

Hawaiian Sandalwood

Essential Oil 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **A** | **N**

Extraction Method: Steam distillation

Aromatic Description: Rich, honey, sweet, woody

Main Chemical Components: α -santalol,
 β -santalol, cis-lanceol

PRIMARY BENEFITS

- Creates a positive atmosphere
- Frequently used in meditation for its grounding aroma

PRODUCT DESCRIPTION

From a renewable source in Hawaii, dōTERRA's amazing Hawaiian Sandalwood essential oil delivers a variety of benefits, including smoothing skin. With thousands of years of documented use, this oil has a high value to many users. Hawaiian Sandalwood has a rich, sweet, woody aroma, making it a perfect oil to incorporate into massage or aromatherapy. It can also be diffused during a massage. Hawaiian Sandalwood provides these same effects to the atmosphere of a room, creating a positive environment for meditation or personal interaction.

USES

- Diffuse at bedtime to prepare for a restful night's sleep.
- Add one to two drops to diffuse during a hot bath to promote relaxation and lessen tension.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

