

Green Mandarin

Oil Natural Flavor 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



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Application: **I** | **N**

Plant Part: Peel

Extraction Method: Cold pressed

Aromatic Description: Citrus, fruity, slightly sweet and floral

Main Chemical Components: Limonene, γ -Terpinene

PRIMARY BENEFITS

- Limonene may support a healthy digestive system
- Known for its uplifting aroma
- Internal use may help maintain healthy immune function due to limonene content

PRODUCT DESCRIPTION

Green Mandarin essential oil is pressed from the unripened fruit of the mandarin tree, while Red Mandarin essential oil comes from a more mature fruit. Internal use of Green Mandarin can be supportive of healthy digestive function. Limonene, one of the main chemical components of Green Mandarin essential oil, is renowned for its surface cleansing properties. Limonene may help support cardiovascular health when taken internally.

USES

- Incorporate Green Mandarin in your home as a food preservative.
- Incorporate into your oral hygiene routine to promote healthy-looking teeth.
- Take one to two drops to help support healthy immune function and response.

DIRECTIONS FOR USE

Internal use: Dilute one drop in four fluid ounces of liquid.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

