

Bergamot

Oil Natural Flavor 15 mL

dōTERRA®

Product Information Page



CPTG

Application: I | S

Plant Part: Peel

Extraction Method: Cold-pressed

Aromatic Description: Sweet, citrusy, fruity, floral

Main Chemical Components: Limonene, linalyl acetate, linalool

Primary Benefits

- + Citrus flavor

Description

Bergamot comes from a delicate citrus tree known for its small, pear-shaped yellow or green fruit called bergamot oranges. The fruit is often used to flavor food and beverages, including Earl Grey tea, and as a component in many popular perfumes.

CPTG Bergamot oil is made by cold-pressing the peel of ripe fruit. It has a delightful and distinctive citrus aroma.

Uses

- + Add to regular tea to transform it into Earl Grey.

Directions

Internal use: Dilute 1 drop in 120mL of liquid.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you're pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours applying the product.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

N Neat D Dilute S Sensitive Skin