

Lime

Oil Natural Flavor 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: **I** | **S**

Plant Part: Lime Peel

Extraction Method: Cold pressed/expressed

Aromatic Description: Citrus, tart, sweet

Main Chemical Components: Limonene,
 β -pinene, γ -terpinene

PRIMARY BENEFITS

- Can be used to add a zesty flavor to a myriad of recipes from savory dishes to sweet desserts.
- Cold pressed from lime rinds to preserve its delicate nature and useful, potent properties.

PRODUCT DESCRIPTION

Cold-pressed from the peel of fresh limes, dōTERRA Lime essential oil is refreshing and energizing in both aroma and taste. Limes are frequently used in entrées and beverages for their fresh, citrus flavor.

USES

- Add a drop of Lime to your drinking water for enhanced flavor.
- Add a drop of Lime to your favorite slushies, smoothies, and drinks.
- Add a drop of Lime oil to homemade salsa to give it an extra punch of flavor.
- Mix a drop of Lime oil into a vinaigrette to create a zesty and pungent salad dressing.

DIRECTIONS FOR USE

How to use: Use 1-3 drops to flavor food or beverages

CAUTIONS

Dilute before use. Keep out of reach of children. If you are pregnant or under a doctor's care, consult your physician before using. Read label before using. Avoid touching eyes and mucosa. If skin contact occurs, avoid sunlight and UV rays for at least 12 hours.

