



**Application:** I | N

**Ingredients:** Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark

**Aromatic Description:** Citrusy, spicy, minty, sweet

**MetaPWR<sup>™</sup> |** Oil Blend Natural Flavor 15 mL

## Primary Benefits

- + For food and drink flavoring

## Description

Developed with dōTERRA clinical researchers, MetaPWR Oil Blend is a proprietary balanced ratio of CPTG<sup>®</sup> Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon Bark essential oils. MetaPWR Oil Blend—part of the MetaPWR System—is created to support healthy lifestyle regimens. The citrusy, spicy, and minty aroma of MetaPWR creates a stimulating, uplifting environment.

## Uses

- + Add one to two drops to favorite drinks or water to enhance flavor

## Directions

**Internal use:** Take four drops in 120mL of water.

See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. In case of skin contact, avoid sunlight and UV rays for at least 12 hours after applying product.