

Peppermint

Mentha piperita

Essential Oil Softgels

dōTERRA®

Product Information Page



Peppermint Softgels | *Mentha piperita*
60 Enteric Coated Softgels

Primary Benefits

- + Supports healthy digestive function
- + Soothes stomach, colon, and intestinal discomfort
- + May help regulate gut flora

Description

Peppermint Softgels encapsulate CPTG® Peppermint essential oil in an enteric-coated softgel to promote digestive health. High in menthol, dōTERRA Peppermint essential oil has clinically demonstrated its ability to help ease and relax the gastrointestinal muscles and calm the stomach and intestinal tract, when taken internally. The softgels support healthy function of the digestive system and help reduce occasional gas, bloating, and other digestive difficulties. The softgel's enteric coating allows the active ingredients to pass through the stomach and reach the small intestines where they are most effective.

Directions

Take two softgels per day as needed. Take 30-60 minutes before meals.

Cautions

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Do not use if safety seal is missing or broken. Store in a cool dry place.

Ingredients

Peppermint, Gelatin, Glycerin, Water, Food glaze, Sodium alginate, Carnauba wax