

# Jasmine (Absolute)

*Jasminum grandiflorum* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**Application:**



**Plant Part:**

Flower

**Extraction Method:**

Absolute

**Aromatic Description:**

Intensely floral, warm, musky, exotic

**Main Chemical Components:**

Benzyl acetate, benzyl benzoate

## PRODUCT DESCRIPTION

Renowned as the “King of Flowers,” Jasmine is prized for its delicate white flowers, which emit a highly fragrant aroma for up to 36 hours after being hand-picked. Extracting Jasmine is labor-intensive and must be done at daybreak, when the flowers are most fragrant and have the highest percentage of components intact.

Jasmine essential oil provides a myriad of benefits, both aromatically and topically. Its esteemed fragrance can be calming, yet euphoric, instilling a positive outlook. Emotionally, Jasmine promotes feelings of joy, peace, and self-confidence. Jasmine is known to reduce the appearance of skin imperfections and promote healthy-looking, radiant skin. Jasmine may also be beneficial in nourishing and protecting the scalp. Due to the large amount of flowers needed to produce a small amount of oil, Jasmine is highly sought after in both the perfume industry and in aromatherapy.

## USES

- Combine one drop with dōTERRA Smoothing Conditioner in the palm of hand, then apply to hair and scalp for added nourishing and moisturizing benefits.
- Dab one to two drops on fine lines and wrinkles and décolletage before applying facial moisturizer.
- Apply to pulse points to promote a positive outlook throughout the day.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## PRIMARY BENEFITS

- Evokes feelings of joy, peace, and self-confidence
- Promotes a healthy-looking, glowing complexion
- Nourishes and protects the skin and scalp

