

# Cypress

Nourishing Essential Oil 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: **T** | **N**

**Plant Part:** Branch/Leaf from *Cupressus sempervirens* and *lusitanica*

**Extraction Method:** Steam distillation

**Aromatic Description:** Clean, fresh, woody, herbaceous

**Main Chemical Components:**  $\alpha$ -pinene,  $\delta$ -3-carene

## PRODUCT DESCRIPTION

Native to Southern Europe and Western Asia, Cypress essential oil is derived from the branches of tall evergreen trees. Cypress has a fresh, clean aroma that's energizing and refreshing. Cypress is frequently used in spas and by massage therapists. Cypress contains alpha-pinene, which may be beneficial to the skin.

## USES

- Add one to two drops to moisturizer to soothe and protect the skin.

## DIRECTIONS FOR USE

**Topical use:** Mix 1-2 drops with 10 drops of dōTERRA Fractionated Coconut Oil for Skin Care and apply on desired areas for skin care, or mix with daily skin care regimen and apply on skin.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## PRIMARY BENEFITS

- May soothe and protect the skin

