dōTERRA Meaning “Gift of the Earth”

In 2008, a group of healthcare and business professionals came together with a common vision of sharing the power of pure essential oils with the world. Each understood that essential oils—when properly sourced from optimal regions and thoroughly tested for the highest levels of purity and potency—are the Earth’s gift to humanity. With this gift comes great responsibility to respect the power of each element, the expertise of each grower, and the potential of each contributing community.

dōTERRA focuses on maintaining the highest levels of purity and sustainability as it partners with local growers around the world through Cō-Impact Sourcing*. This unique model implements long-term, mutually beneficial supplier partnerships where skilled rural farmers oversee plants and growing environments. In return, dōTERRA provides jobs with fair payments, leading to stronger local economies and healthier, stable supply chains.

Each dōTERRA essential oil passes through rigorous CPTG Certified Pure Tested Grade® testing guided by cutting-edge advancements in essential oil research and testing implementation. dōTERRA benefits from the ever-increasing knowledge and expertise of a Medical Advisory Board made up of global consultants in chemistry, microbiology, botany, research science, physiology, and nutritional science.

Since the beginning, independent Wellness Advocates have shared the life-enhancing benefits of dōTERRA CPTG® essential oils with millions of customers throughout the world.

dōTERRA has emerged as a global integrative health and wellness company and the world’s largest essential oil company.* By partnering with respected medical professionals and world-renowned research partners, dōTERRA is revolutionizing healthcare by integrating conventional medical professionals with alternative approaches to address individualized health and wellness.

To ensure that dōTERRA never forgets the sacredness of this gift, the dōTERRA Healing Hands Foundation® offers resources and tools to global sourcing communities and charitable organizations for self-reliance, healthcare, education, and sanitation, and for the fight against human trafficking.

We respectfully offer this “gift of the Earth” to you and your family.

* Verified global market leader in the Global Aromatherapy and Essential Oils market.
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**dōTERRA® Kids Collection**

*page 58*
What Are Essential Oils?

Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils elicit powerful responses, yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures for their health-promoting properties. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. Many have powerful cleansing properties. Their unique chemical structure allows them to deliver targeted benefits through topical application. Certain oils may be used as dietary aids to promote vitality and well-being.

Extraction Methods

Essential oils are most often extracted via a steam distillation process in which steam is circulated under pressure through plant material, liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release the valuable oil; too much can fracture the oil’s delicate chemical composition and alter its potency.

In addition to using proper distillation methods, creating a quality CPTG® essential oil requires the meticulous selection of the correct plant species and plant parts, harvested at the perfect moment when their aromatic compounds are most concentrated. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.
CPTG Certified Pure Tested Grade®
dōTERRA® CPTG Certified Pure Tested Grade® essential oils are pure, natural, aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and are free of contaminants or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of the oils’ active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be natural and some may be pure—but few are subjected to rigorous testing standards for chemical composition. dōTERRA CPTG Certified Pure Tested Grade essential oils are cross tested using Mass Spectrometry and Gas Chromatography to ensure both the purity and compositional potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in ideal environments, and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition. dōTERRA CPTG Certified Pure Tested Grade essential oils represent the safest and most beneficial oils available in the world today.

Equally stringent standards of safety and efficacy are applied to all dōTERRA Essential Wellness products. Guided by our Medical Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain Good Manufacturing Practice (GMP) certification and enjoy industry reputation for superior innovation and quality. Each dōTERRA product is guaranteed to exceed customer satisfaction and performance expectations.
Essential Oil Uses

Essential oils are used for a very wide range of applications. They can be used individually or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as dietary supplements. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are naturally safe and have few, if any, undesirable side effects when used as directed. They are, however, powerfully concentrated and should be used with care. Be sure to use only pure essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, apply a vegetable oil such as Fractionated Coconut Oil to the affected area—water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor’s care.

Look for the following symbols by the essential oil product descriptions in this product guide to help you with your oil selection. (Use instructions and appropriate cautions are included on individual essential oil labels.)
Please note, some products can be used in multiple ways. Statements with asterisks refer to internal use of products.

The dōTERRA® network of botanical growers and distillers spans the globe from Italy to Madagascar, Argentina to New Zealand. Only the purest and most potent essential oils meet our strict CPTG Certified Pure Tested Grade® standards. Accept nothing less from your wellness professional or for your family.

As dōTERRA searches the world for sources of the highest quality oils, we are also committed to building relationships that last and benefit our growers. We accomplish this by adhering to our Sourcing Guiding Principles.

Over half of the countries that dōTERRA sources its more than 130 oils from are considered developing countries. Through Cō-Impact Sourcing®, dōTERRA is lifting communities in these areas out of poverty and disadvantage by providing long-term, mutually beneficial supplier partnerships with sustainable jobs and reliable income.
Where to Begin

Using essential oils is intuitively simple and highly satisfying. However, the many oils available, with their numberless combinations and wellness applications, can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of essential oils.

Introductory Kit

Perfect for beginners, the Introduction to Essential Oils Kit is everything you need to start experiencing the life-changing benefits of dōTERRA® essential oils. The kit includes:

• Lavender essential oil (5 mL bottle)
• Lemon essential oil (5 mL bottle)
• Peppermint essential oil (5 mL bottle)
• List of suggested uses for each oil

60202952
Three 5 mL bottles | 15 PV
$26.67 retail
$20.00 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Lavender Essential Oil
All Things Calming
• Helps encourage a peaceful night of sleep when used internally*
• Massage on back or bottom of feet and apply a drop to pillow at bedtime
• Apply topically to soothe skin

Lemon Essential Oil
Clean and Freshen
• Uplifting, positive aroma
• Use to clean kitchen counters and stainless steel appliances
• Internal use naturally aids in digestion*

Peppermint Essential Oil
Cool and Invigorate
• Use with Lemon in water for a healthy, refreshing mouth rinse
• Inhale deeply to enjoy its invigorating aroma
• Add to water in a spray bottle and mist body when overheated
• Apply to neck and forehead for a unique sensation

Application Methods

Sensitive Skin

A
Can be used aromatically

T
Can be used topically

N
Can be used with no dilution (neat)

S
Dilute for young or sensitive skin (sensitive)

D
Dilute before using topically (dilute)

H
Can be used for home care

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Where to Begin

Lavender  *Lavandula angustifolia*

- Apply to the bottom of feet or on a pillow before sleeping
- Use with bath salts for a relaxing spa bathing experience
- Lightly apply to soothe sun-exposed skin
- Apply to back, hands, or feet of a restless or agitated child
- Use to calm and soothe occasional skin irritations
- Calm sensitive skin and soothe pores after hair removal
- Apply to dry, chapped lips before applying lip balm
- Use with Peppermint for a healthy scalp massage
- Add to lotion for a soothing hand massage

Lemon  *Citrus limon*

- Add a drop to a water bottle or to water served at a restaurant
- Diffuse aromatically or apply topically for an uplifting and positive aroma
- Add to drop of honey and take internally to soothe throat*
- Dilute with coconut oil for a daily fingernail conditioning massage
- Add a drop of Lemon and Peppermint to your toothbrush after use
- Diffuse in a room to neutralize odors
- Remove gum, label adhesives, and greasy substances from fabric
- Use to clean kitchen counters and stainless steel appliances
- Add to olive oil for a non-toxic furniture polish

Peppermint  *Mentha piperita*

- Take one drop internally to calm occasional indigestion or upset stomach*
- Use with Lemon in water for a healthy, refreshing mouth rinse
- Diffuse aromatically or apply topically for an invigorating vapor
- Add to a cold water compress or foot bath to cool off when overheated
- Inhale as a non-stimulant, invigorating pick-me-up on long drives
- Add to shampoo and conditioner for a stimulating hair and scalp massage
- Use internally with Lavender and Lemon during times of seasonal threats*
- Diffuse for a fresh aroma during study time

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Essential Oil Singles

The dōTERRA® collection of single essential oils represents the finest aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalized essential oil benefits.

Arborvitae
Essential Oil
Thuja plicata
Known as the “tree of life,” Arborvitae is majestic in size and abundant in benefits.
- Helps promote clear and healthy-looking skin
- Powerful cleansing agent
- Warm, earthy aroma

49360001
5 mL bottle | 22 PV
$29.33 retail
$22.00 wholesale

Basil
Essential Oil
Ocimum basilicum
Valued for its restorative effects, Basil is also commonly used for its calming aroma.
- Helps keep your skin looking clean, clear, and healthy
- Aromatic use helps create a calm and relaxed environment
- When taken internally, supports cardiovascular system health*

30010001
15 mL bottle | 30 PV
$40.00 retail
$30.00 wholesale

Bergamot
Essential Oil
Citrus bergamia
Cold pressed from the rind of the bergamot fruit, Bergamot is unique among citrus oils.
- Frequently used in massage therapy for its calming aroma
- Apply to the skin while showering and inhale deeply to experience its calming aroma while enjoying its purifying skin benefits

30790001
15 mL bottle | 36 PV
$48.00 retail
$36.00 wholesale

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**Black Pepper**

*Essential Oil*

*Piper nigrum*

Black Pepper is best known as a cooking spice that enhances the flavor of foods, but its internal and topical benefits are equally noteworthy. This essential oil is known for powerful antioxidant and digestive support when used internally.

- Aids digestion when used internally
- Soothing and satisfying aroma

41040001
5 mL bottle | 22 PV
$29.33 retail
$22.00 wholesale

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**Blue Tansy**

*Essential Oil*

*Tanacetum annuum*

Blue Tansy essential oil, which comes from the annual yellow-flowered Mediterranean plant, is high in chamazulene and sabinene. An important oil in the doTERRA Deep Blue® blend, Blue Tansy can create a calm and relaxing environment.

- Add a drop to a palm full of lotion and enjoy a beneficial massage experience after a hard workout
- Its beautiful, deep, rich blue color may stain surfaces, fabrics, and skin, so careful use and dilution is recommended

60203383
5 mL bottle | 80 PV
$113.33 retail
$85.00 wholesale

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**Cardamom**

*Essential Oil*

*Elettaria cardamomum*

A close relative of ginger, Cardamom has a long history as a cooking spice and for being beneficial to the digestive and respiratory systems when taken internally.

- Helps ease indigestion and maintain overall gastrointestinal health when ingested
- Promotes clear breathing and maintains respiratory health when used internally
- Flavorful spice for cooking and baking

49350001
5 mL bottle | 28 PV
$37.33 retail
$28.00 wholesale

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**Black Spruce**

*Essential Oil*

*Picea mariana*

Black Spruce is a powerful wood essential oil. Distilled from the needle and branches of the Picea mariana tree. Black Spruce essential oil has a relaxing, calming aroma.

- Incorporate Black Spruce into a comforting massage experience to soothe the skin after strenuous exercise
- Promotes feelings of easy breathing

60206220
5 mL bottle | 20 PV
$26.67 retail
$20.00 wholesale

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### Cassia Essential Oil
*Cinnamomum cassia*

Closely related to cinnamon, Cassia has a wonderful fragrance and thousands of years of historical use.
- May promote healthy cardiovascular system function when consumed*
- Promotes healthy digestion when taken internally*
- May help support healthy immune system function when ingested*

- **ATLS**
- **60213537**
- 15 mL bottle | 21 PV
- $28.00 retail
- $21.00 wholesale

### Cedarwood Essential Oil
*Juniperus virginiana*

Cedarwood has a warm, woody, balsamic fragrance that creates a comforting and relaxing environment.
- During your facial routine, add one to two drops of Cedarwood to your facial toner or moisturizer for added clarifying properties
- Add to mulch or topsoil to repel insects
- Blends well with floral or citrus oils

- **ATLS**
- **49300001**
- 15 mL bottle | 13.5 PV
- $18.00 retail
- $13.50 wholesale

### Celery Seed Essential Oil
*Apium graveolens*

Sourced from the celery plant, Celery Seed essential oil has a warm, sweet aroma, and may improve digestion when used internally.*
- Supports a healthy digestive system when consumed*
- Add a few drops of Celery Seed to your favorite drink or shake for powerful cleansing benefits*
- Creates a soothing, relaxing environment

- **ATLS**
- **60209677**
- 15 mL bottle | 36 PV
- $48.00 retail
- $36.00 wholesale

### Cilantro Essential Oil
*Coriandrum sativum*

Distilled from the leaves of the coriander plant, Cilantro essential oil is commonly used for its fresh and tasty flavor.
- Used in soaps for cleansing purposes
- Place one to two drops in a dōTERRA Veggie Cap for internal support*
- For a fresh, herbal aroma, diffuse three to four drops of Cilantro with the citrus essential oil of your choice

- **ATLN**
- **41850001**
- 15 mL bottle | 26 PV
- $34.67 retail
- $26.00 wholesale

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Citronella
*Cymbopogon winterianus*

Citronella is a tall grass grown in Asia with a crisp, fresh aroma. Often used as a natural insect repellent, Citronella is an ideal companion during outdoor activities.

- Diffuse or apply topically with a carrier oil to ward off bugs as an insect repellent
- Combine with citrus oils or doTERRA On Guard® to boost your surface cleaning routine

60209676
15 mL bottle | 20 PV
$26.67 retail
$20.00 wholesale

Clary Sage
*Salvia sclarea*

Clary Sage is known for its soothing and calming properties.

- Apply to abdomen for a soothing massage
- Combine with Roman Chamomile and add to bath water for an enjoyable bath
- Promotes healthy-looking hair and scalp

30420001
15 mL bottle | 39 PV
$52.00 retail
$39.00 wholesale

Application Methods
- **A** Can be used aromatically
- **T** Can be used topically
- **I** Can be used internally
- **H** Can be used for home care

Sensitive Skin
- **N** Can be used with no dilution (neat)
- **S** Dilute for young or sensitive skin (sensitive)
- **D** Dilute before using topically (dilute)
Clove
Essential Oil
*Eugenia caryophyllata*
Known as a popular cooking spice, Clove has many beneficial uses.
• Promotes healthy teeth and gums
• Internal use has powerful antioxidant benefits
• Soothing warm aroma

30040001
15 mL bottle | 18 PV
$24.00 retail
$18.00 wholesale

Copaiba
Essential Oil
*Copaifera reticulata, officinalis, coriacea, and langsдорffi*
Copaiba, when taken internally, supports a healthy digestive and cardiovascular system.*
• Provides antioxidant support when ingested
• Helps soothe and support the nervous system when consumed
• Promotes clear, smooth skin and reduces the appearance of blemishes

60202178
15 mL bottle | 37 PV
$49.33 retail
$37.00 wholesale
60219176
10 mL Touch | 24 PV
$32.00 retail
$24.00 wholesale

Coriander
Essential Oil
*Coriandrum sativum*
Popular across many cultures for various uses, Coriander essential oil provides a myriad of health benefits.
• Similar chemical composition to Lavender
• Add to oily skin to maintain a clear complexion
• After a short workout, apply Coriander to legs for a soothing massage

30780001
15 mL bottle | 25 PV
$33.33 retail
$25.00 wholesale

Cypress
Essential Oil
*Cupressus sempereirens and lusitanica*
Distilled from the twigs and foliage of the cypress tree, Cypress essential oil is popular for its energizing aroma and use in spas.
• Prior to a long run, apply Cypress to your feet and legs for an energizing boost
• Add one to two drops to your toner to help improve the appearance of oily skin
• Diffuse with citrus oils for an uplifting aroma

60206972
15 mL bottle | 175 PV
$23.33 retail
$17.50 wholesale

Douglas Fir
Essential Oil
*Pseudotsuga menziesii*
dōTERRA Douglas Fir is sustainably sourced from young, pre-coning trees, giving it a chemical composition that’s particularly rich in β-pinene and esters.
• Add to facial cleanser, bar soap, or body wash for added cleansing benefits and an invigorating aroma
• Creates positive and inspiring surroundings
• Refreshing, airy aroma

31590001
5 mL bottle | 215 PV
$28.67 retail
$21.50 wholesale

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**Frankincense**

* Essential Oil
* *Boswellia carterii, sacra, papyrifera,* and *frereana*

Perhaps the most precious of the ancient oils, Frankincense is highly versatile in uses and benefits.

- Add to moisturizer to help reduce the appearance of skin imperfections and rejuvenate skin
- Place one to two drops in a dōTERRA Veggie Cap
- Apply to the bottoms of feet and enjoy the relaxing aroma

30070001
15 mL bottle | 70 PV
$100.00 retail
$75.00 wholesale

60200224
10 mL Touch | 48 PV
$64.00 retail
$48.00 wholesale

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**Eucalyptus**

* Essential Oil
* *Eucalyptus radiata*

Derived from eucalyptus leaves, Eucalyptus essential oil has many beneficial compounds.

- Add one drop to moisturizer and apply to skin for revitalizing benefits
- Promotes feelings of clear breathing

30060001
15 mL bottle | 19 PV
$25.33 retail
$19.00 wholesale

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**Fennel (Sweet)**

* Essential Oil
* *Foeniculum vulgare*

Used for centuries, Fennel provides many health benefits and has a distinct licorice aroma.

- Take internally to promote healthy digestive system*
- May help promote healthy circulation when taken internally*
- Provides an invigorating and calming aromatic atmosphere

41290001
15 mL bottle | 16.5 PV
$22.00 retail
$16.50 wholesale

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Grapefruit
Essential Oil
*Citrus x paradisi*
Creates an uplifting environment. Grapefruit is renowned for its cleansing effects.
- Soothing to the skin
- Add one to two drops to your water to support a healthy metabolism*

**HVS**
30100001
15 mL bottle | 19 PV
$25.33 retail
$19.00 wholesale

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Geranium
Essential Oil
*Pelargonium graveolens*
Known for its floral aroma, Geranium is also a common ingredient in skin care products.
- Add to your favorite facial moisturizer to soothe and beautify skin
- Apply diluted to skin with a carrier oil
- Add a few drops to your shampoo or conditioner for a healthy, vibrant glow

**HVS**
30090001
15 mL bottle | 43 PV
$57.33 retail
$43.00 wholesale

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Green Mandarin
Essential Oil
*Citrus nobilis*
Pressed from the unripe fruit of the mandarin tree, Green Mandarin essential oil is known for supporting healthy digestive and immune systems when taken internally.*
- May support a healthy inflammatory response when ingested*
- Diffuse anytime for a soothing and uplifting aroma
- Add a few drops to your water bottle to help promote healthy immune function*

**HVS**
60205794
15 mL bottle | 29 PV
$38.67 retail
$29.00 wholesale

---

Ginger
Essential Oil
*Zingiber officinale*
Ginger is most noted for its sweet flavoring and positive effect on the digestive system when consumed.*
- May help support healthy digestion when taken internally*
- May help reduce occasional indigestion when ingested*
- Stimulating aroma ranging from fruity to earthy

**HVS**
60215119
15 mL bottle | 48 PV
$64.00 retail
$48.00 wholesale

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Helichrysum

Essential Oil

*Helichrysum italicum*

Distilled from the flower cluster of an evergreen herb, Helichrysum is one of the most precious and sought-after essential oils.

- Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion
- Massage into the temples and back of neck for a soothing sensation
- Uplifting aroma

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Lavender

Essential Oil

*Lavandula angustifolia*

Lavender has been cherished for its unmistakable aroma and health properties for thousands of years.

- Take internally to soothe and relax the mind*
- Soothes occasional skin irritations
- Take internally for a peaceful sleep*

<table>
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<tr>
<th>Product Code</th>
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<th>Retail Price</th>
<th>Wholesale Price</th>
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<td>10 mL</td>
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<td>$22.67</td>
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Juniper Berry

Essential Oil

*Juniperus communis*

The woody, spicy, yet fresh aroma of Juniper Berry reveals its rich history of traditional use and health benefits.

- Traditionally used to support healthy kidney and urinary tract function when taken internally*
- Maybe benefit and soothe skin
- Add one to two drops to water or citrus drink
- May have antioxidant properties*

<table>
<thead>
<tr>
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<th>Retail Price</th>
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Lemon

Essential Oil

*Citrus limon*

This top-selling oil has multiple uses and benefits and is cold pressed from lemon rinds to preserve its delicate nature and potent properties.

- Refreshes the air and cleanses surfaces
- Internal use naturally aids in digestion*
- Uplifting, positive aroma

<table>
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<tr>
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*I knew almost immediately after uncapping the lid that Juniper Berry would become one of my favorite essential oils. When I am under temporary stress, it is my go-to oil to diffuse. The crisp smell of nature compacted into a small glass bottle doesn’t get any better!*

Caitlyn C., Chester, Virginia

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Lemon Eucalyptus
Essential Oil
Eucalyptus citriodora
Lemon Eucalyptus essential oil is derived from a lemon-scented blue gum eucalyptus plant, a tall tree with smooth bark native to northern Australia.
• Has a fresh, lemony aroma
• Add to a spray bottle to cleanse surfaces and refresh any room
• Diffuse for an uplifting aroma
• Add one to two drops to a skin-cleansing routine
60209674
15 mL bottle | 14 PV
$18.67 retail
$14.00 wholesale

Lemongrass
Essential Oil
Cymbopogon flexuosus
Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many health-promoting benefits.
• Use to flavor entrees and meat dishes
• Combine with a carrier oil for a soothing massage
• Promotes a healthy digestive system when ingested*
30130001
15 mL bottle | 12 PV
$16.00 retail
$12.00 wholesale

Lime
Essential Oil
Citrus aurantifolia
The sharp, citrus smell of Lime makes it a must-have in any essential oils collection.
• Supports healthy immune function when ingested*
• Refreshing aroma
• The aroma encourages a balanced and energizing atmosphere
30870001
15 mL bottle | 14 PV
$18.67 retail
$14.00 wholesale

Marjoram
Essential Oil
Origanum majorana
Also known as “wintersweet” or “joy of the mountains,” Marjoram has both culinary uses and healthful benefits.
• Adds to a soothing, calming massage
• May promote healthy cardiovascular system function when ingested*
• Apply to muscles before and after exercise
30140001
15 mL bottle | 22 PV
$29.33 retail
$22.00 wholesale

Madagascar Vanilla
Absolute
Vanilla planifolia
Familiar and nostalgic. Evocative and romantic. Vanilla is one of the most popular aromas in the world, and one of the most expensive to produce. Madagascar Vanilla blended with Fractionated Coconut Oil is rich, warm, and sweet to create a comforting and relaxing atmosphere.
• Madagascar Vanilla Absolute in a base of Fractionated Coconut Oil
• Uniquely extracted using a clean CO2 extraction method
• Combine with Wild Orange, Neroli and Sandalwood for an enchanting personal fragrance or diffuser blend
60218012
5 mL | 35 PV
$46.67 retail
$35.00 wholesale

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Melissa
Essential Oil
*Melissa officinalis*
Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a wide range of beneficial properties.
- Preclinical studies show it may support a healthy inflammatory response*
- Encourages a relaxing atmosphere

30850001
5 mL bottle | 85 PV
$126.67 retail
$95.00 wholesale

Myrrh
Essential Oil
*Commiphora myrrha*
Used historically in many ways—from meditation to embalming—Myrrh is still frequently recommended today.
- Beneficial for oral hygiene
- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Creates an inspiring atmosphere

30160001
15 mL bottle | 55 PV
$89.33 retail
$67.00 wholesale

Oregano
Essential Oil
*Origanum vulgare*
Derived from the leaves of the oregano plant, Oregano essential oil has many traditional and modern uses.
- Supports healthy digestion when ingested*
- Offers an earthy, spicy aroma
- Used as a powerful cleansing and purifying agent

30180001
15 mL bottle | 25 PV
$33.33 retail
$25.00 wholesale

Patchouli
Essential Oil
*Pogostemon cablin*
Patchouli is easily recognizable for its rich, musky-sweet fragrance.
- Contributes to a grounding, balancing atmosphere
- Promotes a smooth, glowing complexion when applied topically
- Add to your daily moisturizer to help reduce the appearance of blemishes, wrinkles, or problem skin areas

30890001
15 mL bottle | 30 PV
$40.00 retail
$30.00 wholesale

Peppermint
Essential Oil
*Mentha piperita*
A top-selling favorite, Peppermint provides myriad health benefits.
- Promotes digestive health when taken internally*
- Helps alleviate occasional stomach upset when consumed*
- Promotes healthy respiratory function and clear breathing when ingested*
- Repels bugs naturally

30190001
15 mL bottle | 24 PV
$37.00 retail
$24.00 wholesale

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Pink Pepper

Essential Oil

Schinus molle

A sacred tree to the Incans, Pink Pepper essential oil is distilled from the fruit of the pink peppercorn tree, which was used by indigenous people as an herbal solution to health needs.

- Massage into the skin to help calm and soothe after strenuous exercise
- Take internally to support a healthy immune response*

60207016
5 mL bottle | 22 PV
$29.33 retail
$22.00 wholesale

Petitgrain

Essential Oil

Citrus aurantium

Petitgrain has a fresh, slightly herbaceous aroma and a variety of uses.

- May be cleansing
- Provides a calming, relaxing aroma

49520001
15 mL bottle | 25 PV
$33.33 retail
$25.00 wholesale

Peppermint Beadlets

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet.

- Promotes oral and respiratory health when consumed*
- Alleviates occasional stomach upset when ingested*
- Provides all the benefits of Peppermint essential oil when taken internally*
- Carrageenan free

60208147
125 beadlets | 14 PV
$18.67 retail
$14.00 wholesale

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24 dōTERRA Essential Wellness
Roman Chamomile
Essential Oil
*Anthemis nobilis*

The most versatile of the chamomiles, Roman Chamomile is extracted from the daisy-like flower of the Roman chamomile plant.
- Soothing to the skin when applied topically
- Diffuse or apply to bottoms of feet at bedtime for a comforting aroma

30800001
5 mL bottle | 48 PV
$64.00 retail
$48.00 wholesale

Rose
Essential Oil
*Rosa damascena*

Known as the “Queen of Oils,” Rose essential oil is highly sought after for its aroma and powerful topical benefits.
- Add to your favorite dōTERRA moisturizer to promote an even skin tone and healthy-looking complexion
- Diffuse Rose to promote an atmosphere of energy and vitality

31000001
5 mL bottle | 200 PV
$366.67 retail
$275.00 wholesale

60201813
10 mL Touch | 65 PV
$93.33 retail
$70.00 wholesale

“Sandalwood is earthy and calming. I use it when I need grounding by applying a few drops on the soles of my feet or adding it in my work diffuser. Amazing results”
Jacqueline L., Victoria, Australia

Sandalwood
Essential Oil
*Santalum album*

With documented history of use over several thousand years, Sandalwood has a wide variety of applications.
- Promotes healthy-looking, smooth skin
- Reduces the appearance of skin imperfections
- Creates a positive environment
- Frequently used in meditation for its grounding aroma

30200001
5 mL bottle | 60 PV
$106.67 retail
$80.00 wholesale

Rosemary
Essential Oil
*Rosmarinus officinalis*

Considered sacred by the ancient Greek, Roman, Egyptian, and Hebrew cultures, Rosemary has a myriad of uses.
- Provides an energizing aroma
- May help support healthy digestion when consumed*
- When taken internally, may support the nervous system*
- Diffuse Rosemary to promote mental alertness and clarity

30200001
15 mL bottle | 18 PV
$24.00 retail
$18.00 wholesale

Sandalwood, Hawaiian
Essential Oil
*Santalum paniculatum*

From a renewable source in Hawaii, dōTERRA® Hawaiian Sandalwood delivers a variety of benefits.
- Helps improve the appearance of skin and hair
- Creates an uplifting, positive environment

41860001
5 mL bottle | 60 PV
$93.33 retail
$70.00 wholesale

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Spikenard
Essential Oil
* Nardostachys jatamansi
Spikenard essential oil has a woody, spicy aroma to create a relaxing atmosphere.
• Known to create a grounding environment
• Tranquil aroma
• Add one or two drops to your favorite cleanser to promote healthy, glowing skin
60203125
15 mL bottle | 50 PV
$69.33 retail
$52.00 wholesale

Siberian Fir
Essential Oil
* Abies sibirica
With a fresh, wood scent, Siberian Fir is known for its calming and relaxing aroma.
• Provides a soothing effect when used in massage
• Apply topically to help soothe minor skin irritations
5 mL bottle | 20 PV
$26.67 retail
$20.00 wholesale

Spearmint
Essential Oil
* Mentha spicata
Spearmint is widely used for its digestive benefits and as a flavoring for a variety of dishes and drinks.
• Promotes digestion and helps reduce occasional stomach upset when used internally
• Incorporate into effective work and study habits
• Add a drop or two to any dessert, drink, salad, or entrée for flavoring
31610001
15 mL bottle | 30 PV
$40.00 retail
$30.00 wholesale

Tangerine
Essential Oil
* Citrus reticulata
Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting. Tangerine is known for its cleansing properties and for supporting a healthy immune system when consumed
• Internal use supports healthy normal gastrointestinal function and metabolism
• Cleansing and purifying
• Creates an inspiring environment
49440001
15 mL bottle | 15 PV
$20.00 retail
$15.00 wholesale

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Vetiver
Through the doTERRA Cō-impact Sourcing® Initiative, our source of Vetiver essential oil comes from dedicated farmers in Haiti. Although it is a highly sought oil, harvesting vetiver does not provide growers with a steady stream of income throughout the year. The Cō-Impact Sourcing Initiative in Haiti aims to solve this problem by establishing fair, consistent pay for CPTG® Vetiver essential oil.

Spikenard
Essential Oil
* Nardostachys jatamansi
Spikenard essential oil has a woody, spicy aroma to create a relaxing atmosphere.
• Known to create a grounding environment
• Tranquil aroma
• Add one or two drops to your favorite cleanser to promote healthy, glowing skin
49510001
5 mL bottle | 50 PV
$69.33 retail
$52.00 wholesale

Product Highlight

Tangerine
Essential Oil
* Citrus reticulata
Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting. Tangerine is known for its cleansing properties and for supporting a healthy immune system when consumed
• Internal use supports healthy normal gastrointestinal function and metabolism
• Cleansing and purifying
• Creates an inspiring environment
49440001
15 mL bottle | 15 PV
$20.00 retail
$15.00 wholesale

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Tea Tree
Essential Oil
*Melaleuca alternifolia*

- Tea Tree oil is composed of 90 different compounds and has limitless applications.
  - Renowned for its purifying and cleansing properties
  - Soothing to irritated skin
  - Diffuse throughout the home to help freshen the air

| 60208340 | 15 mL bottle | 23 PV | $30.67 retail | $23.00 wholesale |
| 60208343 | 10 mL Touch | 14.5 PV | $19.33 retail | $14.50 wholesale |

Thyme
Essential Oil
*Thymus vulgaris*

- Thyme, familiar to most as a common seasoning, produces a potent essential oil.
  - Supports a healthy inflammatory response when used internally*
  - Provides cleansing and purifying effects for the skin

| 30220001 | 15 mL bottle | 31.5 PV | $42.00 retail | $31.50 wholesale |

Tulsi (Holy Basil)
Essential Oil
*Ocimum sanctum*

- Traditionally used around the world as part of rituals and protection in many cultures.
  - Unlike its cousin sweet basil, Tulsi has a rich, spicy aroma, reminiscent of freshly cut basil
  - Blend Tulsi with calming Bergamot and Clary Sage to add to a soothing atmosphere
  - Add a few drops to your daily skin care routine to help support the appearance of healthy skin

| 60213450 | 5 mL | 26 PV | $34.67 retail | $26.00 wholesale |

Turmeric
Essential Oil
*Curcuma longa*

- Commonly known for its Ayurvedic health uses, Turmeric is a staple for your daily health routine
  - May support healthy nervous and cellular function when ingested*
  - May promote a healthy inflammatory response when consumed*
  - As a part of your daily routine, take internally for antioxidant support*

| 60206973 | 15 mL bottle | 30 PV | $49.33 retail | $37.00 wholesale |

Vetiver
Essential Oil
*Vetiveria zizanioides*

- Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.
  - Calming, grounding aroma
  - Use as part of a soothing, aromatic massage
  - Use as an earthy base note in your favorite diffuser blend

| 30430001 | 10 mL Touch | 37 PV | $49.33 retail | $37.00 wholesale |

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Wild Orange

Essential Oil
Citrus sinensis
Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.
• Powerful cleanser and purifying agent
• Place one drop Wild Orange, Peppermint, and Frankincense in your hand. Rub hands together and inhale deeply for an energizing aroma

30170001
15 mL bottle | 11 PV
$14.67 retail
$11.00 wholesale

Whole Orange

Essential Oil
Citrus sinensis
Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.
• Powerful cleanser and purifying agent
• Place one drop Wild Orange, Peppermint, and Frankincense in your hand. Rub hands together and inhale deeply for an energizing aroma

30170001
15 mL bottle | 11 PV
$14.67 retail
$11.00 wholesale

Wintergreen

Essential Oil
Gaultheria fragrantissima
Most consumers recognize the aroma and flavor of Wintergreen. As a flavoring, small amounts of Wintergreen are used in candy and chewing gum.
• Commonly used in oral hygiene products
• Massage into hands, back, and legs for a soothing and warming sensation after exercise
• Diffuse for a sweet, uplifting aroma

31620001
15 mL bottle | 25 PV
$33.33 retail
$25.00 wholesale

Yarrow|Pom

Active Botanical Nutritive Duo
Yarrow|Pom Active Botanical Nutritive Duo. may promote cellular, immune, and nervous system health when taken internally while revitalizing the skin for a youthful-looking radiance.
• Provides antioxidant support when taken internally
• Supports healthy metabolic function when consumed

60207652
30 mL bottle with dropper | 98 PV
$130.67 retail
$98.00 wholesale

Ylang Ylang

Essential Oil
Cananga odorata
Ylang Ylang, while famed for its exquisite fragrance, has myriad benefits
• Adds an aromatic experience to a soothing, calming massage
• Promotes healthy-looking skin and hair

30240001
15 mL bottle | 40 PV
$53.33 retail
$40.00 wholesale

Fractionated Coconut Oil

Combine dōTERRA® Fractionated Coconut Oil with your favorite dōTERRA essential oils for your own readily absorbable blend.
• Feather-light emollient provides a soothing barrier without clogging pores
• Ideal for combining with essential oils before applying topically
• Completely soluble with all essential oils, odorless, colorless, and non-staining

31640001
3.8 fl oz/115 mL | 10 PV
$16.00 retail
$12.00 wholesale

60210770
1 fl oz/30 mL | 0 PV
$5.67 retail
$4.25 wholesale

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By supporting small-scale producers in developing countries, Cō-Impact Sourcing provides a solid foundation that these growers can build a future on.

Ylang Ylang is harvested on the island of Nosy Be off the northwest coast of Madagascar.
dōTERRA Touch® Florals

Nature's most coveted floral essential oils with powerful benefits have never been more simple and convenient to use. Create your own unique personal fragrance, encourage a positive atmosphere, or promote healthy-looking skin through a single application or combination of these precious florals with ease.

**Helichrysum**
Touch Blend
- Helichrysum italicum, best known for its topically restorative properties, has been used in herbal practices since ancient Greece. Helichrysum Touch promotes a glowing, youthful complexion and can help reduce the signs of aging.

60207012
10 mL roll-on | 51 PV
$74.67 retail
$56.00 wholesale

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**Jasmine**
Touch Blend
- dōTERRA Jasmine Touch helps reduce the appearance of skin imperfections and creates an uplifting atmosphere.

60201812
10 mL roll-on | 42 PV
$56.00 retail
$42.00 wholesale

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**Lavender**
Touch Blend
- Lavender is widely known for its calming and relaxing aroma and ability to soothe occasional skin irritations.

60200225
10 mL roll-on | 17 PV
$22.67 retail
$17.00 wholesale

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**Magnolia**
Touch Blend
- Used in Chinese traditional practices for hundreds of years, Magnolia is known for its fresh and compellingly sweet aroma.

60205420
10 mL roll-on | 28 PV
$37.33 retail
$28.00 wholesale

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**Neroli**
Touch Blend
- Soothing to the skin, dōTERRA Neroli Touch is specifically formulated with Fractionated Coconut Oil to create an uplifting atmosphere.

60201817
10 mL roll-on | 52 PV
$69.33 retail
$52.00 wholesale
Rose Touch
Touch Blend

• Using the powerful benefits of Rose essential oil in a convenient roll-on, dōTERRA Rose Touch can be applied throughout the day to promote an uplifting environment and as a part of your skin care routine to promote a healthy-looking complexion.

60201813
10 mL roll-on | 65 PV
$93.33 retail
70.00 wholesale
## Single Essential Oils
### Quick Reference

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<thead>
<tr>
<th>Application</th>
<th>Skin Sensitivity</th>
<th>SKU</th>
<th>U.S. Retail</th>
<th>Wholesale</th>
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### Single Essential Oils

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### Single Touch Florals

**Quick Reference**

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Proprietary Essential Oil Blends

dōTERRA® essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Tested Grade® essential oils.

abōde™
Refreshing Blend
The signature aromatic blend of the dōTERRA abōde home product line contains powerful essential oils with a pleasant aroma that leaves your home smelling fresh and feeling refreshed naturally, without harsh chemicals or synthetic fragrance.

60217576
15 mL | 24.5 PV
$32.67 retail
$24.50 wholesale

Adaptiv®
Calming Blend
When feelings of fatigue, restlessness, indecisiveness, or irritability appear, Adaptiv Calming Blend is part of the toolbox that will help create a balanced atmosphere.

• Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum
• Calming, relaxing aroma
• Promotes a tranquil, soothing environment

60209364
15 mL | 40 PV
$53.33 retail
$40.00 wholesale

60209357
10 mL Touch | 22 PV
$29.33 retail
$22.00 wholesale

Air-X®
Air Blend
With an intense citrusy, woody, and faintly herbal aroma, Air-X helps freshen the air when diffused. The Air blend has a calming, energizing aroma.

• Diffuse Air-X at home, in the workplace, or in your car daily as a way to freshen your surroundings
• Air-X contains Litsea and Tangerine essential oils, known for their cleansing and purifying properties
• A blend of natural essential oils, Air-X includes Litsea, Tangerine, Grapefruit, Frankincense, and Cardamom

60215527
15 mL bottle | 31 PV
$41.33 retail
$31.00 wholesale
**dōTERRA Align**  
**Centering Blend**  
Invite confident peace into your daily practice by embracing the Centering Blend.  
- Apply over heart, wrists, and back of neck and set intentions about self-acceptance and fluidity  
- Enjoy the aroma of dōTERRA Align with thoughts of centering and focus  
- Ideal yoga poses with dōTERRA Align's aroma are Warrior II, Triangle, and Gate pose  
- Can be used during yoga practice or any time during your day  

![ATN](60203246)  
5 mL bottle | 19 PV  
$25.33 retail  
$19.00 wholesale

**dōTERRA Anchor**  
**Steadying Blend**  
Accompany thoughts of calming strength and firm trust in oneself with the Steadying Blend.  
- Complements an effective yoga practice  
- Promotes an atmosphere full of calmness and courage  
- The perfect yoga poses to pair with dōTERRA Anchor’s aroma are Seated Meditation, Seated Twist, and Bhu Mudra (one hand on the heart, the other on the Earth)  
- Can be used during yoga practice or any time during your day  

![ATN](60203245)  
5 mL bottle | 20 PV  
$26.67 retail  
$20.00 wholesale

**dōTERRA Arise**  
**Enlightening Blend**  
Enjoy inspiration and courageously rise to your goals with the Enlightening Blend.  
- Use to set intentions of happiness, clarity, and courage  
- Enjoy the aromatic benefits of dōTERRA Arise when you are challenging yourself to achieve the next level  
- Use dōTERRA Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon  
- Can be used during yoga practice or any time during your day  

![ATN](60203247)  
5 mL bottle | 20 PV  
$26.67 retail  
$20.00 wholesale

**AromaTouch®**  
**Massage Blend**  
This proprietary massage blend combines the benefits of oils well known for their soothing and relaxing aromas.  
- Features Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender  
- Adds an aromatic experience to a soothing massage  
- Add to Epsom salts and enjoy soaking in a hot bath  

![ATN](31200001)  
15 mL bottle | 30 PV  
$40.00 retail  
$30.00 wholesale

**dōTERRA Balance®**  
**Grounding Blend**  
dōTERRA Balance Grounding Blend has a warm, woody aroma that creates an atmosphere of calmness and well-being.  
- Features Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, and Osmanthus in a base of Fractionated Coconut Oil  
- Adds to a relaxing massage  
- Creates a calming atmosphere  

![ATN](31010001)  
15 mL bottle | 21 PV  
$28.00 retail  
$21.00 wholesale

**dōTERRA Breathe®**  
**Respiratory Blend**  
dōTERRA Breathe Respiratory Blend is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.  
- Merges Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara  
- Maintains feelings of clear airways and easy breathing  
- Diffuse or inhale to enjoy its fresh, airy aroma  

![ATN](60200190)  
15 mL bottle | 25 PV  
$33.33 retail  
$25.00 wholesale

![ATN](60200192)  
10 mL Touch | 16 PV  
$21.33 retail  
$16.00 wholesale

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**doterra.com**
Cō-Impact Sourcing supports both local farmers and the environment by seeking ways to minimize our impact through better farming practices.

Jasmine blossoms are harvested near Cairo, Egypt, during the pre-dawn hours when oils are most potent.
Deep Blue®
Soothing Blend
Deep Blue provides soothing and cooling effects on the skin.
- Features Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, and Osmanthus extract
- Rub Deep Blue on lower back muscles after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids’ legs before bedtime

60200143
5 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

ClaryCalm®
Monthly Blend For Women
ClaryCalm is a unique blend of essential oils developed especially for women.
- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex
- Cooling and soothing on the skin
- Apply to wrists to experience the calming aroma

49480001
10 mL roll-on | 31 PV
$41.33 retail
$31.00 wholesale

Citrus Bloom®
Springtime Blend
Beautifully crafted to welcome spring into your home. Citrus Bloom is the perfect essential oil fusion, combining the brightness of citrus peels layered with freshly cut florals.
- Provides a bright, spring-like aroma
- Promotes a positive atmosphere
- A combination of Wild Orange, Grapefruit, Lavender, Roman Chamomile, and Magnolia
- Provides a calming, floral scent to a work environment

60208812
15 mL | 24.50 PV
$32.67 retail
$24.50 wholesale

Citrus Bliss®
Invigorating Blend
The harmonious blend of Citrus Bliss combines the powerful benefits of popular citrus essential oils.
- Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine with a hint of vanilla
- Uplifting, sweet aroma
- Ideal for freshening the air

31020001
15 mL bottle | 19.5 PV
$26.00 retail
$19.50 wholesale

DigestZen®
Digestive Blend
The well-recognized essential oils in DigestZen are known for providing digestive benefits.
- Features a proprietary blend of Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, and Star Anise
- Promotes healthy digestion when consumed*
- Provides antioxidant protection against oxidative stress when taken internally*
- Supports a healthy response to cellular stressors and cellular regeneration when ingested*

60214361
15 mL bottle | 34 PV
$45.33 retail
$34.00 wholesale

60214815
10 mL Touch | 22 PV
$29.33 retail
$22.00 wholesale

DDR Prime®
Cellular Complex
DDR Prime is a proprietary blend of CPTG Certified Pure Tested Grade® essential oils that help protect the body against oxidative stress to cellular DNA.*
- Combines Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, and Lemongrass
- Provides antioxidant protection against oxidative stress when taken internally*
- Supports a healthy response to cellular stressors and cellular regeneration when ingested*

60207092
15 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

Citrus Bloom®
Springtime Blend
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- Promotes a positive atmosphere
- A combination of Wild Orange, Grapefruit, Lavender, Roman Chamomile, and Magnolia
- Provides a calming, floral scent to a work environment

60208812
15 mL | 24.50 PV
$32.67 retail
$24.50 wholesale

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60208812
15 mL | 24.50 PV
$32.67 retail
$24.50 wholesale

LiverWell®
Liver Support Blend
LiverWell is a proprietary blend of CPTG Certified Pure Tested Grade® essential oils that help support liver health.
- Features a proprietary blend of Fennel, Tangerine, Lemon, Golash, Black Pepper, and Coriander
- Provides antioxidant protection against oxidative stress when taken internally*
- Supports a healthy liver function when ingested*

60224121
15 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

LiverWell®
Liver Support Blend
LiverWell is a proprietary blend of CPTG Certified Pure Tested Grade® essential oils that help support liver health.
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$46.67 retail
$35.00 wholesale

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$46.67 retail
$35.00 wholesale

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15 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

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$35.00 wholesale

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$35.00 wholesale

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- Supports a healthy liver function when ingested*

60224121
15 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

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15 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

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- Provides antioxidant protection against oxidative stress when taken internally*
- Supports a healthy liver function when ingested*

60224121
15 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
**HD Clear®**

Topical Blend

Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean complexion with essential oils renowned for their skin-benefitting properties.

- Features a unique blend of black cumin seed oil as well as CPTG® essential oils of Ho Leaf, Tea Tree, Litsea, Eucalyptus, and Geranium
- Promotes a clear complexion
- Helps reduce breakouts

49400001
10 mL roll-on | 21 PV
$28.00 retail
$21.00 wholesale

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**Immortelle**

Anti-Aging Blend

This powerful blend of essential oils nourishes and supports skin to help sustain smoother, more radiant, and youthful-looking skin.

- Features the renewing power of rare essential oils—Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose
- Helps reduce the appearance of fine lines and wrinkles
- Helps reduce contributing factors to the appearance of aging skin

60202652
10 mL roll-on | 70 PV
$100.00 retail
$75.00 wholesale

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**InTune®**

Focus Blend

InTune is a proprietary blend of carefully selected essential oils, ideal for use while at school or work.

- Features Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, and Roman Chamomile
- Delightful scent for working or studying

41840001
10 mL roll-on | 36.5 PV
$48.67 retail
$36.50 wholesale

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**Northern Escape™**

Woodland Blend

Leave your hectic life behind. Take a breath of fresh, green, fragrant forest air.

- A blend of Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Canaga, and Clove
- Has a grounding, yet inspiring aroma
- Refreshes your home or office throughout the day
- Creates a tranquil, positive space

60215058
15 mL | 28 PV
$37.33 retail
$28.00 wholesale

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**dōTERRA On Guard®**

Protective Blend

dōTERRA On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary
- Formulated to support healthy immune function when taken internally*
- SUPPORTS healthy immune function
- Provides a convenient consumption method for dōTERRA On Guard® Protective Blend
- Freshens breath
- Carrageenan free

31100001
15 mL bottle | 36 PV
$68.00 retail
$56.00 wholesale

60200142
10 mL Touch | 23 PV
$30.67 retail
$23.00 wholesale

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**dōTERRA On Guard+™ Beadlets**

With its unique formula, dōTERRA On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.*

- Supports healthy immune function*
- Freshens breath
- Carrageenan free

31580001
125 beadlets | 16 PV
$21.33 retail
$16.00 wholesale

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
At doTERRA we are anxiously engaged in identifying ways we can positively contribute to creating sustainable jobs and addressing community needs.

doTERRA helps rural farmers in Kenya cultivate Geranium.
PastTense®
Tension Blend
PastTense is a distinctive blend of essential oils known to create a calming and soothing atmosphere.
- Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary
- Comforting and soothing aroma

60215812
15 mL bottle | 30 PV
$40.00 retail
$30.00 wholesale

Purify
Cleansing Blend
Purify is designed to eliminate odors naturally without harsh additives.
- Combines Lemon, Siberian Fir, Citronella, Lime, Tea Tree, and Cilantro
- Refreshing aroma eradicates unpleasant odors and clears the air

31060001
15 mL bottle | 22 PV
$29.33 retail
$22.00 wholesale

TerraShield®
Repellent Blend
Whatever the activity, you will want to have TerraShield on hand to keep those pesky mosquitoes away.
- A tested combination of Citronella, Lemongrass, Thyme, Cedarwood, Geranium, and Peppermint in a base of Sesame Seed oil
- Proven to naturally repel mosquitoes
- Delivers an invigorating aroma
- Provides skin-soothing benefits

60214386
15 mL bottle | 13 PV
$17.33 retail
$13.00 wholesale

60214387
30 mL spray bottle | 18 PV
$26.67 retail
$20.00 wholesale

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Whisper® Touch
Blend for Women
A unique personal fragrance, Whisper Touch combines with an individual’s chemistry to create a distinct scent that intrigues the senses of the wearer and those passing by
- A blend of Patchouli, Bergamot, Sandalwood, Vanilla Absolute, Rose Absolute, Jasmine Absolute, Cinnamon Bark, Vetiver, Labdanum, Cocoa Absolute, Ylang Ylang in a base of Fractionated Coconut Oil.
- Provides a calm and relaxing environment throughout the day.

60214274
10 mL Touch | 28 PV
$37.33 retail
$28.00 wholesale

Zendocrine®
Detoxification Blend
Zendocrine essential oil blend supports the body’s natural ability to rid itself of unwanted substances when used internally.*
- Features Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro.
- Purifying and detoxifying to the body’s systems when consumed*
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin when taken internally*

31460001
15 mL bottle | 26 PV
$34.67 retail
$26.00 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
## Essential Oil Blends Quick Reference

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## Essential Oil Blends

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### Northern Escape™ Woodland Blend
- Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga, Clove
- SKU: 60215058
- U.S. Retail: $37.33
- Whole-Sale: $28.00
- PV: 28

### dōTERRA On Guard® Protective Blend
- Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary
- SKU: 31100001
- U.S. Retail: $48.00
- Whole-Sale: $36.00
- PV: 36

### PastTense® Tension Blend
- Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary
- SKU: 60215812
- U.S. Retail: $40.00
- Whole-Sale: $30.00
- PV: 30

### Purify Cleansing Blend
- Lemon, Siberian Fir, Citronella, Lime, Tea Tree, Cilantro
- SKU: 31060001
- U.S. Retail: $29.33
- Whole-Sale: $22.00
- PV: 22

### dōTERRA Serenity® Restful Blend
- Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, Hawaiian Sandalwood
- SKU: 49530001
- U.S. Retail: $48.00
- Whole-Sale: $36.00
- PV: 36

### Slim & Sassy® Metabolic Blend
- Grapefruit, Lemon, Peppermint, Ginger, Cinnamon
- SKU: 31370001
- U.S. Retail: $34.67
- Whole-Sale: $26.00
- PV: 26

### TerraShield® Repellent Blend
- Sesame Seed, Citronella, Lemongrass, Thyme, Cedarwood, Geranium, Peppermint
- SKU: 60214386
- U.S. Retail: $17.33
- Whole-Sale: $13.00
- PV: 13

### Whisper® Touch Blend for Women
- Fractionated Coconut Oil, Patchouli, Bergamot, Sandalwood, Vanilla Absolute, Rose Absolute, Jasmine Absolute, Cinnamon Bark, Vetiver, Labdanum, Cocoa Absolute, Ylang Ylang
- SKU: 60214274
- U.S. Retail: $37.33
- Whole-Sale: $28.00
- PV: 28

### Zendocrine® Detoxification Blend
- Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro
- SKU: 31400001
- U.S. Retail: $34.67
- Whole-Sale: $26.00
- PV: 26

**Petitgrain oil is extracted via steam distillation on site in Paraguay.**
dōTERRA Emotional Aromatherapy® Oil Blends

Quick Reference

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Family Essentials Kit

This collection of 10 nurturing essential oils and blends provides what you need to care for your family’s everyday needs with simple and safe methods featuring essential oils.

The Family Essentials Kit includes:

- Ten 5 mL bottles of essential oils and blends: Lavender, Lemon, Peppermint, Tea Tree, Oregano, Frankincense, Deep Blue® dōTERRA Breathe® DigestZen® and dōTERRA On Guard®
- Lists of suggested uses for each oil

60202951
Ten 5 mL bottles | 115 PV
$166.67 retail
$125.00 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Frankincense
Essential Oil
Soothing Support
• Apply to neck and forehead with Lavender and Peppermint when taking time to relax
• Take internally in capsules
• Use with Fractionated Coconut Oil or favorite face moisturizer for the appearance of beautiful, radiant skin

Lavender
Essential Oil
All Things Calming
• Helps soothe and relax the mind when used internally*
• Massage on back or bottom of feet and apply a drop to pillow at bedtime
• Apply topically to soothe skin

Lemon
Essential Oil
Clean and Freshen
• Diffuse in a room to neutralize odors
• Use to clean kitchen counters and stainless steel appliances
• Take internally with water to aid in digestion* 

Peppermint
Essential Oil
Cool and Invigorate
• Use with Lemon in water for a healthy, refreshing mouth rinse
• Inhale deeply to invigorate lungs and create an environment of alertness
• Add to water in a spray bottle and mist body when overheated

Tea Tree
Essential Oil
Beneficial for the Skin
• Apply to skin as part of a daily cleansing program
• Use with shampoo or conditioner for healthy-looking scalp and hair
• Apply to feet and toenails after showering, swimming, or working out

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Oregano
Essential Oil
Natural Immune Support
• Take one to two drops in an empty dōTERRA Veggie Cap for periodic support
• Use internally as part of a monthly cleansing regimen for GI health*

Deep Blue®
Soothing Blend
Soothing and Cooling Support
• Rub on lower back muscles after a day of heavy lifting at work or during a move
• Use with a carrier oil for a cooling, comforting massage

dōTERRA Breathe®
Respiratory Blend
Cleansing and Invigorating
• Apply topically to chest to promote feelings of clear airways and easy breathing
• Diffuse or add to humidifier at bedtime for a restful atmosphere
• Apply to chest or bottom of feet during seasonal changes

DigestZen®
Digestive Blend
Digestive Support
• Ingest to soothe occasional stomach discomfort*
• Take internally at meal times to support healthy, comfortable digestion*
• Add to water or tea to maintain a healthy gastrointestinal tract*

dōTERRA On Guard®
Protective Blend
Natural Defense
• Dilute and gargle morning and night as a cleansing mouth rinse
• Take several drops in an empty dōTERRA Veggie Cap for added immune support*
• Dilute in spray bottle to clean doorknobs, telephones, and other community surfaces
• Diffuse in your home or office during fall and winter months

Clove

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
dōTERRA AromaTouch Technique®

The dōTERRA® AromaTouch Technique is a simple, step-by-step method of applying CPTG® essential oils topically to produce a profound overall wellness experience.

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and benefits.

### AromaTouch Technique® Training Kit

dōTERRA Balance® Grounding Blend, Lavender, Tea Tree, dōTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint

Fractionated Coconut Oil (3.8 fl oz/115 mL) and pump

Access to online training course and exclusive eBook

60221903
Eight 15 mL bottles and one 115 mL bottle | 242.5 PV
$328.67 retail
$246.50 wholesale

### AromaTouch Technique® Refill Kit

dōTERRA Balance® Grounding Blend, Lavender, Tea Tree, dōTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint

Excludes Fractionated Coconut Oil and pump

60221902
Eight 15 mL bottles | 226 PV
$304.00 retail
$228.00 wholesale
"I love doing the AromaTouch Technique on moms and dads so they can learn how to do the same for their families. It is a win-win situation."

Peggy S., Utah, USA
dōTERRA Emotional Aromatherapy® System

The dōTERRA Emotional Aromatherapy System contains six unique essential oil blends that have been carefully formulated for use with a variety of situations. Each delicate blend contains pure essential oils that can be used aromatically or topically throughout your wellness journey. These naturally complex, fragrant blends can accompany you as you let go of burdens, find comfort and encouragement, or dream with passion again.

dōTERRA Emotional Aromatherapy® System

The kit includes six essential oil blends: dōTERRA Motivate®, dōTERRA Cheer®, dōTERRA Peace®, dōTERRA Forgive®, dōTERRA Console®, dōTERRA Passion®.

60282944
Six 5 mL bottles | 155 PV
$220.00 retail
$165.00 wholesale
dōTERRA Motivate®
Encouraging Blend
We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic. The aroma of dōTERRA Motivate complements affirmations of confidence and courage.
- Combines Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Apply to shirt collar before giving a speech
- Apply to pulse points before participating in sporting events or other competitions

31740001
5 mL bottle | 23 PV
$30.67 retail
$23.00 wholesale

dōTERRA Cheer®
Uplifting Blend
dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a sunshiny aroma to brighten your day.
- Features Wild Orange, Clove, Star Anise, Lemon Myrtle, Zdravetz, Nutmeg, Vanilla, Ginger, and Cinnamon Bark
- Rub dōTERRA Cheer over your heart and reflect on cheerful intentions
- Keep your chin up and rub dōTERRA Cheer into the back of your neck

31720001
5 mL bottle | 25 PV
$33.33 retail
$25.00 wholesale

dōTERRA Peace®
Reassuring Blend
dōTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder that having more stuff and doing more things won’t necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you.
- Combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
- Apply one drop to hands, rub together, and inhale deeply during moments of pause
- Diffuse or inhale before taking a test or presenting to a large group

31710001
5 mL bottle | 32 PV
$42.67 retail
$32.00 wholesale

dōTERRA Forgive®
Renewing Blend
The fresh, woody aroma of dōTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience.
- Features Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, and Citronella
- Diffuse when meditating as you work to release feelings of anger and guilt
- Inspires a grounded atmosphere

31750001
5 mL bottle | 22 PV
$29.33 retail
$22.00 wholesale
dōTERRA Console®
Comforting Blend
The dōTERRA Console Comforting Blend of floral and tree essential oils will help provide a comforting aroma as you close the door on sadness and take your first steps on a hopeful path toward emotional healing.
- Combines Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose, and Osmanthus
- Diffuse during times of loss to comfort the soul
- Apply over the heart as a reminder to be patient with healing and to think positive thoughts

31730001
5 mL bottle | 39 PV
$52.00 retail
$39.00 wholesale

31760001
5 mL bottle | 42 PV
$56.00 retail
$42.00 wholesale

dōTERRA Passion®
Inspiring Blend
The dōTERRA Passion blend combines spice and herbal essential oils such as Cinnamon Bark, Ginger, Cardamom, Clove, and Damiana. This mixture of oils creates a chemical profile with a high concentration of phenols and ethers, which contribute a warming and renewing aroma to the dōTERRA Passion blend.
- Merges Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Wake up with purpose and vigor, and add dōTERRA Passion blend to the diffuser of your choice

Cardamom

Emotional AromaTherapy
dōTERRA Yoga Collection

The Yoga collection consists of dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise, which are the perfect blends to enhance your life and yoga practice. These blends provide aromas to use as you steady, center, and enlighten your spirit through every breath. Combining the best of yoga and aromatherapy, the dōTERRA Yoga Collection is the perfect addition to your practice or daily life.

dōTERRA Yoga Collection

An exclusive trio of CPTG® essential oil blends designed by dōTERRA for the yogi in you. dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise are the perfect blends to enhance your life and yoga practice. These blends provide aromas to use as you steady, center, and enlighten your spirit through every breath while strengthening and stretching your body.

60203244
Three 5 mL bottles | 50 PV
$72.00 retail
$54.00 wholesale
**dōTERRA Anchor**

**Steadying Blend**
Instill a calming strength and firm trust in oneself while you use the Steadying Blend.

- Apply to ankles, base of spine, and bottoms of feet
- Promotes an atmosphere full of calmness and courage
- The perfect yoga poses to pair with dōTERRA Anchor’s aroma are Seated Meditation, Seated Twist, and Bhu Mudra (one hand on the heart, the other on the Earth)
- Can be used during yoga practice or any time during your day

60203245
5 mL bottle | 20 PV
$26.67 retail
$20.00 wholesale

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**dōTERRA Align**

**Centering Blend**
Invite confident peace into your daily practice as you embrace the Centering Blend.

- Apply over heart, wrists, and back of neck
- Diffuse while setting intentions about self-acceptance, trust, and fluidity
- Ideal yoga poses with dōTERRA Align’s aroma are Warrior II, Triangle, and Gate pose
- Can be used during yoga practice or any time during your day

60203246
5 mL bottle | 19 PV
$25.33 retail
$19.00 wholesale

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**dōTERRA Arise**

**Enlightening Blend**
Inspire joy and courageously rise to your goals while using the Enlightening Blend.

- Apply to temples, wrists, and neck before a mindfulness practice
- Enjoy dōTERRA Arise when you are challenging yourself to achieve the next level
- Use dōTERRA Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon
- Can be used during yoga practice or any time during your day

60203247
5 mL bottle | 20 PV
$26.67 retail
$20.00 wholesale
dōTERRA® Kids Collection

Whether you are an experienced practitioner or new to essential oils, the dōTERRA Kids Collection is the complete and ready-made “whole body” essential oil toolbox designed to empower caregivers to confidently care for the health and wellness of little ones.

Formulated specifically for littles ones, these essential oil blends feature unique combinations balanced to provide powerful benefits while being gentle on delicate skin.
Rescuer™
Soothing Blend
After running, jumping, and playing, rub Rescuer onto your legs, feet, or back for its soothing experience.
• Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
• Massage onto growing or tired legs
• Creates a cooling experience

60206635
10 mL roll-on | 16.5 PV
$22.00 retail
$16.50 wholesale

Stronger®
Protective Blend
Use Stronger on the back of your neck or bottoms of your feet and onto your wrists. Climb into bed and take a deep breath of the relaxing aroma.
• Features Lavender, Cananga, Buddha Wood, and Roman Chamomile in a base of Fractionated Coconut Oil
• Creates a restful atmosphere at bedtime
• Promotes a soothing environment

60206654
10 mL roll-on | 16 PV
$26.67 retail
$20.00 wholesale

Thinker®
Focus Blend
When it’s time to get creative and focus, roll Thinker onto the back of your neck.
• Features Vetiver, Peppermint, Clementine, and Rosemary in a base of Fractionated Coconut Oil
• Keep on hand during school and study time

60206633
10 mL roll-on | 17.5 PV
$23.33 retail
$17.50 wholesale

Calmer®
Restful Blend
When it’s bedtime, roll Calmer onto the bottoms of your feet and onto your wrists. Climb into bed and take a deep breath of the relaxing aroma.
• Features Lavender, Cananga, Buddha Wood, and Roman Chamomile in a base of Fractionated Coconut Oil
• Creates a restful atmosphere at bedtime
• Promotes a soothing environment

60206632
10 mL roll-on | 20 PV
$26.67 retail
$20.00 wholesale

Rescuer™
Soothing Blend
After running, jumping, and playing, rub Rescuer onto your legs, feet, or back for its soothing experience.
• Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
• Massage onto growing or tired legs
• Creates a cooling experience

60206635
10 mL roll-on | 16.5 PV
$22.00 retail
$16.50 wholesale

Stronger®
Protective Blend
Use Stronger on the back of your neck or bottoms of your feet for an added boost for a reminder to be resilient and strong.
• Features Cedarwood, Litsea, Frankincense, and Rose Extract in a base of Fractionated Coconut Oil
• Rejuvenating to the skin
• Promotes an atmosphere of wellness and vitality

60206654
10 mL roll-on | 16 PV
$26.67 retail
$20.00 wholesale

Wild Orange
**Tamer® Digestive Blend**

Before or after meals, roll Tamer on your tummy for a soothing sensation and calming aroma.

- Features Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed in a base of Fractionated Coconut Oil
- Roll on to the tummy for a calm, soothing experience
- An essential for road trips

60209356
10 mL roll-on | 16.5 PV
$22.00 retail
$16.50 wholesale

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**Brave® Courage Blend**

Before new or different situations, or just to start your day, roll Brave onto the back of neck, tummy, or bottoms of feet.

- Features Wild Orange, Amyris, Osmanthus Extract, and Cinnamon in a base of Fractionated Coconut Oil
- Creates a confident, courageous atmosphere
- Combine with positive daily affirmations to promote belief in oneself

60206618
10 mL roll-on | 22 PV
$29.33 retail
$22.00 wholesale

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**Steady® Grounding Blend**

For daily centering, or for times when you feel nervous or experience anxious feelings, rub Steady on your neck and wrists as a reminder to calm emotions and balance mood.

- Features Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil
- Relaxing and balancing aroma
- Instills a tranquil atmosphere

60206617
10 mL roll-on | 16.5 PV
$22.00 retail
$16.50 wholesale
dōTERRA Emotional AromaTherapy® System

The dōTERRA Emotional Aromatherapy Touch line contains six unique essential oil blends combined with Fractionated Coconut Oil in 10 mL roll-ons for convenient and gentle topical application. These proprietary blends are formulated for use with a variety of changing experiences.

dōTERRA Emotional Aromatherapy Touch Kit

The kit includes six essential 10 mL roll-on oil blends: dōTERRA Motivate® Touch, dōTERRA Cheer® Touch, dōTERRA Passion® Touch, dōTERRA Forgive® Touch, dōTERRA Console® Touch, dōTERRA Peace® Touch.

21850001
Six 10 mL roll-on bottles | 100 PV
$140.00 retail
$105.00 wholesale
dōTERRA Motivate® Touch
Encouraging Blend
dōTERRA Motivate Touch provides gentle and quick application of dōTERRA Motivate mint and citrus essential oil blend. The fresh, minty aroma complements affirmations of confidence and courage.
• Features Fractionated Coconut Oil, Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
• Roll on neck when working on a project at work or school
• Apply to pulse points before participating in a competition

60200149
10 mL roll-on | 17 PV
$22.67 retail
$17.00 wholesale

dōTERRA Cheer® Touch
Uplifting Blend
dōTERRA Cheer Touch combines Fractionated Coconut Oil with the sunshiny, fresh aroma of dōTERRA Cheer essential oil blend. This convenient and gentle roll-on provides a sunshiny aroma to brighten your day.
• Features Fractionated Coconut Oil, Lemon Myrtle, Clove, Wild Orange, Star Anise, Ginger, Zdravetz, Cinnamon Bark, Nutmeg, and Vanilla
• Keep your chin up and roll on to the back of the neck
• Rub dōTERRA Cheer over your heart and reflect on cheerful intentions

60200148
10 mL roll-on | 15 PV
$20.00 retail
$15.00 wholesale

dōTERRA Passion® Touch
Inspiring Blend
dōTERRA Passion Touch combines spice and herbal essential oils that are warming and inviting.
• Combines Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Sandalwood, Jasmine, Vanilla, and Damiana
• Wake up with purpose and vigor by rolling dōTERRA Passion Touch on each day

60200150
10 mL roll-on | 28 PV
$37.33 retail
$28.00 wholesale

dōTERRA Forgive® Touch
Renewing Blend
dōTERRA Forgive Touch contains the tree and herb essential oils found in our proprietary dōTERRA Forgive blend along with Fractionated Coconut Oil for gentle application and ease of use. The fresh, woody aroma of dōTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience.
• Merges Fractionated Coconut Oil, Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, and Citronella
• Roll on when meditating
• Inspires a grounding atmosphere

60200148
10 mL roll-on | 15 PV
$20.00 retail
$15.00 wholesale
dōTERRA Console® Touch
Comforting Blend
This proprietary blend combines the sweet and musky aroma of dōTERRA Console essential oil blend with Fractionated Coconut Oil for gentle application.
• Features Fractionated Coconut Oil, Frankincense, Patchouli, Ylang Ylang Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract
• Roll on during times of loss for a comforting aroma
• Apply over the heart as a reminder to be patient with healing and to think positive thoughts

60200147
10 mL roll-on | 25 PV
$33.33 retail
$25.00 wholesale

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dōTERRA Peace® Touch
Reassuring Blend
dōTERRA Peace Touch combines floral and mint essential oils and is a positive reminder that having more stuff and doing more things won’t necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you.
• Combines Fractionated Coconut Oil, Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
• Inhale before taking a test or presenting to a crowd

60200151
10 mL roll-on | 21 PV
$28.00 retail
$21.00 wholesale
dōTERRA Diffusers

Having a stylish and efficient diffuser is key to creating the perfect environment, whether at home or the office. Transform your world with a dōTERRA diffuser just right for any situation and décor.

**Dawn® Aroma Humidifier**

dōTERRA Dawn Aroma Humidifier is designed to create the ultimate level of comfort in any room. Its smart sleep mode maintains ideal humidity levels throughout the night, helping create the perfect environment for a good night’s sleep.

- Water Capacity: 1.8 L/0.48 gal.
- Suggested Room Size: Up to 270 sq. ft./25 sq. m.
- Continuous Operation: High mist mode, up to 7 hours; Medium mist mode, up to 12 hours; Low mist mode, up to 22 hours
- Sleep mode: Automatically adjusts to maintain a comfortable level of humidity
- Easy to clean: Easily disassembles for cleaning
- Top fill feature: Add water and essential oils without having to remove any lids or covers

60213449
0 PV
$72.00 retail
$54.00 wholesale
**Roam® Diffuser**

Each doTERRA Roam diffuser is unique, made with natural, colorful, polished ground stone. With its powerful, built-in, rechargeable battery and charging dock, the doTERRA Roam Diffuser brings you an unprecedented wireless and portable aromatic experience—the perfect host for your essential oils in any room.

- Water Capacity: 100 mL/3.4 fl oz
- Suggested Room Size: Up to 270 sq ft/25 sq m
- Continuous Operation: Adapter powered, up to 5 hours; Battery powered, up to 4 hours
- Intermittent Operation (5 minutes on/5 minutes off): Adapter powered, up to 10 hours; Battery powered, up to 8 hours
- Cord-free and battery-powered with a charging dock
- Responsibly created with eco-friendly, postconsumer recycled resin
- Ambient white, warm, and cyan light options

60213424
0 PV
$69.33 retail
$52.00 wholesale

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**Laluz® Diffuser with Peppermint and Wild Orange**

Turn any space into a luxurious retreat with Laluz. This sculptural diffuser creates ultrasonic vibrations, transforming water and essential oils into an aroma-infused mist. With a runtime of up to eight hours, you can diffuse your favorite essential oils throughout the day or night.

- Water Capacity: 120 mL/4.06 fl oz
- Suggested Room Size: Up to 330 sq ft/30 sq m
- Continuous Operation: High Mist Output, up to 4 hours; Low Mist Output, up to 8 hours
- Timer: 1 hr/2 hr/4 hr/Timer Off – Always On
- Dim, bright warm, lavender light options
- Comes with Peppermint and Wild Orange essential oil.

60217554
Laluz Diffuser,
15 mL Peppermint, 15 mL Wild Orange | 22 PV
$78.67 retail
$59.00 wholesale

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**Volo® Diffuser**

Powerful and uniquely refined, Volo is the perfect addition to enhance any environment with the aromatic benefits of CPTG® essential oils. With two uniquely crafted options, Volo Marble and Volo Onyx, complement any home or office decor.

- Water Capacity: 250 mL/8.5 fl oz
- Suggested Room Size: Up to 300 sq ft/27 sq m
- Continuous Operation: High Mist Output, up to 6 hours; Low Mist Output, up to 14 hours
- Timer: 1 hr/3 hr/6 hr/Timer Off – Always On
- Soft ambient light settings or completely dark
- Handcrafted polyresin stone top

60210545
Volo® Onyx | 0 PV
$78.67 retail
$59.00 wholesale

60210546
Volo® Marble | 0 PV
$78.67 retail
$59.00 wholesale
Petal Essentials Kit

The Petal Diffuser is a small, user-friendly diffuser that delivers aromatic benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 330 square feet. The Petal Diffuser has three timed settings—2 or 6 hours continuous, and 12 hours intermittent—allowing you to customize the release of essential oils into the air.

- Water Capacity: 240 mL/8.1 fl oz
- Customizable output and light settings
- Now available with Wild Orange and Lavender essential oils—while supplies last

60211559
Petal Diffuser, 5 mL Wild Orange, 5 mL Lavender | 20 PV
$62.67 retail
$47.00 wholesale

Pilōt® Portable Diffuser

Meet Pilōt, the portable diffuser that can go everywhere you do—in the car, to work, or from room to room. Rechargeable, with four hour continuous diffusion or up to eight hours of intermittent diffusion, Pilōt comes with a dual-port USB 2A car adapter for easy recharging as well as a carrying case for travel.

- Water Capacity: 45 mL/1.5 fl oz
- Suggested Room Size: Up to 200 sq ft/18 sq m
- Continuous Operation: USB powered, up to 4 hours; Battery powered, up to 3 hours
- Intermittent Operation (5 minutes on/5 minutes off): USB powered, up to 8 hours; Battery powered, up to 6 hours
- Sleek neutral design
- Responsibly created, incorporating eco-friendly materials

60212263
0 PV
$50.00 retail
$37.50 wholesale
dōTERRA Adaptiv® System

When the daily twists and turns of life have you feeling on edge, you know that you need to adapt to your environment to find balance and comfort again. But adapting is easier said than done. That’s where the dōTERRA Adaptiv line comes in! Adaptiv products provide reliable, targeted, and effective support that is natural and safe. Diffuse Adaptiv Calming Blend for a soft and uplifting aroma to help create a relaxing atmosphere. Include Adaptiv Touch as part of a comforting massage or use the Adaptiv Calming Blend Capsules to help you adapt to every situation.

Adaptiv® System

| 60211472   | $109.33 retail | 70 PV |
|           | $82.00 wholesale |      |

dōTERRA Essential Wellness
Adaptiv® Calming Blend Capsules
This proprietary blend of botanicals and CPTG® essential oils helps empower and encourage when adapting to stressful situations or acclimating to new surroundings.* The Adaptiv Calming Blend Capsules helps you manage the effects of everyday tension, uneasiness, and worry.*
• Calms and helps you choose a positive outlook*
• Supports cognitive function and emotional balance*
• Contains Ahiflower oil, GABA, and Sceletium extract, as well as Lavender, Coriander, Wild Orange, and Fennel essential oils

60205956
30 Capsules | 30 PV
$52.67 retail
$39.50 wholesale

Made with SLS-free vegetable capsules

Adaptiv® Calming Blend
When feelings of fatigue, restlessness, indecisiveness, or irritability appear, Adaptiv Calming Blend is part of the toolbox that will help create a balanced atmosphere.
• Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum
• Calming, relaxing aroma
• Promotes a tranquil, soothing environment

60209364
15 mL bottle | 40 PV
$53.33 retail
$40.00 wholesale

Adaptiv® Touch
The Adaptiv Touch blend was purposefully designed to provide an aroma of calm confidence during those moments when you have too much on your plate and is the perfect companion for your most overwhelming days. Packaged in a convenient roller bottle, Adaptiv Touch is easy to apply topically either at home or on-the-go.
• A blend of Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum in a base of Fractionated Coconut Oil.
• Soothing aroma
• Roll on while relaxing

60209357
10 mL roll-on | 22 PV
$29.33 retail
$22.00 wholesale

Adaptiv®

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
The synergy of Yarrow essential oil and cold-pressed Pomegranate seed oil sets the new standard for health, vitality, and radiant skin. Yarrow essential oil and Pomegranate seed oil are the foundation of the dōTERRA Yarrow|Pom collection: Yarrow|Pom Active Botanical Nutritive Duo, Yarrow|Pom Cellular Beauty Complex Capsules, and Yarrow|Pom Body Renewal Serum. The Yarrow|Pom Trio are truly impactful, delivering a powerful three-layered botanical approach to overall wellness. This scientifically developed product line is revolutionary; a fresh approach to beauty inside and out.

“Yarrow|Pom helped my skin when I really needed it. Taking the duo internally and applying it directly to my area of concern combined with other powerful oils, along with the support of my daily oil and supplement routine, I had remarkable results in a short amount of time. The blend has supported me through what could have been a long process.”

Keeli M., Reno, Nevada

Yarrow|Pom Collection

60210469
150 PV
$233.33 retail
$175.00 wholesale
Yarrow|Pom
Cellular Beauty Complex
Yarrow|Pom Cellular Beauty Complex Capsules provide remarkable antioxidant support for healthy, luminous skin with an irresistible glow from the inside out.*
  • Soothes and protects tissue throughout the body*
  • Improves skin firmness and reduces skin imperfections*
  • Illuminates and brightens complexion*

60209413
60 capsules | 43 PV
$69.33 retail
$52.00 wholesale
Made with SLS-free vegetable capsules

Yarrow|Pom
Active Botanical Nutritive Duo
Yarrow|Pom Active Botanical Nutritive Duo may promote cellular, immune, and nervous system health when taken internally* while revitalizing the skin for a youthful-looking radiance.
  • Provides antioxidant support when taken internally*
  • Supports healthy metabolic function when consumed*

60207652
30 mL bottle with dropper | 98 PV
$130.67 retail
$98.00 wholesale

Yarrow|Pom
Body Renewal Serum
Yarrow|Pom Body Renewal Serum delivers powerful, bioactive compounds to the skin for a youthful, rejuvenated look and all-over glow.
  • Promotes the look of young and healthy skin
  • Enhances skin brightness and luminosity
  • Supports the skin's natural barrier and improves the appearance of firm, smooth skin

60209352
3.4 fl. oz./100 mL | 60 PV
$86.67 retail
$65.00 wholesale

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Deep Blue®

The soothing combination of CPTG Certified Pure Tested Grade® essential oils of Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, German Chamomile, and Osmanthus create the doTERRA Deep Blue proprietary blend, available in a cream and 5 mL bottle. The Deep Blue Polyphenol Complex® is a complementary supplement to help support muscle and joint comfort and function.* Use Deep Blue Polyphenol Complex in combination with Deep Blue essential oil blend and Deep Blue Rub for soothing effects and targeted benefits.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Deep Blue® Soothing Blend
Deep Blue provides soothing effects that can be felt immediately.

- Rub Deep Blue on lower back after a day of heavy lifting
- Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids’ legs before bedtime

60200143
5 mL bottle | 35 PV
$46.67 retail
$35.00 wholesale

Deep Blue™ Stick™ Copaiba
Infused with dōTERRA Deep Blue Soothing blend containing CPTG Certified Pure Tested Grade® essential oils, plus the beneficial properties of Copaiba, the Deep Blue Stick is powerful, targeted relief in a fast-acting solid.

- Provides maximum OTC strength plant-based menthol, methyl salicylate, and camphor to deliver temporary relief of minor aches and pains of muscles and joints associated with simple backache, arthritis, sprains, strains, and bruises
- Convenient, easy-to-use stick
- Blended in a base of moisturizing emollients that leaves your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

60213108
1.69 oz/48 g | 20 PV
$32.67 retail
$24.50 wholesale

Deep Blue® Polyphenol Complex®
Deep Blue has a nutritional supplement that contains powerful polyphenols clinically tested to help with occasional soreness and discomfort.*

- Fast-acting boswellia extract shown to help support joint comfort and function when consumed*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort when ingested*
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend

34360001
60 vegetable capsules | 40 PV
$60.67 retail
$45.50 wholesale
Made with SLS-free vegetable capsules

Deep Blue® Rub Soothing Cream
Infused with Deep Blue Soothing Blend, Deep Blue Rub provides a soothing and cooling effect.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Perfect for the athlete in your life, Deep Blue Rub is blended in a base of moisturizing emollients that leave your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

38900001
4 fl oz/120 mL | 31 PV
$44.00 retail
$33.00 wholesale

Deep Blue® Rub Samples
38950001
10 samples, .068 fl oz/2 mL | 0 PV
$6.67 retail
$5.00 wholesale

32-Ounce Bottle
60216795
32 fl oz/946 mL | 165 PV
$260.00 retail
$195.00 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Wintergreen
dōTERRA Serenity®

In today's fast-paced society, we all experience occasional sleeplessness, and few of us obtain the recommended eight or more hours of sleep each night. dōTERRA Serenity Softgels and dōTERRA Serenity Restful Blend together provide a natural and safe solution for individuals who have occasional difficulty falling and staying asleep. Formulated with essential oils known for their calming aromas, this powerful duo works to promote a restful and satisfying night.

**dōTERRA Serenity® Softgels**
Restful Complex

*dōTERRA Serenity Restful Complex is a unique combination of Lavender essential oil and natural plant extracts in a vegetarian softgel to help you get the refreshing sleep you need without leaving you feeling groggy and sleepy the next day.*

- Relieves occasional sleeplessness*
- Promotes healthy relaxation and sleep*
- Helps make a difference in the quality of and the ease of going to sleep*
- Encourages restful sleep*

49530001
15 mL bottle | 36 PV
$48.00 retail  
$36.00 wholesale  

**dōTERRA Serenity® Restful Blend**

*Cautions: Keep out of reach of children. If pregnant or nursing, consult your health care practitioner before using.*

- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Extract, Hawaiian Sandalwood
- Promotes an atmosphere of relaxation
- Creates an environment perfect for bedtime

40630001
15 mL bottle | 36 PV
$48.00 retail  
$36.00 wholesale  

**dōTERRA Serenity® Combo Pack**

- 15 mL bottle and 1 bottle softgels | 40 PV
- $60.00 retail  
- $45.00 wholesale  

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*
dōTERRA Breathe®

Deep breathing is cleansing, freeing, and invigorating. It elevates our minds and energizes our bodies. It is the essence of life, the reassurance of vitality. The remarkable blend of essential oils found in the dōTERRA Breathe Respiratory Blend maintains feelings of clear airways and easy breathing, especially when seasonal impediments to breathing are high. With the easy application of the dōTERRA Breathe Vapor Stick you can quickly enjoy the benefits of this powerful blend anytime, anywhere.

dōTERRA Breathe® Respiratory Blend

dōTERRA Breathe is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.

- Merges Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara
- Maintains feelings of clear airways and easy breathing
- Diffuse or inhale to enjoy its fresh, airy aroma

60200190
15 mL bottle | 25 PV
$33.33 retail
$25.00 wholesale

60200192
10 mL Touch | 16 PV
$21.33 retail
$16.00 wholesale

dōTERRA Breathe® Vapor Stick

Enjoy the convenience, quick absorption, and smooth application of dōTERRA Breathe Vapor Stick. This unique delivery method of the proprietary dōTERRA Breathe essential oil blend can be used anytime, anywhere.

- Maintains feelings of clear airways and easy breathing
- Provides a cooling, soothing sensation

60200878
0.4 oz/12.5 g | 5 PV
$11.33 retail
$8.50 wholesale

dōTERRA Breathe® Respiratory Drops

The respiratory benefits of selected CPTG® essential oils from the dōTERRA Breathe blend can be found in this convenient and great-tasting lozenge.

- Proprietary blend includes: Lemon, Peppermint, Cardamom, Eucalyptus, Thyme, and Melissa
- Maintains clear airways and breathing
- Supports overall respiratory health

35460001
30 drops | 10 PV
$16.67 retail
$12.50 wholesale

doterra.com
dōTERRA abōde

Your home is an ecosystem. Feeling good about the products you bring into it doesn’t have to come with compromises. The dōTERRA abōde line features natural ingredients, reusable packaging, and a signature style. Each product has a powerful, plant-based formula free from phosphates, phthalates, dyes, chlorine, and synthetic fragrances. By introducing beautiful refillable bottles and recyclable refill packaging, the line helps you reduce waste while simultaneously elevating the aesthetic of your home. Made for the conscious consumer, abōde delivers efficacy, sustainability, and aesthetic value... naturally.

abōde

Refreshing Blend

The signature aromatic blend of the dōTERRA® abōde™ home product line contains powerful essential oils with a pleasant aroma that leaves your home smelling clean and feeling refreshed naturally, while keeping your home safe from the harsh chemicals or synthetic fragrances found in traditional air fresheners.

- Keeps your home smelling clean
- Provides a fresh, citrus aroma
- Removes stale smells naturally
- Crafted with Distilled Lime, Litsea, Cassia, Lemon Eucalyptus, Tea Tree, Arborvitae, Kochii Eucalyptus, Cilantro, Lavandin, and Lemon Myrtle

60217576
15 mL | 24.5 PV
$32.67 retail
$24.50 wholesale
**abōde® Multi-Purpose Surface Cleaner Concentrate**

Created to tackle tough grease, grime, and everyday messes on non-porous surfaces. dōTERRA® abōde® Multi-Purpose Surface Cleaner Concentrate is effective enough to replace many other cleaners in and outside your home. The cleaner uses the pure CPTG® essential oils in dōTERRA abōde, in addition to Thymol, to help keep your home spotless and smelling fresh.

- Tough on grease and grime in the kitchen, bathroom, and other non-porous surfaces
- Formulated to provide a naturally fresh, citrus aroma using abōde Refreshing Blend
- Able to replace many other cleaners in your home
- Packaged in a recyclable glass bottle

**60216476**
1 fl oz/30 mL | 7 PV
$11.67 retail
$8.75 wholesale

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**abōde Liquid Dish Soap Refill**

Tough on grease yet gentle on hands, dōTERRA abōde Liquid Dish Soap makes your dishes shine and smell delightfully fresh and citrusy.

- Tough on grease, leaves dishes, glassware, pots, and pans sparkling clean
- Formulated to provide a naturally fresh, citrus aroma using abōde Refreshing Blend and Grapefruit essential oil
- Packaged in a recyclable aluminum bottle

**60217386**
16 fl oz/473 mL | 8 PV
$16.00 retail
$12.00 wholesale

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**abōde Dishwasher Pods**

Formulated to power away food particles and stains on all your dishes, dōTERRA abōde Dishwasher Pods use natural enzymes and pure CPTG® essential oils to make your dishes gleam and smell delightfully fresh. Available in a 24-pack.

- Tough on grease, leaving every load sparkling clean
- Formulated to provide a naturally fresh, citrus aroma using abōde Refreshing Blend
- Packaged in a pouch made with PCR (post-consumer recycled) materials

**60216473**
24 count | 10 PV
$20.00 retail
$15.00 wholesale

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**abōde Laundry Pods**

Created to deep clean, lift stains, and keep colors vibrant, dōTERRA abōde Laundry Pods use natural enzymes to cleanse clothing. Available in a 45-pack.

- Tough on stains, leaving every load fresh, clean and bright
- Formulated to provide a naturally fresh, citrus aroma using abōde Refreshing Blend
- Packaged in a pouch made with PCR (post-consumer recycled) materials

**60216474**
45 count | 14 PV
$26.00 retail
$19.50 wholesale

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Explore the entire dōTERRA abōde product family.
**abōde Hand Lotion Infused with Citrus Bloom® Refill**
dōTERRA® abōde® Hand Lotion Infused with Citrus Bloom is naturally light and aromatically appealing, promoting smooth, beautiful-looking hands. This silky formula contains moisturizers and humectants that leave skin feeling soft, supple, and nourished.

- Provides optimal moisture in a lightweight, silky formula, for healthy-looking and soft-feeling hands
- Features a plant-based formula infused with Citrus Bloom Springtime Blend and free from parabens, phthalates, phosphates, dyes, or synthetic fragrances
- Packaged in a pouch made with PCR (post-consumer recycled) materials

60216475
10 fl oz/296 mL | 15 PV
$24.57 retail
$18.50 wholesale

**abōde Foaming Hand Wash Concentrate Infused with Citrus Bloom**
The perfect addition to any bathroom or kitchen, dōTERRA abōde Foaming Hand Wash Concentrate Infused with Citrus Bloom gently cleanses hands without drying skin. This all-new hand soap formula uses essential oils, natural surfactants, and banana fruit extract to condition, moisturize, and soften skin.

- Provides a sweet, citrus, floral aroma, leaving hands clean and smelling fresh
- Features a plant-based cleansing formula infused with Citrus Bloom Springtime Blend
- Packaged in a recyclable aluminum container

60216472
8 fl oz/237 mL | 14 PV
$26.00 retail
$19.50 wholesale

**abōde Refillable Glass Dispensers**
Elevate the aesthetic of your home while further cutting down on single use plastic by pairing your dōTERRA abōde products with the beautiful, counter-worthy glass refillable dispensers.

**abōde Multi-Purpose Surface Cleaner Dispenser**
60217546
10 fl oz/296 mL | 0 PV
$11.33 retail
$8.50 wholesale

**abōde Foaming Hand Wash Dispenser**
60217522
16 fl oz/473 mL | 0 PV
$11.33 retail
$8.50 wholesale

**abōde Hand Lotion Dispenser**
60217569
10 fl oz/296 mL | 0 PV
$11.33 retail
$8.50 wholesale

**abōde Liquid Dish Soap Dispenser**
60219505
16 fl oz/473 mL | 0 PV
$11.33 retail
$8.50 wholesale
dōTERRA On Guard®

dōTERRA On Guard is one of the most popular and versatile dōTERRA® CPTG Certified Pure Tested Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils is an active component in a first line of defense for immune support when used internally.* The dōTERRA On Guard® Protective Blend has been integrated into a variety of dōTERRA products to provide diverse ways to use its powerful benefits.

**dōTERRA On Guard® Protective Blend**

dōTERRA On Guard offers a fragrant, natural, effective alternative for immune support when taken internally.*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary
- Formulated to support healthy immune function when consumed*
- Safe for use on countertops, as a non-toxic cleaner, or to freshen the air through diffusion

<table>
<thead>
<tr>
<th>31100001</th>
<th>15 mL bottle</th>
<th>36 PV</th>
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<tbody>
<tr>
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<td>$23.00 wholesale</td>
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**dōTERRA On Guard+™ Beadlets**

dōTERRA On Guard Beadlets provide an easy and convenient way to obtain the immune-supportive benefits* of dōTERRA On Guard Protective Blend.

- Supports healthy immune function*
- Provides a convenient consumption method for dōTERRA On Guard Protective Blend
- Carrageenan free

<table>
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<th>31580001</th>
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<tbody>
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</tbody>
</table>

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
dōTERRA On Guard+™ Chewable Tablets
Formulated with micronutrients, vitamin C and D, Zinc, Beta-glucan, and the proprietary dōTERRA On Guard® Protective Blend, that contains CPTG® essential oils from Wild Orange, Clove, Cinnamon Leaf and Bark, Eucalyptus, and Rosemary.

- Convenient, tasty, chewable, and easy to consume
- Sugar free, gluten free, and vegan friendly
- Supports a healthy immune system*

60216736
60 count | 10 PV
$21.33 retail
$16.00 wholesale

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dōTERRA On Guard™ Sanitizing Wipes
dōTERRA On Guard™ Sanitizing Wipes are made for your busy life on the go. Infused with the cleansing power of the proprietary dōTERRA On Guard essential oil blend, the wipes will thoroughly clean hands while still being gentle on your skin.

- Contains the cleansing power of dōTERRA On Guard essential oil:
  - 99.9% effective against most common germs‡
- Cleanses hands when soap and water are unavailable
- Convenient size for portability
- Use to clean hands after touching screens, door handles, and shopping carts

60201266
50 count | 10 PV
$16.67 retail
$12.50 wholesale

60214043
20 individually wrapped | 5 PV
$10.00 retail
$7.50 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† Escherichia coli, Staphylococcus aureus, Salmonella typhimurium, Pseudomonas aeruginosa, Burkholderia cepacia, Enterobacter cloacae, Enterococcus faecalis, Streptococcus pyogenes, Candida albicans, Aspergillus brasiliensis

doterra.com
dōTERRA On Guard®
Protecting Throat Drops
Keep your winter season healthy with the convenience of these immune-supporting throat drops.
- Helps calm and soothe occasional dry, scratchy throats
- Features the unique properties of dōTERRA On Guard Protective Blend
- Formulated with organic cane sugar and brown rice syrup

34050001
30 drops | 10 PV
$16.67 retail
$12.50 wholesale

dōTERRA On Guard+™
Softgels
Protective Blend
dōTERRA On Guard+ Softgels combine the proprietary blend of dōTERRA On Guard essential oil with Black Pepper, Oregano, and Melissa for additional immune support.
- Helps support and maintain a healthy immune system
- Use for support during times of seasonal threats
- Supports healthy circulation and respiratory function

35420001
60 vegetarian softgels | 25 PV
$37.33 retail
$28.00 wholesale

Made with vegetarian softgels

dōTERRA On Guard®
Laundry Detergent
dōTERRA On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of dōTERRA On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.
- Unique formulation maximizes essential oil aroma and efficacy to keep your clothes fresh and clean
- 64 loads in each bottle; 1 tablespoon = 1 load (using a high-efficiency washer)
- Great as a pre-treatment for stains

39020001
32 fl oz/947 mL | 20 PV
$37.33 retail
$28.00 wholesale

dōTERRA On Guard®
Cleaner Concentrate
The ideal cleaner, dōTERRA On Guard Concentrate is fortified with dōTERRA On Guard Protective Blend.
- Features a non-toxic formula safe for the entire family
- Combines plant-based derivatives with the powerful dōTERRA On Guard Protective Blend
- Perfect for hard surface cleaning needs with exceptional results
- Leaves behind a clean, invigorating scent

38140001
12 fl oz/355 mL | 10 PV
$19.33 retail
$14.50 wholesale

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
dōTERRA On Guard® Natural Whitening Toothpaste

Clean teeth gently with the added benefit of dōTERRA On Guard essential oil blend.
- Fluoride-free with hydroxyapatite
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath
- Boasts the protective benefits of dōTERRA On Guard essential oil blend
- Whitens teeth with gentle polishing agents

60205476
4.2 oz/125g | 5 PV
$12.67 retail
$9.50 wholesale

60205417
10 samples, 2g each | 0 PV
$4.66 retail
$3.50 wholesale

dōTERRA On Guard® Mouthwash

dōTERRA On Guard Mouthwash is alcohol free and formulated to clean teeth and gums, reduce plaque, and promote a healthy-looking mouth when used as part of a hygiene routine that includes brushing and flossing.
- Natural, alcohol-free formula
- Use after brushing and flossing to help reduce plaque and brighten smile
- Refreshing dōTERRA On Guard essential oil blend supports long-lasting fresh breath

60203185
16 fl oz/473 mL | 10 PV
$20.00 retail
$15.00 wholesale

dōTERRA On Guard® Sanitizing Mist

dōTERRA On Guard Sanitizing Mist kills 99.9% effective against most common germs1 through an extremely fine, quick-drying mist.
- Infused with moisturizing apple extract to leave hands feeling soft
- Uplifting citrus, spice aroma of dōTERRA On Guard essential oil in a convenient mist
- Perfect size for travel, work, and school

60201944
0.9 fl oz/27 mL | 5 PV
$8.67 retail
$6.50 wholesale

Cinnamon Bark
dōTERRA has specially created safe and effective natural deodorants that help you beat the heat and stay fresh throughout the day. The dōTERRA Natural Deodorant is formulated without aluminum, parabens, phthalates, or talc. Playing with the kids, running to catch a bus, or training for that half marathon just got a bit easier.

**Natural Deodorant Infused with dōTERRA Balance® Essential Oil**

This natural deodorant features dōTERRA Balance® essential oil blend, baking soda, and tapioca for long-lasting freshness and all-day confidence.

- Aluminum, paraben, phthalate, and talc free
- Tapioca starch aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Baking soda helps neutralize and prevent odors

60207421
2.65 oz/75g | 5 PV
$11.67 retail
$8.75 wholesale

**Natural Sensitive Deodorant Infused with dōTERRA Douglas Fir and Greek Orange Essential Oils**

This sensitive, natural deodorant features dōTERRA® CPTG® essential oils of Douglas Fir and Greek Orange, magnesium, and tapioca for long-lasting freshness and all-day confidence.

- Baking soda, aluminum, paraben, phthalate, and talc free
- Tapioca starch aids in absorbing underarm moisture, leaving you feeling fresh and dry throughout the day
- Magnesium helps neutralize odors

60208231
2.65 oz/75g | 5 PV
$11.67 retail
$8.75 wholesale
Frankincense, Helichrysum, Tea Tree, Cedarwood, and Lavender—all CPTG® essential oils—form the base of dōTERRA Correct-X. This multi-purpose, natural ointment helps soothe your skin and keep it clean while recovering from distress. Correct-X provides a moisture barrier that helps protect while simultaneously soothing and hydrating the skin. This petroleum-free and preservative-free ointment is ideal for sensitive skin due to its quick absorption and non-irritating nature.

**Correct-X®
Essential Oil Ointment**
Correct-X is a natural topical ointment using powerful CPTG essential oils that assist in soothing skin.
- Helps soothe while simultaneously hydrating
- Absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin
- Keeps skin clean while recovering from distress
- Keep on hand when taking children to playground, sporting events, or camping

60110001
0.5 fl oz/15 mL | 10 PV
$16.00 retail
$12.00 wholesale
dōTERRA Baby

Safe and effective, dōTERRA Baby Diaper Rash Cream spreads easily on delicate baby skin to help treat, soothe, and prevent diaper rash. Infused with CPTG® Lavender, Carrot Seed, and Tea Tree essential oils, this unique blend helps balance and soothe the skin while rich Muyao Shea Butter works to moisturize, leaving skin soft and smooth. Non-nano Zinc Oxide creates a barrier to protect from excess moisture, preventing diaper rash before it starts. Protect little ones with this natural, safe cream designed just for baby’s delicate skin.

- Non-Nano Zinc creates a barrier to protect delicate baby skin from excess moisture
- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby’s soft skin
- CPTG essential oils of Lavender, Carrot Seed, and Tea Tree help balance and soothe the skin
- Carefully designed for baby’s sensitive skin
- Clinically tested and approved for sensitive skin

60201362
2.1 oz/60g | 5 PV
$11.33 retail
$8.50 wholesale

60201361
10 fl oz/295 mL | 10 PV
$18.33 retail
$13.75 wholesale

dōTERRA Baby Hair & Body Wash

This foaming, tear-free wash combines simple, gentle, natural ingredients that nourish and moisturize even after rinsing off. A calming blend of vanilla extract with CPTG® Lavender and Roman Chamomile essential oils leaves babies, toddlers, and even big kids with that light, newborn scent. Designed with a convenient, easy-to-use pump, dōTERRA Baby Hair & Body Wash makes bath time effortless and simple, with more time to focus on splishing and splashing.

- Contains a calming blend of vanilla extract with CPTG Lavender and Roman Chamomile essential oils
- Raw East African Muyao Shea Butter has a unique fatty acid profile supporting baby’s soft skin
- Simple, natural ingredients cleanse without disrupting the skin’s natural balance
- Clinically tested tear-free

60201367
10 fl oz/295 mL | 10 PV
$18.33 retail
$13.75 wholesale

88 dōTERRA Essential Wellness
dōTERRA Essential Skin Care

dōTERRA® Essential Skin Care is a family of skin care products designed to keep your skin feeling and looking young, healthy, and gorgeous by maximizing the natural power of carefully selected CPTG Certified Pure Tested Grade® essential oils combined with cutting-edge ingredient technologies and natural extracts in each product. Target the visible signs of aging with dōTERRA Essential Skin Care.
Facial Cleanser
dōTERRA Facial Cleanser contains CPTG Certified Pure Tested Grade® essential oils of Tea Tree and Peppermint, known for their ability to purify and tone skin and support a healthy complexion. Natural cleansers of Yucca Root Extract and Soapbark Extract gently wash away impurities leaving skin looking clean, fresh, and smooth.
- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe the skin
- Macadamia seed oil conditions the skin
- Vitamin E supports healthy-looking skin

Invigorating Scrub
Experience fresh, renewed skin with dōTERRA Invigorating Scrub. Grapefruit, and Peppermint CPTG® essential oils make exfoliating a refreshing aromatic experience while jojoba esters polish your skin. Botanicals of Mandarin Orange Extract, Jasmine Extract, and Greater Burdock Extract tone, smooth, and hydrate skin.
- Gentle exfoliating action comes from biodegradable jojoba esters, known for their moisturizing properties to the skin
- Greater Burdock Extract helps purify and tone the skin
- Botanical and fruit extracts enhance the aromatic experience

Pore Reducing Toner
Pore Reducing Toner contains CPTG Certified Pure Tested Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin while innovative fruit and plant extracts tone and balance skin, increase hydration, and visibly reduce the appearance of pores to support a healthy-looking complexion.
- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, lentil extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores
- Witch hazel is a natural astringent that helps remove excess oil from the skin and reduces the appearance of pores

Brightening Gel
CPTG® essential oils of Bergamot, Juniper Berry, and Melissa combine with natural extracts, vitamins, and cutting edge ingredient technologies to brighten and even skin tone. Brightening Gel is a gentle and effective way to reduce the appearance of dark spots and hyperpigmentation.
- Daisy extract is a natural skin-brightening agent that helps promote even skin pigmentation
- Ginger root extract promotes even skin tone and radiant-looking skin
- Microencapsulated vitamin C helps keep the skin looking youthful while promoting anti-pigmentation properties
Tightening Serum
Featuring CPTG® Certified Pure Tested Grade® essential oils of Frankincense, Hawaiian Sandalwood, and Myrrh, dōTERRA® Tightening Serum is scientifically formulated to reduce the appearance of fine lines and wrinkles and promote skin hydration. Natural extracts and gums combine with powerful anti-aging ingredients for firmer, younger-looking skin.
- Contains rhizobian and acacia gum, which provide “lifting” benefits.
- Beech tree bud extract tightens and smooths the appearance of skin.

60201752
1 fl oz/30 mL | 40 PV
$58.67 retail
$44.00 wholesale

Anti-Aging Moisturizer
dōTERRA Anti-Aging Moisturizer combines cutting-edge ingredients with the CPTG® essential oils of Lavender, Jasmine, Geranium, and Frankincense to moisturize and soften skin while providing anti-aging benefits. Peptides and botanicals target the visible signs of aging by improving skin tone and moisturizing the skin, helping to keep skin looking young and vibrant.
- Contains ingredients that nourish the skin, helping to reduce the appearance of wrinkles.
- Olive fruit extract is specifically designed for moisturizing and overall skin care.
- Peptides help firm and smooth skin, improving skin tone and texture and helping to reduce the appearance of fine lines and wrinkles.

60201750
1.7 fl oz/50 mL | 30 PV
$45.33 retail
$34.00 wholesale

Hydrating Cream
dōTERRA Hydrating Cream is packed with emollient-rich ingredients and probiotics to provide intense hydration and nourishment to the skin, helping reduce the appearance of fine lines and wrinkles. Probiotics reinforce the skin’s natural barrier, helping improve skin’s health and beauty and encouraging suppler, younger-looking skin.
- Lactococcus Ferment Lysate helps reinforce the skin’s natural barrier, helping promote overall skin health and a youthful appearance.
- Laminaria digitata (Oarweed) extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and calm the skin.

60201774
1.7 oz/48g | 30 PV
$45.33 retail
$34.00 wholesale

Immortelle Anti-Aging Blend
A proprietary blend of powerfully renewing, rare essential oils, used throughout history for their beautifying benefits, Immortelle Anti-Aging Blend is formulated to nourish skin. This essential oil blend of Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose helps sustain smoother, more radiant, and youthful-looking skin.
- Reduces the appearance of fine lines and wrinkles.
- Helps reduce the appearance of aging skin.

60202652
10 mL roll-on | 70 PV
$100.00 retail
$75.00 wholesale
1 Purchase the customizable Essential Skin Care Kit . . .

Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum.

60203183
85 PV
$120.00 retail
$90.00 wholesale

2 . . . and add up to two products per kit order at an additional savings.

- Anti-Aging Eye Cream
  - 0.5 fl oz/15mL | 40 PV
  - $56.00 retail
  - $42.00 wholesale

- Anti-Aging Moisturizer
  - 0.5 fl oz/15mL | 40 PV
  - $56.00 retail
  - $42.00 wholesale

- Brightening Gel
  - 0.5 fl oz/15mL | 40 PV
  - $56.00 retail
  - $42.00 wholesale

- Hydrating Cream
  - 0.5 fl oz/15mL | 40 PV
  - $56.00 retail
  - $42.00 wholesale

LOYALTY REWARDS PROGRAM

Anti-Aging Eye Cream

dōTERRA® Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone. The unique steel rollerball applicator cools and soothes under-eye skin, helping reduce the appearance of puffiness and dark circles while gently applying cream to targeted areas.

- Clinically tested
- Meadowfoam seed oil provides deep moisture
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from the first use
- Bakuchiol helps tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles

60201776
0.5 fl oz/15mL | 40 PV
$56.00 retail
$42.00 wholesale

Reveal Facial System

Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin’s radiance and beauty to the surface.

- Features dōTERRA citrus essential oils of Lime and Wild Orange to purify the skin
- Bamboo silk beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Nutrient-rich formula helps maintain a radiant complexion

37340001
Two 1.7 oz tubes | 60 PV
$80.00 retail
$60.00 wholesale

doterra.com
dōTERRA® Veráge®

dōTERRA Veráge is an exclusive collection of natural skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal lipid balance—the same balance found in healthy, youthful-looking skin. Each product is composed of true gifts from the Earth: nourishing plant extracts, pure and potent essential oils, and select natural ingredients. The Veráge Skin Care Collection delivers benefits your skin will love, naturally.

Clinically Supported Benefits of the Veráge® Ingredients

- Smooths skin texture
- Reduces appearance of wrinkles
- Minimizes the appearance of mechanical creasing
- Minimizes pore appearance
- Evens tone
**Veráge® Cleanser**

Healthy, smooth skin begins with Veráge Cleanser. This natural gel cleanser purifies skin for a fresh, youthful-looking complexion.

- Infused with CPTG® essential oils of Wild Orange, Tea Tree, and Basil to gently cleanse and lift away impurities
- Invigorates and cleanses skin while natural emollients nourish and hydrate

37380001
2 fl oz/60 mL | 20 PV
$30.00 retail
$22.50 wholesale

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**Veráge® Toner**

Veráge Toner combines CPTG® essential oils with nourishing plant extracts to promote the appearance of tightened, toned, and smooth skin—anytime, anywhere. This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best
- Easy mist application

37390001
1.7 fl oz/50 mL | 16 PV
$26.67 retail
$20.00 wholesale

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**Veráge® Immortelle Hydrating Serum**

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG essential oils with plant extracts for smoother, more youthful-looking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle blend for radiant skin
- Provides optimal lipid balance for smoother, more youthful-looking skin

37400001
.5 fl oz/15 mL | 50 PV
$77.33 retail
$58.00 wholesale

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**Veráge® Moisturizer**

Veráge Moisturizer combines CPTG essential oils with plant extracts for natural hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

- Formulated with CPTG essential oils of Juniper Berry, Jasmine, and Geranium—all known to revitalize the skin
- Uses natural ingredients to hydrate skin, helping reduce the appearance of fine lines and wrinkles

37410001
1 fl oz/30 mL | 25 PV
$36.67 retail
$27.50 wholesale

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**Veráge® Skin Care Collection**

A collection that brings together Veráge Cleanser, Toner, Immortelle Hydrating Serum, and Moisturizer for beautiful, healthy-looking skin.

42690001
70 PV
$119.33 retail
$89.50 wholesale

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*doterra.com 95*
HD Clear®

HD Clear is a line of natural and highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities, promote a smooth, clear complexion, and help reduce the appearance of blemishes. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and appearance. Using HD Clear every day will result in a clear, smooth, healthy-looking complexion.

HD Clear® Kit

This kit contains HD Clear Foaming Face Wash, Topical Blend, and Facial Lotion for a beautifully balanced complexion.

- HD Clear® Foaming Face Wash
  - Designed to thoroughly cleanse without stripping away natural moisture
  - Contains CPTG essential oils and plant extracts that will leave your skin extra clean and soft

- HD Clear® Topical Blend
  - Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Tea Tree, Litsea, Eucalyptus, and Geranium
  - Promotes clear, smooth skin by targeting the site of blemishes

- HD Clear® Facial Lotion
  - Contains natural emollients to promote healthy levels of moisture in the skin for a balanced complexion as well as CPTG essential oils combined with botanical extracts known to assist in achieving blemish-free skin

HD Clear® Foaming Face Wash

[Image of HD Clear® Foaming Face Wash]

42700001
45 PV
$68.00 retail
$51.00 wholesale

HD Clear® Topical Blend

[Image of HD Clear® Topical Blend]

49400001
10 mL roll-on | 21 PV
$28.00 retail
$21.00 wholesale

HD Clear® Facial Lotion

[Image of HD Clear® Facial Lotion]

49410001
1.7 fl oz/50 mL | 28 PV
$42.67 retail
$32.00 wholesale

96  dōTERRA Essential Wellness
dōTERRA® Women

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman’s good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women gently supports a woman through the menstrual cycle and helps diminish the normal symptoms of menopause.* dōTERRA Women supports healthy bones and heart as women age*, while the essential oil blend provides cooling and soothing on the skin. The dōTERRA Women line of products provides natural support throughout the different phases of life.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Women's Health Kit

Includes Phytoestrogen Essential Complex, Bone Nutrient Essential Complex, and ClaryCalm Monthly Blend.

3525
60 PV
$92.67 retail
$69.50 wholesale

**ClaryCalm® Monthly Blend for Women**
dōTERRA ClaryCalm is a unique blend of essential oils developed especially for women
- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot seed, and Palmarosa, Vitex
- Ideal as part of a soothing, cooling massage experience

49480001
10mL roll-on | 31 PV
$41.33 retail
$31.00 wholesale

**Bone Nutrient Essential Complex**
This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.*
- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets*

35240001
120 capsules | 12 PV
$23.33 retail
$17.50 wholesale

**Phytoestrogen Essential Complex**
dōTERRA Women Phytoestrogen Essential Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.*
- Includes a standardized soy extract with genistein, a natural phytoestrogen
- Supports a woman's transition to menopause with a concentrated extract of flax seed lignans*
- Supports healthy bones, heart, breast tissue, and other body structures*

35260001
60 capsules | 36 PV
$52.67 retail
$39.50 wholesale

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
dōTERRA® Hair Care

Experience shinier, healthier-looking, and more manageable hair every day with dōTERRA Hair Care. Bad hair days are practically obsolete with clean, natural and effective dōTERRA Hair Care. Combining mindfully selected CPTG® essential oils and formulas free of sulfates, parabens, dyes, silicones, and phthalates, dōTERRA Protecting Shampoo, Daily Conditioner, and Leave-in Conditioner strengthen and nourish while protecting every strand, leaving hair revitalized and full of life.

Clinically supported benefits of the dōTERRA Hair Care ingredients

- Helps protect color-treated hair
- Proven softening effects
- Better conditioning and detangling
- Maintains moisture capacity in both hair and scalp
- Strong and smooth-looking hair
- Less hair breakage
- Proprietary blend of essential oils for healthy-looking hair and scalp

dōTERRA Hair Care Travel Trio

Whether you’re catching a flight, road tripping, or heading to the gym, take your haircare with you wherever you go with 100mL sizes of Protecting Shampoo, Daily Conditioner, and Leave-In Conditioner.

- TSA Friendly
- Toss in luggage, a carry on, or a gym bag
- Comes in a waterproof frosted zippered pouch

60210084
3.4 fl oz/100 mL | 20 PV
$40.00 retail
$30.00 wholesale
dōTERRA Protecting Shampoo
Infused with CPTG® essential oils of Peppermint, Eucalyptus, Tea Tree, and Spearmint, this shampoo is naturally refreshing and free from harsh chemicals. It contains quinoa protein to help strengthen and protect hair while removing impurities, dirt, and build up.
• Gently removes hard water minerals, pollutants, and styling product residue
• Free from sulfates, silicones, phthalates, and parabens
• Safe for color-treated hair
60208440
16.9 fl oz/500mL | 20 PV
$35.33 retail
$26.50 wholesale

dōTERRA Daily Conditioner
A lightweight, color-safe conditioner that helps smooth and detangle hair while restoring softness, volume and natural shine. Infused with refreshing CPTG® essential oils like Peppermint, Eucalyptus, Tea Tree, and Spearmint.
• Strengthens and smooths hair, leaving it soft, shiny, and frizz-free
• Pure formula preserves color vibrancy
• Free from sulfates, silicones, phthalates, and parabens
60208441
16.9 fl oz/500mL | 20 PV
$35.33 retail
$26.50 wholesale

dōTERRA Leave-in Conditioner
A clean, easy-to-use spray infused with CPTG® essential oils of Wild Orange, Lime, Blue Tansy, Magnolia, along with Osmanthus absolute that provides a citrusy, inviting aroma as it prepares and protects hair before styling.
• Locks in moisture, detangles, and softens
• Helps protect hair from damage caused by heat styling
• Free from harsh chemicals, no silicones or phenoxyethanol
60208398
8 fl oz/237mL | 15 PV
$25.33 retail
$19.00 wholesale
dōTERRA® Spa

dōTERRA Spa is a line of CPTG® essential oil–infused products that provide an aromatic and pampering at-home spa experience. Each product has been carefully formulated with natural ingredients that leave your skin feeling soft, smooth, and fresh all day long.

**Refreshing Body Wash**

dōTERRA Spa Refreshing Body Wash is a natural, oil-infused body wash that provides a rich cleansing and aromatic spa experience.

- Bergamot essential oil purifies and soothes skin, providing an uplifting, yet grounding aroma
- Grapefruit is cleansing to the skin and has an energizing scent
- Sodium Methyl Oleoyl Taurate is a sulfate-free mild surfactant derived from nature and is readily biodegradable

37460001
8.45 fl oz/250 mL | 10 PV
$17.00 retail
$12.75 wholesale

**Replenishing Body Butter**

Pamper your skin with the rich hydration and luxurious feel of dōTERRA Spa Replenishing Body Butter. The base of this natural formula combines shea and cocoa seed butters, known for their deep moisturization and ability to promote skin suppleness.

- Wild Orange essential oil is known for its purifying benefits
- Douglas Fir essential oil is purifying to the skin and provides uplifting aroma
- Frankincense essential oil is rejuvenating to the skin

37470001
7 oz/198g | 15 PV
$23.33 retail
$17.50 wholesale
Hand & Body Lotion
Indulge your skin in dōTERRA Spa Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and theobroma seed butters, and nourishing plant extracts.

- Easily blend with your favorite essential oil for a customized aromatic experience
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly, leaving skin looking healthy, soft, and smooth

<table>
<thead>
<tr>
<th>3-Pack Hand &amp; Body Lotion</th>
</tr>
</thead>
<tbody>
<tr>
<td>60200498</td>
</tr>
<tr>
<td>Three 6.7 fl oz/200 mL tubes</td>
</tr>
<tr>
<td>$50.67 retail</td>
</tr>
<tr>
<td>$38.00 wholesale</td>
</tr>
</tbody>
</table>

Spa

Detoxifying Mud Mask
dōTERRA Spa Detoxifying Mud Mask is a natural clay mask that provides purifying and detoxifying benefits while reducing the appearance of pores, fine lines, and wrinkles.

- Infused with Myrrh, Juniper Berry, and Grapefruit—known for their cleansing and smoothing benefits
- Shea butter provides moisturization and balances the skin
- Malachite extract is rich in copper and provides detoxifying benefits

<table>
<thead>
<tr>
<th>Detoxifying Mud Mask</th>
</tr>
</thead>
<tbody>
<tr>
<td>37490001</td>
</tr>
<tr>
<td>4 oz/113.4g</td>
</tr>
<tr>
<td>$19.33 retail</td>
</tr>
<tr>
<td>$14.50 wholesale</td>
</tr>
</tbody>
</table>

Exfoliating Body Scrub
dōTERRA Spa Exfoliating Body Scrub is a natural, indulgent body scrub that gently exfoliates and polishes skin with sugar cane, leaving a healthy, natural glow.

- Wild Orange and Grapefruit cleanse and purify skin
- Ginger essential oil is soothing and warming to the skin
- Natural sugar cane gently exfoliates skin

<table>
<thead>
<tr>
<th>Exfoliating Body Scrub</th>
</tr>
</thead>
<tbody>
<tr>
<td>37480001</td>
</tr>
<tr>
<td>8 oz/226g</td>
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<tr>
<td>$26.00 retail</td>
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<td>$19.50 wholesale</td>
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</table>

Hydrating Body Mist
Experience the uplifting and energizing aroma of the Beautiful Captivating Blend while quenching your skin's thirst for moisture. The blend combines Osmanthus, Lime, Bergamot, and Frankincense to create an enchanting bouquet. The nourishing properties of coconut, sunflower, avocado, and passion fruit combined in this hydrating mist help improve overall appearance of healthy-looking and radiant skin.

- Provides the uplifting and energizing aromatic benefits of CPTG® Beautiful Captivating essential oil blend
- The oils of Sunflower, Avocado, and Passion Fruit help soothe, soften, and hydrate skin for an overall healthy glow
- Caprylic/Capric Triglyceride (coconut derived) conditions and maintains the skin’s natural barrier

<table>
<thead>
<tr>
<th>Hydrating Body Mist</th>
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</thead>
<tbody>
<tr>
<td>60205662</td>
</tr>
<tr>
<td>4.2 fl oz/125 mL</td>
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<tr>
<td>$33.33 retail</td>
</tr>
<tr>
<td>$25.00 wholesale</td>
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</table>

Hand & Body Lotion
Indulge your skin in dōTERRA Spa Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and theobroma seed butters, and nourishing plant extracts.

- Easily blend with your favorite essential oil for a customized aromatic experience
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly, leaving skin looking healthy, soft, and smooth

<table>
<thead>
<tr>
<th>Hand &amp; Body Lotion</th>
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</thead>
<tbody>
<tr>
<td>37510001</td>
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<tr>
<td>6.7 fl oz/200 mL</td>
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<tr>
<td>$20.67 retail</td>
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<td>$15.50 wholesale</td>
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</table>

Hydrating Body Mist
Experience the uplifting and energizing aroma of the Beautiful Captivating Blend while quenching your skin's thirst for moisture. The blend combines Osmanthus, Lime, Bergamot, and Frankincense to create an enchanting bouquet. The nourishing properties of coconut, sunflower, avocado, and passion fruit combined in this hydrating mist help improve overall appearance of healthy-looking and radiant skin.

- Provides the uplifting and energizing aromatic benefits of CPTG® Beautiful Captivating essential oil blend
- The oils of Sunflower, Avocado, and Passion Fruit help soothe, soften, and hydrate skin for an overall healthy glow
- Caprylic/Capric Triglyceride (coconut derived) conditions and maintains the skin’s natural barrier

<table>
<thead>
<tr>
<th>Hydrating Body Mist</th>
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</thead>
<tbody>
<tr>
<td>60205662</td>
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<tr>
<td>4.2 fl oz/125 mL</td>
</tr>
<tr>
<td>$33.33 retail</td>
</tr>
<tr>
<td>$25.00 wholesale</td>
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</tbody>
</table>

3-Pack Hand & Body Lotion

<table>
<thead>
<tr>
<th>3-Pack Hand &amp; Body Lotion</th>
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</thead>
<tbody>
<tr>
<td>60200498</td>
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<tr>
<td>Three 6.7 fl oz/200 mL tubes</td>
</tr>
<tr>
<td>$50.67 retail</td>
</tr>
<tr>
<td>$38.00 wholesale</td>
</tr>
</tbody>
</table>
Citrus Bliss Hand Lotion
dōTERRA Spa Citrus Bliss Hand Lotion is a light and silky lotion infused with hydrating seed oils and nourishing botanicals. This non-greasy formula absorbs quickly yet provides optimal moisture for healthy-looking hands.

- Citrus Bliss® essential oil blend’s provides an uplifting, refreshing aroma
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Convenient size—perfect for travel or for use while at home or work

37500001
2.5 fl oz/75 mL | 5 PV
$9.27 retail
$6.95 wholesale

Lip Balms
dōTERRA Spa Lip Balm is a natural formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils. Enjoy our original flavor with the uplifting blend of Wild Orange and Peppermint. Experience the scents of paradise with Ylang Ylang, Clementine, and Lime found in our Tropical Lip Balm; or, invigorate the senses with our Herbal Lip Balm containing Lemon Verbena, Marjoram, and Spearmint.

- Each lip balm contains a select blend of essential oils that provides a unique sensory experience
- Moringa oil is an emollient that helps improve how the lips look and feel
- Avocado oil provides hydration and essential fatty acids, and softens lips to keep them looking healthy

Original
60207651
0.16 oz/4.5g | 5 PV
$8.67 retail
$6.50 wholesale

Tropical
60207649
0.16 oz/4.5g | 5 PV
$8.67 retail
$6.50 wholesale

Herbal
60207653
0.16 oz/4.5g | 5 PV
$8.67 retail
$6.50 wholesale

Variety 3-Pack
37570001
10 PV
$20.00 retail
$15.00 wholesale
**dōTERRA Balance® Bath Bar**
The dōTERRA Spa dōTERRA Balance Bath Bar has the warm, woody aroma of dōTERRA Balance® Grounding Blend creating a calming and balancing atmosphere. Using a proprietary combination of CPTG® essential oils including Black Spruce, Ho Wood, Frankincense, Blue Tansy, and German Chamomile, the bath bar provides a distinctive cleansing experience. The African black soap and sunflower oil in the bar leaves skin feeling soft and hydrated.

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
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<table>
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</table>

**Moisturizing Bath Bar**
dōTERRA Spa Moisturizing Bath Bar is a one-of-a-kind bar that provides a unique feel, lather, aroma, and cleansing experience.

- Bergamot essential oil purifies and soothes skin
- Grapefruit is cleansing to the skin and has an energizing scent
- Jojoba seed oil deeply moisturizes

<table>
<thead>
<tr>
<th>Code</th>
<th>Size</th>
<th>PV</th>
<th>Retail</th>
<th>Wholesale</th>
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**Citrus Bliss Bath Bar**
Formulated with Citrus Bliss® Invigorating Blend to provide an uplifting, refreshing aroma.
- Exfoliating sunflower wax beads and orange peel powder naturally soften, smooth, and stimulate skin rejuvenation
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

<table>
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<tr>
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**dōTERRA Serenity® Bath Bar**
Enjoy a rich, cleansing, aromatic spa experience, infused with dōTERRA Serenity® Restful Blend.
- dōTERRA Serenity essential oil blend promotes a relaxing and restful sleeping environment
- Jojoba seed oil is highly regarded in the cosmetic industry and known for its quick absorption and ability to deeply moisturize
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

<table>
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**dōTERRA® Spa Basics Kit**
Hand & Body Lotion, Body Wash

<table>
<thead>
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**dōTERRA® Spa Luxury Kit**
Body Scrub, Mud Mask, Body Butter

<table>
<thead>
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<tbody>
<tr>
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**Total dōTERRA® Spa Kit**
Moisturizing Bath Bar, dōTERRA Serenity Bath Bar, Citrus Bliss Bath Bar, dōTERRA Balance Bath Bar, Refreshing Body Wash, Exfoliating Body Scrub, Detoxifying Mud Mask, Replenishing Body Butter, Hand & Body Lotion, Citrus Bliss Hand Lotion, Lip Balm (Original, Tropical, Herbal), and Hydrating Body Mist

<table>
<thead>
<tr>
<th>Code</th>
<th>PV</th>
<th>Retail</th>
<th>Wholesale</th>
</tr>
</thead>
<tbody>
<tr>
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<td>85 PV</td>
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The dōTERRA Healing Hands Foundation® is the dōTERRA International registered 501(c)(3) non-profit organization committed to improving lives through partnering with organizations that offer hope to millions around the world. The foundation seeks to bring healing and hope to the world, for lives free of disease and poverty, and to ultimately empower impoverished communities with the tools needed to become self-reliant. dōTERRA International provides all the overhead and administrative costs of the dōTERRA Healing Hands Foundation, ensuring that 100 percent of all donations go directly to those receiving aid. For more information, please visit doterrahealinghands.org.

<table>
<thead>
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<th>Year</th>
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<td>2002</td>
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<td>2004</td>
<td>$25.00</td>
</tr>
<tr>
<td>2005</td>
<td>$100.00</td>
</tr>
</tbody>
</table>
### Rose Hand Lotion

doTERRA Spa Rose Hand Lotion is a light, alluring lotion with CPTG® Rose essential oil that promotes smooth, beautiful skin. This silky formula contains natural moisturizers and humectants that leave hands soft, supple, and nourished. Known for its skin-beneficial properties, Rose essential oil enhances this lotion with the authentic and uplifting aroma of rose petals.

- Bulgarian Rose essential oil is known for its ability to promote smooth, glowing skin
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and their ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

37520001
3.3 fl oz / 100 mL | 0 PV
$20.00 retail
$20.00 wholesale

### dōTERRA Hope® Touch

dōTERRA Hope Touch is a distinct essential oil blend that combines the fresh scent of Bergamot with Ylang Ylang, Frankincense, and the sweet scent of Vanilla Bean Absolute. With each purchase of dōTERRA Hope Touch, the full purchase price ($20.00) is donated to the dōTERRA Healing Hands Foundation®, which supports efforts to fight human-trafficking worldwide.

- Apply to wrists, neck, and pulse points for a personalized fragrance
- Keep in purse and apply throughout the day for an uplifting aroma
- Roll on a sachet and keep in drawers or closets to give clothes a fresh scent

60200879
10 mL roll-on | 0 PV
$20.00 retail
$20.00 wholesale


Illinois: CONTRACTS AND REPORTS REGARDING THE CHARITY ARE ON FILE WITH THE ILLINOIS ATTORNEY GENERAL.

Maryland: A copy of the current financial statement of the dōTERRA Healing Hands Foundation is available by writing 389 S 1300 W, Pleasant Grove UT 84062, or by calling (801) 437-7918. Documents and information submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401. (410) 974-5534.

Michigan: Registration # 55179

New Jersey: INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING 973-504-6215 AND IS AVAILABLE ON THE INTERNET AT HTTP://WWW.NJCONSUMERAFFAIRS.GOV/. REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT.

For the state of North Carolina, financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State.

Virginia: A Financial Statement is available upon request from the Office of Charitable and Regulatory Programs P.O. Box 1163, Richmond, Virginia 23218 Phone 804-786-1343.

Washington: dōTERRA Healing Hands Foundation, a Utah Non-Profit Corporation, is registered with the State of Washington Secretary of State Corporations and Charities Division. For further information please contact the Secretary of State at 360-725-0378 or www.sos.wa.gov/charities.
dōTERRA Lifelong Vitality Pack®

dōTERRA Lifelong Vitality Pack® supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.* Coupled with dōTERRA CPTG Certified Pure Tested Grade® essential oils and a lifelong commitment to the dōTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling, and living younger, longer.

Alpha CRS®
Cellular Vitality Complex
Provides antioxidant protection to cellular DNA and other critical cell structures.*
- Supports healthy cell proliferation and lifespan*
- Promotes mitochondrial energy production*
- Supports a healthy response to oxidative stress*
- Features botanical extracts, carotenoids, and polyphenols as well as a cellular energy blend*

35370001
120 vegetable capsules | 69.5 PV
$92.67 retail
$69.50 wholesale

Microplex VMz®
Food Nutrient Complex
dōTERRA® Microplex VMz is a proprietary formula of bioavailable vitamins and minerals often deficient in modern diets.
- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme-delivery system*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach*

60213169
120 vegetable capsules | 39.5 PV
$52.67 retail
$39.50 wholesale

xEO Mega®
Essential Oil Omega Complex
xEO Mega is a revolutionary formula that blends CPTG Certified Pure Tested Grade® essential oils with natural marine- and plant-sourced omega-3 oils and carotenoids.
- Supports cardiovascular, immune, joint, and brain health*
- Delivers equal ratio of EPA and DHA from sustainable fish oil concentrates and Ahiflower oil with SDA and GLA fatty acids
- Complete spectrum of carotenoids and vitamin E for antioxidant protection, plus vitamin D*
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile

60219195
120 vegetarian softgels | 53.5 PV
$71.33 retail
$53.50 wholesale

Made with SLS-free vegetable capsules

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
dōTERRA Lifelong Vitality Daily Packs

Dietary Supplements Including Alpha CRS®, Microplex VMz®, and xEO Mega®

Now available in convenient individual Daily Packs. Take the contents of one sachet with food 2 times daily, morning and evening. Each dōTERRA Lifelong Vitality Pack sachet contains 2 capsules each of xEO Mega, Microplex VMz, and Alpha CRS®.

60205416
60 daily packs or a 30-day supply | 60 PV
$115.33 retail
$86.50 wholesale

Vegan dōTERRA Lifelong Vitality Pack®

Dietary Supplements including Alpha CRS®, Vegan Microplex VMz®, and vEO Mega®

60213529
30-day supply | 60 PV
$107.33 retail
$80.50 wholesale

Vegan dōTERRA Lifelong Vitality Pack®

Dietary Supplements including Alpha CRS®, Vegan Microplex VMz®, and vEO Mega®

60201121
30-day supply | 60 PV
$119.33 retail
$89.50 wholesale
dōTERRA® Specialized Supplements

Biological, environmental, and physiological factors all contribute to each individual’s nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost with specialized supplements. These supplements can be used in addition to the dōTERRA LifeLong Vitality Pack® to enhance certain functions.*

vEO Mega® Essential Oil Omega Complex

vEO Mega is a revolutionary, vegetarian-friendly formula blending CPTG Certified Pure Tested Grade® essential oils with natural, plant-sourced essential fatty acids.
- Features Clove, Frankincense, Thyme, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile
- Includes essential fatty acids from flax, algae, inca inchi seed, borage, cranberry, pomegranate, pumpkin, and grape seed oils
- Supports healthy cardiovascular, immune, joint, and brain health*
- Includes a unique form of the carotenoid astaxanthin for antioxidant support*

34480001
120 liquicaps | 53.5 PV
$71.33 retail
$53.50 wholesale

Made with SLS-free vegetable capsules

Vegan Microplex VMz® Food Nutrient Complex

dōTERRA® Vegan Microplex VMz is a vegan food nutrient formula of bioavailable vitamins and minerals often deficient in modern diets.
- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme delivery system*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach*

60213210
120 vegetable capsules | 39.5 PV
$66.00 retail
$49.50 wholesale

Made with SLS-free vegetable capsules

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Mito2Max®
Energy & Stamina Complex
Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.*
• Promotes better microcirculation with Oligonol®† lychee fruit and green tea extract, quercetin, and other standardized plant extracts*
• Potent, full spectrum of mitochondrial energy cofactors supporting cellular aerobic capacity and energy production*
• Free of stimulants; non-habit-forming

34350001
60 vegetable capsules | 35 PV
$53.27 retail
$39.95 wholesale
Made with SLS-free vegetable capsules

Turmeric Dual Chamber Capsules
dōTERRA is the first to combine Turmeric extract and CPTG Certified Pure Tested Grade® Turmeric essential oil in a dual chamber capsule, creating a uniquely powerful synergy of curcuminoids and turmerones, maximizing the effectiveness and benefits of both compounds in one dietary supplement.*

60209307
60 capsules | 28 PV
$50.67 retail
$38.00 wholesale
Made with SLS-free vegetable capsules

†Oligonol® is a trademark of AminoUp Chemical Co., LTD.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Copaiba Softgels
Copaiba Softgels provide a daily dose of Copaiba essential oil in a convenient, easy-to-swallow softgel. When taken internally, Copaiba essential oil helps support the nervous, cardiovascular, and digestive systems.
- Soothes and supports the nervous system*
- Supports the health of cardiovascular system*

6025764
60 vegetarian softgels | 32 PV
$45.33 retail
$34.00 wholesale

Made with vegetarian softgels

Veggie Caps
Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.
- Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

3410001
160 HPMC capsules | 0 PV
$5.33 retail
$4.00 wholesale

Made with SLS-free vegetable capsules

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
DDR Prime®/DDR Prime® Softgels
Essential Oil Cellular Complex
DDR Prime is a proprietary blend of CPTG Certified Pure Tested Grade® essential oils that help protect the body against oxidative stress to cellular DNA.*

• Provides antioxidant protection against oxidative stress when ingested*
• Supports a healthy response to cellular stressors when consumed*
• Promotes healthy cellular response and regeneration when taken internally*

60207092
35 mL bottle | 35 PV
$45.67 retail
$35.00 wholesale

34410001
60 vegetarian softgels | 40 PV
$60.67 retail
$45.50 wholesale

Made with vegetarian softgels

TriEase® Softgels
Seasonal Blend
TriEase Softgels were developed to protect against seasonal elements and to support a healthy respiratory system when needed most.* Each softgel contains equal parts of Lemon, Lavender, and Peppermint, known for their ability to maintain clear breathing and a healthy respiratory function when combined together.*

• Promotes clear breathing and respiratory function*
• Supports healthy immune system function*
• Cleansing to the body’s systems*

60209019
60 vegetarian softgels | 22 PV
$34.00 retail
$25.50 wholesale

Made with vegetarian softgels

Lemon
dōTERRA® Nutrition

Pure. Practical. Powerful. dōTERRA Nutrition provides quality protein, fiber and greens for optimal energy and wellbeing.* With scientifically proven and well-researched formulas, dōTERRA Protein, dōTERRA Fiber, and dōTERRA Greens are designed to support an active lifestyle and healthy attitude. Delivering nutrient-dense ingredients from nature, dōTERRA Nutrition products are an effective and easy way to support vitality and wellness every day.*

Vanilla & Chocolate Protein
dōTERRA Whey Protein provides 21 grams (Vanilla) and 22 grams (Chocolate) of a premium protein blend with 7 grams of fiber per serving to satisfy hunger, increase your protein intake, and help you reach your goals.*
• Whey from pasture-fed cows
• Free from GMO, gluten, soy, RBST hormone, and synthetic ingredients
• Energizing and satisfying protein supplement*

60207069
Vanilla | 20 Servings | 25 PV
$55.33 retail
$41.50 wholesale

60207068
Chocolate | 20 Servings | 25 PV
$55.33 retail
$41.50 wholesale

Vegan Protein
dōTERRA Vegan Protein provides 21 grams of a premium vegan protein blend with 7 grams of fiber per serving to satisfy hunger, increase your protein intake, and help you reach your goals.*
• Premium blend of pea, brown rice, sacha inchi, and pumpkin seed protein
• Free from GMO, gluten, soy, and synthetic ingredients
• Energizing and satisfying vegan protein supplement*

60207067
20 Servings | 25 PV
$55.33 retail
$41.50 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Fiber
dōTERRA Fiber provides 6 grams of soluble and insoluble fiber from whole food sources like apple, chicory root, Jerusalem artichoke, and flax seed to supplement your daily fiber intake.
• Promotes optimal digestive health*
• Aids in healthy gut and digestive regulation*
• Infused with CPTG® Lemon essential oil

60207065
30 Servings | 14 PV
$26.00 retail
$19.50 wholesale

Greens
dōTERRA Greens is a unique blend of fruits, vegetables, superfoods, and Ginger root and Lemon peel CPTG® essential oils. The many benefits include supporting immune health, digestive health, and weight management.*
• Provides an easy and convenient daily boost of fruits and vegetables
• Natural, GMO- and gluten-free, and vegan friendly
• Supports immune health*
• Neutral, mixed berry flavor

60213600
30 Servings | 21 PV
$39.93 retail
$29.95 wholesale

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.
Digestive Health

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food-nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in energy deficiencies, weakened immunities, weight gain, and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.*

**DigestZen Terrazyme®**

Digestive Enzyme Complex

DigestZen TerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.*

- Supports the body’s constant production of enzymes critical for healthy biochemical functions*
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy*
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, and fiber*

35110001
90 vegetable capsules | 30 PV
$46.00 retail
$34.50 wholesale

Made with SLS-free vegetable capsules

**GX Assist®**

GI Cleansing Formula

Cleanse your GI tract before starting with PB Assist+ with this combination of CPTG Certified Pure Tested Grade® essential oils.*

- Features Oregano, Tea Tree, Lemon, Peppermint, Lemongrass, and Thyme, as well as caprylic acid
- Helps support a healthy digestive tract by creating an unfriendly environment for potential threats*
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+ Probiotic Defense Formula*

35040001
60 softgels | 22 PV
$34.67 retail
$26.00 wholesale

Made with enteric softgels

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
PB Assist®
Probiotic Defense Formula
This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid*
- Supports healthy digestive function and immunity*

35160001
30 vegetable capsules | 35 PV
$53.27 retail
$39.95 wholesale

Made with SLS-free vegetable capsules

DigestZen®
Digestive Blend
The well-recognized essential oils in DigestZen are known for providing soothing digestive relief when used internally.*

- Features a proprietary blend of Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, and Star Anise
- Aids in the digestion of foods when consumed*
- Maintains a healthy gastro-intestinal tract when taken internally*
- Soothes occasional stomach upset when ingested*

ATIN
60214361
15 mL bottle | 34 PV
$45.33 retail
$34.00 wholesale

60214815
10 mL Touch | 22 PV
$29.33 retail
$22.00 wholesale

Made with SLS-free vegetable capsules

DigestZen® Softgels
doTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.*

- Soothes occasional indigestion and eases stomach upset*
- Supports healthy gastrointestinal function*
- Promotes healthy digestion*

60209021
60 vegetarian softgels | 16 PV
$26.60 retail
$19.95 wholesale

Made with vegetarian softgels

PB Assist+
Probiotic Defense Formula
This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid*
- Supports healthy digestive function and immunity*

35160001
30 vegetable capsules | 35 PV
$53.27 retail
$39.95 wholesale

Made with SLS-free vegetable capsules

DigestZen®
Digestive Blend
The well-recognized essential oils in DigestZen are known for providing soothing digestive relief when used internally.*

- Features a proprietary blend of Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, and Star Anise
- Aids in the digestion of foods when consumed*
- Maintains a healthy gastro-intestinal tract when taken internally*
- Soothes occasional stomach upset when ingested*

ATIN
60214361
15 mL bottle | 34 PV
$45.33 retail
$34.00 wholesale

60214815
10 mL Touch | 22 PV
$29.33 retail
$22.00 wholesale

Made with SLS-free vegetable capsules

DigestZen® Softgels
doTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.*

- Soothes occasional indigestion and eases stomach upset*
- Supports healthy gastrointestinal function*
- Promotes healthy digestion*

60209021
60 vegetarian softgels | 16 PV
$26.60 retail
$19.95 wholesale

Made with vegetarian softgels

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
DigestTab®
Chewable Tablets
DigestTab is a calcium carbonate tablet that is infused with DigestZen Digestive Blend to deliver the benefits of the essential oil blend as well as the acid-neutralizing benefits of calcium carbonate.*
• Helps provide relief from occasional heartburn and indigestion while promoting the overall health of the gastrointestinal tract*
• Use with or between meals as needed for relief from occasional stomach upset, indigestion, and heartburn*
• Helps provide relief from occasional sour stomach*
• Provides 200 mg of calcium per tablet

60214446
100 chewable tablets | 11 PV
$20.67 retail
$15.50 wholesale

Chewable tablets

dōTERRA® Peppermint Softgels
dōTERRA Peppermint Softgels help support the digestive system, alleviate occasional intestinal discomfort, and reduce gas and bloating.*
• Peppermint essential oil, which is high in menthol, supports gastrointestinal comfort*
• Helps alleviate occasional stomach discomfort*

60209244
60 softgels | 16 PV
$25.33 retail
$19.00 wholesale

Made with enteric softgels

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Zendocrine® Detoxification Complex
Support your body’s filtering and waste management system with the proprietary Zendocrine Detoxification Complex.*
  • Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
  • Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin when taken internally*

35120001
60 vegetable capsules | 20 PV
$30.00 retail
$22.50 wholesale

Made with SLS-free vegetable capsules

Zendocrine® Softgels
Detoxification Blend
Zendocrine Softgels help cleanse the body of toxins and free radicals that can slow the body’s systems down, leaving a heavy, weighted feeling.* Zendocrine Softgels provide an easy and convenient way to consume Zendocrine essential oil blend, a proprietary formula that helps detoxify the body and promote healthy liver, lung, kidney, colon, and skin function.*
  • Supports the body’s natural ability to rid itself of unwanted substances*
  • Promotes healthy liver, lung, kidney, colon, and skin function*

60209480
60 vegetarian softgels | 23 PV
$35.33 retail
$26.50 wholesale

Made with vegetarian softgels

dōTERRA® Ginger Drops
dōTERRA Ginger Drops are a convenient way to support digestion and ease occasional stomach discomfort.
  • Supports healthy digestion
  • Helps ease occasional stomach discomfort and indigestion
  • Sweet, spicy ginger-lemon flavor

60203181
30 drops | 10 PV
$16.67 retail
$12.50 wholesale

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

doterra.com 119
1. Purchase 1 dōTERRA Lifelong Vitality Pack® or dōTERRA Daily Nutrient Pack®...

   - dōTERRA Lifelong Vitality Pack
     21480001 | 60 PV
     $80.50

   - dōTERRA Vegan Lifelong Vitality Pack
     60201121 | 60 PV
     $89.50

   - dōTERRA Daily Nutrient Pack
     21490001 | 50 PV
     $59.50

2. ...and choose up to 3 additional supplements at reduced prices.

   - Microplex VMz®
     15 PV
     $25.00

   - Mito2Max®
     15 PV
     $25.00

   - xEO Mega®
     15 PV
     $25.00

   - Deep Blue Polyphenol Complex®
     15 PV
     $25.00

   - DigestZen TerraZyme®
     15 PV
     $25.00

   - PB Assist+®
     15 PV
     $25.00

   - Kids Kit
     (IQ Mega® & dōTERRA a2z Chewable™)
     15 PV
     $32.50

   - Loyalty Rewards Program

   - Digestive Health
dōTERRA® Children’s Supplements

Inspired by the dōTERRA Lifelong Vitality Pack®, these products make it easy to enjoy taking omega-3s, whole-food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.

PB Assist® Jr
PB Assist Jr is a powdered probiotic supplement designed for children or adults who have trouble swallowing pills. Five billion live cells have been blended into a delicious powder that can be poured directly into the mouth for a fun and tasty way to integrate probiotics into anyone’s daily routine.*

- 5 billion live cells of 6 different probiotic strains
- Strains specifically selected for their benefits among children
- Microencapsulated to help probiotics survive until they reach the intestines
- Supports healthy functioning of the digestive and immune systems*
- Strawberry melon flavored
- Sugar free

IQ Mega®
IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides over 1,500 mg of omega-3s per serving
- Supports healthy brain, cardiovascular, immune, and joint function*
- Formulated to be used with dōTERRA a2z Chewable tablets

dōTERRA a2z Chewable™
Designed for children and adults who have difficulty swallowing capsules, dōTERRA a2z Chewable tablets provide the nutrients your body needs for optimal health.*

- Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection*
- Promotes healthy cell development and longevity when taken daily*
- Great watermelon flavor!

IQ Mega
IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides over 1,500 mg of omega-3s per serving
- Supports healthy brain, cardiovascular, immune, and joint function*
- Formulated to be used with dōTERRA a2z Chewable tablets

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
The dōTERRA® Slim & Sassy line of products encourages overall health and wellness through attaining and maintaining healthy body weight.* Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend and our premier line of supplements into your lifestyle!

**Slim & Sassy® Metabolic blend**
Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.*

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon
- Promotes healthy metabolism when consumed*
- Use internally to help manage hunger cravings*
- Calms your stomach when ingested*
- Diuretic, stimulant, and calorie free

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<th>31370001</th>
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**Slim & Sassy® Softgels**
Slim & Sassy Softgels contain dōTERRA’s proprietary Slim & Sassy essential oil blend in convenient softgels to promote weight management in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils known to help manage hunger throughout the day while boosting metabolism.*

- Supports healthy metabolism*
- Helps manage hunger cravings*
- Promotes healthy digestion*
- Perfect for any weight management program*

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**Slim & Sassy® Metabolic Gum**
Slim & Sassy metabolic oil blend helps manage cravings throughout the day while supporting healthy metabolism. There is one drop of Slim & Sassy essential oil blend in each piece of sugar-free gum.

- Promotes healthy metabolism*
- Helps manage hunger cravings*
- Sugar free with natural sweeteners
- One drop of Slim & Sassy oil blend in every piece
- Long-lasting flavor

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<th>60200347</th>
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dōTERRA® members are changing the world.

dōTERRA is committed to sustainability and empowerment. By paying small-scale farmers worldwide competitive wages to harvest some of the earth’s most natural and potent resources, we’re providing them with the tools they need to build better lives for themselves, their families, and their communities.

It is with this same commitment that expert dōTERRA scientists have put together Wellness Programs to help you reach your health and wellness goals and in turn, contribute to changing the world for the better. No matter your health goals, we’ve got a Wellness Program that will help you discover which products you just can’t live without.

For more information, talk to your Wellness Advocate or call +1(800) 411-8151.