

dōTERRA Mālama®

Nurturing Blend 15 mL

dōTERRA®

Product Information Page



Application: A T D

Ingredient Information: Wild Orange, Cedarwood, Coriander, Amyris, Lemongrass, Magnolia, Ylang Ylang, Pepper Sichuan, Bucchu Aged, Naio Wood, 'Iliahi (Hawaiian Sandalwood)

Aromatic Description: Fruity, woody, floral

Primary Benefits

- + Creates an uplifting, and engaging atmosphere
- + Encourages a healthy perspective with an energizing aroma
- + Enhances and refreshes personal and work surroundings

Description

The heart of dōTERRA lies in the way we care for partners, customers, communities, and the earth. We see this same mission—being good stewards and using the precious gifts of the earth to share hope and wellness with others—in Hawaiian culture. The Hawaiian word for this is *mālama*. Like the breathtaking beauty and vibrant culture of the islands of Hawaii, dōTERRA Mālama Nurturing Blend captures the magic and energy of this land and its people. Blissfully fresh and warm, dōTERRA Mālama is a sparkling combination of bright citrus, enchanting floral, and centering wood aromas. This essential oil blend is intended to be your daily reminder to *mālama*—nurture and take care of—yourself, your community, and your environment.

The blend's Naio Wood and 'Iliahi (Hawaiian Sandalwood) are sourced in the Kealakekua Mountain Reserve, a dōTERRA Cō-Impact Sourcing partner and home to the largest reforestation effort in Hawaii's history. *Mālama i ka 'āina*—when you take care of the land, it takes care of you.

Uses

- + Diffuse in your favorite dōTERRA diffuser throughout the day.
- + Put a drop or two on your wrists or diffuser jewelry.
- + Add five to eight drops to dryer sheets or dryer balls for a delightful laundry aroma.

Directions

Aromatic use: Add five to ten drops to the diffuser of your choice.

Topical use: Dilute one drop essential oil to ten or more drops of carrier oil.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.