

Vetiver

Essential Oil 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **A** | **N**

Plant Part: Root

Extraction Method: Hydro Diffusion

Aromatic Description: Sweet, woody, caramel, smoky

Main Chemical Components: Isovalencenol, Khusimol

PRODUCT DESCRIPTION

Vetiver, a member of the grass family, is grown for many reasons. Unlike other grasses, the root system of Vetiver grows down, making it ideal for helping to prevent erosion and providing soil stabilization. Vetiver has a rich, exotic, complex aroma that is used extensively in perfumes. Due to Vetiver's calming and grounding aroma, it is an ideal oil to diffuse in periods of massage therapy or before bedtime to prepare for a restful night's sleep.

USES

- Diffuse the Vetiver Essential Oil for massage therapy
- Diffuse with Lavender, Serenity™, or dōTERRA Balance™

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Calming, grounding aroma
- Diffuser during a relaxing massage

