

# dōTERRA On Guard®

Protective Blend 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T S

**Ingredients:** Wild Orange Peel, Clove Bud, Cinnamon Leaf, Cinnamon Bark, Eucalyptus Leaf, and Rosemary Leaf/Flower essential oils.

**Aromatic Description:** Warm, spicy, camphoraceous, woody

## PRIMARY BENEFITS

- Supports healthy immune and respiratory function
- Powerful surface cleaner
- Energizing and uplifting aroma
- Help purify the air and create a positive aroma.

## PRODUCT DESCRIPTION

dōTERRA On Guard, a proprietary essential oil blend, provides a natural and effective alternative for immune support. As one of dōTERRA's best-selling blends, dōTERRA On Guard protects against environmental and seasonal threats with essential oils known for their positive effects on the immune system when applied topically. It can also be used on surfaces throughout the home as a non-toxic cleaner. This essential oil blend has an energizing aroma that is warm and spicy. When diffused, dōTERRA On Guard helps purify the air, and can be very energizing and uplifting.

## USES

- Rub dōTERRA On Guard on the bottom of a child's feet during the school season.
- Add to water for an effective all-purpose surface cleaner.
- Combine a few drops of dōTERRA On Guard with Fractionated Coconut Oil for a natural hand cleanser.
- Diffuse dōTERRA On Guard especially during the cold weather to protect yourself from seasonal and environmental threat.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

