

Jasmine (Absolute)

Jasminum grandiflorum 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **Plant Part:**
A T N Flower

Extraction Method:

Absolute

Aromatic Description:

Intensely floral, warm, musky, exotic

Main Chemical Components:

Benzyl acetate, benzyl benzoate

PRODUCT DESCRIPTION

Renowned as the “King of Flowers,” Jasmine is prized for its delicate white flowers, which emit a highly fragrant aroma for up to 36 hours after being hand-picked. Extracting Jasmine is labor-intensive and must be done at daybreak, when the flowers are most fragrant and have the highest percentage of components intact.

Jasmine essential oil provides a myriad of benefits, both aromatically and topically. Its esteemed fragrance can be calming, yet euphoric, instilling a positive outlook. Emotionally, Jasmine promotes feelings of joy, peace, and self-confidence. Jasmine is known to reduce the appearance of skin imperfections and promote healthy-looking, radiant skin. Jasmine may also be beneficial in nourishing and protecting the scalp. Due to the large amount of flowers needed to produce a small amount of oil, Jasmine is highly sought after in both the perfume industry and in aromatherapy.

USES

- Combine one drop with dōTERRA Smoothing Conditioner in the palm of hand, then apply to hair and scalp for added nourishing and moisturizing benefits.
- Dab one to two drops on fine lines and wrinkles and décolletage before applying facial moisturizer.
- Apply to pulse points to promote a positive outlook throughout the day.

PRIMARY BENEFITS

- Evokes feelings of joy, peace, and self-confidence
- Promotes a healthy-looking, glowing complexion
- Nourishes and protects the skin and scalp

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

