

# Lemongrass

Nourishing Essential Oil 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** T

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Citrus, herbaceous, smoky

**Main Chemical Components:** Geranial, Neral,  
Geraniol

## PRODUCT DESCRIPTION

Lemongrass essential oil is beneficial when applied to the skin, and is frequently used in skin care products for these benefits. Lemongrass is an ideal oil for use in massage.

## USES

- Used for skincare

## DIRECTIONS FOR USE

Mix 1-2 drops with 10 drops of doTERRA Fractionated Coconut Oil for Skin Care and apply on desired areas for skin care, or mix with daily skin care regimen and apply on skin.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## PRIMARY BENEFITS

- Used for skincare

