

Clary Sage

Nourishing Essential Oil 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: T | N

Plant Part: Flower/Leaf

Extraction Method: Steam distillation

Aromatic Description: Woody, herbal, floral

PRODUCT DESCRIPTION

Clary Sage is a biennial or perennial herb that grows up to six feet in height. Clary Sage is known for its calming properties and benefits to the skin. In the Middle Ages, the Clary Sage plant was frequently used to soothe skin.

USES

- Used for skincare

DIRECTIONS FOR USE

Mix 1-2 drops with 10 drops of dōTERRA Fractionated Coconut Oil for Skin Care and apply on desired areas for skin care, or mix with daily skin care regimen and apply on skin.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Used in skincare

