

Juniper Berry

Juniperus communis 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application:



Plant Part:

Berry

Extraction Method:

Steam distillation

Aromatic Description:

Balsamic, clean, woody, spicy

Main Chemical Components:

α -pinene, sabinene

PRIMARY BENEFITS

- Supports healthy kidney and urinary tract function*
- Acts as a natural skin toner
- Acts as a natural cleansing and detoxifying agent*
- Has a calming, grounding effect

PRODUCT DESCRIPTION

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry acts as a natural cleansing and detoxifying agent, and supports healthy kidney and urinary tract function.* Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes. Its woody, spicy, yet fresh aroma has a calming, grounding effect. When diffused, Juniper Berry helps cleanse and purify the air.

USES

- Add one to two drops to water or citrus drinks as part of a natural cleansing regimen.*
- Apply one drop to promote a clear, healthy complexion.
- Diffuse with citrus oils to freshen and purify the air and lessen stress.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional cautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.