


Targeted Support

Identify specific body systems and/or organs needing support.* Choose additional essential oils to enhance your daily wellness plan and results.


ENDOCRINE



Direct body through hormone secretion, hypothalamus, thalamus, pineal, pituitary, parathyroid, thyroid, pancreas, adrenals

- dōTERRA On Guard®
- Lemongrass • Slim & Sassy®
- Frankincense • Rosemary

LIMBIC



Production of emotion, hypothalamus, thalamus, etc.

- dōTERRA Balance®
- dōTERRA Serenity®
- Peppermint • Frankincense
- Lavender • Rose Touch


RESPIRATORY



Sinuses, lungs, trachea

- dōTERRA Breathe®
- Peppermint • Eucalyptus
- Cardamom • Lemon
- dōTERRA On Guard®


IMMUNE



Protection of normal body function; thymus, spleen, lymphatic system, glands, ducts, tonsils

- dōTERRA Lifelong Vitality Pack®
- dōTERRA On Guard®
- Lemon • DDR Prime® • Thyme


URINARY



Produce and store urine; eliminate toxins and waste through kidneys, bladder

- Zendocrine® • Geranium
- Zendocrine® Softgels
- Juniper Berry • Lemon

MUSCULAR & SKELETAL



Supports organs and body movement; bones, cartilage, muscles, ligaments, tendons

- AromaTouch® • Deep Blue®
- Lemongrass • Deep Blue® Rub
- Wintergreen • Siberian Fir


SKIN & HAIR



Protects body; sensation and elimination through the largest organ—skin

- Immortelle
- Sandalwood
- Verâge® Skin Care
- dōTERRA Salon Essentials® Hair Care


NERVOUS



Collect, transfer, and process information, communication; brain, spinal column, nerves

- Frankincense • DDR Prime®
- xEO Mega® • Patchouli
- Bergamot • Copaiba

CIRCULATORY



Moves nutrients, gases, and waste to and from cells; heart, blood, arteries, veins, valves

- AromaTouch® • Ylang Ylang
- Alpha CRS+® • Peppermint
- xEO Mega® • Neroli Touch


DIGESTIVE



Breakdown and absorption of food; mouth, teeth, stomach, pancreas, liver, gallbladder, intestines, colon, appendix

- DigestZen TerraZyme®
- Fennel • DigestZen®
- Ginger • Peppermint

REPRODUCTIVE



Ovaries, uterus, breasts, testes, prostate

- Clary Calm® • Rosemary
- Tea Tree (Melaleuca) • Spikenard
- Phytoestrogen Essential Complex

*Each product may help with one or more functions of the body system or organ it is listed under. See product information pages at doterra.com.