

# Oregano

Nourishing Essential Oil 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CP|TG

**Application:** T | D

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Herbaceous, sharp, green, camphoraceous

**Main Chemical Components:** Carvacrol, thymol

## PRIMARY BENEFITS

- Oregano possess purifying properties that can help reduce the appearance of blemishes.

## PRODUCT DESCRIPTION

Oregano is one of the most potent and powerful essential oils and has been used for centuries in traditional practices. Oregano is obtained via steam distillation from aerial parts of the plant, and has an herbaceous, earthy, spicy aroma. The primary chemical components of Oregano is carvacol. Oregano should be diluted with a carrier oil when applied to the skin to reduce skin sensitivity.

## USES

- Rub on the bottoms of feet to deliver the benefits of Oregano essential oil.
- Apply Oregano to skin imperfections to target your problem areas.

## DIRECTIONS FOR USE

**Topical use:** Mix 1 drop with 10 drops of dōTERRA Fractionated Coconut Oil for Skin Care and apply on desired areas for skin care, or mix with daily skin care regimen and apply on skin.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face and sensitive areas.

