

# Citronella

Nourishing Essential Oil 15 mL

dōTERRA®

Product Information Page



CPTG

**Oil Attribute Panel:** T | S

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Sweet, floral, citrusy

**Main Chemical Components:** Citronellal, geraniol

## Primary Benefits

- + Soothing skin by providing an uplifting and stress-reducing aroma

## Description

From the leaf of a tall grass native to Asia, Citronella nourishing essential oil has a crisp, fresh aroma. It is an ideal companion for camping, hiking, and trips to the great outdoors. Citronella promotes happy, positive feelings. Applied topically, it can be soothing to the skin and scalp.

## Uses

- + Combine with carrier oil and rub onto skin.
- + Use in shampoo and conditioner to boost cleansing while adding shine.

## Directions

**Topical use:** Apply one to two drops to desired area.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.