



KEY INGREDIENTS AND BENEFITS

- **Grapefruit Peel:** provides cleansing and detoxifying benefits
- **Lemon Peel:** acts as a natural cleanser and aids digestion
- **Peppermint Plant:** helps manage hunger cravings
- **Ginger Root:** may help support healthy digestion
- **Cinnamon Bark:** supports healthy metabolic function

OTHER INGREDIENTS

Non-GMO modified corn starch, glycerin, carrageenan, purified water, maltitol.

PRODUCT DESCRIPTION

Slim & Sassy Metabolic Blend Softgels contain dōTERRA's proprietary Slim & Sassy essential oil blend in convenient softgels to help you achieve your weight-management goals in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils to help manage hunger throughout the day while boosting metabolism and promoting a positive mood. Slim & Sassy contains Grapefruit and Lemon essential oils, both of which have a high limonene content to help purify and cleanse the body while Peppermint aids digestion and helps curb the appetite. Additionally, Ginger and Cinnamon provide healthy digestive and metabolic support. When combined with healthy eating and exercise, Slim & Sassy Metabolic Blend can help you reach your weight management goal and maintain a healthy weight for life. Slim & Sassy Softgels are perfect for on-the-go or for those wanting an easy and convenient way to consume Slim & Sassy essential oil blend.

DIRECTIONS FOR USE

Take 3 to 5 softgels throughout the day as needed.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Store in a cool, dry place.