

Myrrh

Nourishing Essential Oil 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application:  

Plant Part: Resin

Extraction Method: Steam distillation

Aromatic Description: Hot, smoky, herbaceous, woody, dry

PRODUCT DESCRIPTION

Ancient records show that Myrrh was deemed so valuable that at times it was valued at its weight in gold. Myrrh essential oil is derived from the gummy resin of the small, thorny Myrrh tree and has been used for centuries for its benefits. Myrrh was also employed in embalming and religious ceremonies. Myrrh has cleansing properties and may be soothing to the skin.

USES

- Used for skincare

DIRECTIONS FOR USE

Topical use: Mix 1-2 drops with 10 drops of dōTERRA Fractionated Coconut Oil for Skin Care and apply on desired areas for skin care, or mix with daily skin care regimen and apply on skin.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- May be soothing to the skin

