

MetaPWR™

Metabolic Blend 15 mL

dōTERRA®

Product Information Page



Application: A T N

Ingredients: Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark

Aromatic Description: Citrusy, spicy, minty, sweet

Primary Benefits

- + Creates an uplifting, stimulating environment

Description

Developed with dōTERRA clinical researchers, MetaPWR Metabolic Blend is a proprietary balanced ratio of CPTG® Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon Bark essential oils. The citrusy, spicy, and minty aroma of MetaPWR creates a stimulating, uplifting environment.

MetaPWR Metabolic Blend—part of the MetaPWR Metabolic System—is created to support healthy lifestyle regimens focused on increased energy and vitality, metabolic health, and weight management to add health to your lifespan.

Uses

- + Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment that's ideal for exercise.
- + Add drops to a carrier oil or lotion during an uplifting massage.

Directions

Aromatic use: Add four drops to the diffuser of your choice.

Topical use: Apply one to two drops to the desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.