dōTERRA VMG+®

综合维生素蔬果粉 Whole-Food Nutrient Complex

dōTERRA®

产品信息页

dōTERRA VMG+® | 综合维生素蔬果粉

净重： 9.95 盎司/ 282 克

30 包

主要功效

+ 支持整体健康和保健，尤其是与EO Mega+®复合能量鱼油软胶囊一起服用时
+ 提供必需的维生素和矿物质，帮助填补饮食与建议之间的差距，从而帮助实现营养目标
+ 可以透过多种维生素和矿物质补充剂来提高能量水平
+ 透过维生素和矿物质帮助维持重要的身体活动，以实现整体健康保健
+ 可以支持身体系统健康，包括心血管和循环系统、消化系统、内分泌系统、免疫系统（健康的发炎反应）、神经系统、肌肉骨骼系统、生殖系统、呼吸系统和泌尿系统
+ 内含维生素 A、C 和生物素，可以促进皮肤和指甲健康

产品介绍

dōTERRA VMG+ 综合维生素蔬果粉是一款技术先进的、含有多合一配方的日常营养粉状饮料，不仅可以优化基础健康，风味更是极佳。它含有90 多种高品质成分，包括全食维生素和矿物质、水果、蔬菜、消化酵素、益生菌、 CPTG® 专业纯正检测认证精油，以及其他有益营养素。这种干净、纯素食、无麸质的配方了提供身体赖以支持日常能量水平、免疫系统功能、肠道健康和消化、肝功能、激素功能和大脑功能所必需的大量和微量营养素。

dōTERRA VMG+ 综合维生素蔬果粉将三种产品合而为一，Alpha CRS®+赋活植物精华，Microplex VMz® 全方位综合维生素（素食）以及绿色超级食品特调配方的优点。这款蔬果粉包含了5 种专有配方，可有效地支持基础健康：

1. 营养配方：包含了植物源维生素、矿物质和必需的植物辅助因子。
2. 超级食物配方：透过植物营养素、抗氧化剂、维生素、矿物质和其他营养素促进身体的基础健康和活力。
3. 细胞支持配方：支持细胞健康和抗氧化防御。
4. 生物转化配方：提供生物增强的营养。

dōTERRA VMG+ 综合维生素蔬果粉非常适合那些寻求以方便快捷的方式获得全面营养的人，其美味的味道和易于使用的袋装形式很容易融入您的日常生活。加强健康基础以实现终身活力从未如此简单和有效。

使用方式

每天服用一包份量。每袋搭配 5–8 盎司冷水或其他饮品一起服用。避免搭配热开水。饮用前请摇晃均匀。

注意事项

请置于孩童无法触及之处。怀孕、哺乳或接受治疗者，请先咨询医师再使用。请保存于凉爽、干燥之处。

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Supplement Facts

Serving Size 1 Sachet (9.4 g)
Servings per Container 30

	Amount per Serving	% Daily Value*
Calories	15	
Total Carbohydrate	8 g	3%
Dietary Fiber	4 g	14%
Total Sugars	0 g	**
Includes 0 g Added Sugars		0%
Protein	2 g	
Vitamin A (as Beta-carotene from Blakeslea trispora)	630 mcg RAE	70%
Vitamin C	45 mg	50%
Vitamin D (as Cholecalciferol from Algae)	13 mcg	63%
Vitamin E	8 mg	51%
Vitamin K (as K_2 Menaquinone-7 from fermented Chickpea)	18 mcg	15%
Thiamin	1 mg	52%
Riboflavin	1 mg	50%
Niacin	8 mg	51%
Vitamin B_6	1 mg	50%
Folate (as Calcium-L-5-Methyltetrahydrofolate)	470 mcg DFE	117%
Vitamin B_{12} (as Methylcobalamin)	20 mcg	817%
Biotin	16 mcg	53%
Pantothenic Acid	3 mg	51%
Calcium	20 mg	2%
Iron (as Liposomal Iron Pyrophosphate)	3 mg	17%
Iodine (from Kelp (Laminaria japonica) plant extract)	105 mcg	70%
Zinc	6 mg	51%
Selenium	29 mcg	52%
Manganese	1 mg	52%
Chromium	18 mcg	51%
Sodium	20 mg	1%
Potassium	20 mg	< 1%
Nutrition Blend: Amla (*Emblica officinalis*) fruit extract, Guava (*Psidium guajava*) fruit extract, Holy basil (*Ocimum sanctum)* leaf extract, Moringa (*Moringa oliefera*) leaf extract, Lemon peel extract	405 mg	**
Superfood Blend: Barley grass powder, Spirulina, Purslane extract, Brussel (*Brassica oleracea*) sprout extract, Chlorella powder, Cranberry (*Vaccinium suhg. oxycoccos*) fruit juice concentrate, Apple (*Malus domestica*) fruit juice concentrate, Strawberry fruit juice concentrate, Dark sweet cherry (Prunus avium) fruit juice concentrate, Black currant fruit juice concentrate, Goji berry (*Lycium barbarum L.*) fruit extract, Raspberry fruit juice concentrate, Elderberry (*Sambucus nigra*) juice concentrate, Acerola (*Malpighia glabra*) fruit extract, Acai (*Euterpe oleracea*) fruit powder, Kale (*Brassica oleracea*) juice powder, Celery stem juice powder, Green cabbage (*Brassica oleracea var viridis L.*) juice powder, Maqui berry (*Aristotelia chilensis*) fruit powder, Spinach (*Spinacia oleracea L.*) juice concentrate, Artichoke (*Cynara scolymus L.*) flower powder	1380 mg	**
Bioavailability Boosting Blend: Gum acacia, Guar gum, Isomaltooligosaccharide, Sunflower lecithin, Apple fiber, Latilactobacillus sakei TCI147 (500 million CFU), Lactiplantibacillus plantarum TCI837 (500 million CFU), Lacticaseibacillus paracasei TCI727 (500 million CFU), Lactobacillus johnsonii TCI 369 (50 million CFU), Ginger root oil, Lavender flowering tops oil, Lemongrass aerial parts oil, Peppermint aerial parts oil, Wild orange peel oil	4475 mg	**
Cellular Support Blend: L-Methionine, Betaine anhydrous (sugar beets), Rosa roxburghii, N-Acetyl-Cysteine, Broccoli seed extract, Coenzyme Q10, Apple (*Malus pumila*) fruit powder, Pomegranate fruit extract, Turmeric rhizome extract, Grape (*Vitus vinifera L.*) seed extract, Ginkgo biloba fruit powder, Ginger root extract, Aronia melanocarpa fruit juice concentrate, Pine (*Pinus pinaster*) bark extract, Grape (*Vitus vinifera L.*) skin extract, Dandelion plant extract	325 mg	**
Biotransformation Blend: Pea protein, Rice Vinegar, Bromelain (from Pineapple), Actinidin (from Green Kiwi (Actinidia deliciosa) fruit extract), Papain (from Papaya), Blueberry (*Vaccinium angustifolium*) fruit powder, White grape (*Vitis vinifera*) fruit powder, Cranberry (*Vaccinium macrocarpon*) fruit powder, Apple (*Malus pumila*) fruit powder, Carrot (*Daucus carota*) root powder, Red grape (*Vitis vinifera*) fruit powder, Bayberry (*Myrica rubra*) fruit powder, Mulberry (*Morus alba*) fruit powder, Granadilla (*Passiflora edulis*) fruit powder, Pineapple (*Ananas comosus*) fruit powder, Lemon (*Citrus limon*) fruit extract, Broccoli (*Brassica oleracea*) stem powder, Celery (*Apium graveolens*) stem powder, Asparagus (*Asparagus officinalis*) stem powder	2200 mg	**

* % Daily Value based on a 2,000-calorie diet
** Daily Value not established

Other Ingredients: Citric Acid (Cassava) (Preservative), Xanthan Gum (Emulsifier), Rebaudioside A (Sweetener), Pineapple Juice Concentrate and Mango Extract with Other Natural Flavors

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