

Helichrysum

Nourishing Essential Oil 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application:  

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, honey, hay

PRIMARY BENEFITS

- May improve the appearance of the skin
- Commonly used in personal care products

PRODUCT DESCRIPTION

Helichrysum italicum is a small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ball-shaped blossoms. The name “Helichrysum” is derived from the Greek “helios” meaning sun and “chrysos” meaning gold, referring to the color of the flowers.

Helichrysum is best known for its restorative properties to the skin. Also referred to as the Everlasting or Immortal Flower, Helichrysum is used in anti-aging products for its rejuvenating benefits to the skin. Helichrysum may promote a glowing, youthful complexion.

USES

- Used for skincare

DIRECTIONS FOR USE

Topical use: Mix 1-2 drops with 10 drops of dōTERRA Fractionated Coconut Oil for Skin Care and apply on desired areas for skin care, or mix with daily skin care regimen and apply on skin.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

