

Midnight Forest™

Essential Oil Blend 15 mL

dōTERRA®

Product Information Page



CPTG

Application: A | N

Ingredient Information: Siberian Fir, Cypress, Juniper Berry, Black Spruce, Pimento Berry, Wild Orange, Frankincense, Cistus, Caraway, Labdanum absolute

Aromatic Description: Woody, fresh, piney, sweet

Primary Benefits

- + Provides a relaxing, woody aroma
- + Sets a tranquil environment
- + Creates a peaceful, mellow atmosphere
- + Brings the outdoors into your home

Description

Most of life these days is spent indoors, often glued to technology. With work and family obligations, it can be hard to get outside and just breathe. Intuitively we know—and science has long acknowledged—we have a biological need to connect with nature. Spending time among towering trees can help create a sense of well-being. Midnight Forest, is a proprietary CPTG essential oil blend with a fresh, woody aroma that contains distinctive tree terpenes. The Siberian Fir and Wild Orange essential oils in Midnight Forest create a grounding environment when diffused. Frankincense creates a peaceful atmosphere when diffused. Even when you can't get outside, you can immerse yourself in nature with Midnight Forest.

Uses

- + Diffuse to create clear and fresh surroundings.
- + Diffuse to create a calming setting.

Directions

Aromatic use: Use three to four drops in the diffuser of your choice.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.