

# dōTERRA Blue Lotus Touch

Nourishing Essential Oil Blend 10 mL

dōTERRA®

Product Information Page



CPTG

**Application:** T | N

**Ingredient Information:** Fractionated Coconut Oil,  
Blue Lotus Extract

**Aromatic Description:** Floral, sweet, fresh

**Main Chemical Composition:** Squalene

## Primary Benefits

- + Provides a relaxing, floral aroma
- + Serves as a natural skin moisturizer
- + Promotes a healthy-looking, radiant complexion

## Description

dōTERRA Blue Lotus Touch combines Fractionated Coconut Oil with Blue Lotus, a precious extract that's been widely celebrated throughout history in Egyptian culture, art, and ceremonies. The blue lotus is a majestic deep blue flower with a vibrant yellow center. It's often referred to today as a water lily—a symbol representing long life, health, honor, and good luck. Egyptian paintings represent the blue lotus, or *Nymphaea caerulea*, as a sacred and even magical flower. Blue Lotus flowers were even sprinkled over King Tut's body before he was entombed. Commonly used in massage, as a meditation aid, and for overall skin hydration.

Blue lotus grows best in small ponds in high humidity. Sourced from Asia, the rare blossoms are collected by local families early in the morning when the delicate petals are fully open to the sun. In partnership with dōTERRA Co-Impact Sourcing®, more than 85 farmers can now make a living and raise families by growing and harvesting blue lotus.

## Uses

- + Use as part of a daily skincare routine to help maintain the skin's natural moisture barrier.

## Directions

**Topical use:** Apply to the desired area.

See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.