

dōTERRA Motivate® Touch

Encouraging Blend 10 mL Roll-On

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T N

Ingredients: Fractionated Coconut Oil, Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean Absolute

Aromatic Description: Fresh, Clean, Minty

PRIMARY BENEFITS

- Promotes feelings of confidence, courage, and belief
- Counteracts negative emotions of doubt, pessimism, and cynicism

PRODUCT DESCRIPTION

dōTERRA Motivate Touch provides gentle and quick application of dōTERRA Motivate mint and citrus essential oil blend. The fresh, minty aroma promotes feelings of confidence, courage, and belief. We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic. dōTERRA Motivate Touch will help you unleash your creative powers and find the courage that comes from believing in yourself again.

USES

- Rub dōTERRA Motivate Touch into your temples to set your focus for the day.
- Prime your wrists for a day of hard work with a rub with dōTERRA Motivate Touch.
- Apply to the back of the neck before giving a speech to instill feelings of confidence.
- Apply to pulse points before participating in sporting events or other competitions.

DIRECTIONS FOR USE

Topical Use: Apply to desired area. See additional precautions below

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

