

# White Grapefruit

Oil Natural Flavor 5 mL

dōTERRA®

Product Information Page



CPTG

**Application:** I | N

**Plant Part:** Peel

**Extraction Method:** Cold pressed

**Aromatic Description:** Citrusy, fresh, fruity,  
slightly bitter

**Main Chemical Components:** Limonene

## Primary Benefits

- + Delivers a refreshing, uplifting scent when used.
- + Provide exceptionally uplifting flavours. Transform a normal drink to your favorite Beverage.
- + Add to smoothies or drink for a citrus, fresh, fruity flavor.

## Product Description

White Grapefruit's name comes from the color of its white peel but shares similar chemistry and characteristics of other grapefruit varieties. Not quite as sweet as its pink grapefruit cousin, the aroma of White Grapefruit still evokes a fruity, citrusy tone. The scent of White Grapefruit is clarifying, cheering and uplifting.

## Uses

- + Add to food and beverage as a Natural Flavor

## Directions for Use

**Internal use:** Use 1-3 drops for food or drink.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.