### Touch Blend

Used in Chinese traditional practices for hundreds of years. Magnolia is known for its fresh and compellingly sweet aroma.

- Creates a calm atmosphere
- May help keep skin clean and healthy-looking
- · Soothing to the skin



60205420 10 mL roll-on | 28 PV \$37.33 rtl \$28.00 whl

### Myrrh

Essential Oil Commiphora myrrha Used historically in many ways—from meditation to embalming—Myrrh is still frequently recommended today.

- · Beneficial for oral hygiene
- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Creates an inspiring atmosphere

### 

### 30160001

15 mL | 55 PV \$89.33 rtl \$67.00 whl

60221439 10 mL roll-on | 40 PV \$53.33 rtl \$40.00 wh



### Patchouli Essential Oil

Pogostemon cablin Patchouli is easily recognizable for

- its rich, musky-sweet fragrance. The earthy aroma contributes to a
- grounded, balanced atmosphere Promotes a smooth, glowing
- complexion when applied to skin

30890001 15 mL | 30 PV \$40.00 rtl \$30.00 whl



### Essential Oil Mentha biberita

Peppermint

- A top-selling favorite, Peppermint provides myriad health benefits. Promotes digestive health when
- taken internally Helps alleviate occasional stomach upset when consumed\* Promotes healthy respiratory function and clear breathing when ingested\* Repels bugs naturally

10 mL roll-on | 16 PV

\$21.33 rtl

\$16.00 whl



30190001 15 mL | 24 PV \$32.00 rtl n te \$24.00 whl



### Pink Pepper Essential Oil

### Schinus molle A sacred tree to the Incans, distilled

from the fruit of the pink peppercorn tree, which was used by indigenous people as an herbal solution to health needs.

 Massage into the skin to help calm and soothe after strenuous exercise Take internally to support a healthy immune response\*

### 





Rosmarinus officinalis Considered sacred by the ancient

- Greek, Roman, Egyptian, and Hebrew cultures, Rosemary has a mvriad of uses. • Provides an energizing aroma
- May help support healthy digestion when consumed\* • When taken internally, may support
- the nervous system\*

30200001 15 mL | 18 PV \$24.00 rtl \$18.00 whl



### Siberian Fir Essential Oil Abies sibirica

With a fresh, wood scent, Siberian Fir is known for its calming and relaxing aroma.

Provides a soothing effect when used in massage · Apply topically to help soothe minor skin irritations

### 

60203125 15 mL | 20 PV \$26.67 rtl \$20.00 whl

# Peppermint Beadlets

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet. Promotes oral and respiratory health when consumed\* Alleviates occasional stomach upset when ingested\* Provides all the benefits of

Peppermint essential oil when

**Roman Chamomile** 

The most versatile of the

chamomiles, Roman Chamomile is

extracted from the daisy-like flower

Soothing to the skin when applied

Diffuse or apply to bottoms of feet

at bedtime for a comforting aroma

of the Roman chamomile plant.

taken internally\*

Carrageenan free

125 beadlets | 14 PV

Essential Oil

Anthemis nobilis

topically

5 ml I ⊿8 PV

Sandalwood

Essential Oil

Santalum album

30800001

\$64.00 rtl

\$48.00 whl

0

60208147

\$18.67 rtl

\$14.00 whl



### Petitgrain Essential Oil



wellness practices. May be cleansing • Is commonly used in cosmetics for

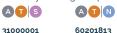


49520001 15 mL | 25 PV \$33.33 rtl O÷₿. \$25.00 whl

### Rose

Essential Oil Rosa damascena

- Known as the "Queen of Oils." Rose essential oil is highly sought after for its aroma and powerful topical benefits.
- Helps balance moisture levels in the skin and reduce the appearance of skin imperfections Promotes an even skin tone and healthy-looking complexion



31000001 10 mL roll-on | 65 PV 5 mL | 200 PV \$366.67 rtl \$93.33 rtl \$275.00 whl \$70.00 whl



### Essential Oil Santalum paniculatum

- From a renewable source in Hawaii, dōTERRA® Hawaiian Sandalwood delivers a variety of benefits.
- Helps improve the appearance of skin and hair Creates an uplifting, positive environment



41860001 5 mL | 60 PV \$93.33 rtl \$70.00 whl

### **Spearmint**

Essential Oil Mentha spicata Spearmint is widely used for its digestive benefits\* and as a flavoring for a variety of dishes and drinks.

 Promotes digestion and helps reduce occasional stomach upset when used internally\* Incorporate into effective work and

study habits · Add a drop or two to any dessert, drink, salad, or entrée for flavoring

### 







15 mL | 30 PV \$30.00 wh



# Essential Oil Nardostachys jatamansi

Spikenard essential oil has a woody, spicy aroma to create a relaxing atmosphere.

- Known to create a grounding environment Tranquil aroma
- Add one or two drops to your favorite cleanser to promote healthy, glowing skin



### 49510001 5 mL | 50 PV \$69.33 rtl \$52.00 whl







### common seasoning, produces a potent essential oil.

Supports a healthy inflammatory response when used internally\* Provides cleansing and purifying effects for the skin

### 

30220001 15 mL | 31.5 PV \$42.00 rtl \$31.50 whl



### Essential Oil Vetiveria zizanioides

Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.

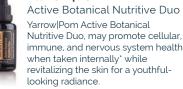
- Calming, grounding aroma Use as part of a soothing, aromatic massage
- Use as an earthy base note in your favorite diffuser blend

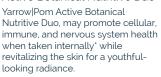
### 60221438

30430001 \$78.67 rtl 0-0 \$59.00 whl

15 mL | 54 PV 10 mL roll-on | 37 PV \$49.33 rtl \$37.00 whl

# Yarrow Pom





# Provides antioxidant support when

taken internally Supports healthy metabolic function when consumed



60207652 30 mL bottle with dropper | 98 PV \$130.67 rtl \$98.00 whl





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FALL / WINTER 2022

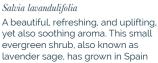


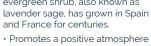
several thousand years, Sandalwood has a wide variety of applications. Promotes healthy-looking, smooth skin Reduces the appearance of skin imperfections Frequently used in meditation for its grounding aroma 

With documented history of use over



### Spanish Sage Coming Soon Essential Oil

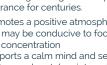




that may be conducive to focus and concentration • Supports a calm mind and sense of alertness when taken internally

### 

60222270 15 mL | 29 PV \$38.67 rtl \$29.00 wh



### Tangerine

Essential Oil Citrus reticulata

- A sweet, tangy aroma, similar to other citrus oils, that is uplifting. Known for its cleansing properties and for supporting a healthy immune system when consumed.\*
- Internal use supports healthy normal gastrointestinal function and metabolism\*
- Cleansing and purifying



49440001 15 mL | 15 PV \$20.00 rtl \$15.00 whl

### Tulsi (Holv Basil)

Essential Oil Ociumum sanctum

- Traditionally used around the world as part of rituals and protection in many cultures.
- Unlike its cousin sweet basil, Tulsi has a rich, spicy aroma, reminiscent of freshly cut basil
- Blend Tulsi with calming Bergamot and Clary Sage to add to a soothing atmosphere

### ATS

60213450 5 mL | 26 PV \$34.67 rtl \$26.00 whl

### Wild Orange

Essential Oil Citrus sinensis

- Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.
- Powerful cleanser and purifying agent · Place one drop Wild Orange, Peppermint, and Frankincense in your hand. Rub hands together and inhale deeply for an energizing



30170001 15 ml | 11 PV \$14.67 rtl

\$11.00 whl

Ylang Ylang, while famed for its exquisite fragrance, has myriad

 Adds an aromatic experience to a soothing, calming massage Promotes healthy-looking skin and

15 mL | 40 PV \$40.00 whl



### Tea Tree Essential Oil

Melaleuca alternifolia

Tea Tree oil is composed of 90 different compounds and has limitless applications.

- Renowned for its purifying and cleansing properties
- Soothing to irritated skin
- Diffuse throughout the home to help freshen the air



60208340 15 mL | 23 PV \$30.67 rtl \$23.00 whl

60208343 10 mL roll-on | 14.5 PV

\$10.33 rtl \$14.50 wh

### Turmeric

Essential Oil Curcuma longa

Commonly known for its Ayurvedic health uses, Turmeric is a staple for your daily health routine

- May support healthy nervous and cellular function when ingested\*
- May promote a healthy inflammatory reponse when consumed\* • As a part of your daily routine, take
- internally for antioxidant support\*

### 



60206973 15 mL | 30 PV \$40.00 rtl \$30.00 whl



### Wintergreen

Essential Oil Gaultheria fragrantissima Wintergreen essential oil is derived from the leaves of a creeping shrub found in coniferous areas.

- Commonly used in oral hygiene products
- Massage into hands, back, and legs for a soothing and warming sensation after exercise



31620001 15 mL | 25 PV \$33.33 rtl \$25.00 whl



### Fractionated Coconut Oil

Combine with your favorite doTERRA essential oils for your own readily absorbable blend.

- Feather-light emollient provides a soothing barrier without clogging pores
- Completely soluble with all essential oils; odorless, colorless, and non-staining



31640001 3.89 fl oz/115 mL 10 PV \$16.00 rtl \$12.00 whl

60210770 1 fl oz/30 mL 0 PV \$5.67 rtl \$4.25 wh











# **Proprietary Essential Oil Blends**

dōTERRA® essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Tested Grade® essential oils.

### abōde™ Refreshing Blend

Contains powerful essential oils with a pleasant aroma that leaves your home smelling fresh and feeling refreshed naturally, without harsh chemicals or synthetic fragrance.

 Formula contains CPTG<sup>®</sup> essential oils high in cleansing constituents including limonene, geranial, neral, and 1,8-cineole

### AHS

60217576 15 mL | 24.5 PV \$32.67 rtl \$24.50 whl



### doTERRA Align Centering Blend

Invite confident peace into your daily practice by embracing the Centering . Blend

Complements effective yoga practice Diffuse while setting intentions about self-acceptance, trust, and fluidity Helps create a harmonious and calm atmosphere

### 

60203246 5 mL | 19 PV \$25.33 rtl \$19.00 whl



FALL / WINTER 2022

### **AromaTouch**® Massage Blend

This proprietary massage blend combines the benefits of oils well known for their soothing and relaxing aromas.

- Features Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender
- Adds an aromatic experience to a soothing massage Add to Epsom salts and enjoy
- soaking in a hot bath



31200001 15 mL | 30 PV \$40.00 rtl \$30.00 whl

### **Adaptiv**<sup>®</sup> Calming Blend

When feelings of fatigue, restlessness, indecisiveness, or irritability appear, Adaptiv Calming Blend is part of the toolbox that will help create a balanced atmosphere

 Complements effective work and study

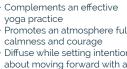
 Relaxing aroma 

### 60209364 15 mL | 40 PV \$53.33 rtl \$40.00 whl

\$22.00 whl

## Steadying Blend

Accompany thoughts of calming strength and firm trust in oneself with the Steadying Blend.



### 5 mL | 20 PV \$26.67 rtl \$20.00 whl

## doTERRA Balance®

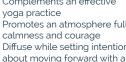
dōTERRA Balance Grounding Blend has a warm, woody aroma that creates an atmosphere of calmness

Features Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, and Osmanthus in a base of Fractionated Coconut Oil Adds to a relaxing massage

### 

31010001 15 mL | 21 PV \$28.00 rtl

Creates an uplifting environment



steady foundation 

# 60203245

# Grounding Blend

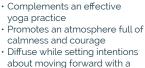
and well-being.

# Creates a calming atmosphere

\$21.00 whl



# doTERRA Anchor



Enjoy inspiration and courageously rise to your goals with the Enlightening Blend. Complements an effective

doTERRA Arise

Enlightening Blend

voga practice • Use to set intentions of happiness, clarity, and courage Promotes an uplifting environment for intentions of high-reaching

### goals and self-improvement

60203247 5 mL | 20 PV \$26.67 rtl \$20.00 whl

Air-X<sup>®</sup>

Air Blend

With an intense citrusy, woody, and

faintly herbal aroma, Air-X helps freshen

the air when diffused. The Air-X blend

has a calming, energizing aroma.

Has a fresh and uplifting aroma

Refreshes your home or office

throughout the day

60215527 15 mL | 31 PV

\$41.33 rtl

\$31.00 whl

### **Brave**<sup>®</sup>

Courage Blend Before new or different situations, or iust to start your day, roll Brave onto the back of neck, tummy, or bottoms of feet.

 Invigorating aroma Beneficial with positive affirmations in stressful situations Creates a confident, courageous

atmosphere 

CPTG Certified Pure Tested Grade

### 60206618

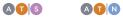
10 mL roll-on | 22 PV \$29.33 rtl \$22.00 whl



### **Respiratory Blend** A powerful essential oil blend that

maintains feelings of clear airways and easy breathing. Maintains feelings of clear airways

- and easy breathing Promotes a restful nights sleep
- Helps minimize the effects of seasonal threats



60200190 15 mL | 25 PV \$33.33 rtl \$25.00 whl

60200192

10 mL roll-on | 16 PV \$21.33 rtl \$16.00 whl

### Citrus Bliss®

Invigorating Blend The harmonious blend of Citrus Bliss combines the powerful benefits of

popular citrus essential oils. Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine with a

hint of vanilla

· Uplifting, sweet aroma • Ideal for freshening the air

### 

60219370 15 mL | 19.5 PV \$26.00 rtl \$19.50 whl

doTERRA Console® Comforting Blend

### This blend of floral and tree essential oils will help provide a comforting aroma as you close the door on sadness and take your first steps

toward emotional healing. Aroma is comforting Serves as a companion while you work toward hopefulness · Creates an uplifting, positive

atmosphere 

31730001 60200147 5 mL | 39 PV 10 mL roll-on | 25 PV \$52.00 rtl \$33.33 rtl \$25.00 whl \$39.00 whl

### **DigestZen**<sup>®</sup>

### **Digestive Blend** The well-recognized essential oils in DigestZen are known for providing digestive benefits when ingested.\*

- · Supports healthy digestion when used internally\* When consumed, soothes the occasional upset stomach\*
  - Taken orally, helps reduce gas and occasional indigestion\*

These statements have not been evaluated by the Food and Drug Adm This product is not intended to diagnose, treat, cure, or prevent any disease

60214815

\$29.33 rtl

\$22.00 wh

10 mL roll-on | 22 PV



15 mL | 34 PV

\$45.33 rtl

\$34.00 whl

### Calmer® Restful Blend

When it's bedtime, roll Calmer onto the bottoms of your feet and onto your wrists. Climb into bed and take a deep breath of the relaxing aroma. • Creates a restful atmosphere at

- bedtime Relaxing and positive aroma
- Soothing environment

### 60206632

10 mL roll-on | 20 PV \$26.67 rtl \$20.00 whl

### Citrus Bloom® Springtime Blend

The perfect essential oil fusion, combining the brightness of citrus peels layered with freshly cut florals.

Supports an energized and healthy frame of mind

 Promotes a positive outlook while creating feelings of tranquility · Helps reduce feelings of

anxiousness and tension

### 

60208812 15 mL | 24.50 PV \$32.67 rtl \$24.50 whl

### **DDR Prime®**

Cellular Complex

DDR Prime is a proprietary blend of CPTG Certified Pure Tested Grade® essential oils that help protect the body against oxidative stress to cellular DNA.\*

 Supports healthy cellular integrity\* Protects body and cells from oxidative stress\*

Promotes overall cellular health\*



60207092 15 mL | 35 PV \$46.67 rtl \$35.00 whl

### doTERRA Forgive®

Renewing Blend

The fresh, woody aroma of dōTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience. Inspires a grounded atmosphere

 Aroma complements affirmations of contentment, relief, and patience

### ATS

31750001 5 mL | 22 PV \$29.33 rtl \$22.00 wh

60200148 10 mL roll-on | 15 PV \$20.00 rtl \$15.00 whl



### doTERRA Cheer® Uplifting Blend

dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a sunshiny aroma to brighten your day.

- Aroma inspires an optimistic, cheerful, and happy atmosphere
- Creates an energizing and positive environment

ATS 31720001 5 mL | 25 PV \$33.33 rtl \$25.00 whl

60218864 10 mL roll-on | 18 PV \$24.00 rtl

\$18.00 whl

### **ClarvCalm®**

Monthly Blend For Women ClaryCalm is a unique blend of essential oils developed especially for women.

- Floral, feminine aroma
- Contributes to a nurturing massage as part of a self-care ritual
- · Cooling and soothing on skin



49480001 10 ml roll-on | 31 PV \$41.33 rtl \$31.00 whl

### Deep Blue® Soothing Blend

Deep Blue provides soothing and cooling effects on the skin

- Rub Deep Blue on lower back muscles after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime

### TS

60200143 5 mL | 35 PV \$46.67 rtl \$35.00 whl

### HD Clear®

**Topical Blend** Used as a spot treatment or an over-all application. HD Clear Topical

Blend promotes a clean complexion with essential oils renowned for their skin-benefiting properties.

- Promote a clear complexion
- Helps reduce breakouts
- Helps keep skin clean, clear, and hydrated



49400001 10 mL roll-on | 21 PV \$28.00 rtl \$21.00 wh





### Immortelle

### Anti-Aging Blend Powerfully renewing, this proprietary blend combines rare essential oils that have been used throughout history for their beautifying benefits.

- Helps reduce the appearance of fine lines and wrinkles Helps reduce contributing factors
- to the appearance of aging skin · Promotes smoother, more radiant, and youthful-looking skin

### 

60202652 10 ml roll-on | 70 PV \$100.00 rtl \$75.00 whl

### MetaPWR<sup>™</sup> New Beadlets Metabolic Blend

Formulated to help curb hunger cravings and support mindful eating and appetite control.

- Supports metabolic health and function
- Curbs hunger cravings
- Promotes mindful eating and appetite control

### 0

60217376 125 beadlets | 16 PV \$21.33 rtl \$16.00 whl

### doTERRA On Guard® Protective Blend

Offers a fragrant, natural, and effective alternative to synthetic options for immune support.\* Supports healthy immune

function when used internally Ingest to support the body's natural antioxidant defenses Powerful surface cleaner

60200142

\$20.67 rtl

\$23.00 whl

10 mL roll-on | 23 PV

### 

31100001 15 mL | 36 PV \$48.00 rtl \$36.00 whl



FALL / WINTER 2022

### **PastTense**® **Tension Blend**

PastTense is a distinctive blend of essential oils known to create a calming and soothing atmosphere. Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil and Rosemary Comforting and soothing aroma

### 

60215812 15 mL | 30 PV \$40.00 rtl \$30.00 whl

Focus Blend InTune is a proprietary blend of carefully selected essential oils, ideal for use while at school or work

 Features Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, and Roman

Chamomile Delightful scent for working or studying

### 60220468

InTune®

10 mL roll-on | 36.5 PV \$48.67 rtl \$36.50 whl

### doTERRA Motivate® Encouraging Blend

We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic. The aroma of doTERRA Motivate complements affirmations of confidence and courage. Aroma complements affirmations

of confidence, courage, and belief in oneself

### Helps set a positive environment ATS

31740001 60200149 10 mL roll-on | 17 PV 5 mL | 23 PV \$30.67 rtl \$22.67 rtl \$23.00 whl \$17.00 whl

### dōTERRA On Guard+<sup>™</sup> Beadlets

With its unique formula, dōTERRA On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.\*

 Supports healthy immune function\* Provides a convenient consumption method for doTERRA On Guard® Protective Blend Freshens breath Carrageenan free

60208146 125 beadlets | 16 PV \$21.33 rtl \$16.00 whl

### doTERRA Peace® Reassuring Blend

Use the doTERRA Peace Reassuring Blend to fill the room with a calm. peaceful aroma.

Combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint

 Apply one drop to hands, rub together, and inhale deeply during moments of pause

### 

\$32.00 whl

31710001 60200151 5 mL | 32 PV \$42.67 rtl





MetaPWR Metabolic Blend can be an important part of a healthy metabolic regimen every day when used internally. May support healthy metabolic

function Helps curb hunger cravings and promote mindful eating

### 

60217575 15 mL | 29 PV \$38.67 rtl \$29.00 whl

### Northern Escape® Woodland Blend

Leave your hectic life behind. Take a breath of fresh, green, fragrant

forest air. Has a grounding, yet inspiring aroma

 Refreshes your home or office throughout the day Creates a tranquil, positive space

### 

60215058 15 mL | 28 PV \$37.33 rtl \$28.00 whl

### doTERRA Passion® Inspiring Blend

The doTERRA Passion blend combines spice and herbal essential oils such as Cinnamon Bark, Ginger, Cardamom, Clove, and Damiana. This mixture of oils creates a chemical profile with a high concentration of phenols and ethers.

atmosphere



31760001 5 mL | 42 PV \$56.00 rtl

### Purify

Purify is designed to eliminate odors naturally without harsh additives.

Combines Lemon, Siberian Fir. Citronella, Lime, Tea Tree, and Cilantro

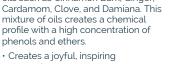
• Refreshing aroma eradicates unpleasant odors and clears the air

### 

15 mL | 22 PV \$29.33 rtl











10 mL roll-on | 28 PV \$37.33 rtl \$42.00 whl \$28.00 wh







### 31060001





CPTG Certified Pure Tested Grade

### Rescuer™ Soothing Blend

After running, jumping, and playing, rub Rescuer onto vour leas, feet, or back for its soothing experience.

- Features Copaiba, Lavender. Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil Massage onto growing or tired legs
- Creates a cooling experience

### 60206635

10 mL roll-on | 16.5 PV \$22.00 rtl \$16.50 whl

### Stronger<sup>®</sup> Protective Blend

Use Stronger on the back of your neck or bottoms of your feet for an added boost for a reminder to be

- resilient and strong Features Cedarwood, Litsea,
- Frankincense, and Rose Extract in a base of Fractionated Coconut Oil
- Rejuvenating to the skin Promotes an atmosphere of

### wellness and vitality ATN

60206654 10 ml roll-on | 16 PV \$21.33 rtl \$16.00 whl

## **Tamer**<sup>®</sup> **Digestive Blend**

### Before or after meals, roll Tamer on your tummy for a soothing sensation and calming aroma.

 Roll on to the tummy for a calm. soothing experience · An essential for road trips

10 mL roll-on | 16.5 PV

Whisper® Touch

Combines with an individual's

that intrigues the senses of the

wearer and those passing by.

chemistry to create a distinct scent

Combines with each individual's

chemistry to create a beautiful,

unique, and personal fragrance

• Entices and intrigues the senses

Provides a warming, musky aroma

These statements have not been evaluated by the Food and Drug Admini: This product is not intended to diagnose, treat, cure, or prevent any disease.

Blend for Women

### 

60209356

\$22.00 rtl

\$16.50 whl

60214274

\$3733 rtl

\$28.00 wh

10 mL roll-on | 28 PV

### doTERRA Serenity®

Restful Blend

- dōTERRA Serenity has a calming and relaxing aroma.
- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, and Hawaiian Sandalwood · Creates a perfect escape with its calming, renewing fragrance Creates a restful environment at bedtime

### 

60217983 15 mL | 36 PV \$48.00 rtl \$36.00 whl

### SuperMint Coming Soon Mentha Blend

Brings together CPTG® Peppermint, Japanese Peppermint, Bergamot Mint, and Spearmint essential oils.

 May support mental clarity and enhance stamina

Soothes and comforts when

incorporated into a massage

· Provides a cooling sensation, which may contribute to feelings of open airways

ATN



60221940 10 mL roll-on | 20 PV \$26.67 rtl \$20.00 whl

### **TerraShield**<sup>®</sup>

**Repellent Blend** 

Whatever the activity, you will want to have TerraShield on hand to keep those pesky mosquitoes away.

Proven to naturally repel

mosquitoes Delivers an invigorating aroma Provides skin-soothing benefits



### 60214387

60214386 15 mL | 13 PV \$17.33 rtl \$13.00 whl

30 mL spray bottle | 18 PV \$26.67 rtl \$20.00 whl

### Zendocrine®

Detoxification Blend Supports the body's natural ability to rid itself of unwanted substances

when used internally." Internal use supports the body's

natural ability to rid itself of

unwanted substances\* Supports healthy liver function

when taken internally\*

Purifying and detoxifying to the

body's systems when consumed\*



31460001 15 mL | 26 PV \$34.67 rtl \$26.00 whl



### **Steady**<sup>®</sup> Grounding Blend

For daily centering, or for times when vou feel nervous or experience anxious feelings, rub Steady on your neck and wrists as a reminder to calm emotions and balance mood.

- Features Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil
- Relaxing and balancing aroma Instills a tranquil atmosphere



### 60206617 10 mL roll-on | 16.5 PV \$22.00 rtl \$16.50 whl

### SuperMint Coming Soon Beadlets

dōTERRA has captured the potent benefits of SuperMint in a tiny, soft, convenient vegetarian beadlet.

- Freshen the breath and support a clean healthy mouth
- Promote oral and respiratory health\*
- May contribute to feelings of easier breathing

### 60222094

125 Beadlets | 16 PV \$21.33 rtl \$16.00 whl



### Thinker®

Focus Blend Herbal and slightly sweet, the unique aroma of Thinker helps create a

supportive and positive environment. Fresh, invigorating aroma

• Perfect as a part of your study-time



60206633 10 mL roll-on | 17.5 PV \$23.33 rtl \$17.50 wh

# doTERRA AromaTouch Technique®

When you purchase the AromaTouch Training Kit, you'll have the products you need to perform the AromaTouch Technique—a life-changing practice that creates a powerful essential oil experience you can share with others.

### AromaTouch Technique® Training Kit

dōTERRA Balance® Grounding Blend, Lavender, Tea Tree, doTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint Fractionated Coconut Oil (3.89 fl oz/115 mL) and pump Access to online training course and exclusive eBook

60221903 Eight 15 mL bottles and one 115 mL bottle | 250 PV \$333.33 rtl \$250.00 whl

AromaTouch Technique® Refill Kit 60221902 Eight 15 mL bottles | 230 PV \$306.67 rtl \$230.00 whl



# doTERRA Emotional AromaTherapy® System

The dōTERRA Emotional Aromatherapy System contains six unique essential oil blends that have been carefully formulated for use with a variety of situations. Each delicate blend contains pure essential oils that can be used aromatically or topically throughout your wellness journey. These naturally complex, fragrant blends can accompany you as you let go of burdens, find comfort and encouragement, or dream with passion again.



### doTERRA Emotional Aromatherapy<sup>®</sup> System

dōTERRA Motivate®, dōTERRA Cheer® dōTERRA Peace®, dōTERRA Forgive®, dōTERRA Console®, dōTERRA Passion®

60220509 Six 5 mL bottles | 150 PV \$212.00 rtl \$159.00 whl



### doTERRA Emotional Aromatherapy Touch Kit

dōTERRA Motivate® Touch, dōTERRA Cheer® Touch, doTERRA Passion® Touch, dōTERRA Forgive® Touch, dōTERRA Console® Touch, dōTERRA Peace® Touch

60220510 Six 10 mL roll-on bottles | 100 PV \$133.33 rtl \$100.00 whl

# doTERRA Family Essentials Kit

The doTERRA Family Essentials Kit contains 10 essential oils and blends—the "feel better" essentials that parents need on a daily basis to care for their families.



60202951 Ten 5 mL bottles | 115 PV \$166.67 rtl \$125.00 whl

doTERRA® Kids Collection

Formulated specifically for littles ones, these essential oil blends feature unique combinations balanced to provide powerful benefits while being gentle on delicate skin.



# doTERRA Yoga Collection

The Yoga collection blends provide aromas to use as you steady, center, and enlighten your spirit through every breath.



### doTERRA Yoga Collection

dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise

60203244 Three 5 mL bottles | 50 PV \$72.00 rtl \$54.00 whl

Family Essentials Kit Top Seller

Lavender, Lemon, Peppermint, Tea Tree, Oregano, Frankincense, Deep Blue®, doTERRA Breathe®, DigestZen®, and doTERRA On Guard®

### doTERRA Kids Collection

Thinker<sup>®</sup>, Calmer<sup>®</sup>, Stronger<sup>®</sup>, Tamer<sup>®</sup>, Rescuer<sup>™</sup>, Steady<sup>®</sup>, Brave<sup>®</sup>, instructional flashcards, silicone toppers with and carrying case with carabiners

60211246 Seven 10 mL roll-on bottles | 100 PV \$153.33 rtl \$115.00 whl

# Product Lines

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On Gu



# doTERRA On Guard®

One of the most popular and versatile doTERRA® CPTG Certified Pure Tested Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils is an active component in a first line of defense for immune support when used internally.



### doTERRA On Guard® Top Seller Protective Blend

Offers a fragrant, natural, and effective alternative to synthetic options for immune support.

 Supports healthy immune function when used internally

60200142

\$30.67 rtl

\$23.00 whl

10 mL roll-on | 23 PV

 Ingest to support the body's natural antioxidant defenses Powerful surface cleaner

### 

31100001 15 mL | 36 PV \$48.00 rtl \$36.00 whl

\$10.00 rtl \$7.50 whl

### dōTERRA On Guard+™ Chewable Tablets

Formulated with micronutrients, vitamin C and D, Zinc, Beta-glucan, and the proprietary dōTERRA On Guard® Protective Blend, that contains CPTG® essential oils from Wild Orange, Clove, Cinnamon Leaf and Bark, Eucalyptus, and Rosemary.

- · Convenient, tasty, chewable, and easy to consume
- Sugar free, gluten free, and vegan friendly Supports a healthy immune system'

60216736 60 count | 10 PV \$21.33 rtl \$16.00 wh

### dōTERRA On Guard<sup>®</sup> New Sanitizing Gel

Perfect for purse, pocket, or backpack, this 70% plant-derived ethyl alcohol-based sanitizer kills 99.9% of most common germs<sup>‡</sup> and is safe to use for the whole family.

- Kills 99.9% of most common germs<sup>†</sup> • 70% plant-derived ethyl alcohol base Non-sticky, moisturizing formula with apple
- extract and glycerin

### doTERRA On Guard® **Protecting Throat Drops**

Keep your winter season healthy with the convenience of these immune-supporting throat drops.

- Helps calm and soothe occasional dry, scratchy throats
- Features the unique properties of doTERRA On Guard Protective Blend Formulated with organic cane sugar and
- brown rice syrup

**34050001** 30 drops | 10 PV \$16.67 rtl \$12.50 whl

### dōTERRA On Guard+™ Beadlets

With its unique formula, dōTERRA On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.\*

- Supports healthy immune function\*
- Provides a convenient consumption method for doTERRA On Guard® Protective Blend Carrageenan free

### 0

60208146 125 beadlets | 16 PV \$21.33 rtl \$16.00 whl

### dōTERRA On Guard+™ Softgels Protective Blend

dōTERRA On Guard+ Softgels combine the proprietary blend of doTERRA On Guard essential oil with Black Pepper, Oregano, and Melissa for additional immune support.\*

- Helps support and maintain a healthy immune system
- Use for support during times of seasonal threats'

35420001 60 vegetarian softgels | 25 PV \$37.33 rtl \$28.00 whl

Made with vegetarian softgels

Escherichia coli, Staphylococcus aureus, Salmonella typhimurium, Pseudomonas

### doTERRA On Guard® Natural Whitening Toothpaste

Clean teeth gently with the added benefit of dōTERRA On Guard® essential oil blend.

- Fluoride-free with hydroxyapatite
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath
- Boasts the protective benefits of doTERRA

On Guard essential oil blend Whitens teeth with gentle polishing agents

60205476 4.2 oz/125 g | 5 PV

\$12.67 rtl \$9.50 whl

60205417 10 samples, 2 g | 0 PV \$4.66 rtl \$3.50 whl

### doTERRA On Guard® **Cleaner Concentrate**

The ideal cleaner, dōTERRA On Guard Concentrate is fortified with doTERRA On Guard Protective Blend.

- · Features a non-toxic formula safe for the entire family
- Combines plant-based derivatives with the powerful dōTERRA On Guard Protective Blend
- Perfect for hard surface cleaning needs
- with exceptional results · Leaves behind a clean, invigorating scent

38140001 12 fl oz/355 mL | 10 PV \$19.33 rtl \$14.50 whl

Single Refill

dispensers

38010001 \$23.33 rtl \$17.50 whl

### **Twin Pack Refill** 38020001

\$40.00 rtl \$30.00 whl



aeruginosa, Burkholderia cepacia, Enterobacter cloacae, Enterococcus faecalis Streptococcus pyogenes. Candida albicans. Aspergillus brasiliensis

These statements have not been evaluated by the Food and Drug Adr This product is not intended to diagnose, treat, cure, or prevent any diseas

statements have not been evaluated by the Food and Drug Ad oduct is not intended to diagnose, treat, cure, or prevent any disea:

# 60217274

1.6 fl oz/50 mL | 5 PV

### doTERRA On Guard® **Mouthwash**

dōTERRA On Guard Mouthwash is formulated to clean teeth and gums, reduce plaque, and promote a healthy-looking mouth when used as part of a hygiene routine that includes brushing and flossing.

- Natural, alcohol-free formula
- Use after brushing and flossing to help reduce plaque and brighten smile
- Supports long-lasting fresh breath

**60203185** 16 fl oz/473 mL | 10 PV

\$20.00 rtl \$15.00 whl

blend.

60216838

\$28.67 rtl

\$21.50 whl

### doTERRA On Guard® **Foaming Hand Wash**

Keep your hands clean and protected with the power of doTERRA On Guard essential oil

 Conveniently packaged in a 16-ounce bottle that fills 8-ounce foaming

 Formulated with the unique doTERRA On Guard Protective Blend Non-toxic and environmentally safe

16 fl oz/473 mL Hand Wash with 2 dispensers | 15 PV

16 fl oz/473 mL Hand Wash | 15 PV

Two 16 fl oz/473 mL Hand Wash | 25 PV

### doTERRA On Guard® Laundry Detergent

dōTERRA On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of dōTERRA On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.

- Unique formulation maximizes essential oil aroma and efficacy to keep your clothes fresh and clean
- 64 loads in each bottle; 1 tablespoon = 1 load (using a high-efficiency washer)
- Great as a pre-treatment for stains

### 39020001

32 fl oz/947 mL | 20 PV \$37.33 rtl \$28.00 whl

### doTERRA® On Guard® **Sanitizing Mist**

dōTERRA On Guard Sanitizing Mist kills 99.9% effective against most common germs<sup>+</sup> through an extremely fine, quick-drying mist.

- Infused with moisturizing apple extract to leave hands feeling soft
- Uplifting citrus, spice aroma of doTERRA On Guard essential oil in a convenient mist
- Perfect size for travel, work, and school

### 60201944

\$6.50 whl

60219991 
 b0219991

 0.9 fl oz/27 mL | 5 PV
 Five 0.9 fl oz/27 mL | 20 PV

 \$8.67 rtl
 \$33.33 rtl
 \$25.00 whl

### dōTERRA<sup>®</sup> On Guard<sup>™</sup> Sanitizing Wipes

Made for your busy life on the go, infused with the cleansing power of the proprietary dōTERRA On Guard essential oil blend, the wipes will thoroughly clean hands while still being gentle on your skin.

- 99.9% effective against most common germs<sup>‡</sup>
- Čleanses hands when soap and water are unavailable
- Convenient size for portability
  Use to clean hands after touching screens, door handles, and shopping carts

50 count | 10 PV

60214043 20 individually wrapped | 5 PV \$10.00 rtl \$7.50 whl

# doTERRA abode

Your home is an ecosystem. Feeling good about the products you bring into it doesn't have to come with compromises. The doTERRA abode line features natural ingredients, reusable packaging, and a signature style. Each product has a powerful, plant-based formula free from phosphates, phthalates, dyes, chlorine, and synthetic fragrances. By introducing beautiful refillable bottles and recyclable refill packaging, the line helps you reduce waste while simultaneously elevating the aesthetic of your home. Made for the conscious consumer, abode delivers efficacy, sustainability, and aesthetic value . . . naturally.



### abode<sup>®</sup> Multi-Purpose Surface Cleaner Concentrate

- Tough on grease and grime in the kitchen, bathroom, and other non-porous surfaces
- Formulated to provide a naturally fresh, citrus aroma using abōde Refreshing Blend Able to replace many other cleaners in
- your home Packaged in a recyclable glass bottle

### 60216476 1 fl oz/30 mL | 7 PV \$11.67 rtl \$8.75 whl

abode Liquid Dish Soap Refill

- Tough on grease, leaves dishes, glassware,
- pots, and pans sparkling clean Formulated to provide a naturally fresh,
- citrus aroma using abōde Refreshing Blend and Grapefruit essential oil Packaged in a recyclable aluminum bottle

**60217386** 16 fl oz/473 mL | 8 PV \$16.00 rtl \$12.00 whl

### abode Dishwasher Pods

- Tough on grease, leaving every load sparkling clean
- Formulated to provide a naturally fresh,
- citrus aroma using abōde Refreshing Blend Packaged in a pouch made with PCR (post-consumer recycled) materials

### 60216473 24 count | 10 PV

\$20.00 rtl \$15.00 whl

### abode Laundry Pods

- Tough on stains, leaving every load fresh,
- Formulated to provide a naturally fresh, citrus aroma using aböde Refreshing Blend
  Packaged in a pouch made with PCR (post-consumer recycled) materials

60216474 45 count | 14 PV \$26.00 rtl \$19.50 whl

### abode Hand Lotion Refill Infused with Citrus Bloom®

- Provides optimal moisture in a lightweight, silky formula, for healthy-looking and soft-feeling hands Features a plant-based formula infused
- with Citrus Bloom Springtime Blend and
- Free from parabens, phthalates, phosphates, dyes, and synthetic fragrances Packaged in a pouch made with PCR (post-consumer recycled) materials

### 60216475 10 fl oz/296 mL | 15 PV \$24.67 rtl \$18.50 whl

### abode Foaming Hand Wash Concentrate Infused with Citrus Bloom

Provides a sweet, citrus, floral aroma, leaving hands clean and smelling fresh
Features a plant-based cleansing formula infused with Citrus Bloom Springtime Blend Packaged in a recyclable aluminum container

60216472 8 fl oz/237 mL | 14 PV \$26.00 rtl \$19.50 whl

### abōde™

**Refreshing Blend** Contains powerful essential oils with a pleasant aroma that leaves your home smelling fresh and feeling refreshed naturally, without harsh chemicals or synthetic fragrance.

 Formula contains CPTG<sup>®</sup> essential oils high in cleansing constituents including limonene, geranial, neral, and 1,8-cineole

### AHS

60217576 15 mL | 24.5 PV \$32.67 rtl \$24.50 whl

### abōde Refillable **Glass Dispensers**

Elevate the aesthetic of your home while further cutting down on single use plastic by pairing your dōTERRA abōde products with the beautiful, counter-worthy glass refillable dispensers.

### abōde Multi-Purpose Surface Cleaner Dispenser

**60217546** 10 fl oz/296 mL | 0 PV \$11.33 rtl \$8.50 whl

### abōde Foaming Hand Wash Dispenser

**60217522** 16 fl oz/473 mL | 0 PV \$11.33 rtl \$8.50 whl

### abode Hand Lotion Dispenser

60217569

10 fl oz/296 mL | 0 PV \$11.33 rtl \$8.50 whl

### abōde Liquid **Dish Soap Dispenser**

**60219505** 16 fl oz/473 mL | 0 PV \$11.33 rtl \$8.50 whl



FALL / WINTER 2022

CPTG Certified Pure Tested Grade®



Explore the entire dōTERRA abōde product family.



# Deep Blue<sup>®</sup> Top Seller

The soothing combination of CPTG Certified Pure Tested Grade® essential oils of Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, German Chamomile, and Osmanthus create the dōTERRA Deep Blue proprietary blend, available in a cream and 5 mL bottle. The Deep Blue Polyphenol Complex® is a complementary supplement to help support muscle and joint comfort and function.\* Use Deep Blue Polyphenol Complex in combination with Deep Blue essential oil blend and Deep Blue Rub for soothing effects and targeted benefits.



### Deep Blue

Polyphenol Complex® Deep Blue has a nutritional supplement that

contains powerful polyphenols clinically tested to help with occasional soreness and discomfort.\*

- Fast-acting boswellia extract shown to help support joint comfort and function when consumed\*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort when ingested'
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend

**34360001** 60 vegetable capsules | 40 PV \$60.67 rtl \$45.50 whl

Made with SLS-free vegetable capsules

### Deep Blue® Rub

Soothing Cream Infused with Deep Blue Soothing Blend, Deep Blue Rub provides a soothing and cooling effect.

- Perfect for the athlete in your life, Deep Blue Rub is blended in a base of moisturizing emollients that leave your
- skin soft and non-greasy
  Provides a cooling and soothing sensation to targeted areas

### **38900001** 4 fl oz/120 mL | 31 PV

4 fl oz/120 mL | 31 P\ \$44.00 rtl \$33.00 whl

### Deep Blue<sup>®</sup> Rub Samples

**38950001** 10 samples, .068 fl oz/2 mL | 0 PV \$6.67 rtl \$5.00 whl

### 32-Ounce Bottle

**60216795** 32 fl oz/946 mL | 165 PV \$260.00 rtl \$195.00 whl

### Deep Blue<sup>®</sup> Stick+ Copaiba

Deep Blue provides soothing and cooling

Rub Deep Blue on lower back muscles

Massage Deep Blue with a few drops of

after a day of heavy lifting
Apply on feet and knees before and after

carrier oil onto growing kids' legs before

Deep Blue®

Soothing Blend

effects on the skin.

exercise

bedtime

**60200143** 5 mL | 35 PV \$46.67 rtl \$35.00 whl

Infused with dōTERRA Deep Blue Soothing blend containing CPTG Certified Pure Tested Grade® essential oils, plus the beneficial properties of Copaiba, the Deep Blue Stick is powerful, targeted relief in a fast-acting solid.

- Provides maximum OTC strength plant-based menthol, methyl salicylate, and camphor to deliver temporary relief of minor aches and pains of muscles and joints associated with simple backache, arthritis, sprains, strains, and bruises
- Convenient, easy-to-use stick
  Blended in a base of moisturizing emollients that leaves your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

**60213108** 1.69 oz/48 g | 20 PV \$32.67 rtl \$24.50 whl



# doTERRA Adaptiv<sup>®</sup> System

Adaptiv products provide reliable, targeted, and effective support that is natural and safe. Diffuse Adaptiv Calming Blend for a soft and uplifting aroma to help create a relaxing atmosphere. Include Adaptiv Touch as part of a comforting massage or use the Adaptiv Calming Blend Capsules to help you adapt to every situation.





- Calming, relaxing aroma
  Complements effective work and study
- Promotes a tranquil, soothing



60209364 **60209357** 10 mL roll-on | 22 PV 15 mL | 40 PV \$53.33 rtl \$29.33 rtl \$40.00 whl \$22.00 whl



- Calms and promotes positive feelings\* Supports mood and helps improve
- state of mind\*

 Helps in stressful situations and when acclimating to new surroundings\* 60205956

30 capsules | 30 PV \$52.67 rtl \$39.50 whl

# doTERRA Serenity®

dōTERRA Serenity Softgels and dōTERRA Serenity Restful Blend together provide a natural and safe solution for individuals who have occasional difficulty falling and staying asleep. Formulated with essential oils known for their calming aromas, this powerful duo works to promote a restful and satisfying night.



Made with vegetarian softgels

doTERRA Serenity® Restful Blend Creates a perfect escape with its

calming, renewing fragrance Creates a restful environment at bedtime

### 

60217983 15 mL | 36 PV \$48.00 rtl \$36.00 whl

> \$30.67 rtl \$23.00 whl

### doTERRA Serenity<sup>®</sup> Softgels

- Restful Complex Relieves occasional sleeplessness\*
- Promotes healthy relaxation and sleep\*
- Helps make a difference in the quality of
- and the ease of going to sleep\* Encourages restful sleep\*
- 34390001 60 vegetarian softgels | 18 PV

### doTERRA Serenity® Combo Pack

dōTERRA Serenity Restful Blend 15 mL, dōTERRA Serenity Softgels

60200524 40 PV \$60.00 rtl \$45.00 whl

Adaptiv<sup>®</sup> System

Calming Blend Capsules

60211472

\$109.33 rtl

\$82.00 wh

70 PV

Adaptiv Calming Blend 15 mL, Adaptiv

Touch Calming Blend 10 mL, Adaptiv

doTERRA Breathe®

of this powerful blend anytime, anywhere.



### doTERRA® Breathe New Vapor Stick

Enjoy the convenience, quick absorption, and smooth application of doTERRA Breathe Vapor Stick. This unique delivery method can be used anytime, anywhere.

- Maintains feelings of clear airways and easy breathing Provides a cooling, soothing sensation

60212479 0.54 oz/15.5 g | 5 PV \$12.33 rtl \$9.25 whl

# tasting lozenge.

35460001 30 drops | 10 PV \$16.67 rtl \$12.50 whl

These statements have not been evaluated by the Food and Drug Admin This product is not intended to diagnose, treat, cure, or prevent any disease.

### The remarkable blend of essential oils found in the dōTERRA Breathe Respiratory Blend maintains feelings of clear airways and easy. With the easy application of the dōTERRA Breathe Vapor Stick you can quickly enjoy the benefits

### doTERRA Breathe®

**Respiratory Blend** A powerful essential oil blend that maintains feelings of clear airways and easy breathing.

 Maintains feelings of clear airways and easy breathing

Creates a restful environment

ATS

60200190

\$33.33 rtl

\$25.00 whl

15 mL | 25 PV

• Helps minimize the effects of seasonal threats



60200192 10 mL roll-on | 16 PV \$21.33 rtl \$16.00 whl

### doTERRA Breathe® **Respiratory Drops**

The respiratory benefits of selected CPTG® essential oils from the dōTERRA Breathe blend can be found in this convenient and great-

 Maintains clear airways and breathing Supports overall respiratory health

### doTERRA Breathe Easy Combo

dōTERRA Breathe® Respiratory Blend 15 mL, dōTERRA® Breathe Vapor Stick, Two dōTERRA Breathe Respiratory Drops

60217860 35 PV \$63.00 rtl \$47.25 whl

# Supplements & Nutrition

DigestZen TerraZyme\* **doTERR** 

B Assist

Supports for the second second

 $\bar{0}$  fall / winter 20

• LIFELONG VITALITY PACK

# doTERRA Lifelong Vitality Pack<sup>®</sup> Top Seller

dōTERRA Lifelong Vitality Pack® supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.\* Coupled with doTERRA CPTG Certified Pure Tested Grade® essential oils and a lifelong commitment to the doTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling, and living younger, longer.



### Alpha CRS+®

Cellular Vitality Complex

Provides antioxidant protection to cellular DNA and other critical cell structures."

- Supports healthy cell function by reducing oxidative stress to DNA and other critical cell structures\*
- · Supports healthy response to oxidative stress in cells\*
- Supports cellular energy by supporting healthy mitochondria and by supplying metabolic factors of energy production

35370001

120 vegetable capsules | 69.5 PV \$92.67 rtl \$69.50 whl



### doTERRA Lifelong Vitality **Daily Packs**

Dietary Supplements including Alpha CRS+®, Microplex VMz®, and xEO Mega®

60217066 60 daily packs or a 30-day supply | 60 PV \$115.33 rtl \$86.50 whl

Essential Oil Omega Complex xEO Mega is a revolutionary formula that blends CPTG Certified Pure Tested Grade® essential oils with natural marine- and plant-sourced omega-3 oils and carotenoids.

- Promotes heart and circulatory health\* Supports healthy joint function and comfort
- Provides immune-supporting nutrients\* Protects against lipid oxidation and supports healthy function of the brain, eyes and nervous system\*

60219195 120 vegetarian softgels | 53.5 PV \$71.33 rtl \$53.50 whl

LIFELONG

doTERRA Lifelong

Vitality Pack<sup>®</sup>

30-day supply | 60 PV

60213529

\$107.33 rtl

\$80.50 whl

VITALITY PACK®

Dietary Supplements including Alpha

CRS+®, Microplex VMz®, and xEO Mega®

xEO Mega®



Food Nutrient Complex dōTERRA® Microplex VMz is a proprietary formula of bioavailable vitamins and minerals often deficient in modern diets.

- Provides 22 essential vitamins and minerals to support normal growth, function, and maintenance of cells\*
- Fights free radicals with the antioxidant vitamins A, C, and E\*
- Supports healthy metabolism and cellular energy

60213169 120 vegetable capsules | 39.5 PV \$52.67 rtl



\$39.50 wh

Vegan dōTERRA Lifelong Vitality Pack<sup>®</sup>

Dietary Supplements including Alpha CRS+®, Vegan Microplex VMz®, and vEO Mega® 60213860 30-day supply | 60 PV \$119.33 rtl \$89.50 whl

# doTERRA<sup>®</sup> Specialized Supplements

Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, doTERRA has provided a way to give that extra boost with specialized supplements. These supplements can be used in addition to the doTERRA LifeLong Vitality Pack® to enhance certain functions.\*



### vEO Mega® 🕧 Essential Oil Omega Complex

vEO Mega is a revolutionary, vegetarian-friendly formula blending CPTG Certified Pure Tested Grade® essential oils with natural, plant-sourced essential fatty acids.

- Promotes heart and circulatory health\* · Supports healthy joint function and comfort\*
- Provides important modulating nutrients for healthy immune function

34480001 120 liquicaps | 53.5 PV \$71.33 rtl \$53.50 whl

### **Turmeric Dual** Chamber Capsules 🕚

Combines the complementary benefits of both turmeric essential oil with the joint support of the curcuminoids of turmeric extract in a unique and convenient delivery system\*

 Helps support a healthy inflammatory response\* May help the body fight free radicals and protect the body from oxidative damage\*

60209307 60 capsules | 28 PV \$50.67 rtl \$38.00 whl

### Copaiba Softgels 🦳

Copaiba Softgels provide a daily dose of Copaiba essential oil in a convenient, easy-to-swallow softgel. When taken internally, Copaiba essential oil helps support the nervous, cardiovascular, and digestive systems.

 Soothes and supports the nervous system\* Supports the health of cardiovascular system\*

60205764 60 vegetarian softgels | 32 PV \$45.33 rtl \$34.00 whl

### TriEase<sup>®</sup> Softgels Seasonal Blend

TriEase Softgels were developed to protect against

- seasonal elements and to support a healthy respiratory system when needed most.\*
- Promotes clear breathing and respiratory function Supports healthy immune system function

60209019 60 vegetarian softgels | 22 PV \$34.00 rtl \$25.50 whl



TERRA





### Vegan Microplex VMz<sup>®</sup>

### Food Nutrient Complex

dōTERRA® Vegan Microplex VMz is a vegan food nutrient formula of bioavailable vitamins and minerals often deficient in modern diets.

- Provides 22 essential vitamins and minerals to support normal growth, function, and maintenance of cells'
- Supplies dietary antioxidants, vitamins A, C, E, and Se, that mitigate oxidative stress\*
- Supports healthy metabolism and cellular energy' 60213210

120 vegetable capsules | 39.5 PV \$66.00 rtl \$49.50 whl

### Mito2Max<sup>®</sup>

Energy & Stamina Complex

Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.\*

- Promotes efficient production of ATP in the mitochondria of cells\*
- Enhances stamina and efficient use of oxygen\*
- · Supports metabolic adaptation for diverse activities\*
- Free of stimulants; non-habit-forming

### 34350001

60 vegetable capsules | 35 PV \$53.27 rtl \$39.95 whl

### DDR Prime<sup>®</sup> Softgels

Essential Oil Cellular Complex

DDR Prime is a proprietary blend that helps protect the body against oxidative stress to cellular DNA.\*

- Provides antioxidant protection against oxidative stress when ingested\*
- Promotes a healthy response to free-radicals.\* · Promotes healthy cellular response and function when taken internally

### 34410001

60 vegetarian softgels | 40 PV \$60.67 rtl \$45.50 whl

### Veggie Caps 🖳

Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.

- · Free of preservatives, gelatin, wheat, sugar, starch,
- dairy, and animal products

  Made of inert vegetable ingredients that do not
- interfere with digestion

### 34100001

160 HPMC capsules | 0 PV \$5.33 rtl \$4.00 whl







AX

# MetaPWR<sup>™</sup> New

MetaPWR is the first and only metabolic product system combining clinically proven support for a healthy metabolism, reducing cravings, supporting healthy glycemic, insulin response, and youthful aging.\*



### MetaPWR™

Metabolic Blend MetaPWR Metabolic Blend can be an important part of a healthy metabolic regimen every day when used internally.\*

May support healthy metabolic function\*
Helps curb hunger cravings and promote mindful eating

### 

60217575 15 mL | 29 PV \$38.67 rtl \$29.00 whl

### MetaPWR<sup>™</sup> Beadlets

Metabolic Blend

Formulated to help curb hunger cravings and support mindful eating and appetite control.

Supports metabolic health and function\*

Curbs hunger cravings
Promotes mindful eating and appetite control

60217376 125 beadlets | 16 PV \$21.33 rtl \$16.00 whl

# MetaPWR<sup>™</sup> Satiety Gum

Designed with one drop of optimized ratios of our CPTG® metabolic blend essential oils in every chew, to help curb hunger cravings and support mindful eating and satiety. Supports metabolic health and function\*

Curb hunger cravings
Promotes mindful eating and appetite control

60217378 30 ct | 5 PV \$11.67 rtl \$8.75 whl

### MetaPWR<sup>™</sup> Softgel

Developed by doTERRA clinical and medical scientists with optimized levels of CPTG essential oils, to help strengthen your metabolic health.

Supports metabolic health and function\*

Curbs hunger cravings
Promotes mindful eating and appetite control

60209482 90 vegetarian softgels | 30 PV \$46.00 rtl \$34.50 whl

Made with vegetarian softgels

### MetaPWR<sup>™</sup> Assist

Metabolic Assist

Formulated to help reduce simple and complex carbohydrate digestion, support healthy insulin sensitivity and blood glucose function to help keep your energy levels stable throughout the day.\*

- Helps support healthy blood glucose levels\*
  Promotes healthy insulin activity and response\*
- Stimulates glucose uptake through the AMPK pathway\*

### 60213525

30 vegetable capsules | 25 PV \$39.33 rtl \$29.50 whl

Made with SLS-free vegetable capsules

### MetaPWR<sup>™</sup> Pack

Clinically developed to support metabolic health by naturally supporting NAD+ and NADH production in the body."

• Supports a healthy metabolic age\* Tones lean muscle and strengthens

connective tissue\* • Nine unique types of collagen tripeptide

MetaPWR<sup>™</sup> Advantage

60222772 30 sachets, 6 g each | 70 PV \$112 67 rtl \$84.50 whl

MetaPWR Metabolic Blend, Beadlets, Satiety Gum, Softgel, Assist, Advantage 60223395 150 PV \$238.67 rtl \$179.00 whl



**Dietary Supplement** 90 Softgels



# doTERRA® Nutrition

Pure. Practical. Powerful. doTERRA Nutrition provides quality protein, fiber and greens for optimal energy and wellbeing.\* With scientifically proven and well-researched formulas, doTERRA Protein, doTERRA Fiber, and doTERRA Greens are designed to support an active lifestyle and healthy attitude. Delivering nutrient-dense ingredients from nature, dōTERRA Nutrition products are an effective and easy way to support vitality and wellness every day.\*



### Vanilla & Chocolate Protein

dōTERRA Whey Protein provides 21 grams (Vanilla) and 22 grams (Chocolate) of a premium protein blend with 7 grams of fiber per serving to satisfy hunger, increase your protein intake, and help you reach your goals."

- Whey from pasture-fed cows
- Free from GMO, gluten, soy, RBST hormone, and synthetic inaredients
- Energizing and satisfying protein suppletered sup

60207069 Vanilla | 20 Servings | 25 PV \$55.33 rtl \$41.50 wh

suppleme	nt"		
60207068 Chocolate \$55.33 rtl \$41.50 whl	20 Servings	I	25 PV



### Fiber

dōTERRA Fiber provides 6 grams of soluble and insoluble fiber from whole food sources like apple, chicory root, Jerusalem artichoke, and flax seed to supplement your daily fiber intake.

- Promotes optimal digestive health\*
- Aids in healthy gut and digestive regulation\*
  Infused with CPTG<sup>®</sup> Lemon essential oil

60207065

30 Servings | 14 PV \$26.00 rtl \$19.50 whl



### **Vegan Protein**

dōTERRA Vegan Protein provides 21 grams of a premium vegan protein blend with 7 grams of fiber per serving to satisfy hunger, increase your protein intake, and help you reach your goals.\*

- Premium blend of pea, brown rice, sacha inchi, and pumpkin seed protein
- Free from GMO, gluten, soy, and synthetic ingredients · Energizing and satisfying vegan protein supplement

60207067 20 Servinas | 25 PV \$55.33 rtl \$41.50 whl



### Greens

dōTERRA Greens is a unique blend of fruits, vegetables, superfoods, and Ginger root and Lemon peel CPTG® essential oils. The many benefits include supporting immune health, digestive health, and weight management.

- Provides an easy and convenient daily boost of fruits and
- vegetables Natural, GMO- and gluten-free, and vegan friendly
- Supports immune health'
- Neutral, mixed berry flavor

60213600 30 Servings | 21 PV \$39.93 rtl \$29.95 whl

# **Digestive Health**

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food-nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in energy deficiencies, weakened immunities, weight gain, and gastrointestinal discomfort. The DigestZen® line of digestive health products provides targeted solutions for optimal digestive function and comfort.\*



### PB Assist+® Probiotic Defense Formula

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.\*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth\*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid\*
- Supports healthy digestive function and immunity\*



### DigestTab<sup>®</sup> Chewable Tablets



neutralizing benefits of calcium carbonate.\* Helps provide relief from occasional heartburn and

- indigestion while promoting the overall health of the gastrointestinal tract\*
- · Use with or between meals as needed for relief from occasional stomach upset, indigestion, and heartburn\*
- Helps provide relief from occasional sour stomach\*
- Provides 200 mg of calcium per tablet

### 60214446 100 chewable tablets | 11 PV \$20.67 rtl

\$15.50 whl

### DigestZen Terrazyme<sup>®</sup> Digestive Enzyme Complex



### DigestZen TerraZyme provides your body with the whole-food enzymes and supporting mineral

- cofactors needed for healthy digestion.\*
- Supports the body's constant production of enzymes critical for healthy biochemical functions\*
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy\*
- · Includes a variety of whole-food enzymes that help
- with digestion of proteins, fats, complex carbohydrates, sugars, and fiber\*

35110001 90 vegetable capsules | 30 PV \$46.00 rtl \$34.50 whl

These statements have not been evaluated by the Food and Drug Admir This product is not intended to diagnose, treat, cure, or prevent any disease.



DigestTab\*







### Softgels

dōTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health."

- Soothes occasional indigestion and eases stomach upset\*
- Supports healthy gastrointestinal function\*
- Promotes healthy digestion\*

60209021 60 vegetarian softgels | 16 PV \$26.60 rtl \$19.95 wh





### doTERRA® Peppermint Softgels

dōTERRA Peppermint Softgels help support the digestive system, alleviate occasional intestinal discomfort, and reduce gas and bloating.\*

- Peppermint essential oil, which is high in menthol, supports gastrointestinal comfort
- Helps alleviate occasional stomach discomfort\*

60209244 60 softgels | 16 PV \$25.33 rtl \$19.00 whl





### GX Assist®

### GI Cleansing Formula

Cleanse your GI tract before starting with PB Assist+ with this combination of CPTG Certified Pure Tested Grade® essential oils.\*

- Features Oregano, Tea Tree, Lemon, Peppermint,
- Lemongrass, and Thyme, as well as caprylic acid Helps support a healthy digestive tract by creating an unfriendly environment for potential threats
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Ássist+ Probiotic Defense Formula\*

### 35040001

60 softgels | 22 PV \$34.67 rtl \$26.00 whl

Made with SLS-free vegetable capsules

Made with vegetarian softgels

Made with enteric softgels

Chewable tablets



### Zendocrine®

Detoxification Blend

Supports the body's natural ability to rid itself of unwanted substances when used internally.\*

- Internal use supports the body's natural ability to rid itself of unwanted substances\* Supports healthy liver function when taken
  - internally\* Purifying and detoxifying to the body's systems when consumed\*

### 

31460001 15 mL | 26 PV \$34.67 rtl \$26.00 whl

### Zendocrine<sup>®</sup> Softgels Detoxification Blend

Zendocrine Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling.\*

- Supports the body's natural ability to rid itself of unwanted substances\*
- Supports normal function of healthy liver and kidney.\*

60209480 60 vegetarian softgels | 23 PV \$35.33 rtl \$26.50 whl

### doTERRA® Ginger Drops

dōTERRA Ginger Drops are a convenient way to support digestion and ease occasional stomach discomfort.

- Supports healthy digestion Helps ease occasional stomach discomfort
- and indigestion • Sweet, spicy ginger-lemon flavor
- 60203181 30 drops | 10 PV \$16.67 rtl \$12.50 whl



Support your body's filtering and waste management system with the proprietary Zendocrine Detoxification Complex.\*

- Supports healthy cleansing and filtering functions of the liver, kidneys, and colon. Supports normal self-detoxification
- functions of the cleansing organs\*.

. . .

**d**oTERRA<sup>®</sup>

Ginge

DIGESTIVE DROPS

35120001 60 vegetable capsules | 20 PV \$30.00 rtl \$22.50 whl

(1)



LIFELONG VITALITY PACK

dōTERRA Lifelong Vitality Pack 21480001 | 60 PV \$80.50

dōTERRA Vegan Lifelong Vitality Pack 60201121 | 60 PV \$89.50



dōTERRA Lifelong Vitality Daily Packs 60205416 | 60 PV \$86.50



# doTERRA® Children's Supplements

Inspired by the doTERRA Lifelong Vitality Pack®, these products make it easy to enjoy taking omega-3s, whole-food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.



### dōTERRA a2z Chewable™ 🥯

- Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is
- formulated to be used with IQ Mega Supports healthy immunity and provides
- antioxidant protection\* Promotes healthy cell development and
- longevity when taken daily Great watermelon flavor!

34500001 60 tablets | 17 PV \$30.00 rtl \$22.50 wh



### **PB** Assist<sup>®</sup> Jr

- 5 billion live cells of 6 different probiotic strains Strains selected for their benefits
- among children Microencapsulated to help probiotics
- survive until they reach the intestines Supports healthy functioning of the
- digestive and immune systems\* Strawberry melon flavored & sugar free
- 34420001 30 sachets | 22 PV \$36.00 rtl \$27.00 whl



### IQ Mega®

• Provides over 1,500 mg of omega-3s per serving

- Supports healthy brain, cardiovascular,
- immune, and joint function\*
  Formulated to be used with doTERRA a2z
- Chewable tablets

34490001 150 mL | 30 PV \$46.00 rtl \$34.50 whl







MetaPWR Advantage<sup>‡</sup> 45 PV \$65.00

MetaPWR Assist &







Deep Blue Polyphenol Complex® 15 PV \$25.00



Beadlets 15 PV \$25.00



### Purchase 1 dōTERRA Lifelong Vitality Pack<sup>®</sup>, dōTERRA Daily Nutrient Pack<sup>®</sup>, or MetaPWR™ Advantage .





MetaPWR™ Advantage 60222772 | 70 PV \$84.50



dōTERRA Daily Nutrient Pack 21490001 | 50 PV \$59.50

and choose up to 3 additional supplements at reduced prices.





Microplex VMz® 15 PV \$25.00

Mito2Max<sup>®</sup> 15 PV \$25.00



DigestZen TerraZyme® 15 PV \$25.00

PB Assist+® 15 PV \$25.00



xEO Mega® 15 PV \$25.00

# Personal Care

URINING CONTRACTOR OF THE OWNER OWNER



MELALEUCA & PEPPERMINT

DRATING CREAM IN SIGNS OF DRYNESS AND AGING ASMINE, GERANIUM, AND FRANKINGN

# doTERRA Essential Skin Care

dōTERRA® Essential Skin Care is a family of skin care products designed to keep your skin feeling and looking young, healthy, and gorgeous by maximizing the natural power of carefully selected CPTG Certified Pure Tested Grade® essential oils combined with cutting-edge ingredient technologies and natural extracts in each product. Target the visible signs of aging with doTERRA Essential Skin Care.



### **Facial Cleanser**

Enriched with essential oils and natural cleansers, dōTERRA Facial Cleanser helps your skin feel fresh, smooth, and clean.

- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe skin
- Macadamia seed oil conditions the skin · Vitamin E supports healthy-looking skin

**60201753** 4 fl oz/118 mL | 12 PV \$20.00 rtl \$15.00 whl

### **Invigorating Scrub**

- dōTERRA Invigorating Scrub gently exfoliates lifting away impurities, leaving your skin feeling soft, smooth, and renewed.
- Gentle exfoliating action comes from biodegradable jojoba esters, known for
- their moisturizing properties to the skin Greater Burdock Extract helps purify and tone skin
- · Botanical and fruit extracts enhance the aromatic experience

60201773 2.5 oz/70g | 15 PV \$23.33 rtl \$17.50 whl

### Pore Reducing Toner

dōTERRA Pore Reducing Toner tones and balances skin, visibly reducing the appearance of pores and calming sensitive skin.

REVEAL FACIAL SYSTEM

- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, lentil extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores
- Witch hazel is a natural astringent that helps remove excess oil from the skin and
- reduces the appearance of pores 60201772

4 fl oz/118 mL | 17 PV \$26.00 rtl \$19.50 whl

### **Brightening Gel**

dōTERRA Brightening Gel combines natural extracts and vitamins with innovative ingredient technologies and CPTG® essential oils to brighten and even skin tone.

- Daisy extract is a natural skin-brightening agent that helps promote even skin
- pigmentation Ginger root extract promotes even skin
- tone and radiant-looking skin • Microencapsulated vitamin C helps keep
- the skin looking youthful while promoting anti-pigmentation properties

60210008 1 fl oz/30 mL | 30 PV \$42.67 rtl \$32.00 whl

### **Hydrating Cream**

dōTERRA Hydrating Cream is packed with emollient-rich ingredients and probiotics to provide intense hydration and nourishment to the skin, helping reduce the appearance of fine lines and wrinkles. Probiotics reinforce the skin's natural barrier, helping improve skin's health and beauty and encouraging suppler, younger-looking skin.

- Lactococcus Ferment Lysate helps reinforce the skin's natural barrier, helping promote overall skin health and a youthful appearance
- Laminaria digitata (Oarweed) extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and calm the skin

60201774 1.7 oz/48g | 30 PV \$45.33 rtl \$34.00 whl

### 60201776 \$56.00 rtl \$42.00 whl



2

Anti-Aging Eye Cream 20 PV \$25.00

Anti-Aging Moisturizer 20 PV \$25.00

### **Tightening Serum**

dōTERRA Tightening Serum uses natural extracts and gums to reduce the appearance of fine lines and wrinkles while leaving skin hydrated and feeling smooth. Contains rhizobian and acacia gum, which

- provide "lifting" benefits Beech tree bud extract tightens and
- smooths the appearance of skir

**60201752** 1 fl oz/30 mL | 40 PV

\$58.67 rtl

\$44.00 whl

### **Anti-Aging Eye Cream**

Clinically tested doTERRA® Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone.

Meadowfoam seed oil provides

deep moisture

 Biopolymers made from Pullulan and Red Algae Éxtract provide a noticeable tightening and lifting effect from the first use Bakuchiol helps tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles

0.5 fl oz/15mL | 40 PV

### Anti-Aging Moisturizer

dōTERRA Anti-Aging Moisturizer combines powerful essential oils with peptides and botanicals to target the visible signs of aging while moisturizing and softening skin.

- Contains ingredients that nourish the skin, helping to reduce the appearance of wrinkles
- Olive fruit extract is specifically designed for moisturizing and overall skin care • Peptides help firm and smooth skin,
- improving skin tone and texture and helping to reduce the appearance of fine line's and wrinkles

60201750 1.7 fl oz/50 mL | 30 PV \$45.33 rtl \$34.00 whl

### **Reveal Facial System**

Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin's radiance and beauty to the surface.

- Features doTERRA citrus essential oils of Lime and Wild Orange to purify the skin
- Bamboo silk beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Nutrient-rich formula helps maintain a radiant complexion

**37340001** Two 1.7 oz/50 mL tubes | 60 PV \$80.00 rtl \$60.00 whl

### Purchase the customizable Essential Skin Care Kit . . .



Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum.

### 60203183 85 PV \$120.00 rtl

\$00.00 wh

### . . and add up to two products per kit order at an additional savings.





Brightening Gel 20 PV \$25.00



Hydrating

Cream

20 PV

\$25.00

**PRODUCT**GUIDE | 49

# HD Clear<sup>®</sup>

HD Clear is a line of natural and highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities, promote a smooth, clear complexion, and help reduce the appearance of blemishes. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and appearance.

### HD Clear®

### **Topical Blend**

Promotes a clean complexion with essential oils renowned for their skin-benefiting properties.

- Features a unique blend of black cumin seed oil as well as CPTG<sup>®</sup> essential oils of Ho Leaf, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes a clear complexion Helps reduce breakouts

49400001 10 mL roll-on | 21 PV \$28.00 rtl \$21.00 whl

### HD Clear® **Facial Lotion**

dōTERRA HD Clear Facial Lotion is a light, non-greasy moisturizer that promotes blemish-free skin provides hydration, and improves skin texture.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Litsea,
- Eucalyptus, and Geranium Promotes a clear complexion
- May promote smooth complexion

49410001 1.7 fl oz/50 mL | 28 PV \$42.67 rtl \$32.00 whl

### HD Clear<sup>®</sup> Foaming Face Wash

### Discover the perfect solution for HD Clear Foaming Face Wash, problem skin of all ages with the

45 PV

HD Clear<sup>®</sup> Kit

Topical Blend, Facial Lotion

- dōTERRA® HD Clear Foaming Face Wash. Designed to thoroughly cleanse without stripping away
- natural moisture Contains CPTG essential oils and plant extracts that will leave your skin extra clean and soft

49420001 1.7 fl oz/50 mL | 18 PV \$26.67 rtl \$20.00 whl



# Yarrow | Pom Collection

Yarrow essential oil and Pomegranate seed oil are the foundation of the doTERRA Yarrow Pom collection: delivering a powerful three-layered botanical approach to overall wellness. This scientifically developed product line is revolutionary; a fresh approach to beauty inside and out.



### Yarrow Pom

- Active Botanical Nutritive Duo
- Provides antioxidant support when taken internally
- Supports healthy metabolic function when consumed\*

### 

60207652 30 mL bottle with dropper | 98 PV \$130.67 rtl \$98.00 whl

### YarrowlPom

- Body Renewal Serum Promotes the look of young and healthy skin
- Enhances skin brightness and luminosity
- Supports the skin's natural barrier and improves the appearance of firm, smooth skin

These statements have not been evaluated by the Food and Drug Administrati This product is not intended to diagnose, treat, cure, or prevent any disease.

60209352 3.4 fl oz./100 mL | 60 PV \$86.67 rtl \$65.00 wh

### Yarrow Pom

- Cellular Beauty Complex Soothes and protects tissue throughout the body\*
- Illuminates and brightens complexion

### 60209413 60 capsules | 43 PV \$69.33 rtl \$52.00 wh

Made with SLS-free vegetable capsules

### Yarrow Pom Collection

Yarrow|Pom Cellular Beauty Complex, Yarrow|Pom Body Renewal Serum, Yarrow|Pom Active Botanical Nutritive Duo 30 mL

60210469 150 PV \$233.33 rtl \$175.00 whl

# doTERRA® Veráge®

dōTERRA Veráge is an exclusive collection of natural skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal lipid balance-the same balance found in healthy, youthful-looking skin.



### Veráge<sup>®</sup> Immortelle Hydrating Serum

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG essential oils with plant extracts for smoother, more youthfullooking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle blend for radiant skin Provides optimal lipid balance for smoother,
- more youthful-looking skin 37400001

.5 fl oz/15 mL | 50 PV \$77.33 rtl \$58.00 whl

Veráge Moisturizer combines CPTG essential oils with plant extracts for natural hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

37410001 \$27.50 whl

# Veráge<sup>®</sup> Moisturizer

- and wrinkles

1 fl oz/30 mL | 25 PV \$36.67 rtl

### Veráge® Cleanser

Healthy, smooth skin begins with Veráge Cleanser. This natural gel cleanser purifies skin for a fresh, youthful-looking complexion.

 Infused with CPTG<sup>®</sup> essential oils of Wild Orange, Tea Tree, and Basil to gently cleanse and lift away impurities Invigorates and cleanses skin while natural emollients nourish and hydrate

37380001 2 fl oz/60 mL | 20 PV \$30.00 rtl \$22.50 whl

### Veráge® Toner

This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- · CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best
- Easy mist application

### 37390001

1.7 fl oz/50 mL | 16 PV \$26.67 rtl \$20.00 whl

 Formulated with CPTG essential oils of Juniper Berry, Jasmine, and Geranium—all known to revitalize the skin · Uses natural ingredients to hydrate skin, helping reduce the appearance of fine lines

### Veráge<sup>®</sup> Skin Care Collection

Veráge Cleanser, Toner, Immortelle Hydrating Serum, Moisturizer

### 42690001 70 PV

\$119.33 rtl \$89.50 whl

# doTERRA® Spa

dōTERRA Spa is a line of CPTG<sup>®</sup> essential oil-infused products that provide an aromatic and pampering at-home spa experience. Each product has been carefully formulated with natural ingredients that leave your skin feeling soft, smooth, and fresh all day long.



### **Refreshing Body Wash**

dōTERRA Spa Refreshing Body Wash is a natural, oil-infused body wash that provides a rich cleansing and aromatic spa experience.

- Bergamot essential oil purifies and soothes skin, providing an uplifting, yet arounding aroma
- Grapefruit is cleansing to the skin and has an energizing scent
- Sodium Methyl Oleoyl Taurate is a sulfate-free mild surfactant derived from nature and is readily biodegradable

37460001

8.45 fl oz/250 mL | 10 PV \$17.00 rtl \$12.75 whl

### **Detoxifying Mud Mask**

dōTERRA Spa Detoxifving Mud Mask is a natural clay mask that provides purifying and detoxifying benefits while reducing the appearance of pores.

- Infused with Myrrh, Juniper Berry, and Grapefruit—known for their cleansing benefits
- Shea butter provides moisturization for the skin
- · Malachite extract is rich in copper and may provide detoxifying benefits

37490001

4 oz/113.4 g | 12 PV \$19.33 rtl \$14.50 whl

### **Replenishing Body Butter**

Pamper your skin with the rich hydration and luxurious feel of dōTERRA Spa Replenishing Body Butter. The base of this natural formula combines shea and cocoa seed butters, known for their deep moisturization and

- ability to promote skin suppleness. • Wild Orange essential oil is known for its purifying benefits
- Douglas Fir essential oil provides an uplifting aroma
- · Frankincense essential oil adds a warm, spicy aroma

37470001

7 oz/198 g | 15 PV \$23.33 rtl \$17.50 whl

### **Exfoliating Body Scrub**

dōTERRA Spa Exfoliating Body Scrub is a natural, indulgent body scrub that gently exfoliates and polishes skin with sugar cane, leaving a healthy, natural glow.

- Wild Orange and Grapefruit may add a cleansing boost to the skin
  Ginger essential oil adds a earthy
- soothing aroma
- Natural sugar cane gently exfoliates skin 37480001

8 oz/226 g | 15 PV \$26.00 rtl \$19.50 whl

### **Hydrating Body Mist**

Experience the uplifting and energizing aroma of the Beautiful Captivating Blend while quenching your skin's thirst for moisture.

- Provides the uplifting and energizing aroma of CPTG<sup>®</sup> Beautiful Captivating essential oil blend
- The oils of Sunflower, Avocado, and Passion Fruit help soothe, soften, and
- hydrate skin for an overall healthy glow Caprylic/Capric Triglyceride (coconut derived) conditions and maintains the skin's natural barrier

60205662

4.2 fl oz/125 mL | 22 PV \$33.33 rtl \$25.00 wh

### **Citrus Bliss Hand Lotion**

A light and silky lotion infused with hydrating seed oils and nourishing botanicals. This non-greasy formula absorbs quickly yet provides optimal moisture for healthylooking hands.

- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Convenient size—perfect for travel or for use while at home or work

**37500001** 2.5 fl oz/75 mL | 5 PV \$9.27 rtl \$6.95 whl

### Hand & Body Lotion

Indulge your skin in doTERRASpa Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and theobroma seed butters, and nourishing plant extracts.

- · Easily blend with your favorite essential oil for a customized aromatic experience • Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly, leaving skin looking healthy, soft, and smooth

37510001 6.7 fl oz/200 mL | 13 PV \$20.67 rtl \$15.50 whl

# **3-Pack Hand & Body Lotion**

60200498 Three 6.7 fl oz/200 mL tubes | 30 PV \$50.67 rtl \$38.00 whl

### **Moisturizing Bath Bar**

dōTERRA Spa Moisturizing Bath Bar is a one-of-a-kind bar that provides a unique feel, lather, aroma, and cleansing experience. Bergamot essential oil purifies and

- soothes skin
- · Grapefruit is cleansing to the skin and has an energizing scentJojoba seed oil deeply moisturizes

60218217 4 oz/113 g | 5 PV \$9.00 rtl \$6.75 whl

60220701 3-Pack | 10 PV \$19.33 rtl \$14.50 whl

60218240 4 oz/113 g | 5 PV \$9.00 rtl \$6.75 whl

### doTERRA® Spa Basics Kit

### Hand & Body Lotion, Refreshing Body Wash

60200499 17 PV

\$30.67 rtl \$23.00 whl 60200502 32 PV \$56.00 rtl \$42.00 wh



### Lip Balms

experience

Original

**Tropical** 

60207651

\$8.67 rtl

\$6.50 whl

\$8.67 rtl

\$6.50 whl

dōTERRA Spa Lip Balm is a natural formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils. • Each lip balm contains a select blend of essential oils that provides a unique sensory

Moringa oil is an emollient that helps improve how the lips look and feel

Avocado oil provides hydration and essential fatty acids, and softens lips to keep them looking healthy

### Herbal

0.16 oz/4.5 g | 5 PV

60207653 0.16 oz/4.5 g | 5 PV \$8.67 rtl \$6.50 whl

37570001

\$20.00 rtl

\$15.00 whl

10 PV

### Variety 3-Pack

**60207649** 0.16 oz/4.5 g | 5 PV

# **Citrus Bliss Bath Bar**

Formulated with Citrus Bliss® Invigorating Blend to provide an uplifting, refreshing aroma Exfoliating sunflower wax beads and orange peel powder naturally soften, smooth, and stimulate skin rejuvenation Vegetable-derived glycerin hydrates skin

and helps retain moisture while providing a smooth application of gentle suds

> 60220704 3-Pack | 10 PV \$19.33 rtl \$14.50 whl

### doTERRA Balance® Bath Bar

The dōTERRA Spa dōTERRA Balance Bath Bar has the warm, woody aroma of dōTERRA Balance® Grounding Blend creating a calming and balancing atmosphere. Using a proprietary combination of CPTG® essential oils including Black Spruce, Ho Wood, Frankincese, Blue Tansy, and German Chamomile, the bath bar provides a distinctive cleansing experience. The African black soap and sunflower oil in the bar leaves skin feeling soft and hydrated.

60218218 4 oz/113 g | 5 PV \$9.00 rtl \$6.75 whl

60220702 3-Pack | 10 PV \$19.33 rtl \$14.50 whl

### doTERRA Serenity® Bath Bar

Enjoy a rich, cleansing, aromatic spa experience, infused with doTERRA Serenity® Restful Blend.

- · Jojoba seed oil is highly regarded in the cosmetic industry and known for its quick absorption and ability to deeply moisturize
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

60218219 4 oz/113 g | 5 PV \$9.00 rtl \$6.75 whl

60220703 3-Pack | 10 PV \$19.33 rtl \$14.50 whl

### doTERRA® Spa Luxury Kit

Exfoliating Body Scrub, Detoxifying Mud Mask, Replenishing Body Butter

### Total doTERRA® Spa Kit

Moisturizing Bath Bar, doTERRA Serenity Bath Bar, Citrus Bliss Bath Bar, dōTERRÁ Balance Bath Bar, Refreshing Body Wash, Exfoliating Body Scrub, Detoxifying Mud Mask, Replenishing Body Butter, Hand & Body Lotion, Citrus Bliss Hand Lotion, Lip Balm (Original, Tropical, Herbal), Hydrating Body Mist

### 60217288

85 PV \$160.00 rtl \$120.00 whl

# doTERRA® Hair Care

Experience shinier, healthier-looking, and more manageable hair every day with doTERRA Hair Care. Combining mindfully selected CPTG® essential oils and formulas free of sulfates, parabens, dyes, silicones, and phthalates. Strengthen and nourish while protecting every strand, leaving hair revitalized and full of life.



### doTERRA Protecting Shampoo

Infused with CPTG® essential oils, this shampoo is naturally refreshing and free from harsh chemicals. It contains quinoa protein to help strengthen and protect hair while removing impurities, dirt, and build up.

- Gently removes hard water minerals, Pollutants, and styling product residue
  Free from sulfates, silicones, phthalates,
- and parabensSafe for color-treated hair

60208440

16.9 fl oz/500mL | 20 PV \$35.33 rtl \$26.50 whl

### doTERRA Daily Conditioner

A lightweight, color-safe conditioner that helps smooth and detangle hair while restoring softness, volume and natural shine. Infused with refreshing CPTG® essential oils.

- Strengthens and smooths hair, leaving it soft, shiny, and frizz-free
- Pure formula preserves color vibrancy
- Free from sulfates, silicones, phthalates, and parabens

### 60208441

16.9 fl oz/500mL | 20 PV \$35.33 rtl \$26.50 whl

### Hair Care Refillable Mini Travel Kit (Empty)

TSA approved 100 mL bottles, created expressly for dōTERRA Hair Care products, are designed to be filled again and again with no waste and less plastic headed for the landfill.

60216554

Three 3.4 fl oz/100 mL bottles | 0 PV \$10.67 rtl \$8.00 whl

### doTERRA Leave-in Conditioner

A clean, easy-to-use spray infused with CPTG<sup>®</sup> essential oils that provide a citrusy, inviting aroma as it prepares and protects hair before styling.

- Locks in moisture, detangles, and softens Helps protect hair from damage caused
- by heat styling
  Free from harsh chemicals, no silicones or phenoxyethanol

60208398

8 fl oz/237mL | 15 PV \$25.33 rtl \$19.00 whl

### dōTERRA Hair Strengthening Shampoo and Conditioner Bars New

The dōTERRA® Hair Strengthening Shampoo and Conditioner Bars are specifically designed to cleanse the scalp and strengthen and smooth the hair.

- Sustainable and ethically sourced Leverages powerful benefits of fermented
- rice water and CPTG® essential oils • Free from: sulfates, parabens, phthalates,
- silicones, synthetic fragrances, and dyes
  Locks in moisture, detangles, and softens

\$17.25 wh

60223161 60223162 80 g / 2.8 oz | 12 PV \$23.00 rtl 100 g / 3.5 oz | 12 PV \$23.00 rtl

### doTERRA Hair Care Trio

dōTERRA Protecting Shampoo, dōTERRA Daily Conditioner, doTERRA Leave-in Conditioner

60219271 55 PV \$96.00 rtl \$72.00 whl

\$17.25 whl



# doTERRA<sup>®</sup> Women

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman's good health and well-being from her early teens to her transition through menopause.



Natural Deodorant

### ClaryCalm<sup>®</sup>

Monthly Blend For Women ClaryCalm is a unique blend of essential oils developed especially for women. • Floral, feminine aroma Contributes to a nurturing massage as

- part of a self-care ritual Cooling and soothing on skin

**49480001** 10 mL roll-on | 31 PV \$41.33 rtl \$31.00 whl

### Phytoestrogen ( **Essential Complex**

A blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.\*

- Includes a standardized soy extract with genistein, a natural phytoestrogen Supports a woman's transition to
- menopause with a concentrated extract of flax seed lignans\* · Supports healthy bones, heart, breast
- tissue, and other body structures\*

dōTERRA has specially created safe and effective natural deodorants that help you beat the heat and stay fresh

throughout the day. The doTERRA Natural Deodorant is formulated without aluminum, parabens, phthalates, or talc.

35260001 60 capsules | 36 PV \$52.67 rtl \$39.50 wh

### Bone Nutrient

Essential Complex This convenient dietary supplement

- increases the consumption of nutrients needed for healthy bones. • A blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets\*

35240001 120 capsules | 12 PV \$23.33 rtl \$17.50 whl

### Women's Health Kit

Phytoestrogen Essential Complex, Bone Nutrient Essential Complex, ClaryCalm Monthly Blend

3525 60 PV \$92.67 rtl \$69.50 whl



# **Correct-X**®

CPTG® essential oils Frankincense, Helichrysum, Tea Tree, Cedarwood, and Lavender form the base of doTERRA Correct-X. A natural ointment helps soothe skin and keep it clean while recovering from distress. This petroleum-free and preservative-free ointment is ideal for sensitive skin due to its guick absorption and non-irritating nature.



# doTERRA baby

dōTERRA® baby products are a safe, effective, and natural way to care for your baby from piggy tails to tiny, wiggly toes. Our products have been clinically tested and formulated with your baby in mind.



### doTERRA baby **Diaper Rash Cream**

and smooth

- soft skin Clinically tested and approved for sensitivé skin

60201362 2.1 oz/60g | 5 PV \$11.33 rtl \$8.50 whl

### doTERRA baby Lotion Coming Soon

moisturize your baby's delicate skin.

- Helps maintain natural moisture Clinically tested and approved for sensitive skin

60220058 8 fl oz / 236 mL | 10 PV \$19.33 rtl \$14.50 whl

### **Natural Deodorant Infused** with doTERRA Balance® Essential Oil

Features dōTERRA Balance® essential oil blend, baking soda, and tapioca for long-lasting freshness and all-day confidence.

- Aluminum, paraben, phthalate, and talc free
- Tapioca starch aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Baking soda helps neutralize and prevent odors

60207421 2.65 oz/75g | 5 PV \$11.67 rtl \$8.75 whl



### Natural Sensitive **Deodorant Infused with** doTERRA Douglas Fir and

Features doTERRA® CPTG® essential oils of Douglas Fir and Greek Orange, magnesium, and tapioca for long-lasting freshness and

- · Baking soda, aluminum, paraben, phthalate, and talc free Tapioca starch aids in absorbing
- underarm moisture, leaving you feeling fresh and dry throughout the day

2.65 oz/75g | 5 PV \$11.67 rtl

\$875 wh

Made with SLS-free vegetable capsules

FALL / WINTER 2022

**d**oterra\*

NATURAL

DEODORANI

doTERRA

infused with

Net wt 2.65 oz / 75 g

ese statements have not been evaluated by the Food and Drug Adr is product is not intended to diagnose, treat, cure, or prevent any diseas

- Playing with the kids, running to catch a bus, or training for that half marathon just got a bit easier.
  - Greek Orange Essential Oils
  - all-day confidence.

  - Magnesium helps neutralize odors
  - 60208231

### **Correct-X**®

Essential Oil Ointment

Correct-X is a natural topical ointment using powerful CPTG essential oils that assist in soothing skin.

- Helps soothe while simultaneously hydrating
  Absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin Keeps skin clean while recovering from distress

### 60110001

0.5 fl oz/15 mL | 10 PV \$16.00 rtl \$12.00 wh

Safe, effective, and spreads easily on delicate baby skin to help treat, soothe, and prevent diaper rash. Infused with CPTG® essential oils, this unique blend helps balance and soothe the skin while rich Muyao Shea Butter works to moisturize, leaving skin soft

· Non-Nano Zinc creates a barrier to protect delicate skin from excess moisture • Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby's

### doTERRA baby Hair & Body Wash

This foaming, tear-free wash combines simple, gentle, natural ingredients that nourish and moisturize even after rinsing off. A calming blend of vanilla extract with CPTG® Lavender and Roman Chamomile essential oils leaves babies, toddlers, and even big kids with that light, newborn scent.

- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting soft skin
- Simple, natural ingredients cleanse without
- disrupting the skin's natural balance Clinically tested tear-free

### 60201361

10 fl oz./295 mL | 10 PV \$18.33 rtl \$13.75 whl

dōTERRA baby Lotion blends rich Muyao Shea Butter with natural humectants to calm, soothe, and

 Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby's soft skin

### doTERRA baby Collection Coming Soon

dōTERRA baby Diaper Rash Cream, dōTERRA baby Hair & Body Wash, dōTERRA baby Lotion

60206023 20 PV \$46.00 rtl \$34.50 whl

# doTERRA® Diffusers

Transform your world with a doTERRA diffuser just right for any situation and décor.



### Dawn<sup>®</sup> Aroma Humidifier

Designed to create the ultimate level of comfort in any room. Its smart sleep mode maintains ideal humidity levels throughout the night, helping create the perfect environment for sleep.

- Water Capacity: 1.8 L/0.48 gal. Suggested Room Size: Up to 270 sq.

Suggested Room size. Op to 270 sq. ft./25 sq. m.
Continuous operation and sleep modes
Easily disassembles for cleaning
Add water and essential oils without having to remove any lids or covers

Turn any space into a luxurious retreat with

Laluz. With a runtime of up to eight hours,

you can diffuse your favorite essential oils

Water Capacity: 120 mL/4.06 fl oz
Suggested Room Size: Up to 330 sq

Continuous operation
Dim, bright warm, lavender light options

# **60213449** Dawn Humidifier O PV

Laluz<sup>®</sup> Diffuser

ft/30 sq m

**60213023** Laluz Diffuser o PV

\$56.00 rtl

\$42.00 whl

throughout the day or night.

\$72.00 rtl \$54.00 whl





Powerful and uniquely refined with two stylistic options, Volo Marble and Volo Onyx complement any home or office decor.

- Water Capacity: 250 mL/8.5 fl oz
  Suggested Room Size: Up to 300 sq
- ft/27 sq m Continuous operation modes Soft ambient light settings or
- completely dark Handcraftéd polyresin stone top

**60210545** Volo® Onyx | o PV \$78.67 rtl \$59.00 whl

**60210546** Volo® Marble | 0 PV \$78.67 rtl \$59.00 whl

### Pilōt<sup>®</sup> Portable Diffuser

A portable, rechargeable diffuser with four hour continuous diffusion or up to eight hours of intermittent diffusion. Pilōt comes with a dual-port USB 2A car adapter for easy recharging as well as a carrying case for travel.

Water Capacity: 45 mL/1.5 fl oz
Suggested Room Size: Up to 200 sq ft/18 sq m

Continuous and intermittent

operation modes • Responsibly created, incorporating eco-friendly materials

60212263

Pilot Diffuser o PV \$50.00 rtl \$37.50 whl





### Roam<sup>®</sup> Diffuser

Made with natural, colorful, polished ground stone. With its powerful, built-in, rechargeable battery and charging dock, the dōTERRA Roam Diffuser brings you an unprecedented wireless and portable aromatic experience.

- Water Capacity: 100 mL/3.4 fl oz
  Suggested Room Size: Up to 270 sq.
- ft./25 sq. m.
- Continuous and intermittent operation modes
- Cord-free and battery-powered with a
- charging dock Responsibly created with eco-friendly,
- postconsumer recycled resin

**60213424** Roam Diffuser O PV \$69.33 rtl \$52.00 whl



CPTG Certified Pure Tested Grade®





Single Essential Oils		Applic	ation		Skin	Sensit	ivity					
Quick Reference						e						
	Aromatic	Topical	Internal	Home	Neat	Sensitive	Dilute					
			5	Í	Z	Ň		SKU	Rtl	Whl	PV	Unit
Arborvitae Thuja plicata			0					49360001	\$29.33	\$22.00	22	5 mL
Basil Ocimum basilicum	<b>A</b>	Ū	U			•		30010001	\$40.00	\$30.00	30	15 mL
Birch Betula lenta Coming Soon						9		60222580	\$73.33	\$55.00	45	5 mL
Bergamot Citrus bergamia	<b>A</b>	Ū	0			9		30790001	\$48.00	\$36.00	36	15 mL
Black Pepper Piper nigrum			0			9		41040001	\$29.33	\$22.00	22	5 mL
Black Spruce Picea mariana		Ū				6		60206220	\$26.67	\$20.00	20	5 mL
Blue Tansy Tanacetum annuum		Ū						60203383	\$113.33	\$85.00	80	5 mL
Cardamom Elettaria cardamomum	A	Ū	0		N			49350001	\$37.33	\$28.00	28	5 mL
Cassia Cinnamomum cassia		Ū	0				D	60213537	\$28.00	\$21.00	21	15 mL
Cedarwood Juniperus virginiana	<b>A</b>	Ū				9		49300001	\$18.00	\$13.50	13.5	15 mL
Celery Seed Apium graveolens	A		0			S		60209677	\$48.00	\$36.00	36	15 mL
Cilantro Coriandrum sativum	A	Ū	0		N			41850001	\$34.67	\$26.00	26	15 mL
Cinnamon Bark Cinnamomum zeylanicum		Ū	0				D	30030001	\$38.67	\$29.00	29	5 mL
Citronella Cymbopogon winterianus	A	Ū			-	5		60209676	\$26.67	\$20.00	20	15 mL
Clary Sage Salvia sclarea	A	Ū	0		N			30420001	\$52.00	\$39.00	39	15 mL
Clove Eugenia caryophyllata	A	Ū	0				D	30040001	\$24.00	\$18.00	18	15 mL
Copaiba Copaifera reticulata, officinalis, coriacea, and langsdorffii Top Seller	A	T	0			S		60202178	\$49.33	\$37.00	37	15 mL
Copaiba Touch Copaifera reticulata, officinalis, coriacea, and langsdorffii	A	Ū			N			60219176	\$24.00	\$32.00	24	10 mL roll-on
Coriander Coriandrum sativum	A	Ū	0		N			30780001	\$33.33	\$25.00	25	15 mL
Cypress Cupressus sempervirens and lusitanica	A	Ū			N			60206972	\$23.33	\$17.50	17.5	15 mL
Douglas Fir Pseudotsuga menziesii	A	Ū			N			31590001	\$28.67	\$21.50	21.5	5 mL
Eucalyptus Eucalyptus spp.	A	Ū				S		60218408	\$28.00	\$21.00	21	15 mL
Fennel (Sweet) Foeniculum vulgare	A	Ū	0			S		41290001	\$22.00	\$16.50	16.5	15 mL
Frankincense Boswellia carterii, sacra, papyrifera, and frereana	A	0	0		N			30070001	\$100.00	\$75.00	70	15 mL
Frankincense Touch Boswellia carterii, sacra, papyrifera, and fiereana	A	Ū			N			60200224	\$64.00	\$48.00	48	10 mL roll-on
Guaiacwood Bulnesia sarmientoi	A	Ū	0		N			60217711	\$26.67	\$20.00	20	15 mL
Geranium Pelargonium graveolens	A	0	0				D	30090001	\$57.33	\$43.00	43	15 mL
Ginger Zingiber officinale	A	Ū	0			S		60215119	\$64.00	\$48.00	48	15 mL
Grapefruit Citrus x paradisi	A	Ū	0		N			30100001	\$25.33	\$19.00	19	15 mL
Green Mandarin Citrus nobilis	A	0	0		N			60205794	\$38.67	\$29.00	29	15 mL
Helichrysum Helichrysum italicum	A	T	0		N			30410001	\$106.67	\$80.00	70	5 mL
Helichrysum Touch Helichrysum italicum	A	Ū			N			60207021	\$73.33	\$56.00	51	10 mL roll-on
Jasmine Jasminum grandiflorum	A	T			N			60217357	\$200.00	\$150.00	100	2.5 mL
Jasmine Touch Jasminum grandiflorum	A	0			N			60201812	\$56.00	\$42.00	42	10 mL roll-on
Juniper Berry Juniperus communis	A	T	0		N			49290001	\$26.67	\$20.00	20	5 mL
Lavender Lavandula angustifolia Top Setter	A	Ū	0		N			30110001	\$34.00	\$25.50	25.5	15 mL
Lavender Touch Lavandula angustifolia	A	T			N			60200225	\$22.67	\$17.00	17	10 mL roll-on
Lemon Citrus limon Top Setter	A	Ū	0		N			30120001	\$17.33	\$13.00	13	15 mL
Lemon Eucalyptus Eucalyptus citriodora	A	T				6		60209674	\$18.67	\$14.00	14	15 mL
Lemongrass Cymbopogon flexuosus	A	T	0			S		30130001	\$16.00	\$12.00	12	15 mL
Lime Citrus aurantifolia	A	Ū	0			S		30870001	\$18.67	\$14.00	14	15 mL
Madagascar Vanilla Vanilla planifolia	A	T	0		N			60218012	\$46.67	\$35.00	35	5 mL
Magnolia Touch Michelia alba	A	1			N			60205420	\$37.33	\$28.00	28	10 mL roll-on
Marjoram Origanum majorana	A	0	0		N			30140001	\$29.33	\$22.00	22	15 mL
Melissa Melissa officinalis	A	T	0		N			30850001	\$126.67	\$95.00	85	5 mL
<i>w</i>			-		-						-	

Single Essential Oils

Quick Reference

Myrrh Commiphora myrrha
Myrrh Touch Commiphora myrrha
Neroli Touch Citrus x aurantium
Oregano Origanum vulgare
Oregano Touch Origanum vulgare
Patchouli Pogostemon cablin
Peppermint Mentha piperita
Peppermint Touch Mentha piperita
Petitgrain Citrus aurantium
Pink Pepper Schinus molle
Roman Chamomile Anthemis nobilis
Rose Rosa damascena
Rose Touch Rosa damascena
Rosemary Rosmarinus officinalis
Sandalwood Santalum album
Sandalwood, Hawaiian Santalum paniculatum
Siberian Fir Abies sibirica
Spanish Sage Salvia lavandulifolia Coming Soon
Spearmint Mentha spicata
Spikenard Nardostachys jatamansi
Tangerine Citrus reticulata
Tea Tree Melaleuca alternifolia
Tea Tree Touch Melaleuca alternifolia
Thyme Thymus vulgaris
Tulsi (Holy Basil) Ociumum sanctum
Turmeric Curcuma longa
Vetiver Vetweria zizanioides
Vetiver Touch Vetiveria zizanioides
Wild Orange Citrus sinensis
Wintergreen Gaultheria fragrantissima
Yarrow  Pom Active Botanical Nutritive Duo
Vlang Vlang Caranga adarata

Ylang Ylang Cananga odorata

	Applic	ation		Skin	Sensit	ivity					I
Aromatic	Topical	Internal	Home	Neat	Sensitive	Dilute	SKU	Rtl	Whl	PV	Unit
A	O	0		N			30160001	\$89.33	\$67.00	55	15 mL
A	Ū			N			60221439	\$53.33	\$40.00	40	10 mL roll-on
	0			N			60201817	\$69.33	\$52.00	52	10 mL roll-on
	Ū	0				D	30180001	\$33.33	\$25.00	25	15 mL
	Ū			N			60200227	\$22.00	\$16.50	16.5	10 mL roll-on
	Ū	0		N			30890001	\$40.00	\$30.00	30	15 mL
A	Ū	0			S		30190001	\$32.00	\$24.00	24	15 mL
A	Ū			N			60200228	\$21.33	\$16.00	16	10 mL roll-on
A	Ū	0			S		49520001	\$33.33	\$25.00	25	15 mL
A	Ū	0		N			60207016	\$29.33	\$22.00	22	5 mL
A	Ū	0		N			30800001	\$64.00	\$48.00	48	5 mL
	Ū				6		31000001	\$366.67	\$275.00	200	5 mL
	0			N			60201813	\$93.33	\$70.00	65	10 mL roll-on
	Ū	0		N			30200001	\$24.00	\$18.00	18	15 mL
A	Ū	0		N			30210001	\$106.67	\$80.00	60	5 mL
A	0	0		N			41860001	\$93.33	\$70.00	60	5 mL
	0	0		N			60203125	\$26.67	\$20.00	20	15 mL
	Ū	0			S		60222270	\$38.67	\$29.00	29	15 mL
	Ū	0			S		31610001	\$40.00	\$30.00	30	15 mL
A	Ū			N			49510001	\$69.33	\$52.00	50	5 mL
	Ū	0		N			49440001	\$20.00	\$15.00	15	15 mL
A	Ū			N			60208340	\$30.67	\$23.00	23	15 mL
	Ū			N			60208343	\$19.33	\$14.50	14.5	10 mL roll-on
	0	0			-	D	30220001	\$42.00	\$31.50	31.5	15 mL
	0			-	6		60213450	\$34.67	\$26.00	26	5 mL
	0	0					60206973	\$40.00	\$30.00	30	15 mL
	0	0					30430001	\$78.67	\$59.00	54	15 mL
							60221438	\$49.33	\$37.00	37	10 mL roll-on
	0	0					30170001	\$14.67	\$11.00	11	15 mL
					S		31620001	\$33.33	\$25.00	25	15 mL
	0	0					60207652	\$130.67	98.00	98	30 mL
	Ū	0					30240001	\$53.33	\$40.00	40	15 mL

Quick Reference abōde™ Refreshing Blend Adaptiv® Calming Blend	Aromatic	Topical	nal									
Adaptiv® Calming Blend		lopic				tive						
Adaptiv® Calming Blend			Internal	Home	Neat	Sensitive	Dilute	SKU	Rtl	Whl	PV	Unit
				0		9		60217576	\$32.67	\$24.50	24.5	15 mL
	A	I			N			60209364	\$53.33	\$40.00	40	15 mL
Adaptiv® Touch Calming Blend		I			N			60209357	\$29.33	\$22.00	22	10 mL roll-on
Air-X® Air Blend	A	Ū	0			S		60215527	\$41.33	\$31.00	31	15 mL
dõTERRA Align Centering Blend	A	J			N			60203246	\$25.33	\$19.00	19	5 mL
dõTERRA Anchor Steadying Blend	A	I			N			60203245	\$26.67	\$20.00	20	5 mL
dõTERRA Arise Enlightening Blend		O			N			60203247	\$26.67	\$20.00	20	5 mL
AromaTouch® Massage Blend		0			N			31200001	\$40.00	\$30.00	30	15 mL
döTERRA Balance® Grounding Blend		O			N			31010001	\$28.00	\$21.00	21	15 mL
Brave® Courage Blend	A	O			N			60206618	\$29.33	\$22.00	22	10 mL
doTERRA Breathe® Respiratory Blend	A	Ð				6		60200190	\$33.33	\$25.00	25	15 mL
döTERRA Breathe® Touch Respiratory Blend		O			N			60200192	\$21.33	\$16.00	16	10 mL roll-on
Calmer® Restful Blend		I			N			60206632	\$26.67	\$20.00	20	10 mL
dõTERRA Cheer® Uplifting Blend	A	O				6		31720001	\$33.33	\$25.00	25	5 mL
dōTERRA Cheer® Touch Uplifting Blend	A	Ū			N			60218864	\$24.00	\$18.00	18	10 mL roll-on
Citrus Bliss® Invigorating Blend		O			N			60219370	\$26.00	\$19.50	19.5	15 mL
Citrus Bloom® Springtime Blend	A	Ū			N			60208812	\$32.67	\$24.50	24.5	15 mL
ClaryCalm® Monthly Blend for Women		O			N			49480001	\$41.33	\$31.00	31	10 mL roll-on
dōTERRA Console® Comforting Blend	A	Ū			N			31730001	\$52.00	\$39.00	39	5 mL
döTERRA Console® Touch Comforting Blend	A	Ð			N			60200147	\$33.33	\$25.00	25	10 mL roll-on
DDR Prime® Cellular Complex		Ū	0			S		60207092	\$46.67	\$35.00	35	15 mL
Deep Blue® Soothing Blend		Ð				6		60200143	\$46.67	\$35.00	35	5 mL
DigestZen® Digestive Blend		Ū	0		N			60214361	\$45.33	\$34.00	34	15 mL
DigestZen® Touch Digestive Blend		O			N			60214815	\$29.33	\$22.00	22	10 mL roll-on
dõTERRA Forgive® Renewing Blend		Ū				6		31750001	\$29.33	\$22.00	22	5 mL
dõTERRA Forgive® Touch Renewing Blend		O			N			60200148	\$20.00	\$15.00	15	10 mL roll-on
dōTERRA Hope® Touch Uplifting Blend	A	Ū			N			60200879	\$33.33	\$25.00	25	10 mL roll-on
HD Clear® Topical Blend	Г	O			N			49400001	\$28.00	\$21.00	21	10 mL roll-on
Immortelle Anti-Aging Blend		Ū			N			60202652	\$100.00	\$75.00	70	10 mL roll-on
Intune® Focus Blend					N			60220468	\$48.67	\$36.50	36.5	10 mL roll-on
MetaPWR™ Metabolic Blend	A	Ū	0		S			60217575	\$34.67	\$26.00	26	15 mL
dõTERRA Motivate® Encouraging Blend						6		31740001	\$30.67	\$23.00	23	5 mL
dõTERRA Motivate® Touch Encouraging Blend					N			60200149	\$22.67	\$17.00	17	10 mL roll-on
Northern Escape® Woodland Blend					N			60215058	\$37.33	\$28.00	28	15 mL
dõTERRA On Guard® Protective Blend			0			S		31100001	\$48.00	\$36.00	36	15 mL
dõTERRA On Guard® Touch Protective Blend					N			60200142	\$30.67	\$23.00	23	10 mL roll-on
dōTERRA Passion® Inspiring Blend					_	S		31760001	\$56.00	\$42.00	42	5 mL

**Essential Oil Blends** Quick Reference

doTERRA Passion® Touch Inspiring Blend
PastTense® Tension Blend
doTERRA Peace® Reassuring Blend
dōTERRA Peace® Touch Reassuring Blend
Purify Cleansing Blend
Rescuer™ Soothing Blend
doTERRA Serenity® Restful Blend
Steady <sup>®</sup> Grounding Blend
Stronger® Protective Blend
SuperMint <sup>™</sup> Mentha Blend Coming Soon
SuperMint™ Touch Mentha Blend Coming Soon
Tamer® Digestive Blend
TerraShield® Repellent Blend
TerraShield® Spray Repellent Blend
Thinker <sup>®</sup> Focus Blend
Whisper® Touch Blend for Women
Zendocrine® Detoxification Blend

Application				Skin	Sensi	tivity					
Aromatic	Topical	Internal	Home	Neat	Sensitive	Dilute	SKU	Rtl	Whl	PV	Unit
A	T			N			60200150	\$37.33	\$28.00	28	10 mL roll-on
A	0			N			60215812	\$40.00	\$30.00	30	15 mL
A	T			N			31710001	\$42.67	\$32.00	32	5 mL
A	O						60200151	\$28.00	\$21.00	21	10 mL roll-on
A	T			N			31060001	\$29.33	\$22.00	22	15 mL
A	T			N			60206635	\$22.00	\$16.50	16.5	10 mL roll-on
A	O			N			60217983	\$48.00	\$36.00	36	15 mL
A	O			N			60206617	\$22.00	\$16.50	16.5	10 mL roll-on
A	O			N			60206654	\$21.33	\$16.00	16	10 mL roll-on
A	T	0			6		60221859	\$42.67	\$32.00	32	15 mL
A	O			N			60221940	\$26.67	\$20.00	20	10 mL roll-on
A	T			N			60209356	\$22.00	\$16.50	16.5	10 mL roll-on
A	T			N			60214386	\$17.33	\$13.00	13	15 mL
A	Ū			N			60214387	\$26.67	\$20.00	18	30 mL
A	0			N			60206633	\$23.33	\$17.50	17.5	10 mL roll-on
A	O			N			60214274	\$37.33	\$28.00	28	10 mL roll-on
A	O	0		N			31460001	\$34.67	\$26.00	26	15 mL

When the pure gifts of the earth are paired with the pure love of each other, we can achieve anything.





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