Informed Self Care

Make it a habit to use doTERRA natural solutions as your first line of defense. With a trusted essential oil reference book, increase your understanding and application of the possibilities you have at your fingertips.



#### **PASTTENSE**

Eases occasional head and neck tension.



#### CORRECT-X®

Natural ointment for use on any minor skin irritations.



# dōTERRA ON GUARD® BEADLET

Consume 1 beadlet daily for immune support.\*



#### LAVENDER

Calms, comforts, and soothes sensitivities.\*



## dōTERRA ON GUARD® SANITIZING MIST

Naturally derived hand sanitizing mist kills 99.9% of germs and bacteria.



### **8 VIAL KEYCHAIN**

Pack your 8 most frequently used oils to be ready for anything!

### **KEYCHAIN FAVORITES**

Lavender
DigestZen®
Peppermint
Frankincense
dōTERRA Breathe®
dōTERRA On Guard®
Deep Blue®
Tea Tree (Melaleuca)

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease,