

# Rose

*Rosa damascena* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



## Application:



**Plant Part:** Flower

**Extraction Method:** Steam distillation

**Aromatic Description:** Floral, dry, sweet

**Main Chemical Components:** Carvone, Citronellol, geraniol

## PRODUCT DESCRIPTION

Before the sun crests the horizon, workers can be found in fields harvesting the delicate bloom of the *rosa damascena*. The labor-intensive production process has a very low yield; it takes approximately 1,160,000 freshly picked rose petals to produce only one ounce (30 mL) of Rose essential oil. Because the petals are so delicate, the distillation process must happen the same day that the flower is harvested. But, from this labor comes an essential oil known for its sweet floral aroma that's beautiful and romantic. Rose essential oil helps balance moisture levels in skin, reduces the appearance of skin imperfections, and promotes healthy and even skin tone. The uplifting aroma of Rose is an intriguing mixture of depth and complex sweetness.

## USES

- Apply one to two drops to face, neck, and décolletage. Follow with the dōTERRA moisturizer of your choice.
- Apply one drop directly to skin imperfections twice daily.
- Diffuse in the morning to promote feelings of energy and vitality.

## PRIMARY BENEFITS

- Helps balance moisture levels in the skin
- Reduces the appearance of skin imperfections
- Promotes an even skin tone and healthy complexion
- Emotionally uplifting

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

