

Guaiacwood

Essential Oil Blend 15 mL

dōTERRA®

Product Information Page



CPTG

Application: A | N

Aromatic Description: Earthy, woody, sweet

Ingredients: Fractionated Coconut Oil, Guaiacwood

Plant Part: Heartwood

Main Chemical Composition: Guaiol, bulnesol

Primary Benefits

- + Provides a grounding aroma
- + Promotes a tranquil atmosphere helpful for meditation

Product Description

Guaiacwood has been used for centuries in meditation practices and wellness ceremonies by Native Americans. Guaiacwood is often used in perfumery and skincare products. Steam-distilled from the heartwood of the *Bulnesia sarmientoi* tree, Guaiacwood essential oil has an earthy, grounding aroma with a subtle sweetness. The Guaiacwood is blended with Fractionated Coconut Oil and can be used aromatically. Its woody scent provides a calming, tranquil atmosphere.

dōTERRA CPTG® Guaiacwood essential oil is sustainably and ethically sourced from Paraguay. Working with our sourcing partner, we're changing the future of the at-risk Gran Chaco Forest—one of the most biologically diverse areas in the world.

Uses

- + Diffuse throughout the day or as a supportive aroma during yoga or meditation.

Directions

Aromatic use: Add three to four drops to the diffuser of your choice.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.